

INTIMATE PARTNER VIOLENCE AND ITS IMPACTS IN *EUPHORIA*

THESIS

Submitted in Partial Fulfillment of the Requirements

for the Degree of *Sarjana Humaniora*



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Assalamu'alaikum wa rahmatullahi wa barakaatuh

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Wassalamu'alaikum wa rahmatullahi wa barakaatuh

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DEDICATION

This thesis is dedicated to:

1. My beloved parents Mr. Sopian and Mrs. Ismani.
2. My beloved brothers Soni Andrean and Denis Khoerul Rohman.
3. My beloved best friends.
4. English Letters UIN Raden Mas Said Surakarta '19.
5. English Letters Department UIN Raden Mas Said Surakarta.
6. My Almamater UIN Raden Mas Said Surakarta.

MOTTO

何があろうと僕らはきっと上手くいく。

(No matter what happens, we will be fine)

~ 菅田将暉 (Suda Masaki)

側にいるから、大丈夫。

(I'm here by your side, it's okay.)

~ 金城碧海 (Kinjo Sukai)

僕なら出来る、僕なら大丈夫。

(It's me, I can do it. It's me, I'll be fine.)

~ 僕

PRONOUNCEMENT

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I hereby sincerely state that the thesis entitled Intimate Partner Violence in Euphoria is my own original work. To the best of my knowledge and belief, the thesis contains no material previously published or written by another person except where due references are made.

If later proven that my thesis has discrepancies, I am willing to take the academic sanction in the form of repealing my thesis and academic degree.

Surakarta, 23rd June 2023

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12. The researcher realizes that this thesis is not perfect enough, but hopefully, this thesis can be useful for the researcher in particular and the readers in general.

Surakarta, 23rd June 2023

The Researcher,



Resti Ayu Febriani

SRN. 196111099

TABLE OF CONTENTS

TITLE.....	PAGE
ADVISOR SHEET	i
RETIFICATION	ii
DEDICATION.....	ii
MOTTO	iv
PRONOUNCEMENT	v
ACKNOWLEDGEMENT	v
TABLE OF CONTENTS	vii
ABSTRACT	ix
LIST OF TABLES	xi
LIST OF FIGURES	xii
LIST OF ABBREVIATIONS	xiii
CHAPTER I: INTRODUCTION	1
A. Background of The Study	1
B. Limitation of The Study.....	4
C. Formulation of The Problems	5
D. Objectives of The Study.....	5
E. Benefits of The Study	6
F. Definition of The Key Terms.....	7
CHAPTER II: LITERATURE REVIEW	8
A. Theoretical Background.....	8
1. Assessment and Psychotherapy with Women Experiencing Intimate Partner Violence: Integrating Research and Practice (2016) by Bogat et al.....	8
2. <i>Euphoria</i>	13
B. Previous Studies.....	17
CHAPTER III: RESEARCH METHODOLOGY	21
A. Research Design.....	21
B. Data and Data Sources	22
C. Research Instruments	23
D. Data Collection Techniques	24

E.	Data Validation Techniques.....	26
F.	Data Analysis Techniques.....	28
CHAPTER IV: FINDINGS AND DISCUSSIONS.....		32
A.	Findings.....	32
1.	The Types of Intimate Partner Violence in <i>Euphoria</i>	32
2.	The Impacts of Intimate Partner Violence in <i>Euphoria</i>	43
B.	Discussion.....	62
CHAPTER V: CONCLUSIONS, IMPLICATIONS, AND SUGGESTIONS		69
A.	Conclusions.....	69
B.	Implications.....	70
C.	Suggestion.....	70
BIBLIOGRAPHY		71
APPENDICES		74

ABSTRACT

Resti Ayu Febriani. 2023. *Intimate Partner Violence and Its Impacts in Euphoria*. Thesis. English Letters Department. Faculty of Cultures and Languages.

Advisor : Yustin Sartika, M.A.

Key terms : Intimate Partner Violence, emotional/psychological violence, emotional/psychological impacts, Euphoria.

Intimate partner violence (IPV) is a widespread global health issue. Intimate partner violence (IPV), defined here as psychological or physical violence among romantic partners occurs frequently. This thesis aims to explore the ways in which Euphoria represents the experiences of victims in abusive relationships. In this research, the researcher used four previous studies. The gap between the previous studies and this research is that this research focuses on analysing the types of intimate partner violence and its impacts in Euphoria. By doing this research, the researcher hopes that this research can bring both theoretical and practical benefits to other scholars and society.

In this research, the researcher used a theory from Bogat et al. (2016) to help the researcher answer and analyse the types of intimate partner violence, namely emotional/psychological violence, and physical violence. In order to answer the impacts of intimate partner violence, the researcher used the same theory from Bogat et al. (2016). In the theory, Bogat et al. state that there are 2 impacts that can affect people who involved in IPV, namely emotional/psychological impacts, and physical impacts which can be found in Euphoria.

This research uses a qualitative method. The data for this research was taken from the HBO drama series Euphoria. The data of this research are in the form of pictures of the scenes and dialogues text from Euphoria. The instrument of this research is the researcher herself as the main instrument. The data collection technique of this research is capturing the scenes and quoting dialogues related to the types and impacts of intimate partner violence. Then, the researcher analysed the data using technique conducted by Miles and Huberman (1994), there are data reduction, data display, and drawing conclusions.

In this research, the researcher has found 63 data of the types of intimate partner violence and its impacts in Euphoria. Emotional/psychological violence is the dominant data found for the types of intimate partner violence, alongside emotional/psychological impacts is the dominant data for the impacts of intimate partner violence. It goes to show that emotional/psychological violence can have stronger and long-lasting effects compared to physical violence because it can cause physical and psychological symptoms, affect personal relationships, and lead to mental health conditions over time. Emotional abuse can scar a victim just as badly as physical abuse, and it can have both long-term and short-term effects on the brain and body.

ABSTRAK

Resti Ayu Febriani. 2023. *Kekerasan Pasangan Intim dan Dampaknya dalam Film Euphoria*. Skripsi. Program Studi Sastra Inggris. Fakultas Ilmu Budaya dan Bahasa. Pembimbing : Yustin Sartika, M.A.

Kata kunci : Kekerasan Pasangan Intim, kekerasan emosional/psikologis, dampak psikologis, Euforia.

Kekerasan dalam hubungan intim (KDP) adalah masalah kesehatan global yang meluas. Kekerasan dalam hubungan intim (KDP), yang didefinisikan di sini sebagai kekerasan psikologis atau fisik di antara pasangan romantis, sering terjadi. Tesis ini bertujuan untuk mengeksplorasi cara-cara di mana Euphoria merepresentasikan pengalaman para korban dalam hubungan yang penuh kekerasan. Dalam penelitian ini, peneliti menggunakan empat penelitian sebelumnya. Perbedaan antara penelitian-penelitian sebelumnya dengan penelitian ini adalah penelitian ini berfokus pada analisis jenis-jenis kekerasan dalam hubungan intim dan dampaknya dalam Euphoria. Dengan melakukan penelitian ini, peneliti berharap penelitian ini dapat memberikan manfaat baik secara teoritis maupun praktis bagi para akademisi dan masyarakat.

Dalam penelitian ini, peneliti menggunakan teori dari Bogat dkk. (2016) untuk membantu peneliti menjawab dan menganalisis jenis-jenis kekerasan dalam hubungan intim, yaitu kekerasan emosional/psikologis dan kekerasan fisik. Untuk menjawab dampak dari kekerasan pasangan intim, peneliti menggunakan teori yang sama dari Bogat dkk. (2016). Dalam teori tersebut, Bogat et al. menyatakan bahwa terdapat 2 dampak yang dapat mempengaruhi orang yang terlibat dalam IPV, yaitu dampak emosional/psikologis, dan dampak fisik yang dapat ditemukan dalam Euphoria.

Penelitian ini menggunakan metode kualitatif. Data penelitian ini diambil dari serial drama HBO berjudul Euphoria. Data penelitian ini berupa gambar adegan dan teks dialog dari Euphoria. Instrumen penelitian ini adalah peneliti sendiri sebagai instrumen utama. Teknik pengumpulan data dari penelitian ini adalah dengan mencatat adegan dan mengutip dialog yang berkaitan dengan jenis dan dampak kekerasan pasangan intim. Kemudian, peneliti menganalisis data dengan menggunakan teknik yang dilakukan oleh Miles dan Huberman (1994), yaitu reduksi data, display data, dan penarikan kesimpulan.

Dalam penelitian ini, peneliti menemukan 63 data mengenai jenis-jenis kekerasan pasangan intim dan dampaknya dalam film Euphoria. Kekerasan emosional/psikologis merupakan data yang paling banyak ditemukan dari jenis-jenis kekerasan pasangan intim, disamping dampak emosional/psikologis yang merupakan data yang paling banyak ditemukan dari dampak kekerasan pasangan intim. Hal ini menunjukkan bahwa kekerasan emosional/psikologis dapat memiliki dampak yang lebih kuat dan tahan lama dibandingkan dengan kekerasan fisik karena dapat menyebabkan gejala fisik dan psikologis, mempengaruhi hubungan pribadi, dan menyebabkan kondisi kesehatan mental dari waktu ke waktu. Kekerasan emosional dapat melukai korban sama parahnyanya dengan kekerasan fisik, dan dapat memiliki efek jangka panjang dan jangka pendek pada otak dan tubuh.

LIST OF TABLES

Table 3.1 : Data Sample.....	24
Table 4.1 : research finding on IPV types.....	32
Table 4.2 : research finding on impacts of IPV.....	42
Table 4.3 : Types of Violence.....	62
Table 4.4 : Impacts of Intimate Partner Violence.....	62

LIST OF FIGURES

Figure 1.1 : Nate points a gun at Maddy	2
Figure 3.1 : Data Analysis Model by Miles & Huberman.....	30
Figure 4.1: Nate was threatening Maddy with a gun. He wanted Maddy to give his father's sex tape with Jules back.....	39
Figure 4.2: Nate choked Maddy and caused her hard to breathe. He was being abusive toward her.....	40
Figure 4.3: Nate angrily choking Maddy while the two were trying to have sex, but it seems like Nate wasn't turned on.....	41
Figure 4.4: Cassie was angry at her mother because she thought her mother agreed that Cassie did not have self-respect on herself.....	45
Figure 4.5: Maddy angry at the police station. She threw things at the glass to express her anger.....	47
Figure 4.6: was crying out of anger at the school's toilet.....	49
Figure 4.7: Maddy wasn't doing well. Over the course of the last five days, Maddy had sent Nate a total of 273 text messages. None of which he answered. Plus, everyone in her life was against her.....	54
Figure 4.8: Cassie was trying to cut herself due to depression she went through.	56
Figure 4.9: Maddy was zoning out during class.....	58

LIST OF ABBREVIATIONS

1. ep : episode
2. EPI : Emotional/Psychological Impacts
3. EPV : Emotional/Psychological Violence
4. IPV : Intimate Partner Violence
5. PI : Physical Impacts
6. PV : Physical Violence
7. S1 : Season 1
8. S2 : Season 2
9. WHO : World Health Organization

CHAPTER I

INTRODUCTION

A. Background of The Study

Intimate partner violence (IPV) is a widespread global health issue. Intimate partner violence (IPV), defined here as psychological or physical violence among romantic partners, occurs frequently (Bogat et al., 2016). Intimate partner refers to a person with whom one has a close personal relationship, typically involving romantic or sexual involvement, cohabitation, or domestic partnership. This term is often used in the context of domestic violence and abuse, as it refers specifically to a current or former spouse, domestic partner, or dating partner (National Institute of Justice, 2021). According to the World Health Organization (WHO), any behaviour by an intimate partner or ex-partner that harms a person physically, sexually, or psychologically is considered IPV. It is including acts of physical violence, sexual coercion, psychological abuse, and controlling behaviours. Generally, IPV is usually perpetrated by people with psychopathic traits, which can have an impacts on people in relationship with such people. IPV levels vary in different regions due to a variety of cultural, economic, social, and religious factors (Garcia-Moreno et al., 2006).

Intimate partner violence is a significant public health issue that affects millions of people worldwide. IPV can have severe consequences, including physical injuries (Zilkens et al., 2017), psychological trauma (Coker et al., 2000), affects birth outcomes (Laelago et al., 2017), and depression (Guzmán-Rodríguez et al., 2021). Since IPV is linked to numerous negative effects on

physical and mental health, researchers from various nations have been studying IPV and ways to stop the violence (Pronyk et al., 2006). Even so, IPV is a complex and multifaceted phenomenon that can have serious and long-lasting consequences for the individuals involved, their children, and their communities. Despite significant efforts to address this issue, IPV remains a persistent problem in many societies, and more research is needed to understand its causes, effects, and potential solutions (Wu et al., 2020).

Not only among health professionals, the issue of IPV also attracted the attention of people in the creative entertainment world. It also subsequently delivered them to create work with the IPV theme. One popular cultural representation of intimate partner violence can be found in the HBO television series *Euphoria*. The show follows the lives of a group of high school students as they navigate the challenges of adolescence, including relationships, drug addiction, and mental health issues. One of the central storylines of the series is the abusive relationship between characters Nate Jacob and his girlfriends, Maddy Perez and Cassie Howard. *Euphoria* is a popular TV series that portrays the struggles of teenagers in today's society. *Euphoria* highlights several types of IPV, including physical and emotional/psychological abuse. For example is the scene below:

Figure 1. 2: Nate points a gun at Maddy



In the scene above, Maddy is terrified when Nate threatens her with a gun and pointed it at her head. She begins to shake uncontrollably. Bogat et al. define act of threatening behavior as one of the forms of emotional/psychological violence. From the act of threatening will certainly have an impact on Maddy, which can be in the form of emotional/psychological impacts which can then also have an impact on her physical health conditions.

The purpose of this thesis is to examine the portrayal of IPV in *Euphoria* and its impact on the characters of the show. Therefore, in order to properly do the study, the researcher found several studies that discussed the same topic and object. First study is entitled “The Role of Interpersonal Sexual Objectification in Heterosexual Intimate Partner Violence from Perspectives of Perceivers and Targets”, by Sáez et al. (2022). Second, is a study by Dziewa & Glowacz (2022) entitle “Getting out from Intimate Partner Violence: Dynamics and Processes. A Qualitative Analysis of Female and Male Victims’ Narratives” that examines the processes involved in bringing an end to intimate partner violence, including female and male victims. Next, is a study entitled “Prevalence of Intimate Partner Violence and Association with Wealth in Myanmar” by Larsen et al. (2021). Last is a study by Donstrup (2022) entitled “Sex, Drugs and Teen-Series: Behavioral Analysis of The Teen Characters In TV-Shows” which used *Euphoria* as the research object.

This thesis aims to explore the ways in which the show represents the experiences of victim in abusive relationships. From the previous studies above, none of them are specifically discussing about Intimate Partner Violence (IPV) in *Euphoria*. Therefore, the researcher wanted to analyse IPV with *Euphoria* as

the object as a reference to obtain the data. Additionally, the thesis will examine the impact of IPV on individual through the characters of the show. In order to do so, the researcher has provide the theory to analyse the topic and object, those are; Assessment and Psychotherapy with Women Experiencing Intimate Partner Violence: Integrating Research and Practice (2016) by Bogat et al.. Ultimately, this research aims to shed light on the pervasive and often hidden problem of intimate partner violence and contribute to efforts to prevent and address it.

B. Limitation of The Study

This study focuses on the drama serial *Euphoria* created by Sam Levinson which portrays the lives of teenagers and their experiences with drugs, sex, and relationships. The drama series also features various acts of violence. Based on the chosen research object, there are some certain topics that the researcher wants to analyse, those are; types of violence perpetrated by an intimate partner and its impacts on an individual as found in *Euphoria* using psychological approach.

