

**ABRAHAM MASLOW'S HIERARCHY OF NEEDS FOUND IN  
*SORTA LIKE A ROCKSTAR NOVEL***

**THESIS**

Submitted in Partial Fulfilment of the Requirements for the Degree of

*Sarjana Humaniora*



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*Assalaamu'alaikum wa rahmatullahi wa barakaatuh*

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Thank you for the attention.

*Wassalamu'alaikum wa rahmatullahi wa barakatuh*

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## **DEDICATION**

This thesis is dedicated to:

1. Allah SWT who has given blessings and smoothness in the process of writing this thesis
2. My beloved parents (Nur Cholis and Aan) who have provided support and encouragement in every activity and long journey to reach this stage
3. My beloved brother (Pradisya Putra Nugraha and Prayoga Putra Nugraha)
4. All my beloved friends and my dear family
5. English Letters Study Program and my almamater of UIN Raden Mas Said Surakarta
6. Myself

## **MOTTO**

*“Allah does not burden a soul beyond that it can bear.”*

**- Al- Baqarah: 286 -**

*“You can't be good at everything, but that doesn't mean that you can't do anything. We're not perfect but that's okay. Most characters have problems physically or personality. But, we accept their inadequacies and think of them to be part of that character's charm.”*

**- everyone\_woo -**

## PRONOUNCEMENT

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I hereby sincerely stated that the thesis entitle *Abraham Maslow's Hierarchy of Needs Found In Sorta Like A Rockstar Novel* is my own original work. To the best of my knowledge and belief, the thesis contains no material previously published or written by another person except where due references are mad.

If later proven that my thesis has discrepancies, I am willing to take the academic sanctions in the form of repealing my thesis and academic degree.

Surakarta, 9 June 2023

Stated by



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196111007

## ACKNOWLEDGEMENT

Alhamdulillah rabbil 'alamiin, all praise goes to Allah SWT who has given us blessings and helps, so that researcher can complete a research entitled *Abraham Maslow's Hierarchy of Needs Found In Sorta Like A Rockstar Novel*.

In completing this thesis, the researcher believes that this research will not be perfect without the support, advice, and prayers that flow from the parties who support the process of writing this research. There is nothing that researcher can do instead of conveying this great thanks and appreciation to those who have contributed to the progress of research for researcher.

1. Prof. Dr. H. Mudofir, S. Ag., M. Pd. as the Rector of UIN Raden Mas Said Surakarta
2. Prof. Dr. Toto Suharto, S. Ag., M. Ag. as the Dean of Cultures and Language Faculty
3. Dr. Nur Asiyah, S.S., M. A. as the The Head of Literature Department and Academic Supervisor
4. Dr. M. Zainal Muttaqien, S.S., M. Hum, as the coordinator of English Letters Study Program
5. Hidayatul Nurjanah, M.A as Thesis Advisor, for precious advices and motivation for the researcher may Allah SWT gives you and your family health and bless
6. Muhammad Rizal, M.A as her Validator. May Allah SWT gives you and your family healthy and bless

7. All lecturers of English Department for the amazing experiences during the past few years
8. For the parents of researcher, Mr. Nur Cholis and Mrs. Aan who always support and gives the best without complaining

Surakarta, 9 June 2023

The Researcher,

A handwritten signature in black ink, appearing to read 'Nurul Arinandika'.

Nurul Arinandika

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## **LIST OF ABBREVIATION**

- PSY : Physiology needs
- SAFE : Safety Needs
- LOVE : Love and Belonging needs
- EST : Esteem need
- SA : Self-actualization needs
- MEP : More efficient perception of reality
- SPO : Spontaneity, simplicity, natural
- IND : Independence
- FOA : Freshness of appreciation
- IR : Interpersonal Relation
- PC : Problem Centering
- GEM : Gemeinschaftgeful
- PE : Peak Experience
- CRE : Creativeness

## ABSTRACT

Nurul Arinandika, 2023. *Abraham Maslow's Hierarchy of Needs Found In Sorta Like A Rockstar Novel*. Thesis. English Letters Study Program, Cultures and Language Faculty

Advisor: Hidayatul Nurjanah, M.A

Keyword: Hierarchy of Needs, Self-Actualization, Characteristics of Self-Actualization, *Sorta Like A Rockstar*

Literature has a close relationship with humans, where literature describes humans through character traits that involve the feelings of the reader in the story. In life, every human being has different desires and needs. As a support for survival, needs are something that must be met by humans who can achieve certain satisfaction by having a life according to what they want. There are several levels of needs that are divided into a hierarchy according to Abraham Maslow's theory. This research examines to analyze what is the hierarchy of needs by Abraham Maslow presented in novel *Sorta Like A Rock Star*, and also how are the characteristics of self-actualization presented in the novel *Sorta Like A Rock Star* as a manifestation of the character's self after fulfilling all needs.

In this research, researcher uses humanistic psychology as an approach, and the theory used is Hierarchy of Needs by Abraham Maslow (1954). This theory mentions the five levels of basic needs which consist of physiological needs, safety needs, love and belonging needs, esteem needs, and self-actualization needs. Each level has a relationship between one another so that they are mutually fulfilled.

This research uses descriptive qualitative method. The data takes from the novel is in the form of textual data such as texts, sentences, dialogues and statement. Meanwhile, the steps in collecting data include of reading novels, identifying data, and classifying data. Researcher also uses data validation techniques and confirm the expert validators to gain validation from this research.

This research found the embodiment of the Hierarchy of Needs in the main character of the novel studied based on A. H. Maslow's theory. The result is 42 data discusses about the hierarchy of needs and 27 data discusses about characteristics of self-actualization. The safety needs play an important role in the life of the main character as the dominant data. For the second problem, researcher found the dominant data in the peak experiences as a form of self-actualization's character through a habit of praying and a strong belief in God creates an optimistic personality in main's character life's journey.

# **CHAPTER I**

## **INTRODUCTION**

This part consist of background of research, limitation of research, formulation of problem, objectives of research, benefits of the research, previous research, and definition of key terms.

### **A. Background of the Study**

In the perception of literature and humans will not be separated from the psychological dimension in it. Literature has a close relationship with humans, where literature involves the creative process or the research of internal types and laws present within work of literature (Wellek & Wellek, 1963). It describes humans through the nature of character, atmosphere, life and the presence of psychological elements in it which involve the feelings of the reader into the dimensions of the story. Many aspects appear in a literary work such as philosophy, history, social, sociology, psychology, and many more. From a literary perspective, as long as humans become literary characters, psychology will remain the main focus. Because the effect of literature itself involves the psychology of the audience who enjoys it, or what is often called audience psychology (p. 75). Literature and psychology put a strong correlation between humans and reality, along with their reactions, perceptions of the world, misery, desires, fears, conflicts and reconciliations, social and individual concerns using concepts, methods and approaches.

In life, every human being has different desires and needs. Humans are required to fulfill and balance aspects of needs and desires for a balanced and

directed life. As a support for survival, needs are something that must be met by humans who can achieve certain satisfaction by having a life according to what they want. Needs such as eating well, sleeping comfortably, living in a dream house, and many other needs that trigger a person's sense of satisfaction. Gove in Pittman & Zeigler (2007) defines “need” as the lack of something that is needed, useful, or desirable. He explained that defining a need as something that is necessary are very different set of implications, than defining a need as something that is useful or desirable. Needs that are really needed are defined as a need to support human life, such as food, oxygen, water which are indeed the main factors for survival. While, the other needs is clearly based on human biological, factors but the effects are not as important as the need for survival.

In an effort to meet these needs, it is inseparable from a struggle that humans must make to achieve these desires. Yorks in (Pardee, 1990) told that those forces within an individual that push or propel him to satisfy basic needs or wants defined as a motivation. Maslow (1954) also stated about the sources of motivation that “only unsatisfied needs provide the sources of motivation; a satisfied need creates no tension and therefore no motivation” (p. 24). The point is that every human struggle and desire is based on dissatisfaction and could be the source of motivation so that the desire arises to try to achieve what he wants.

For example, a man who works all day long until late at night. On the other hand, his main needs have been met from the salary he gets. Yet, he still and keep continue to work all day long to fulfil his desire which will be completed when he works. This desire is exactly the reason why he keeps trying to work all day. Thus, that is classified as an individual need.



Humans as perfect beings have reason and know consciously about the needs and desires needed in their lives. The encouragement of these needs is considered important as a driving factor that can motivate someone to get the life they want. Abraham Harold Maslow argued that human needs are divided into five-levels which construct to hierarchy. He formulated a theory of human needs which called as Hierarchy of Needs that emphasizes the satisfaction in each levels. The fives of hierarchy needs are: physiological needs, safety needs, the belongingness and love needs, the esteem needs, and the need of self-actualization (Maslow, 1954).

The manifestation of this situation attracts the attention of researcher to see the human needs that are depicted in a literary work through its characters. The research object chosen by the researcher in this research is a novel. Novel is a form of long narrative that involves a process of imagination with the embodiment of characters and actions that represent real life and human experience (Choeda, 2019). As an example of novels in the current era, there is one novel that attracts the attention of researcher because it contains a message of optimism from a teen heroine in fighting for life's struggles.

The novel that researcher chose is *Sorta Like A Rock Star* by Matthew Quick. This novel is an American teen novel which published on August 13, 2010. Some reviewers responded this novel has an emotional storyline, and full of inspiration because it outlines a difficulty in life. This novel told about the story of Amber, seventeen-year-old girl whose life is not easy. With her limitations, she tries to improve her living conditions by fulfilling all of her needs and facing a series of problems that come alternately. Almost threatens her optimism, she even sinks into

depression and struggles to get out from despair, until she rises up to be a rock star of hope, her identity proclaimed. The battle between hope and despair brings Amber with her struggles to meet one need at a time. Therefore, researcher feels interest with Amber's character, and find out what and how the fulfilment of Amber's basic needs that triggers her to get enthusiasm become a better version with the form of self-actualization characters that appear unconsciously.

To analyse this novel, researcher uses a psychology approach which focused to humanistic view. Humanistic psychology discusses about a movement of human beings and behaviour, connected to self-action and motivation. While, the theory used is from Abraham Maslow, Hierarchy of Needs (1954). Abraham Maslow constructs the needs in hierarchy system for classifying the human motives that involves of five basic needs categories which relating to each other. Maslow (1954) said about relationship of motivations that as one desire is satisfied, another pops up to take its place. When this is satisfied, still another comes into the foreground (p. 24). Thus, it can be concluded that the characteristics of human beings are always desiring something like a connected system. People are motivated to achieve certain needs and some need precedence over others.

There are five previous studies use by researcher in this research. *First*, a research from Dong Hui-chuan and Tian Jing (2022) examined about the concern and description of human psychological need in Sung Mengles's fictions with the exploration of human's spiritual dan emotional world. *Second*, a research from Ali Mahmoud Ali Alshwayyat (2021) revealed the similarities and differences of expression of natural compassion for a female character in 'Middlemarch' and 'Hard Times' novel, adopting Maslow's seven-stage model. *Third*, the research

from Ferva Aslam, Saira Akhter, and Nimra Aslam (2023) discussed about the need of self-actualization through the comparative analysis of Herman Heese and James Joyce espoused by A.H. Maslow and Carl Jung. *Fourth*, a research from Greeta and Maheshwari (2018) discussed about self-actualization and the characteristics in the protagonist Maya Angelou's Memoir. *Fifth*, research from Payman Salehi and Kolsom Bagheri (2022) which analysed the protagonist's character in novel 'Ayyām Ma'ah' based on Maslow's self-actualization.

From those previous studies, researcher also notices that there is a similar research using the same novel of *Sorta Like A Rockstar* which also interests with the story highlighted. Kugler (2018) examines the maturation process of growing love and hope in adolescent novel using psychoanalysis by Julia Kristeva. Unlike the previous research point of view, researcher feels interest in using the same novel, but the topics and theories used are different. This research will constructs how the main character's needs are fulfilled based on the hierarchy of needs by Abraham Maslow. Thus, researcher decides to choose the main character, Amber, as the object of this research. It will be very suitable by using the theory of Abraham Maslow that conducts the five basic needs of hierarchy at motivate individuals to achieve their needs.

One of Amber's monologues in the *Sorta Like A Rock Star* Novel describes an indication of human need portrays as: *I dream of the real bed on which Bobby Big Boy and I will rest one day. My future bed's going to be an ocean of mattress, maybe even a queen-size, sucka! Word.* (Quick, 2010: 18-19). The dialogue clearly describes Amber's wishes in having a comfortable bed, and quiet place without worrying the dangers around her. The existence of demand for needs

is indeed necessary, such as a motivation that is able to arouse the enthusiasm of individuals to try and struggle in fulfilling a life worthy of her. Such as the need to eat, drink, shelter, feel safe, respect which are some of the supporting factors of human life. This is also illustrated in the novel that the researcher took. Then, as a continuation of the fulfilment of all needs, the research is continued with a discussion of the characteristic of self-actualizer people that emerges from the main character. Therefore, this research formulated by researcher with the title of “Abraham Maslow’s Hierarchy of Needs Found in *Sorta Like A Rock Star* Novel.”

## **B. Limitation of the Study**

Based on the object of this research, there are 5 (five) topic problems found by the researcher in the *Sorta Like A Rock Star* novel:

*First*, in this novel researcher finds that there are symbols and values of sincere friendship between Amber's five friends contained in this novel. *Second*, the problem of conflict between mother and child, Amber and her mother, also her mother's lover, which affected to Amber must lost her beloved mother forever. This conflict has consequences that affect Amber's psyche. *Third*, the comparative analysis between novel and film version, *Sorta Like A Rockstar* and *All Together Now*. *Fourth*, the intrinsic and extrinsic elements contained in the novel. *Fifth*, analysis the fulfilment of human needs that motivates Amber to struggle for a better condition.

From those five problems that found by the researcher, researcher decides to limit the problem and focus on the fifth topic which is to know about the basic needs of Amber that motivates her struggle in life. It limits on the main character and will

focus on the influence of five hierarchy needs of Abraham Maslow (1954). It is because researcher wants to find out about what are the hierarchy of needs that has influenced Amber to be able to rise from her adversity and fight for life.

### **C. Formulation of The Problem**

The problem statements in this research are:

1. What are the hierarchy of needs by Abraham Maslow presented in *Sorta Like A Rock Star* novel?
2. How are the characteristic of self-actualization presented in *Sorta Like A Rock Star* novel?

### **D. Objectives of The Study**

The purposes of this research are:

1. to reveal the hierarchy of needs by Abraham Maslow presented in the *Sorta Like A Rock Star* novel.
2. to reveal self-actualization are presented in *Sorta Like A Rock Star* novel.

### **E. Benefits of the Study**

From this research, researcher hopes this research has the benefits which are divided into two parts. They are theoretical benefits, and practical benefits.

#### **1. Theoretical Benefits**

Theoretically, researcher hopes that this research can give theoretical benefits in adding scientific knowledge, especially in the fields of literature, and humanistic psychology.

## 2. Practical benefits

In this case, the benefits of practitioners have uses from a practical or applicable aspect. Therefore, research also has useful uses aimed at students, and society.

### a. For the students

Practically, this research is expected to be a reference material, and wise reading for students of UIN Raden Mas Said Surakarta, and also readers to be wiser in addressing the strengths and weaknesses that exist within themselves. A deficiency will look like an advantage if the will to make the process better is desired.

### b. For society

Besides being useful for students, this research is also expected to be useful for the community in terms of self-development. It is hoped that it can be a motivation to always think positively, and treat yourself like the main character in this novel. The research will hone the natural needs of human motivation, and make learning a lifelong endeavour so that people will be encouraged to explore possibilities, understand problems and believe for everyone abilities.

## **F. Definition of the Key Terms**

Researcher has summarized several definition of key terms used in this research as follows:

### **a. Hierarchy of Needs**

A theory by Abraham Harold Maslow for classifying the human motives in scheme. It involves five orders categories with lower-level needs on the bottom which must be satisfied first, before the advanced level need come into play (Pardee, 1990).

### **b. Self-Actualization**

The tendency of people to become actualized in what to his own nature. This tendency might be phrased as the desire to become more and more what one idiosyncratically is, to become everything that one is capable of becoming. (Maslow, 1954, p. 46).

## **CHAPTER II**

### **LITERATURE REVIEW**

#### **A. Theoretical Background**

This chapter covers the relationship between the psychological approach and its relationship to literature used by researcher in analysing. The theory used for this research is hierarchy of needs by Abraham Maslow which focuses on five-basic need such as; the psychological needs, the safety needs, the belongingness, and love needs, the esteem needs, the need for self-actualization (Maslow, 1954). These theories are explained as follows:

##### **1. Humanistic Psychological Approach**

Basically, interdisciplinary knowledge divided each branch of science in its respective scope and family. For example, literature as a social science and its branches are psychology, anthropology, gender, language, and history. The combination of these branches gave rise to various approaches such as literary psychology, sociological literature, anthropological literature, feminist literary criticism, psychoanalysis, and etc. Related to the problems found by the researcher, researcher used humanistic psychology as an approach in analysing the problem. Therefore, in that sense the researcher borrows from other disciplines, a humanistic psychology as an approach to clarify the sources of data and related findings.

Psychology and literature have different coverage areas of their own, however it seen that both of those research have same object about humans, psychology and literature are two branches of science that influence each other. Psychology has a research focus on human behaviours, and their causes while

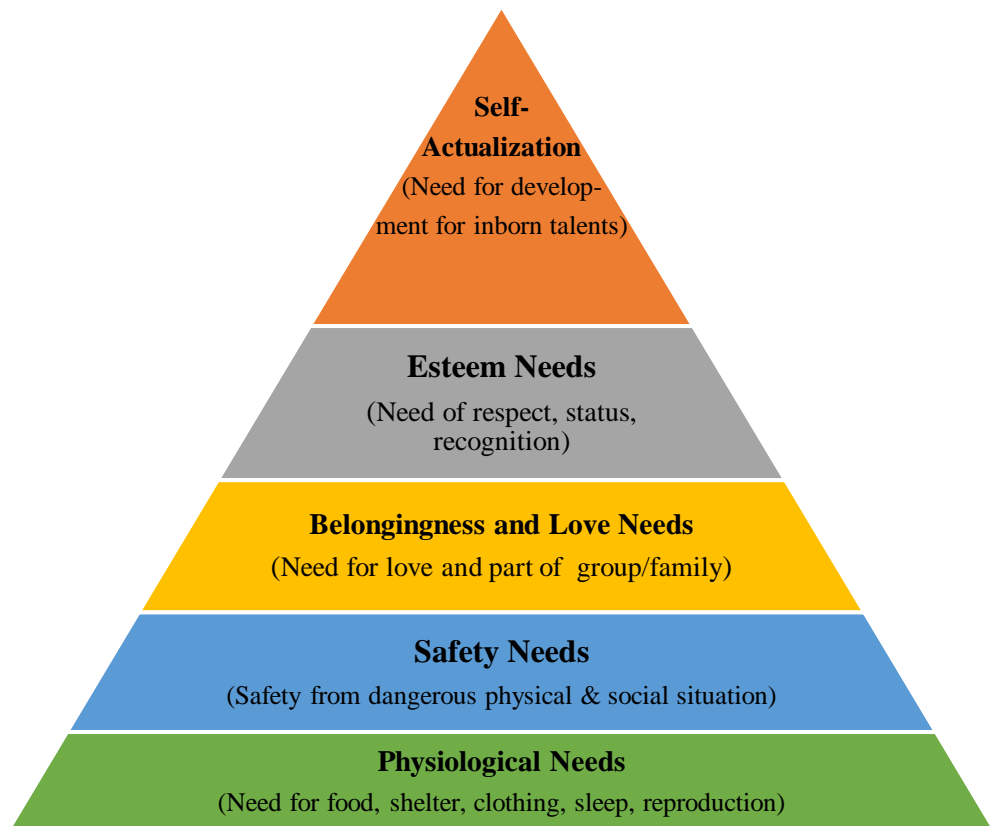


literature has a research focus on human behaviour through the fictions. Until, these two sciences merged into a science known as "literary psychology". This is why literature and psychology are said to be related sciences.

Humanistic psychology as an approach to this research has an important view of human potential. Its founders, Maslow, Rogers, May, Bugental considered that humans must also develop and grow beyond the negative forces that can potentially hinder them. Regardless of the influence of conflicts, stimuli, or instincts that influence changes in a person's personality between the past and present, humanistic psychology views living things with dynamic concepts and changing patterns. This is supported by Rogers' opinion that living things have an essential pattern of dynamic change that serves to move them toward full development and maturity (Schneider, Pierson, & Bugental, 2015). This growth pattern does not only include physical growth, but also psychological growth that directs the individual to the fullest uniqueness in the potential inherent in him (p. 82).

According to Rogers in (Schneider, Pierson, & Bugental, 2015), humanistic psychology emphasizes the idea of actualizing one's potential which requires courage and personal will. Meanwhile, Maslow believes that the possibility of this idea also emphasizes the factors of will, decision making, and the ways in which individuals make their own choices (p. 88). From this statement, it can be ascertained that humanistic psychology provides an overview of human nature with potential that is fully trusted to produce a form of optimism and full of hope. Man must believe in his capacity to expand, enrich, develop, and fulfill himself to become what he wants to be.

## 2. Abraham Maslow's Hierarchy of Needs (1954)



**Figure 2. 1** Hierarchy of Needs

The used of theory for this research is Hierarchy of Needs by Abraham Maslow. Abraham Maslow was an American psychologist who elaborated a hierarchy of needs to construe about human impulse with five essential class from lower to higher order of demands. According to Decavarlho (1991), Maslow was born on April 1, 1908 in New York City. He was the first of seven children in Russian- Jewish family. He deserved his BA (1930), MA (1931), PhD (1934) degree of psychology in University of Wisconsin- Madison. A time after graduation, he returned to New York at Columbia, and got interested in exploration on human sexuality. During this period, he came into contact with numerous

European Intellectuals like Fromm, Horney, Adler, Freudian psychologist (Boeree, 2006).

In 1943, he expressed his interest in human research by writing an article entitled 'A Theory of Human Motivation' and more explicitly in 'Motivation and Personality' (1954). Maslow views human nature is the continual fulfillment of inner needs, embarking with the essential psychological needs and maturing to meta-needs. He asserted that persons who had satisfied the lower requirements and sought to fulfill higher ranking of human character by getting all they were capable of turning (Decavarlho, 1991). Therefore, Maslow took this idea and arranged in a hierarchy with advanced and lower needs in human motivation. In 1970, Maslow died of a heart attack on June, 8.

Maslow's theory or Needs theory is a theory that assumes the whole human personality is constantly motivated by several demands and the potential to raise towards psychological health. This theory has various names, from humanistic proposition, transpersonal proposition, needs proposition, to self-actualization proposition. However, Maslow prefers to call his theory a dynamic-holistic theory. Researcher decided to use this theory to answer research problems which discussed the level of needs that occur in the character problems in *Sorta Like A Rock Star* Novel. Maslow (1954) provides a supposition that describes his hierarchical view of human motivation. "Man is a wanting animal and rarely reaches a state of complete satisfaction except for a short time. As one desire is satisfied, another pop up to take its place" (p. 24). He describes the characteristics of humans who always want something, and are never satisfied even though when one wish is fulfilled,

other desires will also appear. The appearance of these desires seems to organize themselves like a hierarchy, as Maslow has made.

In his book "Human Motivation" (1954), he explained that this theory did not only emphasize constant fundamental drives or needs, but also required a strong situation theory so as not to fall. This is because not only needs govern individual actions, but also see the tendency of the situation they face. A good theory of motivation must consider situations, but it must not be a purely situational theory (p. 29). The research of motivation does not decline or deny the research of the situation so that it can be stated that the two are complementary.

Maslow's efforts in formulating a theory of positive motivation are arranged in a hierarchical manner consisting of: (1) the physiological needs, (2) the safety needs, (3) the belongingness and love needs, (4) the esteem needs, (5) the need for self-actualization (Maslow, 1954, p. 35). The five basic needs are characterized by the fighting power or motivation which is arranged in a level from the strongest need to the weakest need.