Based on the explanation above, to make this research and analysis more focused and detailed, the researcher limits the research by setting limitations in some coverage. For the object limitation, the researcher uses *Euphoria*, because the researcher assumes that the work portrays violence in a romantic and intimate relationship very well. For the characters that will be analysed will be limited up to three characters that are involved in an intimate relationship, those characters are; Nate Jacobs, Maddy Perez, and Cassie Howard. For the theory coverage, the researcher uses one theory, entitle Assessment and Psychotherapy

with Women Experiencing Intimate Partner Violence: Integrating Research and Practice (2016) by Bogat et al..

C. Formulation of The Problems

Based on the background of the study and limitation of the study above, the formulation of the problems are:

1. What types of violence committed by intimate partner are found in *Euphoria*?
2. How does intimate partner violence affect an individual as seen in *Euphoria*?

D. Objectives of The Study

The objectives of this research are to find out violence represented in the show. It is important for the researcher provide data about types of violence in the intimate relationship of the characters so that readers can categorize an act of violence committed in an intimate relationship. This research is also conducted to find out the impacts of the violence on an individual characters in *Euphoria*. The storyline of the drama series is very relatable to issues that often occur among intimate couples, which this kind of thing nowadays is most likely to occur to anybody. Therefore it is also important for the researcher to analyse the impacts of violence that are experienced by the characters so that readers can be more aware about violence because readers could be involved in relationship that has been violent.

E. Benefits of The Study

Studying intimate partner violence (IPV) can have both practical and theoretical benefits. Here are some examples:

1. Theoretically, this research is expected to help readers to improve understanding IPV that is often rooted in power and control dynamics within relationships. Studying IPV can help researchers and scholars better understand these dynamics and how they play out in intimate relationships. Research on IPV can shed light on these broader societal issues and how they impact intimate relationships. To increased understanding of trauma: IPV can cause significant psychological and emotional trauma for victims. Studying IPV can help researchers and scholars better understand the nature of trauma and its impact on individuals.
2. Practically, this research is expected to help readers to improve prevention and intervention: Understanding the dynamics of IPV can help professionals, such as social workers, counselors, and law enforcement officials, to better prevent and intervene in instances of IPV. To better support for victims: Understanding the impact of IPV on victims can help professionals provide better support and resources to those who have experienced abuse. To reduce stigma: Research on IPV can help reduce the stigma associated with domestic violence by increasing public awareness of the issue and promoting greater understanding. To improve policy and legislation: Research on IPV can inform policy and legislative efforts aimed at preventing and responding to domestic violence. Lastly, the researcher hope that this research will be useful for UIN Raden Mas Said Surakarta,

especially English Letters because with this research, students and lecturers of UIN Raden Mas Said are able to innovate by producing new works that are entertaining and inspiring for the society.

F. Definition of The Key Terms

1. Violence

Violence is an extreme form of aggression, such as assault, rape or murder. Violence is behaviour that is intentional, unwanted, nonessential, and harmful (Hamby, 2017).

2. Psychopathy

Psychopathy is a syndrome characterized by interpersonal (i.e., grandiose, deceitful), affective (i.e., lack of remorse, shallow emotions), lifestyle (i.e., impulsivity, risk-taking), and social deviance (i.e., poor anger control, criminal activities) features (Forth et al., 2022).

3. Intimate

A close and personal relationship between two people which involves a deep emotional, psychological, and physical connection, and is characterized by mutual respect, trust, and caring in the relationship (Perlman, D., & Fehr, B., 2018).

CHAPTER II

LITERATURE REVIEW

A. Theoretical Background

1. Assessment and Psychotherapy with Women Experiencing Intimate Partner Violence: Integrating Research and Practice (2016) by Bogat et al.

Assessment and Psychotherapy with Women Experiencing Intimate Partner Violence: Integrating Research and Practice is an article published in the journal "Intimate Partner Violence". The article was written by G. Anne Bogat, Antonia M. Garcia, and Alytia A. Levendosky, who are all mental health professionals with expertise in the assessment and treatment of intimate partner violence (IPV). The article provides a comprehensive review of the research on IPV and discusses the types of IPV and the various factors that contribute to IPV, including cultural, social, and psychological factors. Not only that, the authors also mentioned the impacts of IPV. The authors also provide guidelines for the assessment and treatment of women who have experienced IPV, with a particular emphasis on the importance of integrating research findings into clinical practice. Overall, the article is a valuable resource for mental health professionals who work with women who have experienced IPV, providing important insights into the nature of this complex problem and offering practical guidance for helping women to overcome the trauma of IPV.

In this article, the authors explained that there are two types of violence that are most likely committed by an intimate partner and the impacts of intimate partner violence, those are; Emotional/psychological violence and Physical violence, and Emotional/psychological impacts and Physical impacts.

a. Types of Intimate Partner Violence

1) Emotional/Psychological Violence

Emotional/psychological violence is a type of intimate partner violence that can be just as harmful, if not more so, than physical violence. It is a pattern of behaviour that is used to control, manipulate, and intimidate one's intimate partner through non-physical means. This type of abuse can take many forms, including verbal threats, insults, name-calling, belittling, humiliation, isolation, and monitoring or controlling the victim's movements or behaviour.

Emotional/psychological violence can have serious negative effects on the victim's mental health, self-esteem, and overall well-being. It can cause anxiety, depression, post-traumatic stress disorder (PTSD), and other psychological problems. Additionally, emotional/psychological violence can be a precursor to physical violence and can occur in combination with physical abuse. It is a pervasive problem that affects many people who experience intimate partner violence, and it is important for mental health professionals to recognize the signs and symptoms of

emotional/psychological violence in order to provide appropriate interventions and support to those who have been victimized.

2) Physical Violence

Physical abuse is a type of intimate partner violence that is characterized by the use of physical force to cause harm, injury, or pain to another person. It can take many different forms, including hitting, punching, slapping, kicking, choking, burning, or using weapons to threaten or harm the victim. Physical abuse can also involve controlling or restricting a person's movements or access to basic needs, such as food, water, or medical care. Victims of physical abuse often suffer from physical injuries, such as bruises, broken bones, or burns, as well as emotional and psychological trauma. This can include feelings of fear, anxiety, depression, and low self-esteem, as well as difficulties with trust, intimacy, and relationships. Physical abuse can have long-lasting effects on a person's physical and mental health, and can make it difficult for them to leave an abusive relationship. It is important for healthcare professionals to recognize the signs and symptoms of physical abuse and provide support and resources for victims to seek safety and healing.

b. The Impacts of Intimate Partner Violence

1) Emotional/psychological Impacts

The emotional and psychological impacts of IPV discussed in the research are varied and profound. Women experiencing IPV

often develop symptoms of anger (including irritation and impatience) and hatred (i.e., of self, misogyny), depression, anxiety, and post-traumatic stress disorder (PTSD). These mental health consequences can significantly impair their functioning and quality of life. Women may experience a range of symptoms such as intrusive thoughts, nightmares, hypervigilance, and emotional numbing as a result of the trauma they have endured.

The research highlights the interplay between the emotional and psychological impacts of IPV and the cycle of violence. Women who have experienced repeated abuse may develop low self-esteem, feelings of shame, and a sense of helplessness. The constant fear of further violence can lead to a heightened state of anxiety and a diminished sense of control over their lives. Additionally, IPV can disrupt women's social connections and support systems. Abusers often isolate their victims, leaving women feeling socially disconnected and alone. This social isolation can exacerbate feelings of depression and anxiety and hinder their ability to seek help and support.

The authors emphasize the importance of addressing the psychological and emotional impacts of IPV in therapeutic interventions. They advocate for a trauma-informed approach that recognizes the complex effects of IPV on women's mental health and acknowledges the resilience and strength exhibited by survivors.

2) Physical Impacts

Physical Injuries: IPV can result in a wide range of physical injuries, varying from minor bruises and cuts to severe injuries such as broken bones, internal injuries, and head trauma. The research emphasizes that healthcare providers and therapists should be aware of the potential physical signs of IPV, including unexplained injuries, frequent emergency room visits, or inconsistent explanations for injuries. People who experience IPV often suffer from chronic pain as a result of physical abuse. This pain can manifest in different areas of the body, such as headaches, back pain, muscle tension, and digestive problems.

IPV can also have detrimental effects on women's reproductive health. Physical violence in this context can lead to gynecological problems, sexually transmitted infections (STIs), unintended pregnancies, and complications during pregnancy, such as low birth weight or premature delivery. Therapists need to be aware of these potential reproductive health issues and provide appropriate support and referrals. People experiencing IPV may turn to substance abuse as a coping mechanism or to numb the emotional and physical pain they are experiencing. This can lead to the development of substance use disorders and addiction, further exacerbating their overall well-being.

IPV can also significantly disrupt a woman's sleep patterns. Women may experience difficulties falling asleep, frequent

nightmares, or disturbed sleep due to fear, anxiety, or post-traumatic stress disorder (PTSD). Sleep disturbances can have a profound impact on physical and mental health, making it crucial for therapists to address sleep-related issues in their treatment plans. The victims in this study reported a wide range of biological impacts, with somatic issues such as gastrointestinal issues, ulcers, and headaches being the most prevalent. Other widespread biological effects included cardiac and respiratory issues (such as bronchitis, asthma, and angina). Numerous endocrine, urologic, and immunological conditions, including rheumatoid arthritis and hypothyroidism, were described. Multiple sclerosis, trigeminal neuralgia, and sleep apnea, less prevalent illnesses of the central or peripheral neurological systems, were also observed. Some victims mentioned experiencing reproductive issues (such as STIs or fertility issues), while others talked about the physical wounds they had sustained.

2. *Euphoria*

Euphoria is an American drama series directed by Sam Levinson which narrates the lives of high school teenagers from the point of view of the first person (Rue) starred by Zendaya. Focusing on the use of drugs, crisis identity, and mental illness, this drama stars Zendaya as the main character who has a close relationship with Jules (Hunter Schafer) who attempts to help Rue with her addiction, a transgender girl whom she meets in the first episode which makes Jules' life central to the plot.

Euphoria explores the complex and challenging experiences of its characters, including the portrayal of intimate partner violence. Through its raw and unflinching depiction of this issue, the show sheds light on the devastating impact of domestic abuse and the importance of seeking help and support. *Euphoria*, a critically acclaimed HBO series, delves into the lives of a group of teenagers as they navigate the highs and lows of adolescence. The show tackles a range of difficult topics, including substance abuse, mental health, and sexuality, with an unapologetic and gritty style. One of the most striking and controversial aspects of the series is its portrayal of intimate partner violence.

In this study, Nate Jacobs, Maddy Perez, and Cassie Howard are the only three characters the researcher is concentrating on because of their relationships with one another. The major adversary of *Euphoria* is a man named Nate Jacobs. He is represented as being very masculine, alluring, attractive, and dominant; to uphold this image, he frequently dominates others physically and sexually. Nate has a nasty, insecure, and maybe psychopathic demeanour. One of the primary characters in *Euphoria* is Maddy Perez. She is characterized as being self-assured, outgoing, sincere, and often surrounded by her friends. Maddy participated in beauty pageants as a young girl and earned a reputation for having a lot of self-assurance. One of the central figures in *Euphoria* is Cassie Howard, who is portrayed by Sydney Sweeney. Cassie is a nice and well-liked senior in high school who struggles to navigate relationships since there are rumours about her sexual history going through the school. Cassie is prone to

experiencing a great deal of heartbreak since she wears her heart on her sleeve. She works so hard to impress the men in her life that she frequently forgets who she really is. These three on-screen actors are in close connections with one another, yet the violence in the interactions made them appear unhealthily violent.

Throughout the series, the characters of Maddy Perez and Cassie Howard are involved in a tumultuous and violent relationship with Nate Jacobs. The show does not shy away from showing the physical and emotional abuse that the girls endure at Nate's hands, including scenes of him choking Maddy and threatening her with a gun in her own room. The relationship is complex, and the show explores the various factors that keep the girls with Nate, despite the abuse, including the influence of their own past traumas and their desire for love and acceptance.

Euphoria's portrayal of intimate partner violence is raw and unflinching, and it has sparked important conversations about the prevalence of domestic abuse in society. The show highlights the devastating impact that such abuse can have on a person's mental and physical well-being, as well as on their relationships with friends and family. Additionally, *Euphoria* offers a glimpse into the difficulties that survivors of domestic abuse face in leaving their abusers and seeking help.

Overall, while *Euphoria* season 1 is a challenging and at times difficult watch, its portrayal of intimate partner violence is a powerful reminder of the importance of speaking out against abuse and supporting those who are affected by it. The show's willingness to confront this issue

head-on is a testament to its commitment to exploring the complex and multifaceted experiences of its characters, and it serves as a stark reminder of the need for greater awareness and action to address domestic abuse in our society.

In the second season, the violence between Nate and Cassie escalates. In one episode, he physically assaults her after she confronts him about his infidelity. He throws her against a wall and chokes her, causing her to fear for her life. Later in the season, Nate manipulates Cassie into keeping their relationship secret from her friends, leading her to feel isolated and alone.

Furthermore, the show also portrays the impact of IPV on the victim, highlighting how it can lead to trauma, isolation, and low self-esteem. Cassie's character struggles with feelings of shame and worthlessness due to the abuse she experiences at the hands of Nate. It's essential to recognize that IPV is a serious issue that can have severe consequences, including physical harm, mental health problems, and even death. While the portrayal of IPV in *Euphoria* may be uncomfortable to watch, it provides an opportunity to shed light on the issue and raise awareness about the signs of abuse and the resources available to those who experience it.

First aired in 2019, *Euphoria* became the second most watched show in HBO history behind *Game of Thrones* and has received numerous awards including British Academy Television Award for Best International Programme, The TCA Award for Outstanding Achievement

in Drama, also Zendaya's individual achievement such as Primetime Emmy Award and Satellite Award for Best Actress in Drama Series. In the end of 2020 and in the beginning of 2021, the series released 2 new special episodes with the length of 1 hour per episode, it revealed that the series was renewed for a second season. The second season premiered on January 9, 2022, and HBO announced the series to be renewed for a third season in February 2023.

B. Previous Studies

In this study, the researcher found several previous studies that discussed the same topic. For the first study it is a systematic review by Kerry A. Lee, Charlotte Lyn Bright, and Gail Betz (2022) explores the relationship between Adverse Childhood Experiences (ACEs), alcohol use in adulthood, and intimate partner violence (IPV) perpetration among Black men. The authors searched electronic databases for relevant studies and analysed them using a predetermined set of criteria. The review included 14 studies and found a significant association between ACEs, alcohol use, and IPV perpetration among Black men. The review also identified gaps in the literature and recommended further research to better understand the complex interplay of these factors. Overall, the review highlights the importance of addressing childhood trauma and substance use in efforts to prevent IPV perpetration among Black men.

The second previous study is "Ending Intimate Partner Violence (IPV) and Locating Men at Stake: An Ecological Approach" is a research article authored by Immacolata Di Napoli, Fortuna Procentese, Stefania Carnevale, Ciro Esposito, and Caterina Arcidiacono (2019). The article proposes an ecological

approach to ending intimate partner violence and addresses the role of men in preventing it. The researchers gather the views of social workers and child witnesses regarding violence through the EU project ViDaCS—Violent Dads in Child Shoes—which worked toward the deconstruction and reconstruction of violence's effects on child witnesses. In order to combat IPV, the page discusses several preventative methods as well as functional linkages between various services. The authors argue that IPV is a complex issue that requires an approach that takes into account the interplay between individual, relational, community, and societal factors. The article also discusses the importance of locating men at stake in IPV prevention efforts and highlights the need for engaging men in positive masculinity and gender equality practices. The authors emphasize the importance of addressing the root causes of IPV and providing support to victims and survivors. Overall, the article provides valuable insights and recommendations for developing effective interventions to end IPV.