#### **a) The Physiological Needs**

According to Maslow (1954), physiological needs are the starting point of motivation theory. This need has the most important role, and is the main requirement in the human life system. These needs include food, water, oxygen, medicine, protein, salt, sugar, calcium, vitamins, minerals, sleep, or sexual satisfaction. Physiological needs play two important roles. First, it is the only need that can be completely satisfied or at least insurmountable. Second, the characteristics of needs with the nature of

repetition. If all needs are not satisfied, then physiological needs dominate, then all other needs may not exist at all (p. 37).

Physiological needs have a great personal impact as a motivational force which is the basis of survival. Maslow explained specifically of this need has the strongest impact, if not fulfilled. That is to say, humans who lose everything in life to the extreme, most likely their primary motivation is physiological needs more than anything else. Furthermore, after physiological needs are met they are no longer a motivation, and play a minimal role among the needs that will arise. For example, someone who has economic limitations to meet survival needs such as food, will find it difficult to meet other needs such as work because the main source of human power comes from adequate food intake.

#### **b) The Safety Needs**

This need arises after relatively satisfied physiological needs. Individuals will begin to feel needs related to safety and security such as housing, property, disaster hazards, or job loss. In this need, adults have a lower level of awareness to really feel needed than a child, except in emergency situations that really need safety. Maslow (1954) explained that when adults sense their safety is being threatened, we may not be suitable to see it on the surface (p. 29). Yet, babies are different who will totally react as if they were risked if they're disturbed, broke off, startled by loud noises, flashes of light, or rough handling by their terrain. Maslow has discovered that a child in pain, vomiting, or colic sees a world that suddenly changes from bright to dark, or in other words everything that could possibly happen

from what was previously stable suddenly becomes unstable. Therefore, the need for safety plays an important role for children to grow and the central role of parents in educating them.

The inability to fulfill the need for safety causes other higher needs to be sidelined and become unimportant. It is caused by the need that want to bring behavior reflects us to stay safe, and calm. This need dominates individual behavior, especially in times of emergency. For example, the condition of the people affected by the flash flood disaster requires them to leave their belongings. For them, material losses are not important so it is better to save themselves and flee elsewhere. The parable proves that the need for a sense of security will be realized in an emergency.

### **c) The Belongingness and Love Needs**

As before, this need will arise after basic and safety needs are satisfied. Humans as social beings need interaction with other people so that as interaction increases, the intensity to want the presence of friends, loved ones, or lovers will appear. The need for love has a more fragile sensitivity than the needs that came before it. Maslow (1954) emphasized that failure to fulfill love is fundamental to the picture of maladjustment. Human attachment overcomes sensibilities of loneliness and disaffection, therefore it involves both giving and admitting adoring love with a sense of belonging. For example, in social interactions, we produce these needs in our solicitations to marry, have a family, and be part of community.

The need for love also applies in social life, every good society must fulfill this need for one another as an effort to survive and be healthy. Because the failure to fulfill this need can be the main cause of maladjustment cases which lead to difficulties in expression.

#### **d) The Esteem Needs**

After the love need is successfully met, humans begin to be encouraged by other necessities to achieve self-actualization. Maslow (1954) divides esteem needs into two parts. First, the desire for strength, achievement, acceptability, mastery, competence, self-esteem, independence, and then freedom. Second, the desire to have a desire for fame or status (defining it as respect or appreciation from others), prestige, reputation and honor, domination, gratitude, attention, importance, pride or gratitude. The satisfaction of this need triggers a person to have sensibilities of confidence, value, strength, capability, and acceptability. On the other hand, failure to meet esteem needs can result in feelings of inferiority, weakness, and helplessness. Therefore, the need for esteem is like an appreciation that marks a person's success in achieving the previous needs. For example, a student who achieves achievements in his class increases his confidence to take part in competitions outside the classroom.

#### **e) The Need For Self-Actualization**

After all the needs are fulfilled, individual will be driven by higher self-esteem which leads to the need for self-actualization. Maslow (1954) referred this needs as a propensity for individual to become realized in what

she or he is potentially. He continued that the tendency as a desire to get more and more what one idiosyncratically is, to get everything that the one is competent of getting. Even though all the needs below are met, the individual may still often feel dissatisfaction in his life which triggers him to develop. The self-actualized individual is no longer motivated by lack but is motivated to grow and become all that he or she can be. Self-actualization or self-realization becomes a reality when people want to use all the talents, gifts, and potentials that are hidden in society.

The need for self-actualization also encourages people to innovate in different social contexts to improve their conditions. For example, like a musician who has to make music, a painter who has to paint to fulfil his self-actualization needs. He knew what he could, and he had to do it. That is a form of self-actualization according to Maslow, an individual who is honest in his own nature. Schultz and Schultz (2009) provide indicators of the conditions necessary to fulfil self-actualization:

- a) Individual must be free of limitations imposed by humanity and by themselves.
- b) Individual must not be confused by the lower order desires.
- c) Individual must be confident in his self-image and in interactions with other people; somebody must be able to love and be loved in return.
- d) Individual must have a realistic awareness of their mastery and susceptibility, good, and bad (p. 37).



### **3. The Characteristic of Self-Actualizer by Abraham Maslow**

Self-actualization theory is used to explain the self-actualization characteristics of the main character, Amber, who arises after all her needs are met. As Maslow said that the need of self-actualization as a tendency for individual to become actualized in what he is potentially (Maslow, 1954). Self-actualized individuals are motivated to grow and become all that he or she can be. Thus, some of the following characteristics appear as a form of individual response after successfully meeting the lowest needs towards the stage of self-actualization, with the struggle and effort that is passed.

Being at the highest stage in Maslow's hierarchy of needs theory, the need for self-actualization will arise easily after the systematic fulfilment of previous needs has been satisfied one by one. In the same book 'Human Motivation', Maslow formulated 15 important and useful characteristics of self-actualized people based on his research, but this research contains of 9 characteristic that has found as follows:

#### **a) More Efficient Perception of Reality**

Maslow (1954) stated that self-actualized people lives more in the real world, as it is with the reality that occurs. They are more likely to understand what exists, rather than expecting something wish with full of expectations. This perception differentiates people who are honest and dishonest about their actual reality, and able to analyze, critically, logically, and deeply human and natural phenomena. People feel more comfortable being alone in the real world, rather to be misled by expectations, wishes, or stereotype that apply in social generally.

### **b) Spontaneity, Simplicity, Naturalness**

Another characteristic of self-actualized people is characterized by spontaneous, open and natural behavior that is far from being fake. Instead of trying hard to cover up their shortcomings, they rarely hide their feelings or emotions to satisfy society. This attitude is enough to be themselves, and indicates a sense of security from the problems around (Maslow, 1954). These individuals are usually open in interacting with others, but not in the conventions of interaction style, speech, and other aspects of behavior.

### **c) Problem Centering**

Character of self-actualized people are more focused on problem-centered, not ego-centered. They are generally not too concerned about themselves, because they have a mission in life, some problem-solving tasks that consume a lot of energy. Self-actualized people have a full awareness of responsibility, obligation and so are associated with 'duty' rather than personal choice. They also like to help others, which comes from a sense of empathy and instinct of right or wrong.

### **d) Autonomy: Independence of Culture and Environment**

Independence is one of the characteristics of self-actualized people according to Maslow. This is because they are driven by growth motivation rather than deficiency motivation (Maslow, 1954). Self-actualizing people are not fixated on pursuing satisfaction, instead of getting recognition from people, they will prioritize continuous development and growth of their abilities or potential.

After all the needs are met and satisfied (physiological, love, security, self-esteem, and self-actualization) which are external sources of satisfaction, then internal satisfaction becomes a problem. Internal satisfaction associated with individual development relative to facing hard knocks, frustration, and the like from the external environment. Therefore, people with developmental motivation become strong enough to be independent without dependence on others, and able to create their own happiness.

**e) Continued Freshness of Appreciation**

Instead of taking everyday conventions for granted, people with self-actualized will grow up with awe, delight, and wonder as a way of valuing their experiences. Their ability to maintain a fresh outlook on life, filled with gratitude for things that go by regardless of their frequency. They would think that life can be bigger and better if it is filled with a sense of blessing, which indirectly maintains freshness every day, as self-actualized people do (Maslow, 1954).

**f) The Mystic Experience: The Peak Experience**

The characteristics of self-actualized people have different frequencies in navigating their mystical experiences. Maslow (1954) stated that these people tend to have experiences of awe, wonder, loss in time and space with a feeling of infinity. Realizing the existence of something important and valuable then makes it a valuable experience. Maslow himself distinguishes theological or supernatural affairs with peak experiences clearly. A peak experience is a natural experience characteristic of a self-

actualized person that involves feeling of intense, joyful, and amazed in one experience, and not see the experience with valuable, important, unique, or special viewing.

**g) Gemeinschaftgeful**

This term was first introduced by Alfred Adler who described a person's sense of sympathy and empathy for others. Self-actualized people are characterized as having a high sense of caring for others with intention and sincerity in helping, regardless of the surrounding feelings of anger and negativity (Maslow, 1954). They will blend in with others, uniting the same feelings in one goal to help. Their feeling of humility in responding to a mistake does not understand egoism, but still sees in a goodness that there are other good things that may not be seen so that his view refers to two perceptions, visible and invisible.

**h) Interpersonal Relations**

Besides having a high sense of empathy towards others, self-actualized people have relatively small friendships. However, the bonds of friendship and the transmission of affection in those relationships run deeper, than people who have many friends. They are able to do more fusion, expressing love and affection with much more meaningful identification (Maslow, 1954). They consider these small relationships to be much healthier than ordinary people have, because they do not need to require a lot of time and energy.

### **i) Creativeness**

This characteristic relates to a person's abilities and talents with the channeling of creativity in them. Maslow mentions that the characteristic of creativity is different with the form of self-actualization in musicians or artists as in the example. It is more related to the ability of self-actualized people in doing whatever they do depending through a distinctive way or style. With the performance of creativity, they don't really care how others perceive them and what actions they will get. Their focus leads to freedom and beauty in the creation of actions.

### **4. *Sorta Like A Rock Star* Novel**

*Sorta Like A Rock Star* is a novel with young-adult and struggle themes, written by Matthew Quick. The concept of being a mellow dramatic novel, the core story of this novel has a characteristic that distinguishes it from other similar novels. Although, the romantic element of this novel is not highlighted, the stories and characters of the main characters really describe the reality of today's life so that it become a plus point that attracts readers for *Sorta Like A Rock Star*.

The story begins with a school girl who has an optimistic nature, and only lives alone with her mother. Every night, they have to sleep on the school bus, and have to get up before the bus is used. Amber, knows very well how limitations take away her dreams, as well as the nature of her mother who is hardworking but annoying. Departing from this condition, it encourages Amber to fulfil all her needs and dreams in her own way. Until a great tragedy took away the happiness and optimistic personality of the girl with nicknamed

'Princess Hope', changing all her perceptions of a smooth life. An emotional journey for Amber with fear, anxiety, trauma, dependency, to gaining full trust in JC (Jesus Christ) in the first difficult stage of life, seventeen years.

The interesting thing about the *Sorta Like A Rock Star* novel storyline is the optimistic nature of the main character, Amber, which is perfectly highlighted in the eyes of the readers. However, besides that there is a lot of sadness that is hidden by her giving the impression of a mask of sadness behind her cheerful expression in front of her friends which also concerns the psychological aspects of the Hierarchy of Needs theory that researcher use.

## **B. Previous Studies**

There are several studies related to this research topic. *First*, research from Kerstin (2018) entitled *Faith, Love, and Hope: Reading The Maturation Process in Matthew Quick's Sorta Like A Rock Star Through A Kristevan Less*. In her research, Kerstin illustrates how Kristeva's critical investigation of love, her concepts of the subject-in-process, and her notion of adolescence as 'open structure' add to the complexity of analysing the protagonist's maturation process. The difference between Kersten with this research is from the topic analyses about the concept of love in adolescence as portrayed in the novel using Kristeva Less. Meanwhile, researcher will analyse the aspects of needs based on Maslow's hierarchy of needs.

*Second*, research from Yuan Wang (2019) entitled *Self-Actualization: A Critical Comparison Between Antonia and Other Minor Characters*. This research concerns on the theme of growth and self-actualization in *My Antonia* in terms of Maslow's need hierarchy theory. While, the findings is Cather's view on individual growth and development are clearly embodied through the depiction of a character.

It also gives a significant inspiration to people in modern society who confronts a series of crises and troubles practically and philologically concerning self, others, and nature.

*Third*, research by Xing Xiao-jie and Jia Xiao-yun (2019) entitled *Analysis of The Awakening Process of Edna in 'The Awakening' by Using Maslow's Hierarchy of Needs Theory*. His research focused on the transition of protagonist Edna from suffering the traditional shackle to pursuing the self-independent using Abraham Maslow's theory. Researcher found out the process of Edna which divided into 3 parts, they are fulfilment of basic needs, fulfilment of psychological needs, and fulfilment of self-actualization needs. The different with this research is from the object that using a novel, while the similarity is using the same theory.

*Forth*, another research related to the topic is Qurratulain Sardar and Rafique A. Memon (2019) entitled *Achiever of Higher Self: A Humanistic Research of Celie's Character in the Novel, Colour Purple*. This research demonstrates how the protagonist Celie, from the novel *Colour Purple* by Alice Warker follows the gratification needs in edict to connect the higher itself. This research reveals the evolution of character's personality has been appraised thoroughly at each level, gives an equal attentive of new visions into her conduct and relationships with other characters. Different thing with this research uses different novel, but using the same theory.

*Fifth*, research by Kola Eke and Edafe Mukaro (2022) entitled *Maslow's Theory and Achebe's Things Fall Apart*. Their research demonstrates the validity of Maslow's theory to Achebe's *Thing Fall Apart* with five basic levels. This

research reveals that Okonkwo is unable to fulfil the needs of self-actualization in that he commits suicide.

According to Maslow, to achieve the highest level of needs, he believes that everyone has the potential for self-actualization. However, not all individuals can become self-actualizing people because there are several special criteria formulated by Maslow that distinguish the motives and characteristics of ordinary people from those who are self-actualizing. *First*, one must regularly satisfy all needs. *Secondly*, he must embrace the B-values (Being Values) motives in his personality (Feist & Feist, 2009). B-values is a term coined by Maslow, a psychological indicator that motivates self-actualization as a differentiator to show the motivation of ordinary needs and the motives of self-actualizing people (meta-motivation) (p. 290).

Based on the statement above, although this research will discuss the discovery of the hierarchy of needs found in the novel based on Maslow's theory, the research will continue with the discovery of the self-actualization characteristics of the main character as a self-actualizer person, after achieving all the needs. Thus based on that, researcher put that problem in the second problem formulation which can be considered a novelty in this research.



## **CHAPTER III**

### **RESEARCH METHODOLOGY**

#### **A. Research Design**

In conducting the research, researcher needs a strategy that requires to get a dependable and useful information. Thus, researcher should know what problem take in research and answer relate with problem which want to solve. As stated by Creswell (2007) that qualitative research begins with supposition, a worldwide view, the possible use of a theoretical lens, and the research of exploration problems inquiring into the meaning individualities or groups impute to a social or human problem. Based on that statement, this is in line with the object studied by the researcher that will analyse the human phenomena occur in the main character, especially with hierarchy of basic need by Abraham Maslow

Another reason behind researcher choose a qualitative research is because of the object that shows humanistic as the nature of this approach. Creswell (2014) stated that qualitative research is an approach for discovering and recognizing the meaning individuals or groups impute to social or human problem (p. 43). Looking at the problem with a qualitative method researcher describes the manifestation of main character's problems in the view of human needs. Compiled with a phenomenological description, and the causal relationships from problem found, researcher must open up abstract problems to become real. In line with the expert opinion that qualitative research demands regularity, order, and accuracy in thinking about the relationship of data to one another and the context in which the problems are revealed.

## **B. Data and Data Sources**

Data is one of the important components needed by researcher in any research. The importance of data determines the validity or authenticity of a research, where determining the success of a research also depends on the data. Data in qualitative research focuses on descriptive, describing symptoms or events which are then analysed in the form of categories. In this research, researcher uses textual data in the form of words, sentences, phrases, dialogues, and statements based on the object studied related to human needs experienced by the main character in a plot of *Sorta Like A Rock Star* novel so that qualitative data is suitable for use. In this research, researcher uses primary data in the form of text which is sourced from the novel *Sorta Like A Rock Star* with 387 pages. The data are derived from the words, sentences, dialogue, and statement of the novel based on the problem formulation. From the collection of data, it will be showed the relationship to answer the problem.

## **C. Research Instrument**

Research instrument is a tool used to collect, measure, and dissect data related to the exploration ideal. The position of research instrument in qualitative research is quite important and complicated because it becomes everything in the whole research. According to Creswell (2014) in his book that qualitative research collects data through examining documents, observing behavior, or interviewing participants. They may use a protocol an instrument for collecting data but the researcher are the ones who actually gather the information. They do not tend to use for calculate on questionnaires or instruments developed by other researcher.

Based on those understanding, researcher decides to apply the main instrument is the researcher herself. It is because of qualitative researcher as human instrument has function to determine research focus, select informants as data sources, collect data, assess data quality, dissect data, construe data, and draw conclusions. Thus, this research requires the ability of researcher as the main instrument. The instrument is data obtained from reading by researcher and documents related to research. Furthermore, as supporting instrument, researcher uses some tools or other facilities such as book, laptop, internet, pens, and marker to ease the process of this research.

#### **D. Data Collection Technique**

Data collection technique is one of parts of research activities that has been collected by conducting research. To reach reliable and valuable data, researcher has to do some procedures for gathering the data. There are several techniques to collect the data, the most common method used in qualitative research are interviews, document analysis, observation, and audio-visual materials analysis (Creswell, 2012). In this research, researcher uses some steps to collect data:

1. Researcher read the novel of *Sorta Like A Rock Star* several times to understand more about the whole content and get a comprehension of the related topic which discussed about.
2. Researcher identified the data from novel which consist of dialogue, monologue, descriptive or narrative. This step was doing quotes and highlight in the novel, also made note and wrote the parts of the data that would be use.
3. Researcher classified the data to simplify in answering the problems.

4. Researcher made the coding for the data that has been collected and classified.

#### **E. Data Validation Techniques**

Data validation technique is used to find out whether a data is valid or not. Data validation as a decision-making procedure that ends with the acceptance and rejection of a data. According to Creswell (2014), validation is one of the common way that is used to develop the trustworthiness of the data in qualitative research. The validation of data based on the validator which categorized the good data when the data is valid. In order to obtain the validity of the data, it is necessary to examine and determine the data found using a validator. In this research, to ensure accuracy and well-validated data, researcher used an expert validators with requirement. The validator must have studied in English Literature, especially studied in literary works. Here, the researcher uses an expert in literary work study as the validator of this research. Researcher confirmed to Muhammad Rizal, M.A to do the validation of the data research, also as a lecturer in English Letters Department of Islamic University of Raden Mas Said Surakarta.

#### **F. Data Analysis Techniques**

According to Creswell (2014), data analysis in qualitative research focuses on qualities with pattern seeking and the extraction of meaning from rich, complex sources of linguistic (narrative) or visual (image) data (p. 352). Much effort is directed toward the creation of classifications as words, symbols, an entire array of creative verbal tools or visual displays may be used rather of the “number crunching” employed in qualitative data analysis. In the process, a data will be

simplified so that it can finally be understood easily. Based on this research, researcher uses descriptive analyses in describing data, and summarizing data facts so those patterns may develop that fulfil all of the conditions of the data.

According to Miles & Huberman (1994), data analysis techniques includes three flow of activities, namely data reduction, data presentation, and drawing conclusions. The flow in the analysis technique is presented as follows:

### **1. Data Reduction**

Reducing data means shorting, selecting the main things, concentrating on the things that are important, and looking for themes and main points. Each of data will be selected with a reduction technique that will make it easier for researcher to analyse the data. This technique requires a sensitive thought process for a researcher because it requires intelligence, flexibility, and depth of insight so that the value of findings and theory development is significantly obtained. It is part of researcher's decision to chunks the data code and which to pull out, which patterns best summarize a number of chunks which evolving the story to tell- are all analytic choices (Miles & Huberman, 1994).

In this research, the presentation of the data found in the novel *Sorta Like A Rock Star* will be selected by considering several aspects to see how much it relates to the topic of discussion, as well as the theory used. Considerations in presenting the data include data numbers and data descriptions. Another aspect to consider is adding coding. Coding is the process of classifying and summarizing general data by assigning it in the form of a summary of words or phrases to an initial. For example:

## **1/PSY /18-19**

- 1 : showing the datum number
- PSY : showing to concepts of psychology needs by  
Maslow (1954)
- 18-19 : referring to the page number in novel

Coding is very useful in classifying data as simply as possible. Data which are not related to the topic and theory will be reduced to avoid confusion and data errors. Next, the data will be brought to the next stage, namely data display.

## **2. Data Display**

The next stage is data display. Data display is a process of organized, compressed, assembly of information that permits conclusion drawing and action (Miles & Huberman, 1994). Presentation of data can be in the form of writing or words, pictures, graphics, and tables. The purpose of presenting this data is to combine information so that it can describe the situation that occurred, and help us to do something based on the understanding. Researcher will also have no difficulty in mastering information from a data into a matrix graph. In this research, researcher describes a matrix graph in the form of a componential table to make it easier to describe all the data. The following is a presentation of data:

**Table 3. 1** Data Display

<b>Data Quotes</b>	<b>Details</b>	<b>Maslow's Concept Needs</b>	<b>Explanation</b>
"I dream of the real bed on which Bobby Big Boy and I will rest one day. My future bed's going to be an ocean of mattress, maybe even a queen-size, sucka! Word.	CH. 1 (p. 18)	Psychology needs	1 is datum number, this datum is categorized as psychology needs. Maslow (1954) classified the aspects of psychology needs which include of food, drink, oxygen, sleep, and etc. From the novel, it clearly shows that character has limitation which do not have bed for sleep as well.

Researcher describes the main characters in novel of *Sorta Like A Rock Star* relating with the elements of needs in human needs. Another aspect relates to the way the characters are conveyed which is shown by dialogue or monologue. After the data presentation is complete and comprehensive, the next step is to find the theme and culture of the dominant data.

### **3. Conclusion Drawing**

The last step of analysis technique is drawing conclusion. After the research process takes place, and the data has been collected, then a temporary conclusion is drawn. The final conclusion considers the dominant data that will be selected as findings so as to form a statement that is sourced from credibility.

**CHAPTER IV**  
**FINDING AND DISCUSSION**

This chapter explains about the finding and discussion that are found relating to the topic of human needs. There are five categories of hierarchy needs by Abraham Maslow that appeared and fulfilled by Amber's character in novel.

**A. Research Findings**

This chapter focuses on discoveries related to the hierarchy of needs experienced by the main character in the novel which is examined using the theory of Human Motivation by Abraham Maslow.

**1. Hierarchy of Needs experienced by the main character in novel**

**Table 4. 1** Data Findings Table

<b>Categorized</b>	<b>Total</b>
Physiological Needs	10
Safety Needs	12
Love and Belongingness Needs	8
Esteem Needs	7
Self-Actualization	6
<b>Total</b>	42

Based on the findings found, there are 5 hierarchies of needs that are successfully fulfilled by the main character in the novel *Sorta Like A Rockstar*. The levels in each of these hierarchies represent how Amber's journey one by one is fulfilled and reaches the top, from which she previously experienced various deficiencies, problems, and hard struggles at the age of seventeen. The researcher found 42 data from the hierarchy of needs, there are:



### **a. Physiological Needs**

In this research, the first hierarchy of needs and being the lower level is physiological needs. There are 10 data found by researcher that discuss about physiological needs as basic needs in maintaining human life. Physiological need is a basic need, with its important role as the main foundation in the human life system. Maslow (1954) put two important indicators in this aspect of physiological needs as the only needs that can be fully met, and are recurring (p. 35). It has a great personal impact as a motivational force on the basis of survival. Because of the basic needs, fulfillment is the first to be satisfied before moving on to the next level. The impact on people who do not succeed in meeting these needs can make a person be aggressive, selfish, indifferent to their surroundings, and more. Based on the statement, it can conclude that physiological needs are the efforts to maintain the balance of physical essentials such as eating, drinking, vitamin, oxygen, salt, sugar, and the need of rest (accommodation and shelter).

In the novel, the main character Amber Appleton is a school teenager who lives a homeless life with her mother. Their condition is said to be in limitations, because Amber herself cannot rely on her mother to meet all of the needs in their limit condition. Her journey in fulfilling this need is described in the evidence below.

## **Datum 1**

### **Data Number: 1/PSY/3-4**

I have on two pairs of sweatpants, three pairs of wool socks, two pairs of gloves, a big old hat that covers my freakishly little ears, and three jackets—because I don't own a proper winter coat and it's extremely cold sleeping on Hello Yellow through the dismal January nights. I can see my breath. Ice sheets form on the windows. My teeth chatter. Sometimes I wake up because my lungs hurt so bad from taking in so much freezing air. It's like gargling chips of dry ice. My water bottle freezes if I take it out of my inner coat pocket. (Quick, 3-4)

This data describes the situation and conditions that Amber has at the beginning of the story. It is said that in winter moments, she does not have the availability of a winter coat which is supposed to be available when cold envelops. From the quote of “because I don't own a proper winter coat...” describes the situation that actually happened to her. However, because of the limitations she has, she has to use other equipment as an alternative to protect her so that she can stay warm, even though it is useless for her. It also explained in this situation, the cold temperature really pierced her body where the clothes she wore (big old hat, three jackets, etc) were actually not able to cover up the cold that enveloped her. Amber still felt the cold air around her with trembling lips, and prefer to let it until the next day. This is strong evidence of how Amber's unmet physiological needs are met, and have a crucial impact on her life if they are not properly met. As the theory explains, this physiological need is closely related to the need for life survival.



## **Datum 2**

### **Data number: 2/PSY/9-10**

I still have Bobby Big Boy, and Mom still has her job driving Hello Yellow, all of our clothes and stuff fit in the two storage bins between the wheels, below the bus windows, so it's all good in the hood. (Quick, 9-10).

Along with economic limitations in the aspect of clothes, Amber also experiences limitations in the aspect of shelter. In this data, it is told that Amber only has her dog (Bobby Big Boy) and her mom in her life. Her mother works as a driver in Hello Yello (bus) which is also their temporary resting place. This is evidenced by the quotes "all of our clothes and stuff fit in the two storage bins between the wheels, below the bus windows, so it's all good in the hood" showing an illustration of Amber's condition using two storage bins between the wheels as a place storage of clothes on the bus. Amber and her mother also live their daily lives at Hello Yellow, due to their inability to own a home. Based on this condition, it provides an indication of how a person's inability to meet the physiological needs has a significant impact in terms of survival and aspects that support it. Thus from her condition, it implies that Amber is a truly person who really needs the fulfilment of this needs as the main and priority needs of her lives.

As stated by Maslow (1954) that these physiological needs are basic needs that concern the basis of survival in the human life system. Someone who owns a house means that she has fulfilled four aspects in it. It provides security, personal safety, protection from weather, and

prevents ill health and disease (Shelter and Settlements, 2021). Amber and her mother are said to be homeless because of their temporary place cannot be said to meet the four aspects criteria for protection. The economic limitations of Amber's mother as a school bus driver has not been able to rent a decent place for them. Thus, this condition can be the evidence of a lack of physiological needs have not been met, in the category of the shelter needs. This will become the foundation for Amber's spirit in fighting for her and her mother's situation in getting a place to live.

### **Datum 3**

#### **Data number: 3/PSY/10-11**

A-hole Oliver, threw us the hell out of his apartment, and that my mom has to save up some dough before we can get four walls of our own. I mean, it's a pretty pathetic story, and I'm not really all that proud to be my mom's daughter right now. Homelessness reflects badly on both of us. True? True. (Quick, 10-11)

Continuing from the previous quotes, the inability to have a house makes Amber and her mother's lives become homeless people. According to this quote, it describes Amber and her Mother's past which caused them to lose the apartment and lived on a bus. As a result, this condition affects their lifestyle and loses something extreme as a basis for survival in their life. Thus, this will be a motivate for Amber and her mother to work harder and struggle to find a decent life for them, which provides evidence of Maslow's discovery that physiological

needs are higher motivations for human needs and are more important than other needs.

#### **Datum 4**

##### **Data number: 4/PSY/16**

I find sleepy land together, and I dream of the real bed on which Bobby Big Boy and I will rest one day. My future bed's going to be an ocean of mattress, maybe even a queen-size, sucka! Word. (Quick, 16)

Another thing that supports the indicators of unmet physiological needs instead of clothing and shelter, is related to accommodation to support the sleep activity as a biological need in human. Amber, who is experiencing economic limitations, has a desire that brings her to consciousness (a dream). In Maslow's theory (1954), he explained that someone who is hungry has a consciousness that is filled with his hunger. There is no interest other than food so that he will dream of food, remember food, and think about food (p. 38). Therefore in Amber's case, it can be said that her desire to have a mattress affects to her unconscious and this could be a big motivation for Amber to be able to achieve her wish.

#### **Datum 5**

##### **Data number: 7/PSY/85-86**

It's cold outside. North Pole cold. And I don't have a proper winter coat. As I'm walking toward the school bus compound, I remember what I said about visiting Franks' house, and since I don't want JC to think I am a damn liar, I make a detour. Franks lives in the neighborhood, in a grasshopper green rancher with a big old addition on the back—bedrooms for all of his redheaded kids. (Quick, 85-86)

According to Maslow's hierarchy, he considered the desire is satisfied, then another pop up to take its place. When this is satisfied, still another comes into the foreground (Maslow, 1954, p. 24). The embodiment of this law occurs in the elements of the story examines in this novel. In **datum 1** it is told that Amber does not have a winter coat, and has not been able to fulfil this need throughout the course of the story. Because of that, at different moments, the need for winter coats reappears as a form of response to the failure of individual efforts to meet these needs, as well as demanding that these needs be fulfilled. The winter coat symbolizes a need Amber really needs, but she doesn't succeed in fulfilling it so that her appearance can reappear in the next hierarchy. As a response to unmet psychological needs, the order of the hierarchy of needs does not always appear sequentially, or in other words the emergence of one need usually rests on the previous satisfaction of another, stronger need (Maslow, 1954). Therefore, an indicator of dissatisfaction with a need can be marked by its appearance in the next system.

### **Datum 6**

#### **Data number: 5/PSY/23-24**

It takes three to four oranges to make a tiny glass of juice, and I end up using twelve, just so Ricky, Donna, and I will get all the vitamin C we need to fight frickin' colds and what not. (Quick, 23-24).

Despite of all limitations experienced by Amber in previous, at the end she manages to fulfil the physiological needs which relates to

homeostasis. Homeostasis is the body's automatic effort to maintain a constant and normal blood flow so that the body functions normally (Maslow, 1954, p. 35). It relates to some important components that entering to the body such as water, vitamins, protein, salt, oxygen, blood temperature, and other components for the body's balance. Because as the basis of the body's defences, this need is characterized in experience repetition so that the influence of it has a very important to get fulfil. Amber in this case succeeded in fulfilling the physiological aspect, namely vitamins, as evidenced by her activity in preparing vitamin drinks to protect her from colds. Even though in the context, she found fulfilment of these needs from another person, Donna, but this was still fulfilled for her because researcher also found aspects of repetition of activities that Amber did.

#### **Datum 7**

#### **Data number: 6/PSY/27-28**

Upstairs, in the bathroom, I strip down quickly, brush my teeth with the toothbrush stored permanently on Amber's Shelf, floss, use mouthwash, and then I'm in the shower washing my hair, using Donna's expensive conditioner, trying to keep my hair long black hair shiny. I do this all super quickly, so I don't use too much of Donna's hot water, because hot water costs money. I towel off, use the deodorant and perfume and makeup that Donna bought for me, redress, and then return to the kitchen, where BBB has fallen asleep on the little braided mat in front of the sink (Quick, 27-28).

In the explanation of the dialogue, Amber achieves the fulfilment of the physiological needs that she get from Donna. Donna is the mother of Amber's schoolmates, and also serves as Amber's legal guardian. She



gets full of kindness from Donna, like the attention and affection of her biological mother, even though they are just friends. The fulfilment of this need makes Amber can cover all of her beauty needs which she do not have before, such as hot water, toiletries, toothbrushes, soap, conditioner, perfume, deodorant, and other beauty equipment. Therefore, it could be said that the Amber's physiological needs at this stage have been perfectly fulfilled even though she got it entirely through Donna, not from her own biological mother.

### **Datum 8**

#### **Data number: 8/PSY/68**

I eat my dinner, and then Ricky and I clean up the dishes while Donna answers a bazillion e-mails on her Blackberry. Her thumbs move at the speed of light, and I dig how she mouths the words she is typing, like a little kid would. (Quick, 68)

In the description of the evidence above, the dinner activities of Amber, Ricky and Donna represents the fulfilment of physiological needs for Amber. Thus, it can be said that the needs of daily food are successfully satisfied as a basis for her survival life. The fulfilment in this aspect also opens up other opportunities for further hierarchical needs that demand fulfilment as well.

### **Datum 9**

#### **Data number: 9/PSY/152-153**

I eat like—ten pounds of hamburgers at Donna's. Please let me watch you eat the rest. I've had a bad day, Mom. Please eat. Try. For me. Slowly, my mom nibbles at the food, sorta like a suspicious mouse might nibble on rat poison, as I watch. Mom really does try to eat, which make me proud of her. (Quick, 152-153)

Based on these data, there is a contextual similarity in fulfilling the needs that Amber has successfully achieved before. However, there are things that are different from this data with the previous one. If previously it was related to Amber's eating activities which made her successful in meeting physiological needs well, then in this data the fulfilment aspect of the data depiction not only satisfies ordinary hunger but also emotional satisfaction. This is evidenced by the quote “Please eat. try. For me..” shows how Amber tries to persuade her mother to be able to eat the hamburger she bought. Amber wants to see how her mother could eat well in front of her, without having to think about her child's feelings all the time. This was also due to their economic limitations which makes Amber concern about her mother's condition.

In line with the description of the Amber, Maslow (1954) in theory stated that if the body lacks some chemical, the individual will tend (in a imperfect way) to develop a specific appetite or partial hunger for that missing food element (p. 36). In this case, Amber's hunger develops imperfectly, so that it is moved to find another appetite to fulfil the desire of this hunger. It can be said that emotional satisfaction is a form of specific appetite in Amber's case.

### **Datum 10**

#### **Data number: 10/PSY/173-174**

Donna takes me in, buys me a bed, gives me my own room, and begins sorting through the legal red tape involved for her to become my legal guardian, which is complicated since no one knows if my father is still alive or where he might be— and I

don't know of any living family I may or may not have since my mom left her home out west early on in life. (Quick, 173)

This data is located in the context of a situation where Amber experienced a bitter incident, due to the loss of her mother. From the quotes above, in a situation of the losing of mother, the fulfilment of needs for Amber is carried out by Donna who has considered Amber as her own child. All of the facilities and rights were fulfilled, such as room, bed, attorney, to being a foster parent for Amber. In this context, it can be said that Amber's needs have been maximally satisfied, so this also opens up opportunities for other needs to emerge.

#### **b. Safety Needs**

The second hierarchy of needs is called safety needs. In this research, there are 12 data found by researcher that discuss safety needs as the second need after physiological needs are met. This need includes a sense of security and safety from things that are a threat to the individual himself, such as job loss, disaster hazards, crime, fear, anxiety, disease, terrorism, war, and so on (Maslow, 1954). Maslow further explained that the need for safety has the effect of providing an important role in his development as a teenager, which is also supported by the central role of parents in educating them.

In the form of a story in this novel, Amber with homeless condition affects her need for safety in her age. The situation on the Hello Yellow bus as her resting place, does not guarantee her safety and all the risks that threaten both of them (Amber and her mother). This was conveyed and felt by Amber herself in the data below.

## **Datum 11**

### **Data number: 12/SAFE/9-10**

But being on a bus alone at night near train tracks and woods ain't so ha-ha, believe me. Plus there have been a few rape-murders on the outskirts of town lately and the cops haven't caught the bad guy yet, which has lots of people freaked out and for good reason. Madman nearby—beware! (Quick, 9-10).

This data describes the situation of Amber and the environment around the Hellow Yellow bus at night. It can be seen from the quote “But being on a bus alone at night near train tracks and woods ain't so...” shows her true feelings of worry, but she cannot do anything about it. Amber also realizes that her condition in living on this bus could invite evil to come to her. She speculates about all the risks that threaten her in out there. Thus, from this condition, researcher see an indication of Amber's need in this aspect to ensure her safety in her environment. It is because of her resting place on a bus that cannot guarantee her safety from the outside environment, compared to a locked house or shelter.

Coupled with the situation of Amber's city that are told with many rampant criminal cases, this is surely adds to the indicator of the safety needs that is really needed. As Maslow (1954) categorized that the condition of person who needs the safety need which includes security; stability; dependencies; protection; freedom of fear from anxiety and chaos, etc (p. 39). Amber as a school child, she should get security and protection from something threatening, which is obtained from parents, the environment or the government.

## **Datum 12**

### **Data number: 13/SAFE/157**

Mom is not on Hello Yellow. I know it is after eleven, because there are no streetlights on, but I have no idea how late it is. Mom goes out to the bars all the time, but for some reason, I have this very bad feeling that something horrible has happened. I can't really explain it—I just instantly know, or maybe I just feel it in my gut. "Come on, B Thrice," I said, and then we left Hello Yellow. (Quick, 157).

This data explains about Amber's feelings of anxiety, panic, and worry because she could not find her mother who usually rested on the bus. From the evidence of the quote "I have this very bad feeling that something horrible has happened" shows how the expression of bad feelings in a child when there is no parent figure beside her. Based on this situation of her bad feeling, researcher see an indication of the safety needs that Amber really needed, which was also due to the loss of the central role of parents for children. Maslow (1954) indicated the need for safety in a child when in a sick condition, for example , vomiting, colic pain, or pain that makes the child feel insecure about seeing the world in a different way. This indication happened to Amber who had a bad feeling, and was worried about her mother not coming back. This creates feelings of insecurity for Amber and makes Amber see the world in a different way, as explained by Maslow.

## **Datum 13**

### **Data number: 14/SAFE/159**

I start to get really scared, especially when this crappy-looking car—with silver rims and tinted windows and booming bass and neon-pink lights that make the road under the car glow—this

crazy car pulls up and idles right next to me. I start to walk down the street, back toward the town of Childress. The car follows, going only as fast as I can walk. It follows me for an entire block—rap music blasting— before BBB and I start to run. (Quick, 159)

This data is in the context of the story where Amber experiences an unpleasant incident at night. Continuing from **datum 12**, when Amber has a bad feeling, she then decides to look for her mother in the middle of the night. However, in the middle of her search, Amber was followed by a foreign car that was after her. The foreign car with two male strangers who are intent and target women, like Amber, in the night. This situation is certainly a symbol of the danger that threatens Amber from the surrounding environment, even though she shouldn't have gotten off the bus at that time, but she was in a situation that required her to go out at night. Therefore, the researcher sees from this situation symbolizes the safety need needed by her as a child. As stated by Maslow (1954) that categorized the condition of person who needs the safety need includes security; stability; dependencies; protection; freedom of fear, from anxiety and chaos, etc (p. 39).

In the context of the next story, Amber is faced with a harsh reality that she had to experience at a young age. She has to experience a deep loss because of losing her mother forever. Her mother reportedly died because she was killed by a stranger, after Amber's efforts in her search yesterday went in vain. Of course, this could be a very hard experience for Amber in her age who was vulnerable to needing a mother figure by her side. As Maslow (1954)

mentioned in his theory that the central role of parents and family rules for a child cannot be denied, the presence of parents can create a feeling of safety and comfort for a child completely (p. 40). Because of that, Amber becomes a closed and gloomy person, in contrast to her characteristics which were previously known as an optimistic teenager even in the midst of a deprivation. This situation makes Amber losing her control, feel something bad, watch the world that was previously stable become unstable.

#### **Datum 14**

##### **Data number: 16/SAFE/177**

I do not go back to school. I lost fifteen pounds. I'm always cold. I become very jumpy: any old noise will scare me horribly. Donna tries to get me to see a therapist, but I refuse. (Quick, 177)

When Amber was in a situation of losing her mother, she was in a critical condition. Losing a mother in Amber's life make the need for safety gives a big impact for her in dealing with new, foreign, and strange situations so this is quite difficult to accept. She does not even want to go to school, and isn't as cheerful as she used to be. This new situation requires her to adapt to a new situation again which takes a long time and is not easy for a child at Amber's age. As Maslow (1954) explained that confronting the average child with new, unfamiliar, strange, and uncontrollable situations makes children shed eloquent testimony to the role of parents as protectors (apart from their roles as food givers and love givers) (p. 40). She still cannot accept the reality of losing her mother and family figure in her young life. Thus, it can

be said that the role of parents for a child has a full impact on the child's psychological for balanced growth and development.

### **Datum 15**

#### **Data number: 17/SAFE/178**

I decide to quit being Amber Appleton, which isn't to say that I change my name or anything. I just decided that I can't keep living the way I used to live—swinging for the fences, believing that things are going to work out, that everything is worth fighting for, and that I am brave and strong enough to change my reality , because I'm not and I can't. Joan of Old was right. I get her now, and what she said about life being a hell that I was only beginning to experience—that makes sense suddenly (Quick, 178).

Continuing from the previous context, there are other indications that signify Amber's safety needs, changing her perspective on the bitterness of adult life. In this data, Amber confirmed her bitter experience at the end of her seventeen years, as Joan of Old said. The loss of her parents completely changed Amber and her defense all along. In this situation, Amber is in a confused state of mind due to the incident of her losing. The world that was previously stable became unstable in Amber's view. She feels that she is no longer like before, who always believes in hope, even in difficult conditions, and she has to live everything without a mother figure now. From this condition, researcher see a form of safety needs that she really needs in this situation.



## **Datum 16**

### **Data Number: 18/SAFE/183-184**

If I'm not up, or if I am pretending to sleep, or if I am just lying there as usual, staring at the ceiling, Father Chee will kneel by my bed and bow his head. If I ask him what he is doing, he'll say he is lifting me up to God, asking God to help me be whoever I need to be at this moment of my life. He comes every day, and I don't mind his coming. (Quick, 183-184)

According to the data, another aspect that symbolizes a tend of safety needs for Amber is related to her beliefs and views on the tragedy she experienced. Amber still believes in JC's love through her ordeal, she also allows Father Chee to visit her and pray for her, despite the fact that she still can't accept her loss. In this case, the researcher see Amber's efforts in maintaining her belief in God, even though she realized that God had given her a hard trial, but in her heart she still believed in JC's love. This kind of Amber's believe is in line with one of the indicators of Maslow's discovery in safety need which alludes someone to have a tendency of a world religion or philosophy that organizes the universe and humans in it into a coherent and meaningful whole, which is also partly motivated by the search for safety (Maslow, 1954).

## **Datum 17**

### **Data Number: 17/SAFE/196-197**

I puzzled out all sorts of interpretations too. Maybe it was a metaphor for the madness—or the chaos I was feeling as of late, which is sorta hidden in my chest and mind, but is it real? I had been in my new room for days now. Maybe it was a metaphor for the madness of the man who killed my mother? Maybe PJ was telling me that I needed to wake up and see that things were still alive and moving around me,

even though my mom was gone and I felt so alone? (Quick, 196)

Based on this quotes, Amber deliberately locks herself in her room and refused to meet anyone. Her response can be said to be an attempt to protect herself from new, unfamiliar situations and strange feelings during her grieving period. Amber also tries to organize the world according to her perspective as a response to unexpected events, like the moment of her mother died. This respond like a sign of protective effort to avoid something that threatens Amber with her efforts, so that everything can run fine as she sees it. As Maslow (1954) said that those in safety needs try to keep their balances with all kinds of ceremonies, rules, and formulas so that everything in the world can be accounted for (p. 41).

She also even thinks that her mother's death could be due to her fault. If it was not for her fault, the incident would not have happened. What happened in that night became the most regrettable thing in Amber's life. This is the indication of Amber who felt the safety need has disappeared after the incident of her mother's death. They try to arrange the world so that something unexpected (danger) is impossible (Maslow, 1954). If, through no fault of their own, something unexpected happened, they panicked as if this unexpected event posed some grave danger (p. 43).

## **Datum 18**

### **Data number: 21/SAFE/257-258**

She's sitting down on the side of my bed, rubbing my back lightly with her hands. She's been doing this lately. She also has been combing my hair at night. I don't say anything to her about this- because I secretly like it when she rubs my back and combs my hair, as if I were a little girl again and she was my mom. (Quick, 257)

Next, after being hit by unstable feelings after the death of mother, Amber finally met the safety needs that she got from Donna's kindness. With the kindness of Donna and the people around her, Amber was able to go through the grieving process which was very painful for her. The fulfilment of Amber's safety needs is fully satisfied by Donna, who is ready to help, and even becomes a parent who is willing to guide her. At this stage, the fulfilment of safety needs by Amber is not only limited to physical needs but also psychological ones, where she feels confident again through Donna's love.

From the description of data, it can be seen that Amber's security needs has been met by thanks to Donna's sincerity in agreeing to become her foster parent, even though the fulfilment was found from other people, this also led to a happy response from Amber indicating her satisfaction in safety needs. Plus, she manages to move on from her deep grieving period and went back to school again for her duty next, thus it can be said that Amber succeeds to fulfil her safety needs properly. This is supported by Maslow (1954)

that another indication of the child's need for safety is his preference for some kind of uninterrupted routine or rhythm. He seems to want a predictable, lawful, orderly world. (p. 40). Therefore, the central role of parents is needed in fulfilling safety aspects for a child, like Amber.

### **c. Love and Belonging Needs**

The next level of the hierarchy of needs is the need for love and belonging. In this research, the researcher found that there were 7 data that discussed the need for love and belonging as a need for social interaction. This need is related to the individual's desire to establish relationships such as having family, friends, or being part of society, by channeling feelings of love and affection in them. Maslow (1954) stressed the failure in fulfilling this need is a fundamental to the picture of maladjustment cases which lead to the difficulties in expression. A person becomes expressionless, conveys his feelings, even causing communication delays between one individual and another. Therefore, as an effort to survive and be healthy in social interaction, this needs to put an important role too.

From the depiction of the novel's story, Amber's efforts to meet the needs of love and belonging are carried out in the school environment with friendships that are felt like siblings. She do a friendship with a number of friends which not only be limited to a school relationship formality, but is accompanied by a sense of love and affection in it.

## **Datum 19**

### **Data number: 22/LOVE/36**

Soon I was over at my boys' houses, like, all the time, and it was like we had been friends since birth. We got tight quick. Word. Suddenly I sorta had four brothers and all these extra parents looking after me. Suddenly, I had Donna too. (Quick, 36)

As in Maslow's theory mentions, the fact that the love needs involve both giving and receiving in one another. Amber consciously feels a special closeness in the friendship that she is living now, thus researcher see that aspects of the love and belonging need at this stage are well fulfilled for Amber. In fact, her friendship also is not only limited to school friends, but also expands her relationships with people around and not limited to age, interests, or the economy. Therefore, it can be said that Amber is a description of individual who is easy to socialize and is able to establish relationships widely.

## **Datum 20**

### **Data Number: 23/LOVE/61**

And then I break off and run around the inside of the power circle giving each Korean Diva a super high five, which is a two-handed slap above the head. The KDFCs go crazy for this sorta pumped-up ending. They like to hug me before I go, and since I really dig hugs, I go wild with the hugging too. Every KDFC gets a big old hug from me, which takes like ten frickin' minutes." (Quick, 61)

The ability of Amber in easily socializing is marked with the data above, where she makes friends with members of the church group, Korean Divas For Catholic (KDFC). Together with them, Amber helps KDFC in learning English, and greets with an enthusiastic response

from KDFC itself. The thing that makes researcher see the fulfilling of this need is from the indication of a 'hug' as a form of expression in friendship which was filled with a response of affection in it. Apart from that, Amber also reveals herself that she is indeed smart in terms of making a friendship, as shown in the data below.