Next previous study is the article titled "Gender Differences in Intimate Partner Violence: A Predictive Analysis of IPV by Child Abuse and Domestic Violence Exposure During Early Childhood" published in the journal *Violence Against Women*, is authored by Hyunzee Jung, Todd I. Herrenkohl, Martie L. Skinner, Jungeun Olivia Lee, J. Bart Klika, and Ashley N. Rousson (2019). The study aims to explore the gender differences in the occurrence of intimate partner violence (IPV). The research employs a predictive analysis approach, utilizing a large sample size and rigorous methodology to investigate the relationship between child abuse, domestic violence exposure, and IPV. The authors appropriately highlight the importance of examining both male and

female perpetration and victimization of IPV, acknowledging the need for a nuanced understanding of gender differences in this context. The study found that exposure to child abuse and domestic violence during early childhood significantly predicted IPV perpetration in adulthood, but the effect was stronger for men than for women. The study suggests that early prevention and intervention programs targeting child abuse and domestic violence could potentially reduce the risk of IPV perpetration in adulthood.

In this previous study Oliveros and Coleman's (2021) study, published in the *Journal of Interpersonal Violence*, explores the relationship between family-of-origin violence, emotion regulation, and intimate partner violence. The study aims to investigate whether emotion regulation mediates the link between family-of-origin violence and intimate partner violence. The authors began by providing a comprehensive overview of previous research on family-of-origin violence, intimate partner violence, and emotion regulation. To address their research objective, the authors collected data from a diverse sample of participants using validated measures of family-of-origin violence, intimate partner violence perpetration, and emotion regulation. They employed statistical analysis techniques, such as mediation analysis, to examine the mediating role of emotion regulation in the association between family-of-origin violence and intimate partner violence. The study shows that emotion regulation partially mediates the link between family-of-origin violence and intimate partner violence. The findings suggest that interventions aimed at improving emotion regulation skills and preventing family violence could help reduce the risk of intimate partner violence.

Last, is the article "Intimate partner violence under forced cohabitation and economic stress: Evidence from the COVID-19 pandemic" by Esther Arenas-Arroyo, Daniel Fernandez-Kranz, and Natalia Nollenberger explores the relationship between the COVID-19 pandemic (2021), forced cohabitation, economic stress, and intimate partner violence (IPV). The authors employ a rigorous research methodology to analyze the relationship between the COVID-19 pandemic and IPV. The authors draw on a wide range of data sources, including surveys and administrative records, to examine patterns and trends across different regions and demographic groups. By utilizing both qualitative and quantitative analysis, the study provides a comprehensive understanding of the complex dynamics at play. The authors review existing literature on IPV and the pandemic before analysing data from a large-scale survey in Spain to assess the prevalence and determinants of IPV during the pandemic. They find evidence that forced cohabitation and economic stress are associated with an increase in IPV. The study highlights the urgent need for policies and interventions to address the issue of IPV during the pandemic and beyond.

Based on the five previous studies that have been reviewed by the researcher, none of the previous studies discusses intimate partner violence and the impacts on individual, or in particularly using *Euphoria* as the research object. Therefore, the researcher wants to analyse the topic redundancy and object that has been chosen by the researcher as a reference to obtain data.

CHAPTER III

RESEARCH METHODOLOGY

A. Research Design

This research was conducted using a qualitative method. Qualitative research is a process of collecting, analysing, interpreting, and writing research result (Creswell, 2014). Qualitative research aims to understand and explore individual or group meanings/intentions derived from human problems (Creswell, 2014).

This study consists of an analysis of intimate partner violence and its impacts on individual through the characters that found in *Euphoria* based on the data that has been collected. The determination of these results was based and sourced from the existing theoretical basis. First, researcher determined the right and suitable theory related to the research topic that has been chosen beforehand. After the theory was found, the researcher synchronized the data and the theory that has been possessed. The researcher used one theory in order to answer the research questions regarding intimate partner violence and its impacts on individual of the characters in *Euphoria*.

Qualitative method is the most suitable for this research since this research aims to explore and to understand about human's psychopathy traits which leads to intimate partner violence which most likely happened in most intimate relationship. Aside from the suitable methods in qualitative research, there are some strength about the research method. Qualitative method offers chances to develop specific knowledge about certain things, a research method where

people can make their personal experiences as the data to be further analysed, and the most important is that this method is the most affordable for the researcher to analyse the topic that has been chosen.

This research contained the analysis of Intimate Partner Violence (IPV) as found from *Euphoria* based on the data that has been collected. The determination of the results was based and sourced from the existing theoretical basis. There was one theory used, to answer the questions regarding intimate partner violence as found from *Euphoria*.

B. Data and Data Sources

Data and source of data are materials that the researcher needed in order to analyse the topic chosen, therefore both are important for the researcher to complete the research. The data here is an important and urgent part, data needed to get the result of the research. Both data and data source are important to increase human knowledge in every field. Data can be in forms of images, numbers (used as a compliment to an overall process orientation to the research) (Maxwell, 2016). Qualitative researchers employ a variety of data sources to better comprehend the topic under investigation. Interview transcripts, films of social encounters, notes, verbal reports, and artifacts such as books or works of art are examples of data sources (Packer, 2011).

Data and data source must be correlate and relevant with the topic that has been chosen and the problems formulations. These data and data sources were taken from data source of object as found in American drama series named *Euphoria*. In this research, the researcher used visual and lingual units in the forms of pictures, words, phrases, clauses, and sentences.

Arikunto (2009) stated that data source is the subject from which data can be obtained. Here the researcher used an HBO drama series called *Euphoria* as the data source to collect data as much as it needed, such as pictures of scenes and transcript of the dialogues. Those data needed by the researcher to show, to confirm, and to prove that the subject and the object that have been chosen by the researcher were in line and meant to complete each other in order to answer the problem formulation regarding intimate partner violence (IPV).

As mentioned above, the researcher used visual and lingual units in the forms of pictures, words, phrases, clauses, and sentences as the primary data taken from the show and the transcript. The data being collected by the researcher from the series were included pictures from certain scenes of the show, visual movements, images, and sound effects. While the words, phrases, clauses, and sentences were taken from the series' transcripts.

To complete the research, the researcher also took notes and references from several interviews related to the object and some other academic works such as journals, thesis, articles, and other references.

C. Research Instruments

The main instrument of this research is the researcher herself. The researcher observe, takes notes, collecting information to collect the data, and do some discussion (Cohen et al., 2018). Those are all of the skills that need to be learned. The researcher involved in every step of processes in the research from observing the object, collecting the data, finding the right theory, reviewing the data collected, analysing, and concluding the data.

D. Data Collection Techniques

As mentioned above, in accordance with the data source and the type of research, the data collection techniques used in this research was to study the original cinematic work from the data source. The researcher chose this technique in order to obtain data about the types of intimate partner violence and its impacts on an individual through the characters found from *Euphoria*.

These are the following steps of collecting data used in this research:

1. The researcher observed the chosen object.
2. The researcher collected the data from the visual unit in the form of image with the process of taking screenshot. The data must indicate as IPV as found in *Euphoria*.
3. The researcher reviewed the collected data to determine which data could be used which correlated with the theory used by the researcher.
4. The researcher used theory that were in line with the collected data.

The researcher classified the types of IPV and the impacts that found in *Euphoria* by coding the data. In this research, the data were given codes to make the analysis of each datum easier. The example of coding are:

01/PV/Euphoria S1 ep.04/00.30.43

01/EPI/Euphoria S1 ep.05/00.39.14

Code explanation:

01 : Number of datum

02 : Number of datum

PV : Physical Violence

EPI : Emotional/Psychological

Euphoria : Euphoria (title of the show, the research object)

S1 : Season 1



ep.04 : episode four

ep.5 : episode five

00.30.43 : time of the screenshot taken

00.39.14 : time of the screenshot taken

Table 3.2 : Data Sample

No.	Datum	Code	Explanation
1.	 <p>Note: The data above shows how Nate strangled Maddy's neck. Nate is angry that Maddy called his mother a "cunt".</p>	01/PV/ Euphoria S1 ep.04/00. 30.43	Nate choked Maddy at the carnival after she called his mother a “cunt”. According to Bogat et al. (2006), Nate’s action can be categorize as physical violence, it can be seen by the use of physical force to cause harm, injury, or pain to another person, in this case, Maddy was the victim.
2.		02/EC/ Euphoria S1 ep.05/00. 39.14	Maddy was being cruel, she is angry to her mom and brought up the things that happen to her family that she

	<p>Note: From the data above, it was discovered that Maddy had just experienced physical violence by her boyfriend, Nate, therefore her parents forbade her to hang out with Nate again, but instead she got angry at her mother.</p>	<p>believe it brought her to the situation she's in.</p> <p>According to Bogat et al. (2021), people who are involved in toxic relationships are most likely having emotional consequences such as anger issues, hatred, impatience, ect.</p>
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E. Data Validation Techniques

Validation are necessary to demonstrate the accuracy of the information (Creswell, 2014). According to Sugiyono (2012), research data validation is a series of forms of accuracy on the degree in a research variable that connects the research process on the object of research using various data reported by a researcher. Creswell (2014) suggested several qualitative validity procedures as follows: examine transcripts to ensure that they do not include evident transcription errors. Be certain that there is no drift in the definition of codes, or a modification in the meaning of the codes during the coding process. This can be performed by comparing data with the codes on a regular basis and by making memos about the codes and their definitions (see the discussion on a qualitative codebook). For team research, coordinate coder communication through regular documented meetings and analysis sharing. Cross-check codes

created by various researchers by comparing independently derived results. Proposal writers must include some of these techniques as evidence that their proposed study would yield consistent results.

According to Moloeng (2018) there are four criteria to check the validation those are credibility, transferability, dependability, and conformability.

1. Credibility

The data must admit and receive the truth from an information source from the study's topic of inquiry in order for the data to pass a test of internal validity or credibility.

2. Transferability

Transferability concerned the extent to which the study's findings may be used by others in different situations. It implies that the researcher provides a detailed account of the study's findings so that readers can decide whether to read the findings again or not when the study is conducted again in the future.

3. Dependability

To demonstrate the dependability of the data, the entire study procedure was audited. As a result, the researcher must pay attention to the issues, identify the data's source, analyse the data, check its accuracy, and draw conclusions from the data. The goal of this strategy is for the researcher to provide an accurate account of the research; both the process and the result must be balanced.

4. Conformability

By requesting that an advisor's preparation verify the study's methodology, the accuracy of the data, and the results that are obtained and used to create the report, the conformability is attained. On the research, conformability and reliability might be combined.

To make the research reliable and trustworthy, the researcher needed to validate the data that have been collected and analysed. The researcher used the help from UIN Raden Mas Said Surakarta lecturer, Mr. Muhammad Rizal, M.A. to validate the data. Mr. Rizal is an expert in gender and sexuality, and culture studies who has also been researched literary works. Therefore the researcher chose Mr. Rizal to be the validator to validate the data because of his expertise was beneficial for researcher to validate the data.

F. Data Analysis Techniques

Data analysis, according to Noeng Muhadjir (1998), is "an effort to carefully explore and organize notes from observations, interviews, and other sources to strengthen the researcher's comprehension of the situation being investigated and offer it as a conclusion for others. In the interim, it is necessary to continue the study by looking for significance in order to enhance this understanding." In this research, the researcher conducted qualitative research that explained "what" and "how" a certain phenomenon happened. Data analysis is a sustainable process that needs a continuously reflected towards the data that has been collected by the researcher through analytic questions and brief notes during research (Creswell, 2014). Data analysis technique is the process of

methodically gathering data to make it easier for researchers to draw conclusions. According to (Taylor et al., 2016) data analysis is the act of methodically locating and combining information from field notes, interviews, and other sources so that it may be easily understood and shared with others. Inductive analysis, or analysis based on the data obtained, characterizes qualitative data analysis. Explaining and analysing data in qualitative research are the researcher's efforts in order to thoroughly understand the data whether the data are in a form of image or text (Creswell, 2014).

The qualitative data analysis techniques according to Miles & Huberman, (1994) qualitative data analysis tasks were carried out in an interactive manner and kept on until they were finished, saturating the data. Data reduction, data visualization, and conclusion drawing/data verification are tasks in data analysis. The analysis consists of three streams of activities that occur simultaneously, namely: data reduction, data display, conclusion drawing/verification.

1. Data Reduction

Data reduction is defined as the process of selecting, focusing on simplifying, abstracting, and transforming rough data that emerges from written notes in the field. Data reduction is a form of analysis that sharpens, categorizes, directs, discards unnecessary, and organizes data in such a way that final conclusions can be drawn and verified. With data reduction, researchers do not need to interpret it as quantification. Qualitative data can be simplified and transformed in various ways, namely: through rigorous selection, through summaries or brief descriptions, classifying them in a

broader pattern, and so on. The researcher collected the data by capturing screenshots of the character's actions and the dialogues from HBO's *Euphoria* considered as IPV as reflected from Intimate Partner Violence (2006) by Bogat et al.

2. Data Display

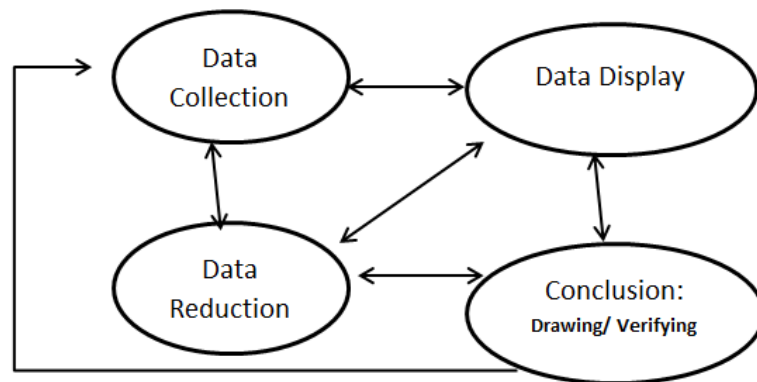
Miles & Huberman defines a presentation as an organized collection of information that provides the possibility of drawing conclusions and taking action. They believe that better presentations are a key means of valid qualitative analysis, which includes: various types of matrices, graphs, networks and charts. They are designed to combine organized information in a coherent and easily accessible form. In this way an analyst can see what is going on, and determine whether to draw the right conclusions or continue to do the analysis that the presentation suggests might be useful.

3. Drawing Conclusions

Drawing conclusions according to Miles & Huberman is only part of one activity from a complete configuration. Conclusions were also verified during the study. In short, the meanings that emerge from other data must be tested for their correctness, robustness, and suitability, which is their validity. The final conclusion does not only occur during the data collection process, but needs to be verified so that it can truly be accounted for.

Schematically, the data analysis process using Miles and Huberman's interactive data analysis model can be seen in the following chart:

Figure 3.2 : Data Analysis Model by Miles & Huberman



CHAPTER IV

FINDINGS AND DISCUSSION

A. Findings

After the data has been collected, this chapter contains findings and analysis related to types of violence and its impacts in *Euphoria* based on the Assessment and Psychotherapy with Women Experiencing Intimate Partner Violence: Integrating Research and Practice (2016) theory by Bogat et al.. the researcher will analyse the types of violence based on the object used, from an HBO serial drama named *Euphoria*. The types of violence that appear in the drama are emotional/psychological violence and physical violence.

In addition to analysing the violence that appear, the researcher also analyse the impacts of the violence that found in *Euphoria*. The impacts of violence that appear are emotional/psychological impacts and physical impacts.

In this research there are 62 data in total, with 23 data that considered by the researcher as the types of violence, and there are 39 data from *Euphoria* that considered as the impacts of violence by the researcher. Those data that has been collected by the researcher are focusing on three characters as the doers as well as the victim of intimate partner violence.

1. The Types of Intimate Partner Violence in *Euphoria*

As stated above the researcher has found 2 types of violence in *Euphoria*, namely emotional/psychological violence. According to experts, violence is an act of physical force that causes or is intended to cause harm, and the damage inflicted by violence may be physical, psychological, or

both. Violence may be distinguished from aggression, which is a more general type of hostile behavior that may be physical, verbal, or passive in nature. Johan Galtung, a Norwegian sociologist, believes that violence always arises where people are influenced in such a way that their physical and mental development is below their actual potential. He distinguishes between three types of violence: direct, structural, and cultural. The World Health Organization defines violence as the intentional use of physical force or power, threatened or actual, against oneself, another person, or a group or community that results in or has a high likelihood of resulting in injury, death, psychological harm, maldevelopment, or deprivation (Hamby, 2017).

The researcher has found the data of types of violence in *Euphoria*. The data describe as follow:

Table 4.5: Research finding on IPV types

No.	Types of Violence	Total Data
1.	Emotional/psychological violence	21
2.	Physical violence	2

In this research, the researcher only focusing on three characters who have relationship with each other, those three characters are Nate Jacobs, Maddy Perez, and Cassie Howard. Nate Jacobs is a character in *Euphoria* and serves as the main antagonist. He is portrayed as hyper-masculine, charming, irresistible, and domineering, and routinely dominates people both physically and sexually to maintain his image. Nate's personality is ruthless, insecure, and perhaps sociopathic. Nate's obsession with control of everything and everyone around him stems from his fear of becoming an

untraditional man like his father. Nate has a very twisted and toxic view of love, and he always looks at girls with insecurities and personal issues who worry about their superficial image, since in this way, Nate can act as their support giving them attention and security, only for them to quickly become obsessed and feel that they need him.

Maddy Perez is a main character in *Euphoria*. She is portrayed as confident, extroverted, honest, and always surrounded by her friends. As a child, Maddy competed in beauty pageants and became known for her high levels of self-confidence. Her mother worked as an esthetician, and as she got older, she studied her mother's rich clients and decided she wanted to be one of them herself. Maddy is Nate's on-and-off girlfriend and finds herself bearing the weight of Nate's emotions. Maddy's is a high school student and cheerleader. She is interested in herself, drama, and sex, and she uses her sexuality to gain attention. While there is no specific information on how her character evolves throughout the show, Maddy's character had one of the best arcs on the show, and her style evolved as the episodes went on. In the second season, Maddy tries to free herself from the role as "Nate's girlfriend" and tries to find out her identity outside of a relationship.

Cassie Howard is a main character in *Euphoria*, portrayed by Sydney Sweeney. Cassie is a sweet and popular high school senior who has difficulty navigating relationships as rumors of her sexual history circulate the school. Cassie wears her heart on her sleeve, and that makes her vulnerable to a lot of heartbreak. She tries so hard to win over men in her life that she often loses sight of who she is. Cassie is having some dark

moments, and she hopes to find the light soon. While there is no specific information on how her character develops throughout the show, it is suggested that Cassie has deep-rooted abandonment issues relating to her father that cause her to be a people pleaser. She is completely wrapped up in herself and her struggles, to the point where she doesn't seem to realize the power she possesses.

These three characters of the show are involved in intimate relationship with each other which the relationships did not seem to be healthy because there were violence in the relationship.

a. Emotional/Psychological Violence

Emotional/psychological abuse usually takes the form of manipulation and does not involve physical contact to cause harm to a person's psychology. However, other than anxiety, low self-esteem and PTSD, the impacts can be damaging to a person's health as it can cause a person to lose a healthy lifestyle and even encourage a person to kill themselves. In the series, Nate the triangle relationships between Nate, Maddy, and Cassie is characterized by psychological and emotional abuse. The show depicts a volatile and toxic dynamic in which Nate frequently manipulates and controls both Maddy and Cassie through various forms of emotional violence.

The emotional and psychological violence between Nate Jacobs, Maddy Perez, and Cassie Howard in *Euphoria* is a significant aspect of their relationships. Nate's toxic masculinity and need for control contribute to his emotional and physical abuse of Maddy, which

reaches new heights in season 2 when he begins a secret relationship with Maddy's best friend while Maddy is trying to get back together with him. Cassie's secret relationship with Nate also causes a rift between her and Maddy, leading to a breakdown in their friendship. The show portrays the characters' struggles with trauma, addiction, and unhealthy relationships, highlighting the dangers of such dynamics. The portrayal of these relationships has been both praised and criticized for its realism and graphic nature.

One of the forms of psychological abuse that Nate employs is isolation. He isolates Cassie from her friends and family, making her completely dependent on him for emotional support. He asked Cassie to move in with him to his house when their secret relationship is finally revealed to Maddy. This isolation creates a sense of powerlessness and vulnerability in Cassie, which makes it easier for Nate to manipulate and control her. This behavior is shown in the data below:

Datum: 07/EPV/Euphoria S1 ep.05/00:04:43

But that's the thing about guys like Nate. They don't actually want a person. They want something they can own and possess. – Rue's narration on Nate.

One of several acts of emotional/psychological violence is indicated by the data above. The data above is the narration of Rue, the main character of the show. It is known, Nate lives with his parents and older brother. It is said that Nate has always wanted to maintain a masculine image in front of people, his wish was driven by the disgrace of the family which had been covered up by his father. When he was 8

years old, Nate learned the secret that his father was a homosexual who always recorded himself engaging in deviant sexual activities. At first Nate was a cheerful child and quite close to his parents, he lived a good and happy life with his family. But everything changed after he saw his father's recording. This fueled him to grow up to be a masculine man and not like his father. Because of that, he always wanted someone he could control so that he would have the power to arrange things to go according to his wishes.

In this datum, it shows how Nate is controlling his girlfriends, in this case, he was dating Maddy at that time, this kind of behavior is considered as violence which is an obvious act of emotional/psychology violence according to Bogat et al. which this act can also cause many psychological problems, such as anxiety, depression, and other health issues.

Nate also keep criticizing Maddy that Maddy even lost her confidence. This controlling behavior is particularly evident in the scene where Nate bought Maddy a pajama that Maddy was actually disgusted by it. However, Maddy was not completely controlled by Nate, it can be seen in the scene where Maddy and Nate supposed to meet at the carnival. Maddy was wearing an exposed clothes, Nate asked her why did she looked like a hooker which was rude. They ended up separated during that night and Maddy had been consuming drugs to distract her thought. His criticism towards Maddy is shown by the data below:

Datum: 06/EPV/Euphoria S1 ep.04/00:14:55

“Why are you dress like a hooker?” ... “Go home, get changed, and come back looking like a person. Fuck.” Nate to Maddy.

In this datum it can be seen that Nate criticize and humiliate Maddy which makes Maddy lost her confidence. Nate's emotional violence is evident in many of his controlling behavior towards Maddy. He frequently apologizes to her every time he makes mistakes, as shown by the data below:

Datum: 10/EPV/Euphoria S1 ep.04/00:34:30

“I'm sorry I got so angry at you before. I am sorry. I'm sorry. I love you. Maddy, I love you. I got a lot of sh... a lot of shit going on right now and I'm really confused. I don't know what to do.”

As shown by the data above, where he just strangled Maddy at a carnival, Maddy then asked questions to Nate about her reasons for keeping so many photos of other men's penises. Maddy had thought that Nate might be a homosexual, instead of explaining his reasons for keeping the photos, Nate instead apologized to Maddy and begged her not to tell anyone what she knew. Nate acts manipulative by apologizing, saying that he loves Maddy, and then turning the story around as if he were in deep trouble himself. Nate owe her an explanation.

Not only Maddy, even when Nate stopped dating Maddy and started dating Cassie, his habit of controlling still continued. As shown by the data below:

Datum: 21/EPV/Euphoria S2 ep.06/00:50:11

(phone buzzing)

Cassie: Hello?

Nate: (on phone) Hey, pack a suitcase. I'll be at your place in 10. You can stay at my house.

Cassie: Okay.

Nate: Love you.

Cassie: I love you, too.

Controlling behavior can be seen in the data above, where Nate asks Cassie to move and live with him at his house. Nate was worried when Cassie had to live with her mother and sister, Nate knew that Cassie had a pretty bad anxiety disorder as a result of their secret relationship. Feeling responsible for everything, Nate wants to make Cassie feel more secure by asking her to move in and live with him. But besides that, he also wanted to make sure that Cassie would always be under his control and would no longer be able to get in touch with the people closest to Cassie before. Because Nate also knows that in fact Cassie could ruin the powerful and masculine image that he has been guarding.

Another violence act that committed by Nate is that he also threatening Maddy with a gun which that makes Maddy shaking to death out of fear. Since emotional/psychological violence according to Bogat et al. also include the act of threatening. From the datum below we can see how Nate being violent by threatening Maddy with his gun:

Datum: 19/EPV/Euphoria S2 ep.06/00:42:54



Figure 4.10: Nate was threatening Maddy with a gun. He wanted Maddy to give his father's sex tape with Jules back.

Overall, the relationships between Nate Jacobs, Maddy Peres, and Cassie Howard in *Euphoria* is as well characterized by psychological and emotional abuse. Nate frequently employs tactics such as gaslighting, isolation, and control to manipulate and control Maddy. The show portrays the damaging effects of emotional abuse on a relationship and highlights the importance of recognizing and addressing this type of abuse.

b. Physical Violence

Intimate partner violence (IPV), is characterized as emotional or physical abuse between romantic partners that occurred frequently (Bogat et al., 2016). Physical violence is an act of violence committed by using physical force to attack or cause damage or injury to someone's physique, where the impact is not only felt physically, but physical violence can also have an impact on a person's psychology. Physical violence can be in the form of kicking, hitting, grabbing, pinching,

choking, or even using weapons to injure or threaten someone. Physical violence between Nate Jacobs, Maddy Peres, and Cassie Howard in *Euphoria* is a complex and disturbing issue that is explored in the show. Nate and Maddy's relationship is characterized by a power dynamic that is heavily skewed in all favor, leading to instances of physical abuse.

Throughout the show, it becomes clear that Nate has a history of violent behavior towards Maddy. This is first hinted at in the fourth episode when Maddy shows up to school with bruises on her neck, and later caused concern from those around her. They were well aware that Nate was very likely to be violent towards Maddy despite Maddy and Nate's insistence on covering up the fact that Nate choked her during fight.

Datum: **01/PV/Euphoria S1 ep.04/00:30:43**



Figure 4.11: Nate choked Maddy and caused her hard to breathe. He was being abusive toward her.

The physical violence between Nate Jacobs and Maddy in *Euphoria* is also a disturbing and toxic aspect of their relationship. Nate's abusive behavior has been evident since season 1, when Nate

attacks a college student for hooking up with Maddy at a party, and in season 2, he beats up Tyler after accusing him of raping Maddy. Nate's toxic masculinity and need for control contribute to his abusive behavior towards Maddy. The violence is portrayed in a graphic and unsettling manner.

Datum: **02/PV/Euphoria S1 ep.08/00:18:47**



Figure 4.12: Nate angrily choking Maddy while the two were trying to have sex, but it seems like Nate wasn't turned on.

The physical abuse in Nate and Maddy's relationship is rooted in the relationship itself which Maddy is deeply invested in the relationship, she loves Nate so much, and as a result, she often forgives Nate for his abusive behavior and keeps getting back together after breaking up several times. The show portrays the effects of physical abuse on Maddy in a realistic and nuanced way. Despite the abuse, Maddy remains loyal to Nate, often making excuses for his behavior and insisting that she loves him. She also struggles with feelings of shame and guilt, which are common for victims of abuse. Maddy's internal

conflict is highlighted in the show when she tells her friends that she wants to stay with him even after she thought that he was gay.

In conclusion, physical abuse between Nate and Maddy in *Euphoria* is a disturbing and complex issue that is portrayed in a realistic and nuanced way. The show highlights the toxic dynamics that enable abuse in relationships. It also portrays the effects of abuse on the victim, including bruises, the change of sleeping and eating pattern of Maddy. Ultimately, the portrayal of physical abuse in *Euphoria* serves as a cautionary tale about the dangers of toxic masculinity in relationships.

The researcher found a total of 62 data. Out of these 62 data in this section the researcher explains 5 data which are emotional/psychological violence and 2 data which are physical violence. In addition to these data, there are several other data that can be seen and understood in the appendix that has been attached by the researcher, with a total number of emotional/psychological violence data as much as 21 data and physical violence as much as 2 data.

2. The Impacts of Intimate Partner Violence in *Euphoria*

The impacts of intimate partner violence include negative consequences on the victim's health, such as depression, anxiety, posttraumatic stress disorder, and suicide, as well as increased risk of cardiovascular disease and premature mortality. The consequences of intimate partner violence can also have a lasting impact on the victim's safety and well-being (Forth et al., 2022). Intimate partner violence can have

a serious impacts on someone's both physically and emotionally/psychologically (Bogat et al., 2016).

The following table are the indicated data for the impacts of Intimate Partner Violence found in *Euphoria*:

Table 4.6 : Research finding on impacts of IPV

No.	IPV Impacts	Total of Data
1.	Emotional/Psychological impacts	25
2.	Physical Impacts	14

a. Emotional/Psychological Impacts

Intimate partner violence (IPV) is a serious issue that affects countless people worldwide, and its consequences can be both physical and emotional. In the HBO series *Euphoria*, the tumultuous relationship between Nate Jacobs, Maddy Perez, and Cassie Howard is an example of the emotional/psychological consequences of IPV.

The violence between Nate, Maddy, and Cassie in *Euphoria* can cause a significant emotional/psychological impacts for the characters and viewers. The show portrays the characters' struggles with trauma, addiction, and unhealthy relationships, highlighting the dangers of such dynamics. The graphic nature of the violence and the realistic portrayal of the characters' emotions can be disturbing and unsettling for some viewers, potentially triggering their own trauma. The characters' experiences with emotional and physical abuse can lead to long-term emotional consequences, such as trauma disorders and difficulty trusting others.

Throughout the series, Nate, Maddy, and Cassie's relationships are marked by episodes of jealousy, possessiveness, and aggression. Nate is controlling and manipulative, often using verbal abuse and intimidation to keep both Maddy and Cassie under his control. Maddy, on the other hand, struggles with low self-esteem and often makes excuses for Nate's behavior, and keeps loving him unconditionally. Meanwhile Cassie was once against Nate but at the end she fell back under his control, until the last episode of season two where Lexi wrote a play called "Our Life," a play that mostly tell about what Lexi saw in her entire life, including the problematic Nate Jacobs.

The following are data examples of the emotional/psychological impacts caused by intimate partner violence:

Datum: 03/EPI/Euphoria S1 ep.01/00:14:50

"I'm disgusting. I literally look disgusting."

In the data above it can be seen that Maddy feels uncomfortable with herself, she looks at her own reflection in the mirror and thinks that she is disgusting because there is something about her breasts that she thinks is not good. It can also be seen from what happened at that time, the impact on her emotions when she asked Kat if there really was something wrong with the shape of her breasts. But Kat told Maddy that she looked as sexy as ever and there was nothing wrong with her. Instead, Maddy gets angry at Kat and hints that no one else understands her that no one else notices the things she notices.

The emotional toll of this relationship is evident in the characters. Maddy suffers from anger issue and low self-esteem. She

becoming a cruel girl who would yell at anyone who try to convince her to stay away from Nate. She also caught to have less confidence because Nate keeps criticizing her. However Maddy, no matter how she hates Nate, she will constantly seeks validation from him and feels as though she is not enough without him. Nate, on the other hand, struggles with anger and self-hatred, stemming from his own childhood trauma and his inability to control his behavior. Meanwhile Cassie is has severe anger issues, she often gets angry at his sister and mother without cause. She also has an anxiety disorder that she once wanted to take her own life. This makes her mother and sister very worried about her condition.