**Datum 21**

**Data number: 24/LOVE/108**

I'm totally with making friends, I'm a very good pal, and I absolutely love being regaled, so I inquired within and signed up for the program. I became a regular at the Methodist Home once Rita's closed for the season and I stopped scooping water ice after school. (Quick, 108)

From the data quotes, Amber expresses her desire to build a wider friendship relationship in a place, namely the Methodist Home. This place is a nursing home, consisting of elderly people, where there is a mission carried out by Amber there. The mission is to entertain the parents there, listens to their stories, and gives them a spark that reminds them that they are still alive, so they can keep their spirits up. In line with the mission and the joy of her friendship, this also adds to the fulfillment of love and affection needs where she can fully express and involve her feelings through their relationship with those parents.

**Datum 22**

**Data number: 25/LOVE/238**

“Why do you say that to me? Even now, when you know I've got nothing left. “Why do you put that on me?” “Because I have faith, and it is riding on the Princess of Hope . I believe in you, Amber Appleton. I've seen your powers.” (Quick, 238)

Apart from maintaining close relationships with friends in her surroundings, Amber also has a special affinity with her priest, Father Chee. With Father Chee's expression in his sentence "I believe in you, Amber Appleton" represents the relationship of trustiness in their friendship. During her mourning period, Father Chee paid attention to Amber by encouraging her to not to sink in grieving moments, after the mother's death incident. He reveals Amber with her optimistic nature and said something special in Amber really. At first, it might not have a big effect for Amber who does not realize it yet, but this will slowly influence her in realizing her abilities and status which is acknowledged by everyone. The trustiness expressed by Father Chee, then Amber as the recipient adds the fulfilment of belongingness and love needs for Amber, which it also has an effect on someone to have more confidence in their abilities, according to Maslow's theory.

### **Datum 23**

#### **Data number: 26/LOVE/ 241-242**

Ty smiles sorta weird and then says, "I'm going to win regionals for you. I'll even give you the red ribbon. I'm going to do it for you. Then we'll take The Five to nationals. Would you come to Vegas with us if I won?" "No." "We missed you. All of us. The entire Five. (Quick, 242)

In this data, Amber also fulfils the need for love and belonging from one of her special friend, Ty. Ty explains that he and his friends missed Amber who was always upbeat and cheerful as before. Just like Father Chee who tried to encourage Amber, Ty also gives his full support in amidst her desperate condition. Even though the data does not refer to

Amber as a subject in evidence of fulfilling her needs, researcher see that the responses of Amber's closest friends give a strong influence for Amber so that she can become more conscious of her abilities and stand to confidence again. Researcher also see that this can be a motivation for characters which will open up opportunities for the next level.

#### **d. Esteem Needs**

After the previous need indications are satisfied, the next level of the hierarchy of needs appears, namely esteem needs. The findings from this hierarchy found as many as 7 data that reveal the esteem needs of the main character. For explanation, esteem need has a strong validation base to direct the desire to achieve the peak need, namely self-actualization. There are two types of esteem needs according to Maslow (1954) as the basis for individuals towards the next hierarchy. *First*, needs related to desire for strength, achievement, adequacy, and more. *Second*, the need to have a reputation or prestige (defining it as respect or appreciation from others), status, fame, recognition, and more (p. 45). Maslow legitimized the satisfaction of meeting these esteem needs that can lead a person to feel confident, valuable and have power. In the novel *Sorta Like A Rockstar*, Amber's depiction of esteem needs is illustrated in the data below.

#### **Datum 24**

#### **Data number: 29/EST/69**

*Donna stands up and winks at me. "People like you and me need to tell them what to do, so that the world won't get too messed up. They want you to give them instructions. They need you to do this. And you know what needs to be done, because you have*



*a good heart—and you have courage. I've seen your good heart at work time and time again over the years. You're all good. One hundred percent. So trust your instincts, and speak your mind tonight. Be brave. Those boys look up to you. You're the shepherd. Herd the sheep. Understand? (Quick, 69)*

Based on this data, there is a form of esteem needs found by Amber in the form of recognition or validation. She gets a positive validation about her ability, which is considered to be able to lead and be influential person in her team. Donna explains that she sees something different and interesting in Amber, setting her apart from the rest of her friends. This validation was caught not only once, but researcher found several positive compliments for Amber which gradually made Amber more aware of her self-esteem in the eyes of other people. As Maslow mentioned, the fulfilment of this esteem need can affect to a person's self-confidence. Thus, as a form of recognition and validation that Amber finds, it affects to her more confidence, increasing her sensitivity in realizing the potential. She also gets various nicknames from people who recognize her, such as Princess of Hope or optimistic girl.

#### **Datum 25**

#### **Data number: 30/EST/120**

“You don't have to say that,” Joan of Old says, “but thank you.” “You really are pretty mean and depressing, JOO.” “Well, I try. And I really hate to admit it,” Joan of Old says, “but you're pretty hopeful and funny, Amber Appleton. But that kiss was a cheap trick, and I'm going to protest the battle, just so you know.” I catch her smiling again, but I don't call her on it.” (Quick, 120)

This data provides the evidence of the validation that Amber finds herself a funny and jovial girl from one of the elderly friend from Methodist Home, Joan of Old. She expressed with full of support and appreciation for Amber, after winning a phenomenal debate with her. Her ability to bring joy and phenomenal humour in jokes at the elderly's home made the parents respond happily, so she was able to give them a spirit of optimism. Through the quote "but you're pretty hopeful and funny, Amber Appleton..." is proof of the validation that Amber got in the battle Hope vs Depression against Joan of Old. With the nickname of Ms. Hopeful, Amber legitimizes herself as someone who have special power that not everyone has. Because of that, researcher see a form of fulfilling the esteem needs that were successfully fulfilled. Other evidence that supports the fulfilment of esteem needs from other people's validation is also illustrated by the figure of Father Chee, Amber's religious mentor who helped her rise from adversity and a long and painful grieving period at a young age.

### **Datum 26**

#### **Data number: 31/EST/242**

“Who were you?” “Amber Appleton. Aka the Princess of Hope.”  
“You were, are, and will always be a hopeful person, until you die.” “Why do you say that to me? Even now, when you know I’ve got nothing left. Why do you put that on me?”  
“Because I have faith, and it is riding on the Princess of Hope. I believe in you, Amber Appleton. I’ve seen your powers.” (Quick, 242)

This data shows how the identity statement revealed by Father Chee to encourage Amber in order for quickly wake up and move on from her

grieving process. With various efforts made by Father Chee, he success in getting Amber to admit her identity and recognize herself as the Princess of Hope. It can be seen from the conversation dialogue illustrated above, Father Chee is trying very hard to convince his student and this certainly affects Amber's subsequent confidence.

In addition, the impact of this recognition has an effect on Amber's self-confidence which emerges and legitimizes herself as someone who is valuable and has power. In this case, the researcher looks at the esteem needs aspect that was met for Amber, which became a source of motivation for her to rise from the grieving period. Amber, in turn, begins to rise and regain confidence in herself, and this is a manifestation of the need for esteem that is fulfilled leading her to self-appreciation to increase self-confidence and a sense of security in herself.

#### **Datum 27**

##### **Data number: 32/EST/269**

“Amber Appleton kissed Ricky Roberts! Yes!” “I’m sorry I was mean to you, Ricky,” I say, and then I notice that Donna is in the doorway watching the apology. So I walk over to Donna, say, “I’m going to school tomorrow,” and then I give her a big old hug before I go up to my room and stare at the ceiling all night—wondering how in the hell I will pay for B Thrice’s surgery.” (Quick, 269)

This data shows Amber's progress, which consciously expresses her desire to return to school. It is evident from the quote “I'm going to school tomorrow...” stating Amber that she has risen and made peace with her destiny, after sinking into a deep grieving process. This is also

a positive impact from the success of meeting the previous esteem needs, which comes from recognition and full validation from the people around Amber who are very influential for her to become aware and willing to move on. In this case, the researcher see an indication of Amber's desire to move forward and develop, opening the way for her to the next hierarchical stage, namely self-actualization.

### **Datum 28**

#### **Data number: 33/EST/IND/277**

“I'll give you money,” Lex Pinkston says. “I have some in the bank. It's yours.” “No. I don't want anyone to give me money. I want to raise it for myself. I'm not a charity case.” (Quick, 277)

With satisfying the esteem need before, Amber relies with her problem centering abilities to solve the new problem that she is currently facing. She has to pay the finance operation of her dog, B-Thrice, who is the only encouragement for her at the moment. This is a valuable motivation for Amber to fight again with her confidence and become strong in facing new problems on her own. As explained in the theory that the successful fulfilment of esteem needs that are satisfied can lead a person to feel confident, strong, capable, and adequacy, of being useful and necessary in the world so that a person can move towards self-actualization with her potential (Maslow, 1954).

In the data quotes above, it supports the strengthening of Amber's power. She expresses her refusal to accept help from her friends who only feel pity for her current condition. She decides to solve her problems in her own way, and relies on her abilities and potential. The

phrase "I'm not a charity case" is a form of recognition and self-esteem conveyed by Amber as a form of her esteem needs..

#### **e. Self-Actualization Needs**

The next hierarchy and at the top level are self-actualization needs. In this research, researcher found 6 self-actualization needs in Amber's life journey which was full of challenges. Placed at the very top of the hierarchy, the need for self-actualization is the response of an individual who has understood who he is and what potential he has. A tendency to a desire to want more and more than what he wants. Maslow (1954) revealed a person may be able to meet all needs, but not all can reach the stage of self-actualization. This is because self-actualization has its own criteria, which according to Maslow defines self-actualization in a person.

The criteria for the stages of self-actualization according to Maslow (1954) are when the individual shows clear psychopathological signs, the individual goes through developments in each fulfillment of the hierarchy of needs, and the individual makes full exploitation of his potential, talents and capacities (p. 181). He also stated the form of self-actualization is when an individual feels honest in his own nature. In the depiction of characters in the novels studied, researcher found aspects of self-actualization contained in Amber's character, indicating a growing individual. Besides having good learning abilities, Amber experienced significant development in understanding God's scenario

for her. As shown in the data below, Amber is back to her old self who is always optimistic and never gives up on anything that happens to her.

### **Datum 29**

**Data number: 37/SA/88**

I don't want to turn around and be disappointed once again, but I also still believe in hope and the possibility of beautiful things happening in this world. I still believe that JC and God have a kick-ass plan for every one of us, so I say, "Dad? (Quick, 88)

Based on this data, Amber is in a state that is almost giving up on her life problems. However, she tries to remain optimistic and fully trusts God's destiny for her life. With the various problems and lessons she has encountered before, Amber takes a wise stance for a valuable life experience, while still having hope and believing that things will come someday. From these beliefs, Amber experiences her mystical experience and beliefs as a form of her positive mind about the life. It could be one of the appearance of her self-actualization relating to her understanding a life and see everything that has a meaning for her with the presence of a sense that cannot be interpreted.

### **Datum 30**

**Data number: 38/SA/277**

So I need to raise—like—two or three grand. I don't even know if BBB made it or not—I find out later today—but I have to pay regardless, and I'm assuming he did, because he's a fighter." "BBB has cancer?" Jared says, and sounds truly concerned. "Damn," Chad says. "I'm so sorry," Ty says. "So I'm thinking of setting up a variety show and selling tickets to raise money to pay for my dog's operation. I can get Prince Tony to give us the auditorium, no sweat," I say. "I just need to find some acts. Who's with me? (Quick, 277)

From this data, researcher see the embodiment of Amber's efforts with the potential she has which has been fully realized directing her to fulfil her self-actualization needs. When the previous needs, esteem needs, have been successfully met, and added to her confidence and potentiality to have a big influence on the people around. Now, Amber is back on with her skills and talents to create a special event at her school.

The Amber's ability, who is known to be skilled in making, organizing, and making any event at her school lively, is fully recognized by her friends, teachers, and school principal. They happily embrace Amber's cool idea, and are willing to help with the entire event all the way to completion. In this case, her effort to make a school events actually has the main reason that she does not want to accept a free help from people. Because of that, she makes a plan to make a donation event filled with several performances in it. From that way, people who want to help Amber can participate by buying stage tickets and enjoy during the show. And of course, this plan was enthusiastically welcomed by the school participants, which has even knew about Amber's ability to always be active in school activities.

### **Datum 31**

#### **Data number: 41/SA/315**

I closed my eyes and said, “JC, you got some good people gathered together down here for a good cause. Please be with all of these good people tonight. Help them be whoever they need to be. Please let us rock. Please let us move some people —so they don't ask for their money back. Be with us tonight, JC. Amen. (Quick, 315)

From this data quote, it clearly shows how Amber's behaviour through her prayers which ends with “Be with us tonight, JC” representing a form of self-actualization of the ability to communicate with God. She always does this prayer activity repeatedly at every important moment that happens in her life along the storyline. This is considered by the researcher to represent her optimism towards God which is also accompanied by a sense of trust by placing full hope on the destiny of the creator for Amber's life. Beckman (1995) defines a prayer as a channel for the purpose of communication with God, and for Amber's praying behaviour, it is colored by the existence of individual motives (desires or wishes) inherent in humans (p. 11). Therefore, in this case it can be said that Amber's actions prove the fulfilment of self-actualization in her with all her efforts and mobilizing all of Amber's potential, she also does not forget to involve God's grace in every prayer activity.

### **Datum 32**

#### **Data number: 42/SA/330**

Ricky, Chad on Das Boot, Jared, Ty, and Lex Pinkston dressed as a Puerto Rican gang member - they are smiling at me. “You are loved, Amber Appleton,” Franks says. “So this money is for me?” I ask. “It's your college fund.” (Quick, 330)

In the data above, as a manifestation of Amber's success in carrying out the donation event, they managed to raise the charity for Triple-B operations. When Amber tries to be honest with herself, realizes all her potential, and directs it to the right place, it can be said that she has



reached the stage of perfect self-actualization, which is proven when she success in initiating a school event in smoothly planning and has a big impact on her. As in Maslow's explanation in self-actualization needs (1954) that what a man can be, he must be, he must be true to his own nature, so this need we may call self-actualization (p. 46). Based on that condition, Amber has proven her potential and won a bonus from her effort which is not only enough to cover the dog's surgery costs, but also the donation money for Amber. Therefore, from the large amount of money raised, Amber gets a college funds for her future, so that she no longer has to worry about school fees, needs, and her life again.

At the same time, all of Amber's hierarchical needs were met, up to the top level. Amber independently and freely succeeds in fulfilling all the aspects of the needs that she really needs. She is guaranteed a decent life, future education, security, balanced friendships, until she succeeds in self-actualization according to the potential she has. Amber manages to be a figure who inspires people around her, with her optimistic personality and never gives up. Now, Amber just has to continue to focus on her dream of becoming a lawyer with all the avenues wide open for her. And as a big celebration for her, she enjoys ice cream with friends marking happier feelings.

**2. The characteristics of self-actualization presented by main character**

**Table 4. 2** Data Findings Table

<b>Characteristics of Self-Actualization</b>	<b>Total</b>
More Efficient Perception of Reality	3
Spotaneity, Simplicity, Naturalness	3
Problem Centering	2
Autonomy: Independence	2
Continued Freshness of Appreciation	3
Peak Experience	5
Gemeinschaftgeful	2
Interpersonal Relations	4
Creativeness	3
<b>Total</b>	<b>27</b>

After the five levels of hierarchy of needs have been successfully fulfilled by the main character. The next step of analysis is finding the characteristic of self-actualizing people in main character's personality. Maslow called it a 'self-actualizer people' for those who have passed the criteria as individuals who have reached the top, to grow, to develop, and to increasingly become what they were capable of becoming. Amber, who has reached her peak needs, is further motivated by a series of tendencies that characterize her as a self-actualizing person. Based on the Theory of Abraham Maslow (1954). *Motivation and Personality*. Researcher found 9 of 15 characteristic of self-actualization in Amber's personality during her process of fulfilling the hierarchy of needs. These nine characters bring her to become a person who succeeds in self-actualization and development, which not everyone can go through.

## **1. More Efficient Perception of Reality**

This research found 3 characteristic features in Amber's personality as a person who developed with self-actualization. Those who have this character tend to be able to see everything around them with certainty and are not easily deceived. They can distinguish between genuine and fake, honest and dishonest with actual perceptions and what they are (Maslow, 1954). The sharpness of his observation produces a brilliant mindset so that the individual will not be easily influenced.

Based on that definition, the researcher found several signs in character's personality as a person who thought something critically and realistically. For matters related to right and wrong, she did not hesitate to debate, even though it has to be with people who have power over her. The description of this attitude is reflected in the data below:

### **Datum 33**

#### **Data Number: 1/SA/MEP/47**

“You’re a good man, Prince Tony,” I say, “and I believe that you will eventually clean up this school and protect the common students from the selfish interests of school board members like Mr. Pinkston. My money’s on you, Prince Tony. My money is on you.” (Quick, 47)

From the data quotes, it shows about the conversation between Amber as a student and her principal that is being seriously talks about perspective on school rules. This is an evidence of Amber's efforts in trying to convince Prince Tony to give the best for his students. Relating to actions that cannot be justified, Amber asks for a defense from the

school principal to be fair and wise for her problem. This response is considered by researcher to be an indication of more efficient perception of reality character in self-actualizer people while she recognizes the cheating, lies, and fakes with some discomfort or discrepancy with Amber's principals. Indirectly, those of Amber's actions reflects her character in seeing the perception of reality as a critical and objective student in observing her surroundings, as in Maslow's concept.

Another evidence that attaches this characteristic in Amber's personality is relates to her attitude in dealing with problems. Amber is known as an optimistic person and always believes in God. Therefore, even though she is faced with various problems, she always tries to solve them calmly and sticks to her beliefs. It is this strong belief factor that makes Amber have a kind of ability that is able to make her survive an unbalanced, unstable teenage life, and even fall into negative things. Luckily, she has a guiding figure, Father Chee, who is always a storyteller and provides the best solutions for her.

#### **Datum 34**

##### **Data Number: 5/SA/MEP/124-125**

That statement made me mad at first, because I am a Catholic. But that also made me think. How do we really know that we didn't just make up God? What proof do we really have of God's existence? And if God doesn't exist, is there really any reason to be hopeful at all? I asked Father Chee these questions a few weeks ago, and he said this is what faith is all about—not knowing for sure. I would sure say that was a BS answer had it not come from FC, because my Man of God sorta has something cool going on. (Quick, 124)

As in the evidence of data above, Amber is in a period of identity crisis. Her stage of adolescence goes through a process of self-discovery which marked by increasing a sense of curiosity about everything around her. One of the things that she experienced was knowledge of divinity. From the dialogue that is described, Amber is faced with various forms of questions asking about the existence of God in her life. Is God really there for her and the embodiment of the proof? These types of questions crossed Amber's mind throughout her search process, before sticking to a Catholic beliefs.

From that analysis, researcher sees the form of Amber's curiosity characterizes herself as a more efficient perception of reality where it represents how the sharpness thinking of her and observing information with logically and makes sense, even though in terms of trust it is difficult to prove in reality. This is also an attempt by her where she creates her own way of thinking to be able to understand something with certainty and easily understood, resulting in a perception that is not easily influenced. With a series of things that she does not know, it produces the Amber's character who is critical and logical trying to think according to the reality, and it is clear that this is needed by Amber at her age, which is often unstable and oscillating.

As researcher knows, high curiosity often peaks at adolescence ages which sometimes leads child to two opposite directions, right and wrong. Thus, if they are not directed to the right path, these teenager like Amber tends to take the wrong path as a form of their curiosity

about something and also their lack of experience. Therefore, the importance of a parent or mentor figure determines the views and future of a teenager. Luckily, Amber has Father Chee who always directs her to the right path even at her unstable age.

### **Datum 35**

#### **Data number: 15/SA/MEP/300**

I'm starting to think that you are right about life, Joan. Maybe it's all meaningless? I mean—I still dig JC and all. I still pray, and I still believe in certain people. But that guy who killed my mom—he's not human, and he scares me, because he is human, and yet he did what he did, which will never make sense, no matter how long I think about it. It's so random. So vile. It makes me get why you are so mean and cranky. (Quick, 300)

Looking at the data above, other evidence describes about this character in Amber related to her perception dealing with her problem's life. In the midst of problems she had, one of the biggest trial for Amber is a moment of losing mother which makes Amber almost give up. Amber was remembered by Joan of Old's words about the reality of adult life which is actually a hard and painful thing, and it's true for her now, but she consciously admits all of her difficult life, fear, loss of mother, depression, and realizes that these things are slowly disappearing towards a better Amber, like now. This condition reflects the potential of Amber who is enter the stage of self-actualization with meta-motivation characters in the form of independent thinking, and self-exploration (D'Souza, 2018). They also spent significant amounts of time in understanding themselves and figuring out their true innate potential (Maslow,1954).

## **2. Spontaneity, Simplicity, Naturalness**

For this second characteristic, researcher found 3 data that led Amber to the expressions and responses she showed. What they (self-actualized people) have in common with ordinary people and animals lies in their spontaneous and natural behaviour in living life. They are modest, not afraid to be ashamed to express their joy, admiration, sadness, which actually happened, rather than having to try hard to cover it up (Maslow, 1954). This characterization is clearly illustrated in Amber's figure in responding to certain moments in her life. Amber as a teenager who always spreads a sense of optimism in her environment, with the nickname of 'Princess of Hope', she never feels ashamed with her deficient condition and just being who she is without trying to cover up all of her shortcomings.

### **Datum 36**

#### **Data Number: 2/SA/SPO/51-52**

“The first time this happened, it scared me a lot, because it sorta looked like these people wanted to kill me, but I have since learned a trick. Whenever someone looks at me like they want to stomp my face in, I now look the person in the eyes, smile really huge, wave, and say, “Hope you're having a great day!” It's pretty wild, because doing this really works. If you don't believe me, try it yourself. Even the meanest-looking people will get this really stunned look on their faces, but then the smile blooms, and they usually wave back and say something nice like "God bless you!" or “Same to you!” It's a pretty cool trick, and maybe even a pretty killer way of life, if you're a crazy spiritual ho like me. True? True. (Quick, 51)

The next data quotes is describes about the naturalness of Amber with make a greeting tricks to people. This effort is made by Amber actually to ensure her safety condition from strange people in her environment.

In addition, Amber's behaviour through her tricks gives an indication of her spontaneity, natural and simplicity character which indicating a sense of safety for her from the problems around (Maslow, 1954).

### **Datum 37**

#### **Data Number: 14/SA/SPO/301**

We walk the rest of the way in silence, and just before we reenter the common room, I say, "Will you and Old Man Thompson sing one of your songs at The Bobby Big Boy Variety Show?" "No one wants to hear two old men sing forgotten songs, Amber. Especially one who needs bottled oxygen to breathe. Singing's a young person's game. Who would want to hear me sing?" "I would." Old Man Linder smiles at me all grandfatherly, but his eyes get misty and sad (Quick, 301).

From the context of the data, Amber with her mature character tries to please Old Man Thompson who is sad because he is afraid that Joan of Old will leave him. To cheer him up, Amber tries to persuade him to sing along and fill in the show on The Bobby Big Boy Variety Show that she made. Amber's actions are considered by researcher to describe her character which is spontaneity, simplicity, and naturalness. This character, according to Maslow, describes the nature of an individual who is simple and flows naturally, in her effort to entertain her friends.