Example:

Datum: **20/EPI/Euphoria S2 ep.06/00:29:40**



Figure 4.13: *Cassie was angry at her mother because she thought her mother agreed that Cassie did not have self-respect on herself.*

The data above shows one form of the emotional impact of someone involved in intimate partner violence, which is anger. Cassie, even since the first season of the show, Cassie has been portrayed as a sweet and warm person. But ever since her secret relationship with Nate

came to the surface, Nate constantly scared her about what Maddy would most likely do to try and kill Cassie. This prompted Cassie to continue to feel anxious until she started getting angry for no reason. In the data above, Cassie is angry at her mother and sister for not taking her side. Although she also realised what she did was wrong, Cassie continued to defend Nate and refused to let others blame her, she wanted to continue to protect Nate.

One of the most significant emotional/psychological impacts of IPV in Nate, Maddy, and Cassie's relationships is the erosion of trust. Maddy is on edge, not knowing when Nate will lash out at her or betray her trust. This lack of trust leads to a cycle of conflict and reconciliation, where Nate apologizes and promises to change, only to repeat the same behavior in the future. The worst narration about the relationship is that Nate ended up dating Cassie, Maddy's bestfriend, when Maddy was about to get back to him. The impact of IPV on mental health is also evident in both characters. Maddy's depression and anxiety worsen as her relationship with Nate becomes more volatile. She struggles to find a sense of self-worth and feels trapped in the relationship. Nate and Cassie, too, suffers from mental health issues, including anger management problems and a sense of detachment from his emotions.

Example:

Datum: **07/EPI/Euphoria S1 ep.05/00:18:49**

Maddy : You don't understand, Mom, he didn't do it.
Mother : Then who did?
Maddy : It wasn't Nate.
Mother : Maddy stop lying.

Maddy : I'm not lying!
Mother : I'm not gonna let this son of a bitch attack my daughter and get away with it. He needs to know that there are consequences.
Maddy : Mom!
Mother : I would like to press charges.
Maddy : You're not fucking pressing charges.
Mother : I am gonna press charges.
Maddy : No, you're not pressing charges.
Mother : This is for your own good.
Maddy : No, you're not pressing charges.

From the data above, it can be seen how Maddy was angrily trying to convince her mother that Nate wasn't the one who choked her. It can be seen how rude Maddy was when talking to her mother, she never felt good even after she was caught hiding the scars on her neck. She lost her mind and could not think clearly so that whatever came out of her mouth was an outburst of anger towards her mother who wanted to investigate the problem of violence experienced by Maddy. Maddy wanted to protect Nate and stay with him. Not only at school, in front of her principal, but when she arrived at the police station for further questioning, she was still angry at the police officers and threw things in the room. Maddy continued to feel this impact that she became depressed as shown in the data below:

Datum: **13/EPI/Euphoria S1 ep.05/00:27:23**



Figure 4.14: Maddy angry at the police station. She threw things at the glass to express her anger.

As shown in the data above, Maddy's anger is not over. She even throws a tantrum when a physical is about to be performed on her. She wanted to cover up the fact that it was Nate who had done the violence to her. She was angry because she didn't want Nate to go to jail. The events of the day made her emotionally up and down, even after finishing with the police, Maddy was still angry at her mother at home, Maddy even brought up her family situation that was not good enough, blaming her parents who she thought had made her life less good. Even after a few days, Maddy also became less attentive to herself, she experienced changes in her diet and sleeping pattern that caused her health to suffer. Not to mention what she had to deal with in the second season of the show when Nate actually dated Cassie, Maddy's best friend, while Maddy was trying to get back at Nate. This devastated Maddy so much that she ended up depressed.

Example:

Datum: 21/EPI/Euphoria S2 ep.06/00:31:05

Maddy wasn't just angry about Nate and Cassie. She was also depressed and heartbroken. – Rue narration

The emotional/psychological impacts of Intimate Partner Violence can also be seen in the data above. Maddy is depressed due to the betrayal committed by her boyfriend, Nate and her best friend, Cassie. Maddy get depressed from the reality that her ex were actually dating her best friend when she was trying to get back together with him.

Not only caused by Nate's emotional/psychological abuse, but Maddy's depression is also arises from the physical abuse she receives. While depression is only one of the impacts of intimate partner violence, other impacts include: PTSD, anxiety, low self-esteem, experiencing anger and hatred, panic, fear, paranoia, grieving, compulsive behavior, and a negative view of overall well-being (Bogal et al., 2016).

Another example of the emotional/psychological impacts is shown by the data below, which this time is experienced by Cassie.

Example:

Datum: 14/EPI/Euphoria S2 ep.03/00:36:41



Figure 4.15: *was crying out of anger at the school's toilet*

Kat : Wait, I don't understand. If you're not auditioning for "Oklahoma" then why do you look like that?

Cassie : Like what?

Maddy : Like a country music star.

Cassie : In a good way or a bad way?

Maddy : Bitch, you better be joking.

Kat : Are you okay, Cass?

Cassie : No! Yes! Fuck it! I am in love with Nate Jacobs and he is in love with me! And don't you fucking give me that look, Maddy, because I didn't fuck your boyfriend! You two were broken up for three weeks and three days before we even had sex, so I didn't betray you! Plus, you guys are terrible for each other and

you know I'm right and you guys can all judge me if you want, but I do not care! I have never, ever been happier!

In the data above, it can be seen that Cassie is experiencing anger issues, not only that, in the scene above, it can be seen that Cassie is wearing clothes that are very different from what she usually wears, this is the impact of controlling behaviour carried out by Nate on her. Which made Cassie's friends quite surprised and certainly worried about Cassie. Yet when Cassie's friends tried to confirm that she was okay, Cassie got angry at them because she thought they were mocking her because of the changes in her fashion sense. Although in her heart she was furious, Cassie could only hold back her anger and chose to remain silent because she still did not want to cause conflict between her and her friends, the last dialogue in the data above is Cassie's heart that she did not have time to express because she did not want to ruin their friendship. Cassie didn't say that, even though she really want to say that to everybody so she won't be overthink about her secret relationship with Nate.

The impact experienced by cassie is not only anger issues, but also feelings of denial that she continues to feel. as shown by the data below:

Datum: 19/EPI/Euphoria S2 ep.06/00:22:13

Suze : It's one thing to do what you did, and it's another thing to pretend you're all innocent, and it's no big deal.
Cassie : I'm just pointing out the facts.
Suze : Well I'm just pointing out the principle.
Cassie : What principle?

Suze : The “don’t fuck your best friend’s boyfriend” principle.
Cassie : (yells) That is what I’m trying to tell you, Mom! They weren’t boyfriend and girlfriend, god!

In the data above, the secret relationship between Cassie and Nate has been revealed thanks to Rue who deliberately revealed it in front of everyone. Cassie was denying the fact that she had ruined her friendship with Maddy. Even though several people around her agreed that the relationship between Cassie and Nate was wrong, Cassie still denied it and from then on, Cassie never left her house. She experienced several changes, such as emotional changes that made her suddenly angry without cause and depression that caused her mother and sister to worry because she had tried to commit suicide. Luckily, before that happened, her mother and sister had hidden all the sharp objects in the house. Before the secret relationship between Cassie and Nate was revealed, Cassie had already experienced anger issues, and she was even angry at Nate because Nate was looking down on her:

Datum: 16/EPI/Euphoria S2 ep.04/00:13:53

Cassie : No, what you don't understand, Nate, is I am crazier!
Nate : That's not somethin' to be fuckin' proud of, Cassie!
Cassie : No... but it is something you should be scared of.

The data above was taken when Cassie and Nate were arguing. At that time Nate was talking about his meeting with Maddy, Nate said that they were only alone at that time and were talking about love with Maddy, which provoked Cassie's jealousy. At that time, their

relationship was not known by many people. Both Nate and Cassie were still trying to cover up the relationship. During the debate, they also discussed the possibility of what would happen if Maddy found out about the secret relationship between the two of them. During the debate, Nate also said that Cassie could not possibly act against Maddy's madness, which made Cassie angry because she felt that she had been belittled, especially by the person who said that he loved her. Cassie was yelling angrily at Nate because Nate kept looking down on her, thought she was weaker.

The portrayal of intimate partner violence (IPV) in *Euphoria* is a complex issue, and the relationships between Nate and Maddy reveal cognitive functioning that contribute to IPV. Nate Jacobs exhibits characteristic of a psychopathic personality disorder, which are common in perpetrators of IPV. His actions are motivated by a need for control and power over his partner Maddy.

Example:

Datum: **23/EPI/Euphoria S1 ep.05/00:31:13**



Figure 4.16: *Maddy was zoning out during class.*

In the data above, Maddy, on the other hand, exhibits symptoms of lack of focus. Maddy was in class, it just so happened that her class was discussing toxic relationships and playing a video interview with a toxic relationship survivor. At that time she was only thinking about Nate who hadn't been in school for days. Maddy was also seen wearing the furry robe that Nate gave her. In the data above it shows that her cognitive changes processes include an overthinking behaviour, leading her to lack of focus which make her zone out from the classes she attend after the abusive scandal regarding her and Nate. This cognitive distortion is seen in the class where she did not pay attention to the class.

The interpersonal relationship of intimate partner violence between Nate Jacobs, Maddy Perez, and Cassie Howard in the HBO series *Euphoria* is complex and multifaceted. Throughout the show, these characters are shown to have interwoven relationships with each other, with Nate and Maddy being in a romantic relationship and Cassie being Maddy's best friend which later caught dating Nate when Maddy was trying to get back to him. However, their relationships are often characterized by violence, manipulation, and abuse.

Nate Jacobs, the son of a prominent local businessman, is shown to have a history of abusive behavior towards his partners. In his relationship with Maddy, he is controlling and manipulative, sometimes being abusive towards her using his power and influence to keep her under his control. He often becomes physically violent with her, and he

also engages in emotional abuse, such as gaslighting, manipulation, and some use of physical force to physically abuse his girlfriends.

Maddy, on the other hand, is portrayed as a victim of Nate's abuse, but also as a character who struggles with her own identity and self-worth. She often forgives Nate's behaviour and returns to him, despite the abuse she experiences. Her relationship with Nate is characterized by a power imbalance, with Nate exerting his control over her through manipulation and intimidation. As the data below shows, Maddy was devastated, she cried in front of the mirror in her room while examining the strangulation scar on her neck. She felt hurt, unable to believe that Nate, who said he loved her, could hurt her:

Datum: 24/EPI/Euphoria S1 ep.05/00:07:05

It wasn't the violence that scared her. It was the fact that she knew, no matter what he did, she'd still love him. – Rue narration

The data above shows how Maddy loves Nate so much, she is blinded by all the good things Nate does, even though Nate also does many bad things to her. Maddy loves Nate so much that she doesn't want to lose him. But what a misfortune for Maddy, in the second season of the show Nate actually dated Cassie, her own best friend, they both betrayed Maddy. They dated while Maddy was trying to get back to Nate. Maddy was in fear of losing Nate that she was trying to stay with him even after horrible things he has done to her. Her interpersonal relationship has been affected by the violence that she was living in fear of betrayal and afraid of getting ignored, especially by Nate. Even the

data below shows how Maddy really loves Nate, Maddy even wants to make Nate jealous so they can get back together again. Maddy is not willing to part with Nate:

Datum: 25/EPI/Euphoria S1 ep.01/00:37:36

“I’m just trying to get back at my really shitty ex-boyfriend.” – Maddy when she tried to make Nate jealous.

In the data above, it was Maddy asked random boy to get undress and take him to go swimming with her, and it catches Nate attention. The incident happened at the party at McKay's residence, before it happened Nate had even been warned by McKay not to make trouble, because McKay knew that if it involved Maddy then there would be a big fight between the two of them. The interpersonal relationship between Nate and Maddy is further complicated by their individual struggles with identity and self-worth. Maddy is often portrayed as a character who is uncertain of herself and seeks validation from others, particularly from Nate. Nate, meanwhile, appears to have deep-seated issues with control and power, likely stemming from his relationship with his father.

Overall, the emotional/psychological impacts of IPV in Nate, Maddy, and Cassie's relationship are far-reaching and destructive. They struggle with health issues, and their relationships are marked by a lack of trust, manipulation, and aggression. The series provides a powerful depiction of the devastating impact that IPV can have on individuals and the importance of seeking help and support to break the cycle of violence.

The portrayal of intimate partner violence in *Euphoria* reveals patterns of cognitive functioning that contribute to IPV. The character of Nate Jacobs exhibits characteristics of a psychopathic personality disorder, which allow him to justify his abusive behavior and manipulate his partner. The interpersonal relationship of intimate partner violence between Nate, Maddy, and Cassie is a complex and troubling aspect of the show *Euphoria*. The characters' struggles with identity and self-worth, as well as their histories of abuse and manipulation, create a web of toxicity that is difficult to unravel. However, by portraying these issues on screen, *Euphoria* raises important questions about the nature of abuse and the importance of healthy relationships.

b. Physical Impacts

In the HBO series *Euphoria*, the characters Nate Jacobs, Maddy, and Cassie are involved in abusive and violent relationships with each other, which have significant biological consequences. One of the most immediate and visible biological consequences of IPV is physical injury. In the show, we see both Maddy and Cassie experience violence at the hands of Nate. The injuries they sustain range from bruises and an illness. Physical injuries can have long-lasting effects on the body, leading to chronic pain, reduced mobility, and even disability. In addition, repeated physical trauma can cause long-term damage to internal organs and increase the risk of developing chronic health conditions such as arthritis, migraines, and chronic pain syndromes.

Example:

01/PI/Euphoria S1 ep.05/00:06:50

And when she got home that night, she felt sick to her stomach. Like enough to throw up. – Rue narration on Maddy after Maddy was choked by Nate at the carnival.

IPV can also have indirect physical impacts. For example, lead to behavioural consequences when both Maddy and Cassie engage in risky behavior, including drug and alcohol use, as a coping mechanism for the abuse they experience which lead to the physical impacts. This behavior can lead to addiction, which in turn can have significant physical and mental health consequences, including liver damage, heart disease, and cognitive impairment. Additionally, IPV can have an impact on sexual health. In the show, Nate is sexually aggressive towards both Maddy and Cassie. This type of sexual activity can lead to physical injury, such as genital trauma, as well as sexually transmitted infections (STIs), unintended pregnancy, and other sexual health problems.

Intimate partner violence (IPV) is a serious issue that affects millions of individuals worldwide. The television series *Euphoria* portrays a relationships between three characters, Nate Jacobs, Maddy Perez, and Cassie Howard that is marked by IPV. This analysis will examine the behavioural consequences of this IPV on those characters.

Nate Jacobs is a high school student who is portrayed as being controlling, manipulative, and violent. Throughout the series, he engages in physically and emotionally abusive behaviour towards Maddy and Cassie, including physical violence and

emotional/psychological violence. The consequence of this behaviour on Nate is that it reinforces his belief that he has power and control over the girls. He sees the girls as an object that he can possess and control to get what he wants, and he believes that he is entitled to her attention and affection. This behaviour also reinforces toxic masculinity norms, which value dominance and control over others. Those psychopathy treats has cost them depressed and endangered their health. As shown by the data below:

02/IP/Euphoria S1 ep.05/00:38:41



***Figure 4.17:** Maddy wasn't doing well. Over the course of the last five days, Maddy had sent Nate a total of 273 text messages. None of which he answered. Plus, everyone in her life was against her.*

Maddy, on the other hand, the victim of Nate's violence. She is portrayed as being in love with Nate and willing to overlook his abusive behaviour towards her. The behavioural consequence of this IPV on Maddy is that she was not properly taking care of herself after the accident at the carnival, moreover after her mother decided to press charge on Nate for choking her daughter. She began to stop taking care about herself, and other behavioural consequences such as lack of sleep

due to overthinking, and having a messed up eating pattern as shown by following data:

Datum: 05/IP/Euphoria S1 ep.05/00:12:36

Got depressed, and therefore hadn't had anything to eat or drink the entire weekend. – Rue narration about how messy Maddy got.