### **Datum 38**

#### **Data Number: 21/SA/SPO/325**

And I think, Cool, we're people bringing together tonight. I can't believe how well The Save Bobby Big Boy Variety Show has gone. I'm so amazed. I'm so grateful. People start to cheer like mad. \$3,998.23 I've accomplished my goal! I'm so happy. \$5,002.11 Could we have possibly raised that much? What will we do with the extra money? (Quick, 325)



According to the data quotes, Amber at this point achieves success in organizing charity events to fund the surgery for her dog, BBB. She with her happiness and grateful expression fulfils her character of spontaneous, natural, without being hidden. This represents the characters of self-actualized people that are spontaneity, open, and natural behaviour as her neutral personal characteristic that is far from being fake, as mentioned by Maslow (1954). In this data quote, Amber's success in her charity event had a major impact on her self-actualization needs which were successfully achieved. There are two aspects of Amber's self-actualization that were achieved in the success from the charity event. One of them, is achieving the economic independence.

### **3. Problem Centering**

The next character is problem centering. In this research, researcher found 2 characteristic in Amber's character in a way her problem solving. This fourth character is characterized by a view, a philosophy, and a realistic perception in seeing the problems of life experienced. Individuals with this character are oriented towards a mission, task, or life goal that they have set so that this characteristic is closely related to a strong sense of responsibility organizationally, not based on ego-centeredness (Maslow, 1954). They like to help people because of their empathy and sense of reality for a mission and task (p. 154). Amber in the process of self-actualization has a problem centering orientation which marks the characterization of people who

actualize themselves. Researcher found some evidences of discoveries regarding this character in Amber and how she responded in dealing and solving problems in her own way.

### **Datum 39**

#### **Data number: 3/SA/PC/51-52**

Technically, I got hooked up with Father Chee through my high school guidance counselor, who says I have to do a load of community services if I want to get into Bryn Mawr College, which is where I want to research English, because you can go to law school if you major in English and do really well at Bryn Mawr College. That's what Donna did anyway. But to tell you the truth, I don't really give a crap anymore about fulfilling the community service requirements, which are of this world, as Franks like to say. I still want to go to Bryn Mawr and all, but doing what I do with Father Chee has become part of my religious practice, which I realize might sound truly whack to some, but I believe in what FC and I do, like—for real. Word. And I have been praying for a chance to make a difference in the lives of the people who need it most, because that's really all I want to do with my life—help people who need it, just like JC told us to do. (Quick, 51-52)

Based on these data, Amber's problem centering characteristics lie in the context when she starts to plan her future career by wanting to become a lawyer, like Donna. Amber sees Donna as a successful and great career woman with a variety of abilities. She sees Donna as a future role model who will be successful. Therefore, because it was already ingrained in Amber's mind about this, she creates to plan one by one the ways she had to take to make it happen, starting from doing public service as a requirement so she could enter Brayn Mwar College, and research law there. All of these things are a form of her way in solving problem and resolving by herself with a mature and planned manner. Thus, researcher see the indicating of Amber's plan

characterizes her to a problem centering personality by concentrating all its planning

Apart from that, there is other evidence that also represents Amber's problem centering character when she wants to make a difference in people's lives and help people in need. This is stated in the final quote “because that's really all I want to do with my life—help people who need it...” implying Amber's deepest desire regarding herself wanting to help others as a mission and goal in planning her future career. Like her role model, Donna, who always helps Amber in every problem becomes a legal guardian who is sincere and free of charge. Logically, people like Amber would not be able to hire a lawyer or legal guardian due to their lack of circumstances, but it is not for Amber. Because of Donna's sincerity, Amber becomes able to provide all of her needs. Therefore seeing her luck in life, it brings Amber's conscious perception to plan her future preparation, in line with her goals and mission in helping people with conditions like hers.

#### **Datum 40**

#### **Data number: 8/SA/PC/262**

I shake my head—and I even cross my arms. I know that I mooch off Donna all the time, but taking responsibility for BBB has sort of become symbolic to me after all that has happened: it's one of the few things that I can control, and so I simply say, “No.” “No?” “BBB is my responsibility. I'm going to pay for the surgery if he needs it,” I said. (Quick, 262)

Based on the quotes beside, Amber states her responsibility to pay for Triple-B (her dog) to undergo treatment and save her from the tumour. Her decision brings out the character of problem centering which is related to a sense of responsibility and is her duty to care for BBB which is considered as the only family in her life. Amber was well aware of the problem, thus she had to pay for it herself, without Donna's help. This is a reflection of Maslow's intended task which is carried by individuals with a sense of responsibility in it.

#### **4. Autonomy: Independence of Culture and Environment**

The next characteristic is autonomy, independence of culture and environment. In this research, researcher has found 2 form of characteristic in main character. As explanation, this character brings the individual to his self-sufficient self, not bound to other people or social rules. Self-actualized people have great self-confidence, enabling them not to be distracted by any kind of critical or flattering judgments about themselves (Maslow, 1954). This independence gives them the calm and inner peace that they are able to create on their own, without the approval of others.

#### **Datum 41**

#### **Data number: 9/SA/IND/277**

I'll give you money," Lex Pinkston says, "I have some in the bank. It's yours." "No. I don't want anyone to give me money. I want to raise it for myself. I'm not a charity case." (Quick, 277)

From the data quotes of "I want to raise it for myself. I'm not a charity case..." represents her attitude of refusing a free money by

her friend who knows her lack. Amber's rejection represents the independent character to not depending on others with developmental motivation according to Maslow. She feels that she still able to fight and solve her own problems, in line with the concepts of Maslow (1954) that rather they are dependent for their own development and continued growth on their own potentialities latent resources. This steps were taken consciously in order to maintain the reputation and prestige of a capable person.

Amber with her independent character tries to not depending on others, because she wants to solve it by herself with developmental motivation than by deficiency motivation. Amber prefers to use her capacity and ability to get the money that she needs for Triple-B's operating. Therefore, in the next dialogue there will be an event initiated by Amber which is also supported by all participants at her school. She choose to refuse to be used as a source of donations from people who just see about her lack conditions. Therefore, she put all of her efforts to achieve her goals by proving that she can and is capable.

#### **Datum 42**

**Data number: 10/SA/IND/281**

I push the red button and say, "Attention fellow Childress High School classmates. This is Amber Appleton. The girl whose mother was murdered. I don't want to talk to you about that, so please do not bring it up, okay? I would like to invite you to participate in The Save Bobby Big Boy Variety Show, which will raise money for my dog's operation, which he had last

night. He might have cancer. I have to pay two or three grand for that, and I'm broke. So please help me do this by signing up to be in the variety show, or by buying a ticket— those will go on sale soon after I iron the details out with Prince Tony. Cool? Thanks. Peace out. Amber Appleton.” When I finish my announcement, Prince Tony and Franks are smiling at me from Prince Tony's office (Quick, 281).

Continuing from the previous datum, this data shows the embodiment of the effort that Amber previously conveyed. Based on this data, the reflected of autonomy's character is presents through a voluntary donation event with Amber's planning. Thus, people who want to help her can see her efforts and hard work, so that people can buy tickets and enjoy the entertainment shows that are appropriate to the event Amber made. In line with the independence characteristics of individuals who are not bound by rules and self-assessment in the eyes of others, this character is clearly illustrated in the evidence of the quotes from Amber above.

She declares herself openly as the child of a murder victim, which concerns her mother's tragic death. She does not want the sympathy of people continue to approach her, and views her as a pitiful child. She wants to become the new Amber, and return to spreading a sense of optimism to those around her, proving that she can rise from the painful process of mourning the loss of a loved one. Therefore, this was realized by Amber's desire to make a show so that people could judge her personality and hard work, not because of the pity factor. Luckily, her wish is fully supported by

people who recognize Amber's abilities, such as teachers and principals, Franks and Prince Tony.

## **5. Continued Freshness of Appreciation**

Indicator characteristics of self-actualizing people also affect from a person's point of view in dealing with life. In the character shown by Amber, researcher found 3 forms of self-characteristics that are always grateful in their life. A self-actualized person is filled with an abundance of gratitude in every moment of his life. They have an extraordinary capacity to appreciate again and again, encompassing awe, delight, wonder, and even ecstasy. Something as simple as staring at flowers, food, or ordinary everyday moments, they go through with gratitude and appreciation for it (Maslow, 1954).

The portrayal of Amber with this character is clearly illustrated where she always mentions JC in every time she will do and finish doing. Every night before Amber fell asleep, she always makes time to pray to Jesus Christ, to pray for the people around her. Simple, but a positive habit that she always does every day, continuing to praise JC for her gift and appreciation as a form of maintaining a constant sense of luck and gratitude for it.

### **Datum 43**

#### **Data Number: 16/SA/FOA/302**

Suddenly, I understand that Father Chee's prayers are being answered—that JC has sent me and the KDFCs are a diva. Word. (Quick, 302)

This data represents a precious moment for Amber when she realizes the great kindness that was given to her today, and the fulfilment of all the needs that she needed is a blessing from JC's affection for her. This data is placed on the stage of self-actualization which is the culmination of Amber's feelings of worth and gratitude for her life. The reflection of her gratitude habit shows a depiction of happiness towards the JC's grace that governs her destiny so that she chooses not to waste time in vain just to complain about her hard life and the many trials. This simple phrase represents her personality that is easily grateful, even though it is quite ordinary in the eyes of other people.

#### **Datum 44**

#### **Data Number: 19/SA/FOA/314**

I looked around at all of the faces, some of which I loved, some of which I did not even know—all of which I could plainly see the need for me to say something hopeful so that they would be able to rock Childress High School. "I want to thank everyone for coming out tonight," I said. "It means a lot to me and Bobby Big Boy, who is cancer free, thank God." I pause, because I know that the night requires more of me. I have to be more than a teenage girl. I have to move people—get them pumped up. I have to be a rock star. (Quick, 314)

At this stage of self-actualization, Amber consciously acknowledges her success in organizing her and BBB's events, bringing all special people to the event. Besides that, the quote of "I have to be more than a teenage girl", "I have to be a rockstar" represent her conscious desire to become a stronger and greater self. Amber has succeed to



reach the peak of fulfilling needs at the self-actualization stage, where she was fully aware of her own potential and motivation. She also did not forget to thank the participants who had supported the event, and also a glimmer of praise to God, Amber always gave. This action represents an individual character that is simple and full of meaning in her life. Her wonderful feelings makes her very grateful and thankful for everyone who came to the event. Therefore, this representation of Amber's nature is in line with the characteristics of self-actualizing people, in having the wonderful capacity to appreciate again-and again, with awe, pleasure, wonder, and even ecstasy (Maslow, 1954).

#### **Datum 45**

#### **Data Number: 23/SA/FOA/331**

In the car I pet BBB, hug my boys and thank them for getting everyone to participate in the show, filming Joan of Old, and raising money for my college fund, which is pretty amazing. I even thank Lex, who is still dressed as a Puerto Rican gang member and is somehow smushed in the car with us—making us The Six and no longer The Five (Quick, 331)

From the data quotes, Amber does not forget to express her gratitude to give appreciation for the teamwork that has helped her in fulfil her wishes. Along with this success, it brings out the characteristics of self-actualizing people, by always expressing their gratitude for what was done today. As mentioned by Maslow (1954) that self-actualized people have their ability to maintain a fresh outlook on life, filled with gratitude for things that go by regardless of their frequency.

## **6. The Mystic Experience: The Peak Experience**

For this character relates to individual experiences that are extraordinary and meaningful in his life. Maslow (1954) indicated this character in self-actualized people such as having experiences of awe, wonder, loss in time, and space with a feeling of infinity. A peak experience is a natural characteristic of individuals that involves intense, joyful, and amazed feelings in one experience, without seeing anything interesting or special in that experience (p. 164). Throughout Amber's self-actualization process, the researcher found 5 character reflected in Amber's self-confidence about moments of celebration of success, and a strong belief in JC in a very invaluable moment for her.

### **Datum 46**

#### **Data Number: 26/SA/PE/354-355**

And in my head I say a little prayer to JC. I don't get it, JC. I don't understand the plan. I miss my mom. To take her like that when I'm not yet even a woman—it's not really fair, is it? But I'm glad there are times like this. I'm glad there are friends like this. I am glad there are Friendly's sundaes. That's all for right now is. All my boys are eating ice cream. I have a whole booth full of good friends. And I think to myself, you cannot give up, Amber. It doesn't matter what happens. I won't. I will. Suddenly, as I think about my mom, I feel like I might start crying. (Quick, 354).

This data describes the peak feeling of Amber in reaching the final stage with her self-actualization process, admiring God with all the best scenarios for her. Amber reveals that she did not understand God's destiny for her with the various trials she was given. However, on the other hand, Amber has succeeded in fulfilling her needs

perfectly, and the happy moment of having best friends that always beside her, even though she still missed her mother who has died. It is like, God snatches one destiny for Amber and give another destiny for a priceless happiness for her.

The thing that made Amber feel with her peak experience in this moment is when she feels with her mixed feelings about her destiny and the miracle of God's intervention in life. Amber does not want anything anymore because she has truly happy with this gift, despite the fact that she misses her mother beside her. This expression of wonderful feeling describes the peak experience in Amber's personality which means as a valuable experience and the frequency with something important has happened in his life at this time (Maslow, 1954). The mystical feeling accompanied by gratitude is an elevated and focused intellectual and emotional reward (Emmons & McCullough, 2004).

#### **Datum 47**

#### **Data number: 27/SA/PE/355**

Maybe I am a freak— but I'm one hopeful misfit, and you could be wrost things in this world. True? True. I spread hope. I'm a hope spreader. I guess that's what I do—licentiously—that's why I'm still circling the big flaming ball in the sky. (That's the sun—sucka!). (Quick, 355).

This data is the result of Amber's peak achievement that she has fully understood and realized about who she is and her identity as a hope spreader. Amber with her emotional journey has come full of circle, from her moment of grief and crisis to culminating in her moment of

rebirth. She realizes the existence of something important and valuable in her journey, then makes it as a valuable experience. Amber states herself at this point that she would never give up again for the future. She is already at the pinnacle of all feelings of happiness and priceless to her right now. About friends, fulfilling all needs, and her future that is guaranteed and no longer feels distress. Her success in reaching this stage becomes something involving reality and the intervention of a supernatural power from God which is clearly a culmination experience for Amber as a devout servant of her religion. If freshness of appreciation involves a feeling of gratitude that occur even in repeated experiences, then this peak experience is related to an unusual and passionate feeling about an experience that is felt by individuals supernaturally, with a variety of flavours in it . This signifies the culmination of all flavours of an invaluable experience that Amber herself has proven to be feeling.

## **7. Gemeinschaftgeful**

This term was introduced by Alfred Adddler about individual characters that involve a sense of sympathy and empathy for others. In this research, researcher finds 2 characteristics for gemeinschaftgeful in Amber's personality. The more that person actualizes himself, the higher his sense of concern for others which is filled with the intention and sincerity to help, regardless of the surrounding feeling of anger and negativity (Maslow, 1954). In the portrayal of this character in Amber

from the beginning of the story has shown some evidences that she is a person who likes to help people, especially for school and her friends.

**Datum 48**

**Data Number: 13/SA/GEM/301**

“It wasn’t fatal,” Old Man Linder says. “She’s in the hospital wing. I hear she goes in and out of consciousness— but when she’s awake, they say she’s still with it.” “Well, I’ll have to visit her after the show,” I say, and then sit down, allowing B Thrice to curl up on my lap. “I want to see what else you two got up there.” (Quick, 301)

Based on the context of this data, Amber puts her concern and sympathy for her friend, Joan of Old who is lying sick in the hospital. Even though, Amber had previously been ignored by Joan of Old because of misunderstanding problem, it does not remove her concern for Joan as a friend and still care to her. Amber tries to keep in touch with anyone and it becomes her principle in socializing, thus the researcher sees gemeinschaftgeful characteristics reflected in Amber as a response to her self-actualization. As stated by Maslow (1954) that they have for human beings in general a deep feeling of identification, sympathy, and effect in spite of the occasional anger, impatience, or disgust.

**Datum 49**

**Data number: 24/SA/GEM/332-333**

If you get to go to school for free, you can donate the money to the charity of your choice." "Really?" "Really." “So I could like-donate all of the money to the Childress Public High School Business Department so that Franks could maybe build a killer classroomad get out of the basement? Or maybe, at least, he could get some windows put in and he wouldn't have to buy all of his own supplies using his own personal money?” “You could

something like that. Absolutely.” I smile, thinking of all the good hoey can do for others with the money. (Quick, 332-333)

Based on the evidence related to this data, the caring side of Amber is clearly illustrated in the context in stages of self-actualization. When Amber success in enlivening the event and getting donations that exceeds her target for the dog's surgery costs, she wants to share the donation with those who had the same condition as Amber. They have aspirations but are hindered by economic limitations, so they have to work harder to achieve this. Seeing her previous condition, with her sympathy and empathy moves Amber’s heart to make the donations for her friends also through a foundation that would distribute them later.

In fact, she also wants to help her teacher, Franks, to create his own class so he doesn't have to spend a lot of money on his students anymore. Franks will also teach more students to have the same dream and spread optimism like Amber. This was conveyed directly by Amber and indeed her great desire to help others. Amber is said to be a person who never thinks about herself, and this really characterizes her personality that cares highly, not selfish, and has high sympathy and empathy for others. In line with Maslow (1954) characterized *gemeinshaftgeful* as having a high sense of caring for others with intention and sincerity in helping (p. 163).

## **8. Interpersonal Relations**

The next characteristic is interpersonal relations. This character marks in Amber's friendship with many people around her. The

researcher found there are 4 characteristics of interpersonal relations in Amber's personality through her friendship. Besides having high empathy and sympathy, self-actualized people also express more towards their friends. They relatively have a small circle of friends, but in it a very intimate and affectionate relationship is established. Just like Amber's character who is surrounded by good people and loves her, such as Father Chee, The Five, Donna, KDFC, Private Jackson, old people, and more. In fact, the majority of Amber's friends come from parents, who express more love and affection with much more meaningful identification.

#### **Datum 50**

**Data number: 12/SA/IR/288**

“Hug?” I ask, because I can’t take too many compliments right now. “Of course,” he says, and then hugs me all fatherly. “Will you pray for me?” I ask. “Every day,” FC says, smiling at me. “Almost every hour.” And then I ride my bike back to Donna’s house and cook chicken in a pan, slice that hooey up, and make a chicken salad with honey-mustard sauce and kick-ass croutons. (Quick, 288)

From this data, Amber develops a close friendship with her mentor, Father Chee, who is considered a father. The 'hug' indication marks Amber's expression in conducting interpersonal relations with FC which are harmoniously intertwined including affection in it. Based on that description, Amber sees their relationship is very good for her psychology who really needs a father figure in her life, so that she can create a sense of comfort for FC through their friendship. This character in line with Maslow’s theory (1954) that self-actualizing people have

deeper and more profound interpersonal relations than any other children (although not necessarily deeper than those of children).

Not only with FC, Amber also has close and harmonious interpersonal relations with the members of the church choir group, Korean Divas For Christ (KDFC). Amber expresses how she loved helping KDFC become their English teacher and seeing her enthusiasm grow day by day. This marks Amber's character as a person who likes to socialize and maintain close friendships on the inside.

### **Datum 51**

#### **Data number: 17/SA/IR/305**

PJ smiles, tapes my haiku to the blank spot on the final living room wall, and then says, "I like you, Amber Appleton, just as much as I like dogs. And I like dogs better than people." "And I like you, Private Jackson, just as much as I like dogs." "We are very lucky then," he says, and we both sit there smiling and sipping green tea for a half hour (Quick, 305).

Based on the context in this data, Amber and PJ express each other's feelings that both feel comfortable in their friendship relation. Even though they are far apart in age, but it is not with their mind set. PJ also expresses his admiration for Amber for her mature mind set and optimistic character. The comfortable relationship between the two was considered by researcher as a form of Amber's self-actualization because Amber has succeeded in making her friends feel comfortable with her.



## **9. Creativeness**

The last characteristic that researcher found in Amber's personality that shows her as a developing individual is through her creativity. Researcher found 3 forms of creativity shown by Amber in her personality and problem-solving. Creativity possessed by self-actualizing people according to Maslow lies in the individual's desire to express and learn new things around him. Her creativity led her to fresh and meaningful new outlooks on her life. In this case, there is some evidence that represents this character in Amber.

### **Datum 52**

#### **Data number: 4/SA/CRE/69-70**

When we get to the living room, the boys stop talking and take in Donna's hotness. It mutes them instantly. Donna lets them take in her presence. I research Donna, and this is one of her tricks. She waits for people to take in her hotness before she speaks—always. She is the greatest person I know, and if she weren't an atheist, I'd say she was perfect, or maybe even God incarnate. (Quick, 70)

From these data, researcher found aspects of self-actualization in the form of pathological signs that are reflected in Amber, namely creativity. In line with Maslow's theory (1954) that self-actualizing people have several things in common such as high reality, mystical experience, creativity, and detachment from others (p. 170). The creativeness in Amber relates to the way of her learning and absorbing things from her surrounding environment for the life lessons. The quote of "I research Donna and this is one of her tricks" represents how

Amber realizes about the things that are important for her to learn from Donna.

When Amber starts to admire Donna and makes her future role model, she studies everything in Donna does, such as manners, social etiquette, values, way of thinking, and many more as her guide to being a cool person. Therefore based on this, researcher see a form of Amber's creativity represents her self-actualization characters to become a better person. In line with Maslow (1954) that creativeness in self-actualized people is more relate to the ability of self-actualized people in doing whatever they do depending on a different way or style.

### **Datum 53**

**Data number: 6/SA/CRE/131-132**

Why would I want to take a walk with you?" "I don't know—I'm interested in learning more about you today." "Why?" "Because I don't like writing strangers, so since I was forced to write to you, I figure I should at least know something about you, so we can keep writing letters and maybe even hang out from time to time. " "I'm sorry," Private Jackson told me, and then shut the door in my face, which made me feel really sad—and like a peon. (Quick, 131).

Based on this data, Amber expresses her interest in learning new things from new people like Private Jackson (PJ). Private Jackson is an elderly, retired Vietnam veteran who has many experiences about life. Therefore, along with school assignments, Amber is personally interests in meeting new people and learning something new from those people. Like haikyu, a short written quote that becomes a medium of communication between the two of them in long-distance

communication. This is something new for Amber that she continues to do throughout her friendship with Private Jackson. Through the media of haikyu and PJ, Amber learns many things about vocabulary and new expressions that convey messages in it.

#### **Datum 54**

##### **Data number: 11/SA/CRE/282**

When I finished my announcement, Prince Tony and Franks were smiling at me from Prince Tony's office. "Are you cool with my making an announcement?" I ask. "I think this variety show is a great idea. I'm one hundred percent behind it," the PT says, and then takes me into his office so we can discuss dates, while Franks does the morning announcements (Quick, 282).

Based on this data, one form of creativeness that Amber has is when she addresses and solves a problem herself related to the survival of her dog, Triple-B. Amber, who does not have a family anymore in her life, has to think for herself in finding a solution to keep her dog. Then, she wants to to make a stage event at her school which had been postponed previously, and invited all participants at her school to join. At the same time, Amber opened a donation for the cost of her dog's surgery to all attendees who participated and on behalf of the event in order to save her dog's life. By holding this stage, spectators can buy tickets and enjoy the entertainment offered as a form of sympathy for her dog through the performance. Of course, this was very much supported by friends, teachers, even the principal of Amber's school who did recognize Amber's skills and talents.

## **B. Discussion**

In this section, researcher focuses on discussing the dominance of the two problem formulations studied. The first problem is discussing what are the hierarchy of needs by A.H. Maslow presented in *Sorta Like A Rock Star* novel, and the second problem is about how are the characteristics of self-actualization presented in main character as a continuation of advanced fulfilment. Both of these problems were examined by researcher using the theory of Abraham Maslow (1954). *Motivation and Personality*: Harper & Row. This research analyses how the discovery and fulfilment of the hierarchy of needs and the characteristics of self-actualization are described by Amber as the object of research. The following are findings from the data in the research.