The data above shows how intimate partner violence affects Maddy's behaviour. Maddy get depressed after what happened to her and Nate, Nate was suspended from going to school and that made her unable to see him. It made her feel anxious, her head was filled with negative thoughts, she was very worried about Nate who was forced to suspend his activities. Maddy was afraid that it would make her relationship with Nate crack, Maddy couldn't stop thinking about it so she didn't have time to take care of herself, even just to eat and sleep properly. The behavioural consequences also happened to Cassie who ended up in a romantic relationship with Nate in the second season of the show. The change in her behavioural is shown in the data below:

Datum: 08/IP/Euphoria S2 ep.03/00:30:25

Cassie decided to wake up at 4 AM that morning to get ready for school. She needed to clear her head.

In the data above, it can be seen that Cassie consciously changed her sleeping pattern and woke up at 4 AM only to get ready for school. This was triggered by Nate's controlling behavior which required Cassie to wake up early so that she could perform at her best and get Nate's attention even if only a little. Cassie, as the following victim of Nate's violence, she also experience changes on her behaviour such as drunk

excessively, and sleeping trouble. The worst is shown by the data below, when she got really depressed that she even attempted to cut herself. Luckily, her mother was aware about Cassie's changes so she asked Lexi, Cassie's little sister, to hide all the sharp objects at their house:

Datum: 12/IP/Euphoria S2 ep.06/00:24:35



Figure 4.18: Cassie was trying to cut herself due to depression she went through.

Cassie was so depressed that she couldn't go out, she locked herself up at home because she was afraid to meet her friends. She was afraid that her friends would turn against her for the mistakes she had made. Feeling very depressed by everything she began to reduce social intensity even with her own family, she locked herself in the bathroom. This worried her mother, who told Lexi, Cassie's younger sister to hide all sharp objects in the house. In the data above, Cassie tried to cut herself using a tin can, Cassie screamed before actually cutting herself, which made her mother and sister run hurriedly to the kitchen, where the sound of Cassie's screams came from. From the data above we can learn that the consequences of IPV are not limited to the individuals involved in. The portrayal of IPV in *Euphoria* can help to raise

awareness of this issue and promote conversations about healthy relationships.

In conclusion, the behavioural consequences of IPV between Nate Jacobs, Maddy Peres, and Cassie Howard in *Euphoria* are complex and multifaceted. The consequences for Nate are that it causes him easily irritated by trivial things, while the consequences for Maddy are that it erodes her self-worth and confidence. Cassie on the other hand has to deal with several health issue because of the violence that occurred on her. It is essential to recognize the seriousness of IPV and work towards creating healthy and equitable relationships.

The researcher found a total of 62 data. Out of these 62 data in this section the researcher explains 11 data which are emotional/psychological impact and 5 data which are physical impact. In addition to these data, there are several other data that can be seen and understood in the appendix that has been attached by the researcher, with a total number of emotional/psychological violence data as much as 25 data and physical violence as much as 14 data.

B. Discussion

This section focusing on discussion about the two formulation of the problem of this research, the first problem that will be discussed is the types of violence that found in *Euphoria*. The second problem formulation that will be discussed is the impacts of intimate partner violence (IPV) that found in *Euphoria*. The researcher analyse the problems with the use of theory of types of violence and the IPV impacts by Bogat et al.. This research analysing

Euphoria as the object of the research, the following is the data display and the discussion about the finding data of the problem formulation of this research.

Table 4.7 : Types of Violence

No.	Types of Violence	Total Data
1.	Emotional/psychological violence	21
2.	Physical violence	2

Table 4.8 : Impacts of Intimate Partner Violence

No.	IPV Impacts	Total of Data
1.	Emotional/Psychology Impacts	25
2.	Physical Impacts	14

The table above shows the data that displays the problem statements of this research. There are 23 data in the *Euphoria* series that show the types of intimate partner violence, of which 21 are emotional/psychological violence, and 2 are physical violence. Then 39 data were found in the series *Euphoria* which included the impacts of intimate partner violence. 25 data were found for emotional/psychological impacts, 14 data for physical impacts.

From the data found in *Euphoria*, there are dominant data in each problem statement in this study, there are 21 data for intimate partner violence types of emotional/psychological violence that occurred to Nate, Maddy, and Cassie. Also 25 data for the impacts of intimate partner violence on Nate, Maddy, and Cassie's emotional state.

The dominant data regarding the types of intimate partner violence and impacts of intimate partner violence shown by the three characters in

Euphoria are of course interconnected with one another. The first problem statement has been resolved with the first data finding, which is the types of intimate partner violence in the type of emotional/psychological violence. Emotional/psychological violence is the dominant type of violence in the romantic relationship between Nate, Maddy and Cassie. It is because generally emotional/psychological violence often leaves no visible scars or physical evidence, making it easier for the abuser to hide their actions. Emotional/psychological violence is rooted in power imbalances and control tactics. Abusers may employ tactics like belittling, isolating, threatening, and undermining the self-esteem of their victims. Unfortunately, emotional/psychological violence is often downplayed, dismissed, or normalized in society. Unlike physical violence, which is widely recognized as unacceptable, emotional abuse may be disregarded as "just words" or "emotional stress." This is characterised by Nate's manipulative attitude that tries to control Maddy and Cassie who are both his intimate partners. He does this to maintain the masculine image that he has always maintained because he is afraid that he does not want to end up like his father (gay).

Nate lives with a seemingly harmonious family, but behind the harmony of his family, there is a disgrace that has been covered up by Cal Jacobs, the father. Cal Jacobs is a strict father to his two children. Before his secret was known by Nate, Nate was very respectful of his father, but after Nate looked into his study and found several CDs containing recordings of his father with men he met, Nate turned into a quiet and

mysterious child. According to Bogat et al. traumatic things can be a factor that influences a person to become a psychopathic person who tends to be violent towards their partner. Nate's violent behaviour is believed to be influenced by his father's hidden identity. Therefore, Nate tried to justify all means even to violence to his own intimate partner because he did not want to be like his father.

The second problem statement is dominated by the impact on emotional/psychological impacts caused by intimate partner violence. Intimate partner violence (IPV) has a more severe emotional and psychological impact due to factors such as trust betrayal, power and control dynamics, isolation from support networks, the cyclical nature of abuse, trauma responses, and emotional manipulation tactics employed by abusers. This leads to profound emotional pain, confusion, low self-esteem, anxiety, depression, and post-traumatic stress disorder (PTSD). The lasting effects of IPV highlight the need for comprehensive support and resources to help survivors heal, rebuild their lives, and break free from the cycle of abuse. As stated by Bogat et al. intimate partner violence is a health problem that occurs in almost all walks of life, especially among romantic and domestic couples. Although in this research, the dominant data for this problem statement is emotional/psychological impacts, there is still other impacts caused by intimate partner violence, such as physical impacts. The emotional/psychological impacts of intimate partner violence are not only experienced by Maddy and Cassie, but also by Nate who was actively involved in the romantic relationship with Maddy and Cassie. From this

unhealthy relationship, the three of them experienced anger issues that were severe enough that Maddy and Cassie were depressed, and even attempted suicide.

From the data analysis conducted by the researcher, it can be seen that the type of intimate partner violence that exists in Nate, Maddy, and Cassie's relationship is dominated by emotional/psychological violence which occurs due to past trauma experienced by the three characters in this show. Nate, in order to maintain his masculine image and not be like his father, tries to gain power and control over the girls he dates, and be recognised for his masculinity, which will prevent him from becoming like his father. The violence can be seen in several scenes where Nate often criticises, yells, mocks, and even threatens his own girlfriend by pointing a gun at her head. In addition, Nate was also caught several times committing physical violence against Maddy, which caused Maddy to feel hurt and afraid of Nate, she was also forced to hide the scar on her neck because Nate strangled her the night at the carnival.

Euphoria is a drama series adapted from the Israeli series of the same name, during its adaptation, *Euphoria* was also adapted to a more American cultural context. Of course violence causes several impacts. Although dominated by one's emotions, there are other impacts that also accompany victims of intimate partner violence, such as biological, behavioural, cognitive, or interpersonal relationships. Like what happened to Nate, Maddy, and Cassie, they experienced severe anger issues, Nate hurt himself by hitting his head on the floor when he was angry. Maddy, apart

from having anger issues, also suffered from severe depression which made her health condition decline due to disturbed eating and sleeping patterns, Maddy also took less care of herself after the incident at the carnival. On the other hand, in the second season, Cassie, who dated Nate, began to experience changes due to the impact of intimate partner violence committed by Nate on her. In addition to experiencing anger issues that had provoked her mother's emotions, Cassie also began to change, she began to drink excessively, locked herself up and minimised social contact with others. She also experienced depression and even attempted suicide. All of these effects arise because of the intimate partner violence that occurs in every relationship that the three characters build.

Emotional abuse can have several long- and short-term effects, including extremely low self-esteem, seeking bad relationships, and other physical or mental effects. These effects could include physical symptoms such as racing heart and tremors, psychological symptoms such as anxiety and guilt, or both. Physical abuse and emotional abuse usually travel together. Often, when the physical abuser cannot physically abuse the victim, such as in public, they can emotionally abuse him or her. The researcher has sum up the result of the research that emotional/psychological violence can have stronger and long-lasting effects compared to physical violence because it can cause physical and psychological symptoms, affect personal relationships, and lead to mental health conditions over time. Emotional abuse can also have long-term effects on the brain and body, and it can be as damaging as physical abuse.

Emotional abuse can scar a victim just as badly as physical abuse, and it can have short-term and long-term effects on the brain and body.

CHAPTER V

CONCLUSIONS, IMPLICATIONS, AND SUGGESTIONS

There are three sections in this chapter. Conclusions, implications, and suggestions are included. First up are the conclusions, which provide the resolution to the two problem statements raised in the preceding chapter on the types of intimate partner violence in *Euphoria* and how intimate partner violence affects an individual as seen in *Euphoria*. The theoretical implications of this research on the subject of intimate partner violence are included in the second part, which is called implication. The third section, suggestions, offers some advice for the English students and the other researcher looking at a related subject.

A. Conclusions

The researcher found that there are two types of Intimate partner violence. Namely physical violence and emotional/psychological violence. The type of Intimate partner violence itself is dominated by the type of emotional/psychological violence as much as 21 data out of 23 data from the types of violence, with 2 data found for physical violence.

From both types of violence, it causes at least 2 impacts on an individual. These include emotional/psychological impacts with 25 data, physical impacts with 14 data. Means the most dominant impact of intimate partner violence found in *Euphoria* is emotional/psychological with 25 data. From the dominant data found by the researcher, it can be concluded that emotional/psychological violence is more common, and the effects of violence itself can have a deeper and more lasting impacts on a person's psychology.

B. Implications

This research generated knowledge about intimate partner violence that contributes to and influences the topic of violence, especially intimate partner violence in social and cultural phenomena. The theoretical impact of this research might be helpful/useful for readers or other researchers in academic activities and might share the knowledge about violence, especially intimate partner violence that is found by this research.

C. Suggestion

There are some suggestions from this study:

1. For students majoring in English Letters:

This research is suggested for more English Letters students, especially students in mainstream literature who are interested in studying intimate partner violence as a psychological phenomenon.

2. For the other researchers:

This research focuses on analysing intimate partner violence in *Euphoria*. Therefore, the researcher suggests the other researchers who want to further examine intimate partner violence using other theory and objects, so it could be a reference for the research

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APPENDICES

Appendix 1: Validator Sheet

VALIDATION SHEET

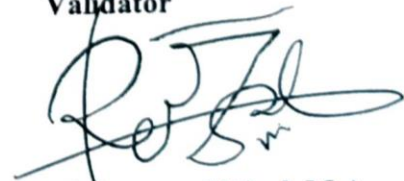
The thesis data titled “**INTIMATE PARTNER VIOLENCE AND ITS IMPACTS IN *EUPHORIA***” had been checked and validated by Muhammad Rizal, M.A. in :

Day : Thursday

Date : May 4th, 2023

Surakarta, May 8th, 2023


Validator




Muhammad Rizal, M.A.

APPENDICES

WHAT TYPES OF VIOLENCE COMMITTED BY INTIMATE PARTNER IN <i>EUPHORIA</i>?					
NO.	CODING	DATA	TYPES OF VIOLENCE	EXPLANATION	V/I
1.	01/EPV/Euphoria S1 ep.01/00:36:31	<p>Nate was fucking on one. And in turn, Maddy was fucking on one. – Rue narrated what Nate and Maddy do on a party after their breakup.</p> <p>Note: Nate and Maddy keep on setting fire on each other, especially after breakup.</p>	EPV	From the data beside, it can be seen that both of Maddy and Nate are trying to monitoring and controlling each other’s behavior by doing something that both of them hate and expect to get the other party jealous, because they know that they would always get back together no matter what. According to Bogat et al. the act of monitoring and controlling others are considered as an emotion/psychological violence.	Valid
2.	02/EPV/Euphoria S1 ep.01/00:44:25	<p>Yeah, that's real classy, you fucking whore.</p> <p>Note: Nate was irritated by Maddy who was hooked up in the pool with other guy. He insulted Maddy by calling her a “whore”.</p>	EPV	According to Bogat et al., insulting is also considered as an emotion/psychological violence. From the data, it found that Nate was irritated by Maddy who was hooked up in the pool with other guy. He insulted Maddy by calling her a “whore”.	valid

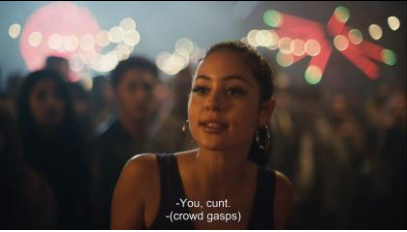

3.	03/EPV/Euphoria S1 ep.02/00:07:21	<p>He'd walk her home from school every day. Made him feel good to know that he was there to protect her.... He did, however, like to think about the things he'd do to protect her. – Rue narrated how possessive Nate is</p> <p>“If anyone ever tried to hurt you, I'd kill them.” – Nate to Maddy</p> <p>Note: Nate being overprotective towards Maddy.</p>	EPV	From the narration, we can consider this as an emotional/psychological violence even though what Nate did for Maddy seemed to be acceptable, but that was indirectly done to monitor her.	valid
4.	04/EPV/Euphoria S1 ep.02/00:13:31	 <p>Note: Maddy lied to Nate that she was blacking out in McKay's party.</p>	EPV	Maddy lied to Nate, because she was trying to get back at him. She did so because he knew how to control Nate who is always worried about her and always wanted to protect her. Therefore she put herself in the position of endangered. This action, according to Bogat et al is considered as an emotional/psychological violence.	valid

5.	05/EPV/Euphoria S1 ep.03/00:39:05	 <p>Note: Maddy sneaks out Nate's phone because she's been curious about who continuously texting him but later she find many pictures of someone else's penis in Nate's gallery.</p>	EPV	Monitoring and controlling acts are considered as an emotional/psychological violence according to Bogat et al. from the data we can see how Maddy was going through Nate's phone.	valid
6.	06/EPV/Euphoria S1 ep.04/00:14:55	<p>"Why are you dress like a hooker?" ... "Go home, get changed, and come back looking like a person. Fuck." Nate to Maddy</p> <p>Note: Nate repeatedly makes Maddy lost her confidence.</p>	EPV	Nate was not impressed by the way Maddy dressed for the carnival, he then humiliated Maddy in public even though it seemed like no one did care about that. Maddy surely aware of that. Bogat et al, mentioned that humiliation is also a type of violence, it is considered as an emotion/psychological violence.	valid
7.	07/EPV/Euphoria S1 ep.05/00:04:43	But that's the thing about guys like Nate. They don't actually want a person. They want something they can own and possess.	EPV	Controlling is an obvious act of emotional/psychology violence according to Bogat et al. which this act can also cause many	valid