The first problem found by the researcher is supported by the theory of A.H. Maslow as the main theory that Amber as the main character manages to fulfil every level of the hierarchy of needs to reach the top stage of all her basic needs. This brings her into a situation where a person already feels free, satisfied, and able to grow with the potential she has. The main and first basic need in fulfilling Amber is physiological needs with the fulfilment aspects of housing, food, vitamins, and proper clothing in Amber's basic survival. Then, followed by the safety need which includes a sense of safety from all dangers and everything that threatens around the main character. Next, the belongingness and love becomes the basis of the interactions and social relationships that the character does with people around her. Next is the esteem needs, self-esteem or status of Amber as Princess of Hope that she got from people assessment. Last, the highest need is self-actualization, which is the peak stage for an individual who has successfully actualized herself.

Amber is in her peak when she manages to prove the nickname of 'Princess of Hope' pinned on her through all the problems that almost took away her dreams and future. Amber was almost taken away from despair by the various problems she was faced with at the age of her teens, but she believed in JC's magic for her. This is a real form of self-actualization of a teenager, who is free from feelings of insecurity, anxiety, depression, worry, and even giving up on the world. Based on the data that has been found, the fulfilment of the hierarchy of needs is dominated by safety needs which found a number of 22 data from the novels studied. In this case, there are three indicators that encourages researcher to see the safety needs as the most influence need in main character's life journey.

*First*, it relates to Amber's homeless condition. This condition is seen by researcher as a factor that Amber really needs in her life. It concerns of aspects of safety that humans fulfil when they have a decent house. Based on Amber's condition, she does not fulfil the safety aspect due to her limitation, therefore it become an essential need for her. *Second*, it relates to the grieving process experienced by the main character. There was one moment when Amber had to give up herself, who lost a mother and family figure in her life. Amber went through a grieving process which made her feel deep shock, denial, anxiety, and depression. She even closes herself off from the outside environment and considers everything as an enemy. Because of this, researcher see a critical indicator for Amber in that moment, and the safety needs hold an important influence on her and demand to be fulfilled. Besides that, this also coincides by Maslow (1954) that when an individual or a child loses a parent or family who does play a very important role, the child will see a changing world that was originally stable to become unstable. This is

certainly experienced by Amber in her grieving moment which plays an important role as a need that is really needed and crucial for her as a teenager.

*Third*, it relates to the main character's career and future pledge. When Amber begins to rise from her grieving situation, then one by one other needs began to surface. If previously, Amber was in a stuck position at the second level (the safety need), other needs become as they were not more important than the fulfilment of the safety need. Because of that, when she has moved on from grieving, Amber slowly open up other opportunities that demand to be fulfilled as well. As the moment when she starts to go back to school and makes a charity event to save her dog as her potentiality, she manages the event and solves her main problem and success in reaching the target. In the end, she receives more donations from people and gets a financial freedom, guaranteed education, and scholarship money for her school. As a result, all the needs chosen by the main character have been perfectly fulfilled to the peak stage. This is considered by researcher as a strong reason why safety needs are the most influential needs for Amber's life, even though basically it is physiological that should take precedence.

As for the second problem, the researcher found 27 data that concerned to the characteristics of self-actualization depicted in main character after succeeded in reaching the five-levels of hierarchy of needs. Researcher see the form of self-actualization in Amber which directs her to the characteristic of self-actualizer people and reflects herself as a developing individual. There are 9 characteristics of self-actualized people in the Amber's personality consist of more efficient perception of reality, spontaneity, problem centering, autonomy, continued freshness of appreciation, peak experience, *gemeinschaftful*, interpersonal

relations, and creativity. The dominant characteristic that reflects Amber as a self-actualization person lies in the peak experience with the acquisition of 5 data. This character strengthens the evidence of her strong belief in JC through her habit of praying and always being grateful for all her experiences with feelings that are valuable for her. A peak experiences can be considered to be truly religious experiences in the best and most profound, most universal, and most humanistic sense of that word (Maslow, 1943). Maslow emphasized that not everyone can go through the process of self-actualization even though they have succeeded in achieving all levels of needs. Only people who have certain characteristics are able to go through this process, one of them is Amber as the object of this research.

Meanwhile, the concept of self-actualization in Maslow's analysis clarifies the power of imagination and self-potential, as well as self-motivation within a person. The battle of love and despair is the theme that the character Amber strives for, narrated by Matthew Quick as the writer. In Kugler's research, this novel gives the meaning of Rock Star which is marked by both familiar tragedies (homelessness in an unaffected city, abandonment, poverty, and extraordinary). These tragedies became a severe test for Amber's optimism which in fact gave birth to a strong Amber who still believes that hope can overcome despair. By using Maslow's analysis, researcher see how human potential is readily discovered and leads to be motivated to develop a psychologically good individual. Amber improves her life perspective step by step through Maslow's hierarchical analysis, until she gains her true identity.

In line with the approach used by researcher that is humanistic psychologist. This research explores the study of personality, in-dept in main characteristic in

literary work. Researcher analyses the character, behaviour, and the development of a person's behaviour in a literary work as an interdisciplinary research in literature. The researcher analyses the behaviour and development of psychological improvement in Amber's personality with clear reasons and motives, based on the scope of the novel being studied. Amber as a teenager grows into an inspiring girl for people around her, survives beyond in psychological views who overcome all kinds of problems in her life by remaining calm in her full faith in JC. Psychological view is needed in present day to understand about the individual, situation and society. To reach a happiness and balance life, humans need to fulfil every need and grow according to their potential.



## CHAPTER V

### CONCLUSION, IMPLICATIONS, AND SUGGESTIONS

This chapter consists of a conclusion, implications, and suggestions. The first part is the conclusion that discusses the answers and results of the two problem formulations studied. What are the hierarchy of needs found in *Sorta Like A Rockstar* Novel, and How are the characteristics of self-actualization presented in the novel. While, the second part is implications, which discusses the theoretical impact of this research on the topic. The last part is suggestions.

#### A. Conclusion

Based on the findings of this research, the data is divided into two problem statements about human needs and the self-actualization characteristics of the main character in the novel *Sorta Like A Rockstar* using Abraham Maslow's theory. There are 42 data that discuss the hierarchy of needs and 27 data on the characteristics of self-actualization.

About the hierarchy of needs are found in novel, researcher found that there are five-levels of hierarchy of needs that arise and are successfully fulfilled by the main characters, starting from the physiological needs, the safety needs, the belongingness and love needs, the esteem needs, and the need of self-actualization. With this discovery, a total of 22 data items were found from safety needs in the requirement hierarchy. As for the second problem, researcher found 27 data in the form of characteristic of self-actualization in main character.

The safety needs become the dominant needs among other needs, therefore it can be interpreted that safety needs play an important role in the life of main

character, both in materially and psychologically. Amber as the main character can achieve the fulfilment of her needs up to the peak stage of self-actualization which brings her to a better living condition, marked by her freedom from limitations. Researcher also found the dominant data in the peak experiences as a form of self-actualization's character through her habit of praying and her strong belief in God creates an optimistic personality in main's character during her life's journey. Based on these findings, this research able to answer the first and the second problem questions by using Abraham Maslow, Hierarchy of Needs, as the theory.

### **B. Implications**

This research obtains the results of a humanistic psychologist approach to the novel *Sorta Like A Rockstar*. Because it uses a humanistic psychologists approach in analysing behaviour patterns and individual activities that appear in a literary work as a reflection of human psychic life, researcher see how a person has the opportunity to discover his potential and reach the peak of the best quality of life for himself. Looking at the development process of the character in this research, it can be said that an individual can develop better by fulfilling needs according to his potential and what he needs. Every need met pave the way for the opening of other needs to reach the highest peak level, based on the level of human needs.

### **C. Suggestions**

Through this research, the researcher has some suggestions for further research:

1. This research can be used as a reference for the topic of human needs and self-actualization. Researcher hopes to provide deeper knowledge regarding

the topic of the hierarchy of needs, the characteristics of self-actualization, and the process from fulfilling needs to achieving self-actualization in individuals.

2. For students of English Literature, they can find and analyse other novels with discussion topics related to hierarchy and self-actualization.
3. The researcher hopes that the readers can provide corrections for this research.

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## VALIDATION SHEET

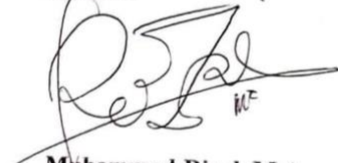
This thesis data titled *Abraham Maslow's Hierarchy of Needs Found in Sorta Like a Rockstar Novel (2010)* had been checked and validated by Muhammad Rizal, M.A., in:

Day : Thursday

Date : May 25<sup>th</sup>, 2023

Surakarta, May 25, 2023

Validator



Muhammad Rizal, M.A.

## **APPENDICES**

**A. Hierarchy of Needs**

<b>No.</b>	<b>Coding</b>	<b>Textual Data</b>	<b>Types of Hierarchy Needs</b>	<b>Explanation</b>	<b>Valid/Invalid</b>
1.	1/PSY/3-4  1: Data Number PSY: Psychological Needs 3-4: Page number of novel	I have on two pairs of sweatpants, three pairs of wool socks, two pairs of gloves, a big old hat that covers my freakishly little ears, and three jackets—because I don't own a proper winter coat and it's extremely cold sleeping on Hello Yellow through the dismal January nights. I can see my breath. Ice sheets form on the windows. My teeth chatter. Sometimes I wake up because my lungs hurt so bad from taking in so much freezing air. It's like gargling chips of dry ice. My water bottle freezes if I take it out of my inner coat pocket..	The psychological needs	1 is datum number, this datum is categorized as a psychology need in Maslow's concepts a hierarchy of needs. The context of psychological needs according to Maslow plays an important role in human survival (Maslow, 1954). These needs includes of food, shelter, clothing, rest, water, minerals, water, sleep, and sexual satisfaction (Mehta & Trivedi, 2019). From the monologue, it describes how Amber's physiological needs in the context of winter clothing is unmet. It also explained in this situation, the cold temperature pierced her body where the clothes she wore (big old hat, three jackets, etc) were actually not able to cover up the cold that enveloped her.	Valid

2.	2/PSY/9-10  2: Data Number PSY: Psychological Needs 9-10: Page number of novel	I still have Bobby Big Boy, and Mom still has her job driving Hello Yellow, all of our clothes and stuff fit in the two storage bins between the wheels, below the bus windows, so it's all good in the hood.	The psycho logical needs	2 is the datum number, this datum is categorized as the need of psychology in Maslow's hierarchy of needs. From the quotes, Amber revealed her condition of relying on the “Hello Yellow' school bus as their rest place. Amber and her mother also live their daily lives at Hello Yellow, due to their inability to own a home. Based on this condition, it provides an indication of how a person's inability to meet the physiological needs has a significant impact in terms of survival and aspects that support it. As said by Maslow (1954) that physiological needs play an important role as the only needs that can be fully satisfied or at least can be overcome.	Valid
3.	3/PSY/10-11  3: Data Number PSY: Psychological Needs 10-11: Page number of novel	A-hole Oliver, threw us the hell out of his apartment, and that my mom has to save up some dough before we can get four walls of our own. I mean, it's a pretty pathetic story, and I'm not really all that proud to be my mom's daughter right now. Homelessness reflects badly on both of us. True? True.	The psycho logical needs	3 is the datum number, this datum is categorized as the need of psychology in Maslow's hierarchy of needs. Amber's expressions in quote indicates a physiological need that alludes to Amber and Mother's past, which caused her to lose her apartment and live on a bus. Their inability in having a place to live causes the physiological needs not to be met, and that is the reason why Amber and her mother become homelessness. As a result, this condition affects their lifestyle and loses something extreme as a basis for	Valid

				survival in their life. Thus, this will be a motivate for Amber and her mother to work harder and struggle to find a decent life for them, which provides evidence of Maslow's discovery that physiological needs are higher motivations for human needs and are more important than other needs.	
4.	4/PSY/16  4: Data Number PSY: Psychological Needs 16: Page number of novel	"...I find sleepy land together, and I dream of the real bed on which Bobby Big Boy and I will rest one day. My future bed's going to be an ocean of mattress, maybe even a queen-size, sucka! Word."	The psycho logical needs	4 is the datum number, this datum is categorized as the need of psychology in Maslow's hierarchy of needs. Amber's desire is manifested in a dream, sleeping in a wide bed, is a response of her hunger and the impact of not meeting in fulfilling's the psychological needs. In line with Maslow's theory (1954) that explained about someone who is hungry has a consciousness that is filled with his hunger. There is no interest other than food so that he will dream of food, remember food, and think about food (p. 38).	Valid
5.	5/PSY/23-24  5: Data Number PSY: Psychological Needs	It takes three to four oranges to make a tiny glass of juice, and I end up using twelve, just so Ricky, Donna, and I will get all the vitamin C we need to fight frickin' colds and what not.	The psycho logical needs	5 is the datum number, this datum is categorized as the need of psychology need in Maslow's hierarchy of needs. From these quotes, Amber's physiological needs in this condition are fulfilled to the fullest. Consuming vitamins is an indication of fulfilling physiological needs for Amber according to Maslow. Homemostatis, a body's automatic	Valid

	23-24: Page number of novel			efforts to maintain a constant, normal state of the blood stream (Maslow, 1954).	
6.	6/PSY/27-28 6: Data Number PSY: Psychological Needs 27-28: Page number of novel	Upstairs, in the bathroom, I strip down quickly, brush my teeth with the toothbrush stored permanently on Amber's Shelf, floss, use mouthwash, and then I'm in the shower washing my hair, using Donna's expensive conditioner, trying to keep my hair long black hair shiny. I do this all super quickly, so I don't use too much of Donna's hot water, because hot water costs money. I towel off, use the deodorant and perfume and makeup that Donna bought for me, redress, and then return to the kitchen, where BBB has fallen asleep on the little braided mat in front of the sink.	The psycho logical needs	6 is the datum number, this datum is categorized as the need of psychological. From the data quotes aside, Amber fulfills her physiological needs in aspects of her daily clothing or equipment, which she gets from Donna. As in the quote "I towel off, use the deodorant and perfume and makeup that Donna buys for me..." proves the fulfillment of her physiological needs. As said by Maslow (1954) that psychological needs have a great personal impact as a motivational force which is the basis of survival.	Valid
7.	7/PSY/85-86 7: Data Number	It's cold outside. North Pole cold. And I don't have a proper winter coat. As I'm walking toward the school bus	The psycho	7 is the datum number, this datum is categorized as psychological needs in Maslow's hierarchy of needs. Amber's winter equipment, winter coat, has not been	Valid

	PSY: Psychological Needs 85-86: Page number of novel	compound, I remember what I said about visiting Franks' house, and since I don't want JC to think I am a damn liar, I make a detour. Franks lives in the neighborhood, in a grasshopper green rancher with a big old addition on the back—bedrooms for all of his redheaded kids. (CH. 7, p. 86)	logical needs	fulfilled so that it can appear in the next hierarchical system. The unfulfillment of this has also been mentioned by Maslow as a response to unmet psychological needs, the order of the hierarchy of needs does not always appear sequentially. Or in other words, the emergence of one need usually rests on the previous satisfaction of another, stronger need (Maslow, 1943). Therefore, an indicator of dissatisfaction with a need can be marked by its appearance in the next system.	
8.	8/PSY/68 8: Data Number PSY: Psychological Needs 68: Page number of novel	I eat my dinner, and then Ricky and I clean up the dishes while Donna answers a bazillion e-mails on her Blackberry. Her thumbs move at the speed of light, and I dig how she mouths the words she is typing, like a little kid would. (CH. 6, p. 68)	The psycho logical needs	8 is the datum number, this datum is categorized as the need of psychology in Maslow's hierarchy of needs. From the data quotes aside, Amber fulfills her physiological needs well. "I ate my dinner" clearly describes Amber's well-fulfilled dinner activities. Fulfillment of this need raises other needs that demand to be fulfilled as well.	Valid
9.	9/PSY/152-153 9: Data Number	"I eat like—ten pounds of hamburgers at Donna's. Please let me watch you eat the rest. I've had a bad day, Mom. Please eat. try. For me." (CH. 11, p. 153)	The psycho logical needs	9 is the datum number, this datum is categorized as the need of psychology in Maslow's hierarchy of needs. From the quotes aside, fulfilling Amber's physiological needs refers to her emotions wanting to see her mother eat directly in	Valid



	PSY: Psychological Needs 152-153: Page number of novel			front of her. Amber never see her mother eat delicious food because she was constantly working. In this case, Amber's hunger develops imperfectly, so that it is moved to find another appetite to fulfill the desire of this hunger. It can be said that emotional satisfaction is a form of specific appetite, according to Maslow's theory.	
10.	10/PSY/173-174  10: Data Number PSY: Psychological Needs 173-174: Page number of novel	Donna takes me in, buys me a bed, gives me my own room, and begins sorting through the legal red tape involved for her to become my legal guardian, which is complicated since no one knows if my father is still alive or where he might be— and I don't know of any living family I may or may not have since my mom left her home out west early on in life.	The psycho logical needs	10 is the datum number, this datum is categorized as the need of psychology. From the quotes, the fulfillment of needs for Amber is carried out by Donna who has considered Amber as her own child. All of the facilities and rights were fulfilled, such as room, bed, attorney, to being a foster parent for Amber. In this context, it can be said that Amber's needs have been maximally satisfied, so this also opens up opportunities for other needs to emerge.	Valid
11.	11/PSY/332  11: Data Number	After a quick stop at the food store, I wash my hands, make proper sundaes in Donna's kitchen for my boys, and then we celebrate the night by sharing ice	The psycho logical needs	11 is the datum number, this datum is categorized as the need of psychology in Maslow's hierarchy of needs. From the data quotes aside, Amber's success is celebrated by eating ice cream with her friends. This represents the	Valid

	PSY: Psychology needs 332: Page number of novel	cream and sword fighting with spoons. True.		fulfillment of Amber's physiological needs until it reaches the final stage.	
12.	12/SAFE/9-10  12: Data Number SAFE: Safety Needs 9-10: Page number of novel	But being on a bus alone at night near train tracks and woods ain't so ha-ha, believe me. Plus there have been a few rape-murders on the outskirts of town lately and the cops haven't caught the bad guy yet, which has lots of people freaked out and for good reason.	The safety needs	12 is the datum number, this datum is categorized as the need of safety in Maslow's hierarchy of need. In this context, Amber's need refers to her sense of safety, when she consciously sees danger around her during her homeless condition. Amber as a school child should get security and protection from something threatening, which is obtained from parents, the environment or the government. As Maslow (1954) categorized the condition of person who needs the safety need which includes security; stability; dependencies; protection; freedom of fear from anxiety and chaos, etc	Valid
13.	13/SAFE/157  13: Data Number	Mom is not on Hello Yellow. I know it is after eleven, because there are no streetlights on, but I have no idea how late it is. Mom goes out to the bars all the time, but for some reason, I have this	The safety needs	13 is the datum number, this datum is categorized as the need of safety in Maslow's hierarchy of needs. In this case, Maslow indicated the need for safety in a child when in a sick condition, for example , vomiting, colic pain, or pain that makes the child feel insecure about seeing the world in	Valid

	SAFE: Safety Needs 157: Page number of novel	very bad feeling that something horrible has happened. I can't really explain it — I just instantly know, or maybe I just feel it in my gut. “Come on, B Thrice,” I said, and then we left Hello Yellow.		a different way (Maslow, 1954). This indication happened to Amber who had a bad feeling, and was worried about her mother not coming back. This creates feelings of insecurity for Amber and makes Amber see the world in a different way, as explained by Maslow.	
14.	14/SAFE/159 14: Data Number SAFE: Safety Needs 159: Page number of novel	I start to get really scared, especially when this crappy-looking car—with silver rims and tinted windows and booming bass and neon-pink lights that make the road under the car glow—this crazy car pulls up and idles right next to me. I start to walk down the street, back toward the town of Childress. The car follows, going only as fast as I can walk. It follows me for an entire block—rap music blasting— before BBB and I start to run.	The safety needs	14 is the datum number, this datum is categorized as the need of safety in Maslow's hierarchy of needs. From the quotes besides, it shows how Amber needs her safety in her age teens. At night Amber wanders unsupervised, until a foreign car follows her. The foreign car symbolizes that there is a danger that threatens her life from the surrounding environment. As stated by Maslow (1954) that categorized the condition of person who needs the safety need includes security; stability; dependencies; protection; freedom of fear, from anxiety and chaos, etc	Valid

15.	<p>15/SAFE/161-162</p> <p>15: Data Number</p> <p>SAFE: Safety Needs</p> <p>161-162: Page number of novel</p>	<p>I'm scared for my mom, so I come clean. As I tell him everything about Mom and our living on Hello Yellow and Mom's not coming home tonight, the adrenaline rush wears off, and I start to get seriously nervous and upset and worried. My voice becomes all tiny and whiny, which makes me feel like I'll never be as brave and strong as Donna—like I'll never get into Bryn Mawr College.</p>	<p>The safety needs</p>	<p>15 is the datum number, this datum is categorized as Maslow's hierarchy of needs. According to the data, Amber's condition that has not met safety needs makes her psychologically become unstable due to the loss of her mother. Previously, Amber still felt safe and calm, even though her physiological needs were always lacking. However, her feelings of worry about her missing mother made Amber's perspective turn dark. As Maslow has discovered that a child in pain sees a world that suddenly changes from bright to dark, or in other words everything that could possibly happen, from what was previously stable suddenly becomes unstable (Maslow, 1954).</p>	<p>Valid</p>
16.	<p>16/SAFE/177</p> <p>16: Data Number</p> <p>SAFE: Safety Needs</p> <p>177: Page number of novel</p>	<p>I do not go back to school. I lost fifteen pounds. I'm always cold. I become very jumpy: any old noise will scare me horribly. Donna tries to get me to see a therapist, but I refuse.</p>	<p>The safety needs</p>	<p>16 is the datum number, this datum is categorized as the need of safety in Maslow's hierarchy of needs. After losing her mother figure, Amber's need for safety also affects her in dealing with new, foreign, and strange situations for her. This new situation requires Amber to adapt to a new situation for her. As Maslow explained, confronting the average child with new, unfamiliar, strange, and uncontrollable situations makes children shed eloquent</p>	<p>Valid</p>

				testimony to the role of parents as protectors (apart from their roles as food givers and love givers) (Maslow, 1954).	
17.	17/SAFE/178  17: Data Number SAFE: Safety Needs 178: Page number of novel	I decide to quit being Amber Appleton, which isn't to say that I change my name or anything. I just decided that I can't keep living the way I used to live—swinging for the fences, believing that things are going to work out, that everything is worth fighting for, and that I am brave and strong enough to change my reality , because I'm not and I can't. Joan of Old was right. I get her now, and what she said about life being a hell that I was only beginning to experience—that makes sense suddenly.	The safety needs	17 is the datum number, this datum is categorized as the need of safety in Maslow's hierarchy of needs. From the quotes aside, there are other indications that signify Amber's safety needs, changing her perspective on the bitterness of adult life. Amber confirmed her bitter experience as Joan of Old said, at the end of her seventeen years. The loss of her parents completely changed Amber and her defense all along. As Maslow has discovered that the central role of parents and normal family arrangements cannot be denied (Maslow, 1954)	Valid
18.	18/SAFE/183- 184  18: Data Number	If I'm not up, or if I am pretending to sleep, or if I am just lying there as usual, staring at the ceiling,  Father Chee will kneel by my bed and bow his head. If I ask him what he is doing, he'll say he is lifting me up to	The safety needs	18 is the datum number, this datum is categorized as the need of safety in Maslow's hierarchy of needs. According to the data, another aspect that symbolizes the fulfillment of safety needs for Amber is relating to Amber's beliefs and perspectives on the disaster she experienced. This aspect turns out to be one of Maslow's indicators of her discovery	Valid

	SAFE: Safety Needs 183-184: Page number of novel	God, asking God to help me be whoever I need to be at this moment of my life. He comes every day, and I don't mind his coming.		of the need for safety which also alludes to the tendency to have a religion or world philosophy that governs the universe and human beings within it become a coherent and meaningful whole (Maslow, 1954).	
19.	19/SAFE/196-197  19: Data Number SAFE: Safety Needs 196-197: Page number of novel	I puzzled out all sorts of interpretations too. Maybe it was a metaphor for the madness—or the chaos I was feeling as of late, which is sorta hidden in my chest and mind, but is it real? I had been in my new room for days now. Maybe it was a metaphor for the madness of the man who killed my mother? Maybe PJ was telling me that I needed to wake up and see that things were still alive and moving around me, even though my mom was gone and I felt so alone?	The safety needs	19 is the datum number, this datum is categorized as the need of safety in Maslow's hierarchy of needs. When Amber was still in a state of mourning, she was in a situation of loss of direction after losing a mother figure. At Amber's age, a parent figure is needed who is the first protector of a child. However, in this condition Amber is truly alone, thus indicating a need for safety that needs to be met. Based on the novel's quotes, Amber deliberately locked herself in her room and refused to meet anyone. Her response can be said to be an attempt to protect herself from new, unfamiliar situations and strange feelings during her grieving period according to Maslow theory. Amber also tries to organize the world according to her perspective as a response to unexpected events like the moment her mother died.	Valid

20.	20/SAFE/219  20: Data Number SAFE: Safety Needs 219: Page number of novel	<p>“Father Chee?”</p> <p>"Yes, Amber?"</p> <p>"If I had followed my mother on the night she was killed, do you think I might have been able to stop that man from doing what he did?"</p> <p>"I don't know."</p>	The safety needs	20 is the datum number, this datum is categorized as the need of safety in Maslow's hierarchy of needs. From the quotes, it shows that the need of safety for Amber is needed when she feels regret about her mother’s death. If it wasn't for her fault, her mother's death would not have happened. This is the expression of Amber who felt her need for safety disappeared after the incident of her mother's death. They try to arrange the world so that something unexpected (danger) is impossible. If, through no fault of their own, something unexpected happened, they panicked as if this unexpected event posed some grave danger (Maslow, 1954).	Valid
21.	21/SAFE/257- 258  21: Data Number SAFE: Safety Needs	<p>She’s sitting down on the side of my bed, rubbing my back lightly with her hands. She also has been combing my hair at night. I don't say anything to her about this- because I secretly like it when she rubs my back and combs may hair, as if I were a little girl again and she was my mom.</p>	The safety needs	21 is the datum number, this datum is categorized as the need of safety in Maslow's hierarchy of needs. From the quote of “she were my mom..” refers to Donna, who became a parent for Amber. From here, it can be seen that Amber's security needs have been met by Donna's sincerity in agreeing to become Amber's foster parent. This is supported by Maslow (1943) who argues that an indication of child safety requires an organized world rather than an	Valid

	257-258: Page number of novel			unorganized or unstructured world. Therefore, the central role of parents is needed in fulfilling safety aspects for a child, like Amber.	
22.	22/LOVE/36  22: Data number LOVE: love and belonging needs 36: Page number	Soon I was over at my boys' houses, like, all the time, and it was like we had been friends since birth. We got tight quick. Word. Suddenly I sorta had four brothers and all these extra parents looking after me. Suddenly, I had Donna too.	The belongi ngness and love needs	22 is the datum number. This datum categorized as the need of love and belonging needs. This data shows evidence of Amber's need for love and affection which is fulfilled by the presence of her school friends who are considered like her siblings. Amber has revealed that she received the full off attention and love interaction as well as she had a brothers. Thus, it can be said that Amber's needs related to love are well fulfilled.	Valid
23.	23/LOVE/61  23: Data number LOVE: love and belonging needs 61: Page number	And then I break off and run around the inside of the power circle giving each Korean Diva a super high five, which is a two-handed slap above the head. The KDFCs go crazy for this sorta pumped-up ending. They like to hug me before I go, and since I really dig hugs, I go wild with the hugging too. Every KDFC gets a big old hug from me, which takes like ten frickin' minutes.	The belongi ngness and love needs	23 is the datum number, this datum is categorized as the need of love and belonging needs. This data shows Amber's intimate relationship with the KDFC groups which is lived in harmony. Amber, who is still a student, was appointed as a singing coach for KDFC, and they underwent a teamwork together. Amber's expressions and actions indicate that she is happy and not burdened by their social relations with one another.	Valid



24.	24/LOVE/108  24: Data number LOVE: love and belonging needs 108: Page number	I'm totally with making friends, I'm a very good pal, and I absolutely love being regaled, so I inquired within and signed up for the program. I became a regular at the Methodist Home once Rita's closed for the season and I stopped scooping water ice after school.	The belongi ngness and love needs	24 is the datum number. This datum is categorized as the love and belongingness needs. This data shows how Amber's passion and desire is to make her friends more broadly. Amber realizes that she was the type of good friend, so she wanted to join a program at a nursing home to fill her activities. This data also shows that Amber's friendship is not only limited to school and her immediate environment, but also extends to her parents.	Valid
25.	25/LOVE/238  25: Data Number LOVE: Love and belonging needs 238: Page number of novel	“Why do you say that to me? Even now, when you know I've got nothing left. Why do you put that on me?” “Because I have faith, and it is riding on the Princess of Hope . I believe in you, Amber Appleton. I've seen your powers.”	The belongi ngness and love needs	25 is the datum number, this datum is categorized as the need of love and belonging to Maslow's hierarchy of needs. From the data aside, Father Chee's expression in his sentence “I believe in you, Amber Appleton” represents the relationship of trustness in their friendship between the two. In a way, Amber gets the need for love and affection through friendship, which will add to her fulfillment and influence someone to have more confidence in their abilities. As stated by Maslow that the need for love involves giving and receiving love, and fulfilling the need for love helps people to have confidence again in their abilities (Aruma & Melvins, 2017).	Valid

26.	26/LOVE/ 241-242  26: Data Number LOVE: Love and belonging needs 241-242: Page number of novel	Ty smiles sorta weird and then says, “I’m going to win regionals for you. I’ll even give you the red ribbon. I’m going to do it for you. Then we’ll take The Five to nationals. Would you come to Vegas with us if I won?”  "No."  “We missed you. All of us. The entire Five.”	The belongingness and love needs	26 is the datum number, this datum is categorized as the need of love and belonging to Maslow's hierarchy of needs. According to the quotes, Ty as her special friends gives a caring response to Amber, which marks the fulfillment of the need for love and affection. Ty conveyed his longing directly for Amber, who was always cheerful and friendly in their gang.	Valid
27.	27/LOVE/253-254  27: Data Number PSY: Love and belonging needs 253-254: Page number of novel	“We wanted to see you anyway,” Jared says, “because we missed you a lot and we felt really bad about your missing Marketing Club regionals and refusing to be a part of The Five. But Ty is really worried about you. He's really upset.”	The belongingness and love needs	27 is the datum number, this datum is categorized as the need of love and belonging to Maslow's hierarchy of needs. According to the data beside, the response in fulfilling Amber's love and affection needs was conveyed through another friend, Jared in her group. This also represents Amber's friendship which runs harmoniously, because she has good friends and cares about her.	Valid
28.	28/LOVE/267	“Maybe sometimes—on special occasions—every so often, it is best to	The belongingi	28 is the datum number, this datum is categorized as the need of love and belonging to Maslow's hierarchy of needs.	Valid

	<p>28: Data Number</p> <p>LOVE: Love and belonging needs</p> <p>267: Page number of novel</p>	<p>capture a different moment, maybe, when the present moment is not the right moment for you. It is sometimes nice to think that more moments are always coming. Always. Like the moments when you come to visit me.”</p> <p>“True,” I say, and then sip my tea, realizing that what PJ just said is like—revolutionary for him, so I don’t push it. I simply enjoy the present moment—having released so much emotional baggage—as this moment bleeds into the next one. Silence</p>	<p>ngness and love needs</p>	<p>These quotes are located in the context where Amber tries to pour out her heart to her friend, Private Jackson, about the hard life she is living. In the midst of a critical situation due to a period of mourning, this is an effective way she can do in an effort to fulfill her needs for love and affection. As Maslow (1954) indicated that failure to fulfill the needs of love and affection can cause a person to experience maladjustment which leads to difficulty being able to express. Amber's sensitive situation also requires her to survive with her psychology.</p>	
29.	<p>29/EST/69</p> <p>29: Data Number</p> <p>EST: Esteem Needs</p> <p>69: Page number</p>	<p>Donna stands up and winks at me. “People like you and me need to tell them what to do, so that the world won’t get too messed up. They want you to give them instructions. They need you to do this. And you know what needs to be done, because you have a good heart—and you have courage. I’ve seen your</p>	<p>The esteem needs</p>	<p>29 is the datum number. This datum is categorized as the need of esteem in Maslow's hierarchy. Based on the data quote, Amber gets positive validation about who she is in the eyes of others. Donna explains that she sees something different and interesting in Amber, setting her apart from the rest of her friends. This assessment was found not only once, but there are several positive compliments for Amber which gradually makes Amber more aware of her self-</p>	Valid

		good heart at work time and time again over the years. You're all good. One hundred percent. So trust your instincts, and speak your mind tonight. Be brave. Those boys look up to you. You're the shepherd. Herd the sheep. Understand?"		esteem in the eyes of other people. As Maslow mentioned, the fulfillment of this esteem need can affect a person's self-confidence so that the form of recognition and validation that Amber finds affects her more and more, increasing her sensitivity in realizing her potential.	
30.	30/EST/120  30: Data number EST: Esteem needs 120: Page number	"You don't have to say that," Joan of Old says, "but thank you." "You really are pretty mean and depressing, JOO." "Well, I try. And I really hate to admit it," Joan of Old says, "but you're pretty hopeful and funny, Amber Appleton. But that kiss was a cheap trick, and I'm going to protest the battle, just so you know." I catch her smiling again, but I don't call her on it.	The esteem needs	30 is the datum number. This datum is categorized as the esteem needs in Maslow's hierarchy theory. This data shows that there is evidence that Amber's friendship extends and is felt by everyone who has a good relationship with her. Amber is recognized as having a positive personality by Joan of Old, a resident of the nursing home she fosters. This is enough to prove Amber by fulfilling the needs of love that are fulfilled well from those around her.	Valid
31.	31/EST/242	"Who were you?" "Amber Appleton. Aka the Princess of Hope." "You were,	The esteem needs	31 is the datum number. This datum is categorized as the esteem needs in Maslow's hierarchy theory. Based on the data aside, Amber reveals herself as the Princess of Hope,	Valid

	<p>31: Data Number</p> <p>EST: Esteem Needs</p> <p>242: Page number of novel</p>	<p>are, and will always be a hopeful person, until you die.”</p> <p>“Why do you say that to me? Even now, when you know I’ve got nothing left. Why do you put that on me?”</p> <p>“Because I have faith, and it is riding on the Princess of Hope. I believe in you, Amber Appleton. I’ve seen your powers.”</p>		<p>as a form of response to fulfilling the esteem needs that have been met before. Amber is increasingly aware of how big her influence is, which is so appreciated by the people around her. Because this painful mourning process made her forget the people around her and misjudge their care. Amber, in turn, begins to rise and regain confidence in herself, and this is a manifestation of the need for esteem that is fulfilled leading her to self-appreciation to increase self-confidence and a sense of safety in herself.</p>	
32.	<p>32/EST/269</p> <p>32: Data Number</p> <p>EST: Esteem Needs</p> <p>269: Page number of novel</p>	<p>“Amber Appleton kissed Ricky Roberts! Yes!”</p> <p>“I’m sorry I was mean to you, Ricky,” I say, and then I notice that Donna is in the doorway watching the apology.</p> <p>So I walk over to Donna, say, “I’m going to school tomorrow,” and then I give her a big old hug before I go up to my room and stare at the ceiling all night—wondering how in the hell I will pay for B Thrice’s surgery.</p>	<p>The esteem needs</p>	<p>32 is the datum number, this datum is categorized as the need of esteem in Maslow's hierarchy of needs. According to the datum, Amber is excited to go to school again. She is already in the stage of moving on from her grieving period and is ready to start a new plan. Amber's desire to return to school symbolizes the desire for strength which leads to one action that she does, making a donation event at her school. As explained in the theory that the esteem needs that are satisfied can lead a person to feel confident, strong, capable, and adequacy, of being useful and necessary in the world</p>	<p>Valid</p>

				so that a person can move towards self-actualization with his potential (Maslow, 1954) .	
33.	33/EST/277  33: Data Number EST: Esteem Needs 277: Page number of novel	“I’ll give you money,” Lex Pinkston says.  “I have some in the bank. It’s yours.”  “No. I don’t want anyone to give me money. I want to raise it for myself. I’m not a charity case.”	The esteem needs	33 is the datum number, this datum is categorized as the need of esteem in Maslow’s hierarchy of needs. Based on the datum aside, She expresses her refusal to accept help from her friends who only feel pity for her current condition. She decides to solve her problems in her own way, and relies on her abilities and potential. The phrase "I’m not a charity case" is a form of recognition and self-esteem conveyed by Amber as a form of her esteem needs.	Valid
34.	34/EST/289-290  34: Data Number EST: Esteem Needs 289-290: Page number of novel	While Father Chee jogs me home, he says, “You have to realize that you are the only white person many of our church members have had any meaningful contact with. Walking into an English-speaking high school like yours terrifies them.”  “I can understand that,” I said. “Believe me.”	The esteem needs	34 is the datum number, this datum is categorized as the need of esteem in Maslow’s hierarchy of needs. From the data quotes of “You have to realize that you are...” conveyed by Father Chee acknowledges Amber’s status as an influential person in her surroundings, and this has an effect on Amber, making her more aware of her influence and responsibility. As said by Aruma & Melvins (2017) that it is natural of the need of recognition, respect, and admiration for gigher status or position has corresponding more responsibilities in the human environment.	Valid

		"But if you would sing with them— behind you, a true diva—I think they would sing on the variety show."			
35.	35/EST/290  35: Data Number EST: Esteem Needs 290: Page number of novel	"You are out of your room. This is good." "Because Bobby Big Boy needs me." "Many people need you, Amber." "One thing at a time, FC." "You are stronger than you think."	The esteem needs	35 is the datum number, this datum is categorized as the need of esteem in Maslow's hierarchy of needs. According to the data, Amber's recognition was clear in the eyes of other people, which in the end makes her more confident in herself. This makes her assuming a personal responsibility in spreading the positive energy and hope to those around her. As mentioned by Maslow (1954) that the satisfaction of this need triggers a person to have sensibilities of confidence, value, strength, capability, and acceptability.	Valid
36.	36/EST/298  36: Data Number EST: Esteem Needs 298: Page number of novel	"Listen, I was mad at you for a week or so, kid. I could have died climbing those damn steps, and then the way you treated me," Old Man Linder said—oxygen tubes running out of his nostrils. "But then, I thought, you know what—the girl's got a point. I'm not dead yet, and I have to do something to keep myself alive. I can't always depend on others. So	The esteem needs	36 is the datum number, this datum is categorized as the need of esteem in Maslow's hierarchy of needs. From the data quotes "I thought, you know what—the girl's got a point" describes Amber's character in the eyes of others as a girl who is straightforward and firm. This is a representation of Amber's esteem needs that are fulfilled, get awards and have a big influence on the environment around her. As Maslow (1954) stated, the desire to have a	Valid

		I thought up the sing-along with Eddie, who carries me up there with his golden voice—if you didn't notice. I'm the ham. He's the voice. But I always loved to sing. And the old chippies favor men who sing in public. Can't keep them off me lately.”		desire for fame or status (defining it as respect, or appreciation from others).	
37.	37/SA/88  37: Data Number SA: Self-Actualization Needs 88: Page number	I don't want to turn around and be disappointed once again, but I also still believe in hope and the possibility of beautiful things happening in this world. I still believe that JC and God have a kick-ass plan for every one of us, so I say, “Dad?”.	The need of self-actualization	37 is the datum number. This datum is categorized as the need of self-actualization in Maslow's hierarchy theory. According to the data, Amber is in a state that is almost giving up on her life's problems. However, she tries to remain optimistic and fully trusts of God's destiny for her life. With the various problems and lessons that she has encountered, Amber takes a wise stance for a valuable life experience, while still having hope and believing that things will come someday. From these beliefs, researcher see aspects of self-actualization related to mystical experiences and beliefs experienced by Amber as a form of positive response.	Valid
38.	38/SA/277	“Listen, to top it all off—and this is no bullcrap story— my dog might have	The need of	38 is the datum number. This datum is categorized as the need of self-actualization in Maslow's hierarchy theory.	Valid



	<p>38: Data Number SA: Self-Actualization Needs 277: Page number</p>	<p>cancer. He had to have an operation last night, which I can't afford. Now I know a dog is not a person or anything, but I went ahead and said I'd pay for it all, and I'm broke. So I need to raise—like—two or three grand. I don't even know if BBB made it or not—I find out later today — but I have to pay regardless, and I'm assuming he did, because he's a fighter.” “BBB has cancer?” Jared says, and sounds truly concerned. “Damn,” Chad says. “I'm so sorry,” Ty says. “So I'm thinking of setting up a variety show and selling tickets to raise money to pay for my dog's operation. I can get Prince Tony to give us the auditorium, no sweat,” I say. “I just need to find some acts. Who's with me?”</p>	<p>self-actualization</p>	<p>According to the data, Amber wants to continue the stage show at her school which was previously delayed due to her planning. Along with her problem of needing money, Amber plans to cancel the show in order to save her dog, BBB, who is in need of surgery. In this case, the researcher sees Amber's plan as a form of self-actualization in solving problems. On the other hand, she has problems and solves them by using her talents and potential.</p>	
<p>39.</p>	<p>39/SA/310</p>	<p>Prayer is said to JC—with much conviction and hope. “Please help</p>	<p>The need of self-</p>	<p>39 is the datum number, this datum is categorized as the need of self-actualization in Maslow's hierarchy of needs. According to the data quotes, it clearly shows how Amber's</p>	<p>Valid</p>

	39: Data Number SA: Self-actualization needs 310: Page number of novel	everyone to be who they need to be tonight! Amen!"	actualization	prayer activities ask for God's help to smoothen their program. This image of Amber's hope is the idea that motivates her prayers and other religious activities. It is depicted the form of self-actualization in a person who always involves her God. Amber's belief in this habit of prayer demonstrates the important role prayer plays in providing a greater sense of control in her life, as well as being part of a larger realm of religion and spirituality, which appears to be positively correlated with psychological and physical well-being (McCullough & Willoughby, in Spilka & Ladd, 2013).	
40.	40/SA/314 40: Data Number SA: Self-actualization needs 314: Page number of novel	"You have to make a power circle!" Sueng Hee of The KDFCs says to me, and then pulls me and BBB toward the middle of everyone. "You got something to say before we take the stage?" Door Woman Lucy says.	The need of self-actualization	40 is the datum number, this datum is categorized as the need for self-actualization in Maslow's hierarchy of needs. According to data quotes, Amber's influence as a passionate girl makes her lead to the excitement of the stage she made. This certainly represents Amber's self-actualization needs that have been achieved. As in the indicator of the need for self-actualization by Schultz & Schultz (2009) that individual must be confident in their self-image and interaction with other people, somebody must be able to love and be loved in return.	Valid

41.	41/SA/315  41: Data Number SA: Self-actualization needs 315: Page number of novel	I closed my eyes and said, “JC, you got some good people gathered together down here for a good cause. Please be with all of these good people tonight. Help them be whoever they need to be. Please let us rock. Please let us move some people—so they don't ask for their money back. Be with us tonight, JC. Amen.”	The need of self-actualization	41 is the datum number, this datum is categorized as the need of self-actualization in Maslow's hierarchy of needs. From the data quotes, it clearly shows how Amber repeatedly involves God through her prayers which ends with “Be with us tonight, JC” representing a form of self-actualization on the ability to communicate with God. As in Beckman (1995) defines a prayer as a channel for the purpose of communication with God. As for Amber's praying behavior, it is colored by the existence of individual motives (namely, desires or wishes) inherent in humans, in which Amber's position hopes that the event will run smoothly and everyone will be happy.	Valid
42.	42/SA/330  42: Data Number SA: Self-actualization needs 330: Page number of novel	Ricky, Chad on Das Boot, Jared, Ty, and Lex Pinkston dressed as a Puerto Rican gang member - they are smiling at me. “You are loved, Amber Appleton,” Franks says. "So this money is for me?" I ask. “It's your college fund.”	The need of self-actualization	42 is the datum number, this datum is categorized as the need of self-actualization in Maslow's hierarchy of needs. In the data quotes, apart from successfully collecting charity for BBB operations, Amber is also asked to have economic freedom from the money that has been collected. That way, Amber doesn't have to worry anymore about meeting all the needs she needs as a student. As in the indicator of the need for self-actualization by Schultz &	Valid

				Schultz (2009) that individuals must be free of limitations imposed by humanity and by themselves.	
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**B. Characteristics of Self-Actualizer People**

No.	Coding	Textual Data	Characteristic of Self-Actualization	Explanation	Valid/Invalid
1.	1/SA/MEP/47  1: Data Number SA: Self-actualization needs MEP: More efficient perception of reality in aspects of self-actualization 47: Page number of novel	“You’re a good man, Prince Tony,” I say, “and I believe that you will eventually clean up this school and protect the common students from the selfish interests of school board members like Mr. Pinkston. My money’s on you, Prince Tony. My money is on you.”	More Efficient Perception of Reality	1 is the datum number, this datum is categorized as an aspect of self-actualizer people in Maslow's hierarchy of needs. From the data quotes, this conversation between Amber and her teacher involves her emotions and perspective on school rules. This is an evidenced of Amber's efforts in trying to convince Prince Tony to give the best for students. This response is considered by researcher to be an indication of more efficient perception of reality character in self-actualizer people while she recognizes the cheating, lies, and fakes with some discomfort or discrepancy with Amber’s principals. Indirectly, those of Amber's actions reflects her character in seeing the perception of reality as a critical and objective student in observing her surroundings, as in Maslow's concept.	Valid
2.	2/SA/SPO/51-52  2: Data Number SA: Self-actualization needs	The first time this happened, it scared me a lot, because it sorta looked like these people wanted to kill me, but I have since learned a trick. Whenever someone looks at me like they want to stomp my face	Spontaneous, Simplicity, Natural	2 is the datum number, this datum is categorized as spontaneous character in Maslow's theory. From the data quotes beside, Amber does a kind of greeting trick to people in an effort to ensure her safety when she is in outside. In addition, Amber's behavior through her tricks gives an indication of her	Valid

No.	Coding	Textual Data	Characteristic of Self-Actualization	Explanation	Valid/Invalid
	SPO: Spontaneous in aspects of self-actualization 51-52: Page number of novel	in, I now look the person in the eyes, smile really huge, wave, and say, "Hope you're having a great day!" It's pretty wild, because doing this really works. If you don't believe me, try it yourself.		spontaneous, natural and simplicity character which indicating a sense of safety for her from the problems around (Maslow, 1954).	
3.	3/SA/PC/51-52  3: Data Number SA: Self-actualization needs PC: Problem centering in aspects of self-actualization 51-52: Page number of novel	Technically, I got hooked up with Father Chee through my high school guidance counselor, who says I have to do a load of community services if I want to get into Bryn Mawr College, which is where I want to study English, because you can go to law school if you major in English and do really well at Bryn Mawr College. That's what Donna did anyway. But to tell you the truth, I don't really give a crap anymore about fulfilling the community service requirements, which are of this world, as Franks like to say. I still want to go to Bryn Mawr and all, but doing what I do with Father	Problem Centering	3 is the datum number, this datum is categorized as the character of problem centering in self-actualizer according to Maslow. From the data quotes beside, the journey of Amber and Father Chee was motivated by a mission and problem-solving. This is evidenced by the quote as "I have to do a load of community service if I want to get into Bryn Mawr College.." as a requirement in Amber's mission to achieve her goal to become a lawyer. Because of that, in her mind, Amber makes a plan where she has to join a social community first before entering Bryn Mawr College and studying law there. From that, researcher see the indicating of Amber's plan which characterizes to a problem centering personality by concentrating all its planning. Apart from that, the quote of "because that's really all I want to do with my life—help people who need it, just like JC told us to do" is one reason for Amber's	Valid