		Note: Nate was looking for someone who he can possess so he can control everything.		psychological problems, such as anxiety, depression, ect.	
8.	08/EPV/Euphoria S1 ep.05/00:30:53	<p>“I know for a fact that she's been with other guys.”... “And it's possible that, that night...”</p> <p>Note: Nate try to make a scheme with his manipulative words to avoid further charges of him.</p>	EPV	According to Bogat et al. a person manipulate others to control their movement to make sure that they still stand in the safe line. From the data it can be seen how Nate trying to convince the police that he didn't choked Maddy.	valid
9.	09/EPV/Euphoria S1 ep.08/00:17:30	<p>Nate: Just a second. Maddy: Are you not hard? Nate: No, I am. Fuck! Maddy: It doesn't really feel like you're hard. Nate: I am. I'm... I am hard. Maddy: This isn't something you lie about. Nate: Maddy, I just got a lot of shit on my mind. Maddy: Like during sex? Nate: Stop! Maddy: Stop what? Nate: Talking. Stop talking. Fuck!</p>	EPV	<p>Maddy was humiliating Nate for being turned off, she didn't like the fact that Nate was having so many things in his head during sex.</p> <p>According to Bogat et al. the act of humiliating partner is considered as an emotional/psychological violence.</p>	Valid


		Note: Maddy made Nate feel insecure because he was not turned on.			
10.	10/EPV/Euphoria S1 ep.04/00:34:30	<p>“I'm sorry I got so angry at you before. I am sorry. I'm sorry. I love you. Maddy, I love you. I got a lot of sh... a lot of shit going on right now and I'm really confused. I don't know what to do.”</p> <p>Note: Nate being manipulative toward Maddy after he choked her, he was frustrated because Maddy found many pictures of other guy's penis oh Nate's phone and that he owe her an explanation.</p>	EPV	According to Bogat et al. the act of manipulative is an attempt to control/monitor the movement of the partner, therefore manipulative is considered as an emotional/psychological violence. From data it can be seen how Nate trying to keep his little secret from spreading.	valid
11.	11/EPV/Euphoria S2 ep.01/00:34:12	<p>“I can't believe you took a shit at a party and you didn't wash your hands”</p> <p>Note: Maddy was humiliating Nate who was just got out from the bathroom while there was someone else outside the bathroom.</p>	EPV	Maddy humiliated Nate who just got out from the bathroom, in the culture it turned out to be weird to defecate at a party. Even though Nate was not defecated, he still took the blame because he doesn't want Maddy know about what he just done with Cassie in there. The act of humiliating is considered as an emotional/psychological violence according to Bogat et al.	valid

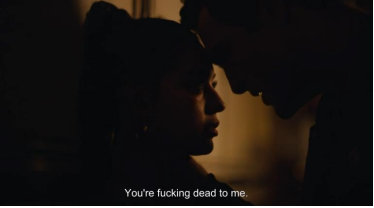

12.	12/EPV/Euphoria S2 ep.01/00:46:16	<ul style="list-style-type: none"> - Bro I was about to ask you. - Yeah, man, I think I fucked up. But I'm doin' everything to get her back. <p>Note: Nate was monitoring on both Maddy who invited a stranger in the bathroom and Cassie that accidentally trapped inside the bathroom.</p>	EPV	Nate was monitoring Maddy who enters the bathroom with a guy she just met. It apparently made Nate jealous, then he never took his eyes off the bathroom. According to Bogat et al. it is considered as an emotional/psychological violence.	
13.	13/EPV/Euphoria S2 ep.02/00:19:43	<p>Rue: But then he said something that totally freaked her out. "If Maddy finds out, she's gonna spend the rest of her life trying to kill me."... "but she'll actually kill you."</p> <p>Note: Nate scares Cassie so that Cassie keeps her mouth shut and what she and Nate do is remain not known by Maddy.</p>	EPV	From the data we can see that Nate was threatening Cassie because he was still trying to get back at Maddy. Threatening is an act of emotional/psychological violence, it is explained by Bogat et al. in their journal about IPV.	valid
14.	14/EPV/Euphoria S2 ep.02/00:45:18	<p>"How are you ever gonna look Maddy in the eye again?" –Nate to Cassie</p> <p>Note: Nate Jacobs indirectly kept threatening Cassie that her friendship with Maddy could be broken because she had been hooking up with Nate.</p>	EPV	Nate used the friendship between Maddy and Cassie to go against Cassie to make sure she was keeping the secret. He threatened Cassie, saying that their friendships were about to ruin for nothing. According to Bogat et al. threatening is considered as emotional/psychological violence.	valid

15.	15/EPV/Euphoria S1 ep.04/00:29:33	 <p>Note: Maddy called Nate’s mom ‘cunt’ as her respond to what Nate said to her earlier, and she was under influence of drug that she used to have fun after Nate was angry at her.</p>	EPV	According to Bogat et al the act of humiliating the partner is considered as an emotional/psychological violence. From the data it can be seen how Maddy was humiliating Nate by calling his mother a “cunt” right after his family receiving an award, in front of many people.	valid
16.	16/EPV/Euphoria S2 ep.04/00:10:59	 <p>Maddy: Did you know that I loved you? I'm not talking about obsession or fighting or fucking. I'm talking about love. Did you feel loved by me? Nate: I don't know.</p> <p>Note: Maddy and Nate were having a serious conversation about their</p>	EPV	Nate use the moment of their break up to manipulate and gaslight Maddy, made her feel that she did not love him enough. Those acts according to Bogat et al. are considered as an emotional/psychological violence.	Valid


		relationship after their umpteenth breakups.			
17.	17/EPV/Euphoria S2 ep.04/00:12:30	<p>“You have this image of yourself as so fuckin' sweet and innocent... but it's bullshit. If you were a fuckin' sweet person, you wouldn't have fucked your best friend's boyfriend.” – Nate to Cassie</p> <p>Note: Nate and Cassie were having an argument because Cassie were jealous because Nate was still seeing Maddy when he and Cassie are in relationship.</p>	EPV	According to Bogat et al. emotional/psychological violence also marked with insulting behavior, just like what can be seen from the data that Nate insulting Cassie saying that she wasn't a good friend for Maddy.	valid
18.	18/EPV/Euphoria S2 ep.04/00:12:53	<p>Nate: What, you wanna go tell Maddy? Cassie: Maybe I will. Nate: You're afraid that I'm still in love with Maddy, so you're gonna do whatever the fuck it takes to destroy that. This isn't about being a fuckin' good person, Cassie, or being a fuckin' good friend. This is about you getting what you want. You can fuckin' leave, or you can get into bed. It's up to you.</p> <p>Note: Nate were belittling Cassie, when the two were having argument.</p>	EPV	From the data, it can be seen that Nate was belittling Cassie. He thought she would stay under his control, he said that she was being selfish, according to Bogat et al. belittling is a type of emotional/psychological violence.	valid

19.	19/EPV/Euphoria S2 ep.06/00:42:54	 <p>Note: Nate was threatening Maddy with a gun. He wanted Maddy to give his father's sex tape with Jules back.</p>	EPV	Emotional/psychological violence according to Bogat et al. also include the act of threatening. From the data we can see how Nate threatening Maddy with his gun.	valid
20.	20/EPV/Euphoria S2 ep.07/00:27:07	 <p>(before)</p> 	EPV	Not only controlling, but Nate was also isolate Cassie from the society since he invite her to move in to his house and live together. According to Bogat et al. those acts can be considered as an emotional/psychological violence.	Valid

		 <p>(after)</p> <p>Note: Nate controlling Cassie, he chose what the outfit for Cassie to wear everyday.</p>			
21.	21/EPV/Euphoria S2 ep.06/00:50:11	<p>(phone buzzing) Cassie:Hello? Nate: (on phone) Hey, pack a suitcase. I'll be at your place in 10. You can stay at my house. Cassie: Okay. Nate: Love you. Cassie: I love you, too.</p> <p>Note: Nate asked Cassie to stay at his house so he can fully control her and isolate her.</p>	EPV	According to Bogat et al. one of emotional/psychological violence forms is isolation. In this data it can be seen how Nate was successfully control Cassie and asked her to move in with him to his house.	Valid

22.	01/PV/Euphoria S1 ep.04/00:30:43	 <p>Notes: Nate choked Maddy and caused her hard to breathe. He was being abusive toward her.</p>	PV	From the data we can see that there was a physical contact between Nate and Maddy. Nate choked Maddy out of his anger after Maddy called his mother a “cunt”. The act of choking, according to Bogat et al. is considered as a physical violence which later causes a physical injury on Maddy’s neck.	valid
23.	02/PV/Euphoria S1 ep.08/00:18:47	 <p>Note: Nate angrily choking Maddy while the two were trying to have sex, but it seems like Nate wasn’t turned on.</p>	PV	According to Bogat et al. choking is an act of a physical violence. It can be seen from the data that Nate Choked Maddy trying to make her shut her mouth because she talked to much. Note from validator:	valid


HOW DOES INTIMATE PARTNER VIOLENCE AFFECT AN INDIVIDUAL AS SEEN IN *EUPHORIA*?



NO.	CODING	DATA	IMPACTS OF VIOLENCE	EXPLANATION	V/I
1.	01/EPI/Euphoria S1 ep.01/00:15:16	<p>“Nate is just like totally ruined my confidence. You know when somebody just constantly criticizes, like, everything about you?” – Maddy on Nate</p> <p>Note: Maddy complaining about Nate that like to criticize her to her friends.</p>	EPI	According to Bogat et al. a victim from IPV tend to be less confident and have a low self-esteem. From the data we can see that Maddy making a statement about how Nate make her felt uncomfortable which can be considered as an emotional consequences.	Valid
2.	02/EPI/Euphoria S1 ep.05/00:39:14	 <p>Note: Maddy was being cruel, she brought up the things that happen to her family that she believe it brought her to this situation.</p>	EPI	From the data, we can see how the emotional of Maddy has been affected from the IPV. According to Bogat et al. one of signs that a person’s emotional has affected by IPV is when that person has an unusual anger issue. Thus it can be considered as an emotional consequence.	valid
3.	03/EPI/Euphoria S1 ep.01/00:14:50	“I’m disgusting. I literally look disgusting.”	EPI	According to Bogat et al. a victim from IPV tend to be less confident and have a low self-esteem. That is	valid

		Note: Maddy was looking at her reflection on the mirror. She thought she has a problem with her boobs,		what happened to Maddy, she kept complaining about how she look even though she seems fine. This kind of insecurity appears because her emotional has been affected.	
4.	04/EPI/Euphoria S1 ep.02/00:07:26	He knew the world was full of men who wanted to hurt Maddy. Men who hang out the windows of their cars and scream obscenities at her. College guys who wouldn't think twice about drugging her. Lonely guys who'd spot her at a mall. Men who'd rape her, torture her, sell her into sexual slavery. He didn't even like to think about it. He did, however, like to think about the things he'd do to protect her. “If anyone ever tried to hurt you, I'd kill them.” Note: Nate being overprotective toward Maddy.	EPI	Nate had a certain hatred toward men who tried to harm Maddy or men who tried to seduce her, which is why he is overprotective toward her. According to Bogat et al. this happened may be because he has been emotionally affected by IPV.	Valid,
5.	05/EPI/Euphoria S1 ep.02/00:08:35	He knew he didn't want boys, though. But he also didn't like the idea of having girls. – Rue narration.	EPI	This statement shows the act of IPV that affects Nate’s emotional. He kept feeling denial about his thought who wanted to start a	valid


		Note: Nate has been through a hard times from his family and also his relationship with Maddy.		family with Maddy, but he has a deep trauma from his father.	
6.	06/EPI/Euphoria S1 ep.02/00:08:41	Plus, Maddy could be a real bitch. Like that night at McKay's party, something just flipped. And he knew he had anger issues, Note: Nate got angry when he saw Maddy was making out with other guy at the pool.	EPI	According to Bogat et al. the act of anger is a form of a consequence of the IPV that affect the emotional of the victim. It can be seen from the data that Nate was angry at everyone at the party because he saw Maddy was with other guy.	valid
7.	07/EPI/Euphoria S1 ep.05/00:18:49	-You don't understand, Mom, he didn't do it. - Then who did? - It wasn't Nate. - Maddy stop lying. - I'm not lying! - I'm not gonna let this son of a bitch attack my daughter and get away with it. - Right? - Absolutely. - He needs to know that there are consequences. - Mom! - I would like to press charges. - You're not fucking pressing charges.	EPI	As the consequence of the IPV, Maddy experiencing a sudden anger issue. She was angrily trying to convince her mother that Nate was not the one who choked her. This thing can be considered as one of signs of emotional consequences as what Bogat et al. has written in their journal.	valid

		<ul style="list-style-type: none"> - I am gonna press charges. - No, you're not pressing charges. - This is for your own good. - No, you're not pressing charges. <p>Note: Maddy was angrily trying to convince her mother that Nate wasn't the one who choked her.</p>			
8.	08/EPI/Euphoria S1 ep.05/00:27:22	<p>Fucking pigs! Fuck you! ...</p> <p>If you literally step any closer I will fight you.</p> <p>Note: Maddy was furious when she was about to be questioned by the police.</p>	EPI	<p>According to Bogat et al. anger is one of the consequence of IPV that effects the emotional of the victim. From the data, it can be seen that Maddy was angry at the police officers because she thought her relationship with Nate was not their concern.</p>	valid
9.	09/EPI/Euphoria S1 ep.05/00:38:58	<ul style="list-style-type: none"> - Who the fuck are you to judge? - Don't swear! - Seriously, Mom, Dad has slept on the couch since I was 10 years old. - Don't be cruel, Maddy! - I'm not. I'm just saying, love is a million things. Sometimes it feels good and sometimes it doesn't. The one thing I know is that Nate loves me no matter what. He'd fucking kill for me, and I'd 	EPI	<p>Maddy could not stop being angry at her mother even after they got home, even after a week after Nate got suspended. According to Bogat et al. anger is one of consequences of IPV that affects the emotional of the victim. Just like what is on the data, Maddy was angry at her mother and it is considered as an emotional consequences.</p>	valid

		<p>kill for him. It feels good to know that there's one person in this whole fucked up world who has my back.</p> <p>Note: Even when she was at home, she got angry at her mother for standing for her and pressed charge for her assault.</p>			
10.	10/EPI/Euphoria S1 ep.06/00:32:22	<ul style="list-style-type: none"> - I need something from you. - Nate, why would I do a single thing for you? - 'Cause I'll put you in jail. Or on a sex offender registry. I mean, it's your choice. <p>Note: Nate forced Jules to do him a favor, which was to ask her to give a false testimony about his case regarding Maddy.</p>	EPI	Nate is still in denial. From the violence he commit on Maddy, he still cannot accept the fact that he had the probability to get in jail, therefore he was forcing Jules to make a fake testimony and support him with putting Tyler to get jail.	valid
11.	11/EPI/Euphoria S1 ep.01/00:44:41		EPI	It can be seen from the data that Nate was angry at everyone at the party because he saw Maddy was with other guy. According to Bogat et al. the act of anger is a form of a consequence of the IPV that affect the emotional of the victim. In this case Nate is the	Valid


		Note: Nate became angry after seeing Maddy with another guy in the pool. He got angry at everyone at the party, and he threw things around.		victim and Maddy was the perpetrator.	
12.	12/EPI/Euphoria S1 ep.08/00:38:13	 <p>Note: Nate vented his anger when his father tried to talk to him. He even cried and banged his head on the floor several times, frightening his father who was there watching him.</p>	EPI	In this scene Nate was having a mix feelings of anger, disappointed, guilty, ashamed, and denial about what has happened to him. He was emotionally expressed his feelings by banging his head to on the floor. Those acts, according to Bogat et al were all considered as an emotional consequences.	valid
13.	13/EPI/Euphoria S1 ep.05/00:27:23		EPI	Anger is a common issue that most likely experienced by the victims of IPV or someone who is involved in an unhealthy relationship which is one of the emotional consequences signs. Maddy angry at the police station because she didn't want to get checked. She didn't want anybody	valid


		Note: Maddy angry at the police station. She threw things at the window to express her anger.		else know that the one who choked her was actually Nate.	
14.	14/EPI/Euphoria S2 ep.03/00:36:41	<p>Kat: Wait, I don't understand. If you're not auditioning for "Oklahoma" then why do you look like that?</p> <p>Cassie: Like what?</p> <p>Maddy: Like a country music star.</p> <p>Cassie: In a good way or a bad way?</p> <p>Maddy: Bitch, you better be joking.</p> <p>Kat: Are you okay, Cass?</p> <p>Cassie: No! Yes! Fuck it! I am in love with Nate Jacobs and he is in love with me! And don't you fuvking give me that look, Maddy, because I didn't fuck your boyfriend! You two were broken up for three weeks and three days before we even had sex, so I didn't betray you! Plus, you guys are terrible for each other and you know I'm right and you guys can all judge me if you want, but I do not care! I have never, ever been happier!</p> <p>Note: Cassie didn't say that, even though she really want to say that to</p>	EPI	According to Bogat et al. the anger and the feeling of ashamed that experienced by Cassie is the sign that her emotional has been affected by IPV. She was clearly trying to attract Nate with her new look that Maddy said she looked like a country music star.	valid

		everybody so she won't be overthink about her secret relationship with Nate.			
15.	15/EPI/Euphoria S2 ep.04/00:09:57	 <p>Maddy: I feel like you ruined me forever.</p> <p>Note: Maddy and Nate were having a serious conversation about their relationship which actually the two trying to get back together.</p>	EPI	According to Bogat et al. decreased of self-esteem and confidence is one of the signs of the emotional consequences of IPV.	Valid
16.	16/EPI/Euphoria S2 ep.04/00:13:53	<p>Cassie: No, what you don't understand, Nate, is I am crazier!</p> <p>Nate: That's not somethin' to be fuckin' proud of, Cassie!</p> <p>Cassie: No... but it is something you should be scared of.</p> <p>Note: Cassie was yelling angrily at Nate because Nate kept looking down on her, thought she was weaker.</p>	EPI	From the data it can be seen how IPV affected on Cassie's emotional. She has been having anger issue since she was in a relationship with Nate who kept saying mean things about her, just like what Bogat et al. said in their journal.	valid


17.	17/EPI/Euphoria S2 ep.04/00:14:36	<p>Nate (yells): What the fuck?! What the fuck is wrong with you?! What the fuck is wrong with you?!</p> <p>Note: Not only Cassie who had anger issue, but also Nate. He almost always yelling at Cassie in the entire conversation.</p>	EPI	It can be seen from the data that Nate having anger issue from her relationship with Cassie. Anger is one of emotional consequences of IPV.	valid
18.	18/EPI/Euphoria S2 ep.04/00:15:14	<ul style="list-style-type: none"> - Did you lose weight? - Do I look different? - I was just wondering. - Then why would you ask? - I was just curious. - Why are you so judgmental? - I wasn't judging you. - You sit on your bed all day just waiting to criticize me. - That's not true. - Did you lose weight? Are you depressed? Why haven't you cleaned your room? Do you ever think about Dad? What happened with McKay? Where were you last night? Shut the fuck up, Lexi! - Fine, I'll stop caring. - You're making me feel like I'm going crazy. 	EPI	According to Bogat et al. anger is considered as one of the signs of emotional consequences of IPV. It can be seen from the data how mad was Cassie got when her sister was concerned about her.	valid

		<p>Note: Cassie was angry at Lexi who was concerned about her. She talk to Lexi in an unpleasing note and tone.</p>			
19.	19/EPI/Euphoria S2 ep.06/00:22:13	<p>Suze: It's one thing to do what you did, and it's another thing to pretend you're all innocent, and it's no big deal. Cassie: I'm just pointing out the facts. Suze: Well I'm just pointing out the principle. Cassie: What principle? Suze: The "don't fuck your best friend's boyfriend" principle. Cassie: That is what I'm trying to tell you, Mom! They weren't boyfriend and girlfriend, god!</p> <p>Note: Cassie was denying the fact that she has ruined her friendship with Maddy.</p>	EPI	<p>Cassie was yelling angrily at her mother and denying the fact that she had ruined her friendship with Maddy. According to Bogat et al. Those two acts are included to the emotional consequences that caused by IPV.</p>	valid


20.	20/EPI/Euphoria S2 ep.06/00:29:40	 <p>Note: Cassie was angry at her mother because she thought her mother agreed that Cassie did not have self-respect on herself.</p>	EPI	According to Bogat et al. anger is one of acts that most likely to be committed by people who experience IPV. Just like what we can see from the data how Cassie was angrily yelled at her mother and her sister.	Valid
21.	21/EPI/Euphoria S2 ep.06/00:31:05	<p>Maddy wasn't just angry about Nate and Cassie. She was also depressed and heartbroken. – Rue narration</p> <p>Note: Maddy get depressed from the reality that her ex were actually dating her best friend.</p>	EPI	From the data we can see how the relationship between Cassie and Nate affected the emotional of Maddy. According to Bogat et al. the feeling of disappointment is also the sign that someone is going through the emotional consequences of IPV	valid
22.	22/EPI/Euphoria S2 ep.07/00:56:14	<ul style="list-style-type: none"> - Nate. - Why the fuck are they laughing? - Nate! - That shit is so fuckin' homophobic. - Babe, I'm so sorry. I had no idea Lex-- - She's your fuckin' sister! 	EPI	According to Bogat et al. the act of anger is a form of a consequence of the IPV that affect the emotional of the victim. It can be seen from the data that Nate was angry at the play and he chose to	valid

		<p>- No, I-- I, I-- No-- - You know what, pack your shit. Get the fuck outta my house. I'm fuckin' done. (door creaking) (door slams)</p> <p>Note: Nate was watching the play that was written by Lexi with the others characters of the show. The play was based on their life, and his character was portrayed as a violent gay man.</p>		broke up with Cassie and leave the play earlier.	
23.	23/EPI/Euphoria S1 ep.05/00:31:13	 <p>Note: Maddy was zoning out during class.</p>	EPI	From the data it can be seen that Maddy wasn't even paying attention to the class she had at that time. As said by Bogat et al. in the journal that lack of focus is one of the consequences of IPV that affects the cognitive of the victim.	valid
24.	24/EPI/Euphoria S1 ep.05/00:07:05	It wasn't the violence that scared her. It was the fact that she knew, no matter what he did, she'd still love him. – Rue narration	EPI	Fear of betrayal and abandonment is also the consequence that most likely experienced by the victim of IPV. According to Bogat et al.	valid

		<p>Note: Maddy was in fear of losing Nate that she was trying to stay with him.</p>		<p>those feelings appears when IPV has affected the interpersonal relationship of the victim. It can be seen from the data how Maddy will always Love Nate even though she knew they are not good for each other.</p>	
25.	25/EPI/Euphoria S1 ep.01/00:37:36	<p>“I'm just trying to get back at my really shitty ex-boyfriend.” – Maddy when she tries to make Nate jealous.</p> <p>Note: Maddy ask a random boy to get undress and take him to go swimming with her, and it catches Nate attention.</p>	EPI	<p>From the data, it can be considered as an interpersonal relationship consequence that experienced by the victim of IPV. The feeling of fear of betrayal and abandonment here can be seen by the attempt of Maddy who tried to get back at Nate.</p>	valid
26.	01/PI/Euphoria S1 ep.05/00:06:50	<p>And when she got home that night, she felt sick to her stomach. Like enough to throw up.</p> <p>Note: Maddy was crying while looking at the bruise she got from Nate earlier that night before she got home.</p>	PI	<p>According to Bogat et al. the impacts of IPV affect on the body of the victim can be considered as a biological consequences. From the data it can be seen that Maddy was feeling sick from the abuse she just got from Nate earlier that night at the carnival.</p>	valid



27.	02/PI/Euphoria S1 ep.05/00:38:41	 <p>Note: Maddy wasn't doing well. Over the course of the last five days, Maddy had sent Nate a total of 273 text messages. None of which he answered. Plus, everyone in her life was against her.</p>	PI	<p>According to Bogat et al. the acts of self-care neglect and not taking care of themselves is one of signs that IPV has affected their body. Maddy has an image as a beautiful girl who always look stunning, but after the abuse she got from Nate, she no longer care about herself, she only think of Nate.</p>	valid
28.	03/PI/Euphoria S1 ep.05/00:12:22	<p>Maddy woke up three hours early, applied more concealer than a burn victim, and tried her best to cover up.</p> <p>Note: Maddy making a lot of efforts to cover up the bruise on her neck.</p>	PI	<p>According to Bogat et al. the change of sleep pattern is one of signs of behavioral consequences that effecting the body. From the data we can see how Maddy was trying to cover the bruise on her neck by sacrificing her sleeping hours.</p>	valid
29.	04/PI/Euphoria S1 ep.05/00:12:30	<p>To compound the problem, she also suffered from a drop in serotonin from the Molly she took at the carnival.</p>	PI	<p>One more sign of a person whose behavioral has been affected from IPV is that when that person abused drugs which going to affect the boy health. Just like what</p>	valid


		Note: Maddy was consuming a drug because she was upset about Nate who was complaining about how she dressed at the carnival.		Maddy did at the carnival, Nate was complaining about her outfit and said that she looked like a hooker. After that Maddy was getting upset and decide to do drug during that night.	
30.	05/IP/Euphoria S1 ep.05/00:12:36	Got depressed, and therefore hadn't had anything to eat or drink the entire weekend. – Rue narration about how messy Maddy got. Note: Maddy get depressed after what happened to her and Nate, Nate was suspended from going to school and that made her unable to see him.	IP	From the data it can be seen that Maddy experienced the behavioral consequences of IPV according to Bogat et al. that marked with the unusual behavior of irregular eating pattern which can also effecting her health conditions.	valid
31.	06/IP/Euphoria S1 ep.06/00:12:43	At first, Nate spent most of his days in bed. – Rue narration Note: after the scandal between him and Maddy was spreaded out, he wasn't go out of his house.	IP	According to Bogat et al. the act of dropping out of social groups and choose to spend more time at home is considered as a behavioral consequences since Nate is used to be active in a social groups, especially in his football club.	valid

32.	07/IP/Euphoria S1 ep.05/00:11:45	 <p>Note: Maddy was acting and dressing unusually at school, wearing a sweater at a sunny day just to cover the bruise on her neck.</p>	IP	Wearing a covered outfit at a sunny day is very unusual for Maddy. She was always look sexy in an exposed clothing. Therefore it can be considered as a behavioral consequences because it was out of her behavior to dress like that which this behaviour affects her appearance.	valid
33.	08/IP/Euphoria S2 ep.03/00:30:25	<p>Cassie decided to wake up at 4 AM that morning to get ready for school. She needed to clear her head.</p> <p>Note: Cassie change her sleeping pattern to have a onger time to get ready for school and to get Nate’s attention.</p>	IP	According to Bogat et al. the change of sleep pattern is one of the signs of physical consequence. Cassie, since she has a secret relationship with Nate, she always wake up at 4 AM everyday just to get ready to school, which is out of her usual behavior.	valid
34.	09/IP/Euphoria S2 ep.03/00:35:53	<p>Rue: Hi Cass. Wait, are you in the play? Cassie: What play? Rue: Lexi’s play. Cassie: What do you mean, Lexi’s play? Rue: Uh, the play that Lexi wrote. Lexi: “Oklahoma.”</p>	IP	From the data it can be seen that Cassie was unusually dressed. She was dressing in a vintage style like she was living in 70s era. According to Bogat et al. it is considered as a behavioral	Valid

		<p>Cassie: What? Rue: The play's called "Oklahoma"? Lexi: No, the drama club's doing "Oklahoma." Cassie: Oh my god. Do I look like I'm in "Oklahoma"? Rue: Why would your play be set in Oklahoma? Cassie: You thought I was auditioning for "Oklahoma"? Rue: I haven't read it, so. Cassie: Are you making fun of me, or did you actually think I was auditioning for "Oklahoma"?</p> <p>Note: Cassie was having a mixed feeling of anger and ashamed because Rue thought she was about to audition for the play "Oklahoma" and she thought Rue was making fun of her because of she look.</p>		<p>consequences since the way she dressed was out of her usual behaviour which affects her appearance.</p>	
35.	10/IP/Euphoria S2 ep.01/00:50:32	<p>Nate: You tryin' to tell me you took her in that room, and you didn't dick her down? McKay: Nah, I didn't. Nate: I don't believe you. Come on tell me the truth.</p>	IP	<p>From the data it can be seen how irritated was Nate Jacobs when he kept asking McKay about Cassie and what they did in the bedroom. Even though Nate's character is the type of person who have an</p>	Valid

		<p>McKay: That's the truth. I took her in that room, had a conversation. That was it.</p> <p>Nate: Are you tyin' to tell me that you didn't miss those titties? Come on bro. I knew it. I knew it. You dirty motherfucker. You dirty motherfucker. You wear a condom? You dirty motherfucker. You dirty motherfucker. Yo where'd you come? Where'd you come? Come in her mouth? Yo, you come in her belly? Yo, you come in her cunt? You come in her cunt?</p> <p>Note: Nate was unusually got angry at McKay, his bestfriend.</p>		<p>anger issues, in this case, it is considered as behavioral consequences since it is unusual for him to get angry at McKay, his friend. Moreover the things he was worried about wasn't even happened. He insisted that McKay and Cassie weren't just having a conversation. It can be seen that Nate made McKay felt uncomfortable and awkward.</p>	
36.	11/IP/Euphoria S2 ep.02/00:10:14	<p>Maddy couldn't sleep. And if she were being totally honest with herself, she wanted to be in that hospital bed with Nate.</p> <p>Note: after the incident of Nate assault, it constantly made her worried about Nate.</p>	IP	<p>According to Bogat et al. the change of sleeping pattern is one of the signs of physical consequences. As we can see from the data, Maddy couldn't sleep since she kept thinking about Nate.</p>	valid

37.	12/IP/Euphoria S2 ep.06/00:24:35	 <p>Note: Cassie was trying to cut herself due to depression she went through.</p>	IP	Cassie used to be a sweet and cheerful girl. She was loved by everyone. But after she got in a relationship with Nate Jacobs, everything about her was changing even she tried to cut herself, which included to physical consequences according to Bogat et al.	valid
38.	13/IP/Euphoria S2 ep.06/00:27:43	 <p>Note: Cassie had been drinking excessively since she was in relationship with Nate.</p>	IP	Drinking excessively according to Bogat et al. is considered as a behavioral consequences that can affects her physic. From the data we can see how Cassie unusually drink alcohol on Maddy's birthday.	valid

39.	14/IP/Euphoria S2 ep.06/00:20:32	 <p>Note: Cassie locked herself in the bathroom because she was anxious about Nate.</p>	IP	To withdraw yourself from society is one of the behavioral consequences of IPV according to Bogat et al. We can see from the data how Cassie withdrew herself from outside and chose to lock herself in the bathroom.	valid
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