No.	Coding	Textual Data	Characteristic of Self-Actualization	Explanation	Valid/Invalid
		<p>Chee has become part of my religious practice, which I realize might sound truly whack to some, but I believe in what FC and I do, like—for real. Word. And I have been praying for a chance to make a difference in the lives of the people who need it most, because that's really all I want to do with my life—help people who need it, just like JC told us to do.</p>		<p>mission and responsibility as a girl who spreads hope, as people pin her down. As stated by Maslow (1954) that they are generally not too concerned about themselves, because they have a mission in life, some problem-solving tasks that consume a lot of energy.</p>	
4.	<p>4/SA/CRE/69-70</p> <p>4: Data Number SA: Self-actualization needs CRE: Creativeness in aspects of self-actualization 69-70: Page number of novel</p>	<p>“Let's do this,” Donna says, and I follow her out of the bedroom.</p> <p>When we get to the living room, the boys stop talking and take in Donna's hotness. It mutes them instantly. Donna lets them take in her presence. I study Donna, and this is one of her tricks. She waits for people to take in her hotness before she speaks—always. She is the greatest person I know, and if she weren't an atheist, I'd say she was</p>	Creativeness	<p>4 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow's theory. According to the data quotes aside, the thing that indicates Amber in a creative character as a form of self-actualization are drawn when she sees Donna as her future self to be a career woman. Through the sentence “I study Donna...”, it implies Amber's interest and desire to learn the things from Donna, manners, social etiquette, values, way of thinking, and many more as her guide to being a cool person. like her. This is proof that Amber is a person who wants to learn from others in improving her abilities.</p>	Valid

No.	Coding	Textual Data	Characteristic of Self-Actualization	Explanation	Valid/Invalid
		perfect, or maybe even God incarnate.		Creativeness in self-actualized people is more relate to the ability of self-actualized people in doing whatever they do depending on a different way or style (Maslow, 1954).	
5.	5/SA/MEP/124-125  5: Data Number SA: Self-actualization needs MEP: More efficient perception of reality in aspects of self-actualization 124-125: Page number of novel	That statement made me mad at first, because I am a Catholic. But that also made me think. How do we really know that we didn't just make up God? What proof do we really have of God's existence? And if God doesn't exist, is there really any reason to be hopeful at all? I asked Father Chee these questions a few weeks ago, and he said this is what faith is all about—not knowing for sure. I would sure say that was a BS answer had it not come from FC, because my Man of God sorta has something cool going on.	More Efficient Perception of Reality	5 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow's theory. According to the data quotes beside, Amber with her curiosity seeks out the ins and outs of the presence of God, who has always been in her faith. This curiosity marks her to more efficient character of reality, being able to see situations according to reality and her thoughts. This sharpness of observation will result in Amber's brilliant and mature mindset, without being easily influenced by the interests above her so as to make a mature self-actualizing personality, as in Maslow's concept.	Valid
6.	6/SA/CRE/131-132  6: Data Number	"Why would I want to take a walk with you?"  "I don't know—I'm interested in learning more about you today."	Creativeness	6 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow's theory. From the data quotes, Amber directly expresses her interest in learning new things through	Valid



No.	Coding	Textual Data	Characteristic of Self-Actualization	Explanation	Valid/Invalid
	SA: Self-actualization needs CRE: Creativeness in aspects of self-actualization 131-132: Page number of novel	"Why?" "Because I don't like writing strangers, so since I was forced to write to you, I figure I should at least know something about you, so we can keep writing letters and maybe even hang out from time to time. "		new people. This indirectly shows the characteristics of self-actualizing people of creativeness, where a person will be happy to learn new things related to improving her abilities.	
7.	7 /SA/IR/288  7: Data Number SA: Self-actualization needs IR: Interpersonal Relation character in aspects of self-actualization 288: Page number of novel	These things they say in their native language are so heartfelt, so beautiful, The KDFCs make me cry, which makes them cry and hug me even more. Finally, I tell them about Bobby Big Boy's tumor, and The KDFCs start hugging me again and shaking their heads and talking very quickly in Korean. So I tell them about The Bobby Big Boy Variety Show and ask them if they will perform—if they will do a few Supremes songs to help me raise money to pay for BBB's operations.	Interpersonal relations	7 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow's theory. From the data quotes, it can be seen how the friendship between Amber and her KDFC (Korean Divas For Catholic) is marked by expressions of crying and hugging between them. This expression also represents the self-actualizing character of interpersonal relations, which involves more fusion, expressing love, and affection with much more meaningful identification (Maslow, 1954). This also marks Amber's character as a person who likes to socialize and maintain close friendships on the inside.	Valid
8.	8/SA/PC/262	I shake my head—and I even cross my arms. I know that I mooch off	Problem Centering	8 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow's	Valid

No.	Coding	Textual Data	Characteristic of Self-Actualization	Explanation	Valid/Invalid
	8: Data Number SA: Self-actualization needs PC: Problem centering character in aspects of self-actualization 262: Page number of novel	Donna all the time, but taking responsibility for BBB has sort of become symbolic to me after all that has happened: it's one of the few things that I can control, and so I simply say, "No." "No?" "BBB is my responsibility. I'm going to pay for the surgery if he needs it," I said.		theory. Based on the quotes beside, Amber states her responsibility to pay for BBB to undergo treatment and save her from the tumor. Her decision brings out the character of problem centering, which is related to a sense of responsibility and is her duty to care for BBB which is considered as the only family in her life.	
9.	9/SA/IND/277  9: Data Number SA: Self-actualization needs IND: Independence character in self-actualization 277: Page number of novel	"I'll give you money," Lex Pinkston says. "I have some in the bank. It's yours." "No. I don't want anyone to give me money. I want to raise it for myself. I'm not a charity case."	Independence	9 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow's theory. From the data quotes of "I want to raise it for myself. I'm not a charity case..." represents her attitude of refusing a free money by her friend who knows her lack. Amber's rejection also represents the independent character to not depending on others with developmental motivation according to Maslow. She feels that she still able to fight and solve her own problems, in line with the concepts of Maslow (1954) that rather they are dependent for their own development and continued growth on their own potentialities latent resources.	Valid

No.	Coding	Textual Data	Characteristic of Self-Actualization	Explanation	Valid/Invalid
10.	10/SA/IND/281  10: Data Number SA: Self-actualization needs IND: Independence character in aspects of self-actualization 281: Page number of novel	I push the red button and say, “Attention fellow Childress High School classmates. This is Amber Appleton. The girl whose mother was murdered. I don’t want to talk to you about that, so please do not bring it up, okay? I would like to invite you to participate in The Save Bobby Big Boy Variety Show, which will raise money for my dog's operation, which he had last night. He might have cancer. I have to pay two or three grand for that, and I'm broke. So please help me do this by signing up to be in the variety show, or by buying a ticket—those will go on sale as soon as I iron the details out with Prince Tony. Cool? Thanks. Peace out. Amber Appleton.”	Independence	10 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow’s theory. Continuing from the previous datum, this data shows the embodiment of the effort that Amber previously conveyed. Based on this data, the reflected of autonomy’s character is presents through a voluntary donation event with Amber’s planning. Thus, people who want to help her can see her efforts and hard work, so that people can buy tickets and enjoy the entertainment shows that are appropriate to the event Amber made. In line with the independence characteristics of individuals who are not bound by rules and self-assessment in the eyes of others in Maslow’s concepts, this character is clearly illustrates from quotes above. She declares herself openly as the child of a murder victim, which concerns her mother's tragic death. She does not want the sympathy of people continue to approach her, and views her as a pitiful child.	Valid
11.	11/SA/CRE/282  11: Data Number	When I finished my announcement, Prince Tony and Franks were smiling at me from Prince Tony's	Creativeness	11 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow’s theory. According to the data quotes aside, Amber's	Valid

No.	Coding	Textual Data	Characteristic of Self-Actualization	Explanation	Valid/Invalid
	SA: Self-actualization needs CRE: Creativeness character in aspects of self-actualization 282: Page number of novel	office. "Are you cool with my making an announcement?" I ask. "I think this variety show is a great idea. I'm one hundred percent behind it," the PT says, and then takes me into his office so we can discuss dates, while Franks does the morning announcements.		response to this plan is fully supported by her school principal, Prince Tony, who fully approves of this event. This also gives the impression of Amber's assessment as a creative child in the eyes of Prince Tony. At the same time, it proves the creativeness character of Amber in overcoming her problem. As said by Maslow (1954) that the creative character of someone who is self-actualized is related to the ability and will to channel creativity to them.	
12.	12/SA/IR/288  12: Data Number SA: Self-actualization needs IR: Interpersonal relations character in aspects of self-actualization 288: Page number of novel	"Hug?" I ask, because I can't take too many compliments right now. "Of course," he says, and then hugs me all fatherly. "Will you pray for me?" I ask. "Every day," FC says, smiling at me. "Almost every hour." And then I ride my bike back to Donna's house and cook chicken in a pan, slice that hoey up, and make a chicken salad with honey-mustard sauce and kick-ass croutons.	Interpersonal Relations	12 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow's theory. Based on the context of the story, the close friendship between Amber and Father Chee describes in very harmonious. Their relationship was not only limited to priest and student, but also filled with affection for one another. In fact, Amber herself sees their relationship as father and son, so this is very good for Amber's psychology, who really needs a father figure in her life. As mentioned by Maslow (1954) that self-actualizing people have deeper and more profound interpersonal relations than any other children (although not necessarily deeper than those of children).	Valid

No.	Coding	Textual Data	Characteristic of Self-Actualization	Explanation	Valid/Invalid
13.	13/SA/GEM/301  13: Data Number SA: Self-actualization needs GEM: Gemeinschaftsgefuhl character in aspects of self-actualization 301: Page number of novel	<p>“It wasn’t fatal,” Old Man Linder says. “She’s in the hospital wing. I hear she goes in and out of consciousness— but when she’s awake, they say she’s still with it.”</p> <p>“Well, I’ll have to visit her after the show,” I say, and then sit down, allowing B Thrice to curl up on my lap. “I want to see what else you two got up there.”</p>	Gemeinschaftsgefuhl	17 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow’s theory. Based on the context of this story, Amber puts her concern for her friend, Joan of Old who is lying sick in the hospital. Even though Amber had previously been ignored by Joan of Old because of a difference of opinion, this does not remove her concern for Joan as a friend and still want to visit her. As stated by Maslow (1954) that they have for human beings in general a deep feeling of identification, sympathy, and effect in spite of the occasional anger, impatience, or disgust.	Valid
14.	14/SA/SPO/301  14: Data Number SA: Self-actualization needs SPO: Spontaneous character in aspects of self-actualization 301: Page number of novel	<p>We walk the rest of the way in silence, and just before we reenter the common room, I say, “Will you and Old Man Thompson sing one of your songs at The Bobby Big Boy Variety Show?” “No one wants to hear two old men sing forgotten songs, Amber. Especially one who needs bottled oxygen to breathe. Singing’s a young person’s game. Who would want to hear me sing?”</p>	Spontaneous	14 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow’s theory. From the context of the story in the quotes aside, Amber with her mature character tries to please Old Man Thompson who is sad because he is afraid that Joan of Old will leave him. To cheer him up, Amber tries to persuade him to sing along and fill in the show on The Bobby Big Boy Variety Show that she made. Amber's actions are considered by researcher to describe her character which is spontaneity, simplicity, and naturalness. This	Valid

No.	Coding	Textual Data	Characteristic of Self-Actualization	Explanation	Valid/Invalid
		"I would." Old Man Linder smiles at me all grandfatherly, but his eyes get misty and sad.		character, according to Maslow, describes the nature of an individual who is simple and flows naturally, in her effort to entertain her friends.	
15.	15/SA/MEP/300 15: Data Number SA: Self-actualization needs MEP: More efficient perception of reality character in aspects of self-actualization 300: Page number of novel	"I'm starting to think that you are right about life, Joan. Maybe it's all meaningless? I mean—I still dig JC and all. I still pray, and I still believe in certain people. But that guy who killed my mom—he's not human, and he scares me, because he is human, and yet he did what he did, which will never make sense, no matter how long I think about it. It's so random. So vile. It makes me get why you are so mean and cranky."	More Efficient Perception of Reality	15 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow's theory. Amber grows up with her self-confident and fully realizes about the meaning of her life which is full of obstacles. Maslow (1954) in his theory introduced the term of meta-motivation that before someone really realized his potential and self-actualization, he must meet and acknowledge the needs of his deficiencies first. s	Valid
16.	16/SA/FOA/302 16: Data Number SA: Self-actualization needs FOA: Freshness of appreciation	Suddenly, I understand that Father Chee's prayers are being answered—that JC has sent me and the KDFCs are a diva. Word.	Freshness of appreciation	16 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow's theory.. From the data quotes, the word 'prayers' becomes Amber's form of self-actualization as her gratitude for being blessed with the presence of her friends (KDFC). This is a simple behavior represents her personality that is easily grateful, even though it is quite ordinary in the eyes of other people.	Valid

No.	Coding	Textual Data	Characteristic of Self-Actualization	Explanation	Valid/Invalid
	302: Page number of novel				
17.	17/SA/IR/305  17: Data Number SA: Self-actualization needs FOA: Freshness of appreciation 305: Page number of novel	PJ smiles, tapes my haiku to the blank spot on the final living room wall, and then says, “I like you, Amber Appleton, just as much as I like dogs. And I like dogs better than people.” “And I like you, Private Jackson, just as much as I like dogs.” “We are very lucky then,” he says, and we both sit there smiling and sipping green tea for a half hour.	Interpersonal relations	17 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow’s theory. Based on the context in these quotes, Amber and PJ express each other's feelings that both feel comfortable in their friendship relationship. Even though they are far apart in age, it is not with their mindset. PJ also expresses his admiration for Amber for her mature mindset and optimistic character. The comfortable relationship between the two was considered by researchers as a form of Amber's self-actualization which succeeded in making her friends feel comfortable when he was with her.	Valid
18.	18/SA/PE/310  18: Data Number SA: Self-actualization needs PE: Peak experience character in aspects self-actualization	So I get up and shower. Makeup is applied. Hair is blown dry. Silver prom dress is put on my pre-woman body. Red pumps are put on my nasty feet. Prayer is said to JC— with much conviction and hope. “Please help everyone to be who they need to be tonight! Amen!”	Peak experience	18 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow’s theory. Based on the context in these quotes, Amber never stops giving her hope to JC as the organizer of everything. Amber prays for everyone involved in the mini night event to stay under God's protection and be given happiness. According to Maslow, the representation of Amber's prayer activity is considered to her characterization of peak experience as a person	Valid

No.	Coding	Textual Data	Characteristic of Self-Actualization	Explanation	Valid/Invalid
	310: Page number of novel 310			who is self-actualizing which is characterized by a sense of good fortune and gratitude for it. A peak experiences can be considered to be truly religious experiences in the best and most profound, most universal, and most humanistic sense of that word (Maslow, 1954).	
19.	19/SA/FOA/314  19: Data Number SA: Self-actualization needs FOA: Freshness of appreciation character in aspects self-actualization 314: Page number of novel	I looked around at all of the faces, some of which I loved, some of which I did not even know—all of which I could plainly see the need for me to say something hopeful so that they would be able to rock Childress High School. “I want to thank everyone for coming out tonight,” I said. "It means a lot to me and Bobby Big Boy, who is cancer free, thank God." I pause, because I know that the night requires more of me. I have to be more than a teenage girl. I have to move people—get them pumped up. I have to be a rock star.	Freshness of Appreciation	19 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow’s theory. At this stage, Amber consciously acknowledges her success in organizing the BBB's events, bringing all special people to the event. Besides that, the quote of “I have to be more than a teenage girl’, “I have to be a rockstar’ represents her conscious desire to become a stronger and greater self. Amber has succeeded to reach the peak of fulfilling needs at the self-actualization stage, where she was fully aware of her own potential and motivation. Her wonderful feelings makes her very grateful and thankful for everyone who came to the event. This representation of Amber's nature is in line with the characteristics of self-actualizing people, in having the wonderful capacity to appreciate again-and again, with awe, pleasure, wonder, and even ecstasy.	Valid



No.	Coding	Textual Data	Characteristic of Self-Actualization	Explanation	Valid/Invalid
20.	20/SA/PE//315  20: Data Number SA: Self-actualization needs PE: Peak experience character in aspects self-actualization 315: Page number of novel	I close my eyes and say, “JC, you got some good people gathered together down here for a good cause. Please be with all of these good people tonight. Help them be whoever they need to be. Please let us rock. Please let us move some people —so they don’t ask for their money back. Be with us tonight, JC. Amen.” “Amen!” most of my people say, and then start to unlink their arms from their neighbors’ shoulders. “Get those arms back around those shoulders!” I yell. Everyone does what I say.	Peak Experience	20 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow’s theory. According to the data quotes, Amber's gratitude to God represents her character as a person who always expects her destiny and luck to God. As mentioned by Maslow that peak experiences can be considered to be truly religious experiences in the best and most profound, most universal, and most humanistic sense of that word (Maslow, 1954). The embodiment in this wheeled behavior is a form of communication to God with full hope and complete surrender. Amber's prayer representation the definition of prayer itself as a means of communication between a person and God (Spilka & Ladd, 2013).	Valid
21.	21/SA/SPO/325  21: Data Number SA: Self-actualization needs	And I think, Cool, we're people bringing together tonight. I can't believe how well The Save Bobby Big Boy Variety Show has gone. I'm so amazed. I'm so grateful. People start to cheer like mad. \$3,998.23 I've accomplished my goal! I'm so	Spontaneity, simplicity, naturalness	21 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow’s theory. According to the data quotes, Amber at this point achieved success in organizing charity events to fund the surgery for her dog, BBB. She with her happiness and grateful expression fulfills her character of spontaneous, natural, without being hidden. This	Valid

No.	Coding	Textual Data	Characteristic of Self-Actualization	Explanation	Valid/Invalid
	SPO: Spontaneous character in aspects self-actualization 325: Page number of novel	happy. \$5,002.11 Could we have possibly raised that much? What will we do with the extra money?		represents the characters of self-actualized people that are spontaneous, open, and natural behavior as her neutral personal characteristic that is far from being fake, as mentioned by Maslow (1954). In this data quote, Amber's success in her charity event had a major impact on her self-actualization needs which were successfully achieved. There are two aspects of Amber's self-actualization that were achieved in the success from the charity event. One of them, is achieving the economic independence.	
22.	22/SA/IR/331  22: Data Number SA: Self-actualization needs IR: Freshness of appreciation character in aspects of self-actualization 331: Page number of novel	And before he sees me coming, I give Franks a big old teddy-bear hug right onstage—getting my arms halfway around his big belly and sinking my tear-streaked face into his chest. Surprisingly, he hugs me back, and I smile and close my eyes—savoring the moment. “You’re a good man, Franks,” I say. “You really are. True.”	Interpersonal relation	22 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow’s theory. From the data quotes, the indications of a 'hug' between Franks and Amber describes the harmonious relationship between the two of them. Although, their friendship are teacher and student, it is not limit their deep feelings in one another. As mentioned by Maslow (1954) that self-actualizer people are capable of more fusion, greater love, more perfection identification than other people would consider possible	Valid

No.	Coding	Textual Data	Characteristic of Self-Actualization	Explanation	Valid/Invalid
23.	23/SA/FOA/331  23: Data Number SA: Self-actualization needs FOA: Freshness of appreciation character in aspects of self-actualization 331: Page number of novel	In the car I pet BBB, hug my boys and thank them for getting everyone to participate in the show, filming Joan of Old, and raising money for my college fund, which is pretty amazing. I even thank Lex, who is still dressed as a Puerto Rican gang member and is somehow smushed in the car with us—making us The Six and no longer The Five.	Freshness of appreciation	23 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow's theory. From the data quotes, Amber does not forget to express her gratitude to give appreciation for the teamwork that has helped her fulfill her wishes. Along with this success, it brings out the characteristics of self-actualizing people, by always expressing their gratitude for what was done today. Their ability to maintain a fresh outlook on life, filled with gratitude for things that go by regardless of their frequency (Maslow, 1954).	Valid
24.	24/SA/GEM/332-333  24: Data Number SA: Self-actualization needs GEM: Gemeinschaftsgefuhl character in aspects of self-actualization	"If you get to go to school for free, you can donate the money to the charity of your choice." "Really?" "Really." "So I could like- donate all of the money to the Childress Public High School Business Department so that Franks could maybe build a killer classroomad get out of the basement? Or maybe, at least, he	GEMEINSC HAFTGEFUL	24 is the datum number, this datum is categorized as the need of self-actualization in Maslow's hierarchy of needs. In these quotes, Amber's achievements even made her have a college fund for her future. She even has a desire to be able to donate to people in need, like Franks. This trait appears after the need for self-actualization is fulfilled to the fullest. The quotes of 'so I could like-donate...' represent her character who cares and wants to help others who have the same fate as her, and without the negative thoughts that surrounded (Maslow, 1954). As in self-actualized	Valid

No.	Coding	Textual Data	Characteristic of Self-Actualization	Explanation	Valid/Invalid
	333: Page number of novel	<p>could get some windows put in and he wouldn't have to buy all of his own supplies using his own personal money?"</p> <p>"You could something like that. Absolutely."</p> <p>I smile, thinking of all the good hoeey can do for others with the money.</p>		character, as they grow in age and wisdom, they tend to move from selfishness to selflessness (D'Souza, 2018).	
25.	<p>25/SA/PE/ 350-351</p> <p>25: Data Number</p> <p>SA: Self-actualization needs</p> <p>PE: The peak experience in aspects of self-actualization</p> <p>350-351: Page number of novel</p>	<p>"We're celebrating our freedom. We're celebrating our ability to be kids when everything is trying to take that away from us. It's a choice, Ty. We can do whatever we want."</p>	Peak Experience	25 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow's theory. According to the data quotes, it is clear how Amber and her friends celebrate their day of success, despite all the ordeals that are almost hopeless. They also celebrate the release of the age of 17, into pre-adult age with joy. Here, Amber and friends reach the peak of self-actualization from the various difficulties they have faced. As Maslow (1954) said that, the feeling of being at the top can obtained easily, and such experiences can occur with a lesser degree of intensity.	Valid
26.	26/SA/PE/354-355	And in my head I say a little prayer to JC. I don't get it, JC. I don't	The peak experience	26 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow's	Valid

No.	Coding	Textual Data	Characteristic of Self-Actualization	Explanation	Valid/Invalid
	26: Data Number SA: Self-actualization needs PE: The peak experience in aspects of self-actualization 354-355: Page number of novel	<p>understand the plan. I miss my mom. To take her like that when I'm not yet even a woman—it's not really fair, is it? But I'm glad there are times like this. I'm glad there are friends like this. I am glad there are Friendly's sundaes. That's all for right now is. All my boys are eating ice cream. I have a whole booth full of good friends. And I think to myself, you cannot give up, Amber. It doesn't matter what happens. I won't. I will. Suddenly, as I think about my mom, I feel like I might start crying.</p>		<p>theory.. These quote of data proves the Amber's stage of self-actualization, making her more confident and grateful for the miracle of Jesus for her life and trials. It can be seen from the words “That's all for right now is” describing Amber's situation which is getting better and very satisfied. This expression of satisfaction describes the peak experience, which is a valuable experience and the frequency with which something important has happened in his life at this time (Maslow, 1954).</p>	
27.	27/SA/PE/355  27: Data Number SA: Self-actualization needs PE: The peak experience in	<p>Maybe I am a freak— but I'm one hopeful misfit, and you could be worse things in this world. True? True.            I spread hope.            I'm a hope spreader.            I guess that's what I do— licentiously—that's why I'm still</p>	Peak Experience	<p>27 is the datum number, this datum is categorized as characteristic of self-actualizer people in Maslow's theory. At this stage too, Amber has fully understood and realized who she is and her identity as the Princess of Hope. With her emotional journey that has come full circle, from her moment of grief and crisis to culminating in a moment of subjective rebirth. As if the concept of peak experience in self-actualizing</p>	Valid

<b>No.</b>	<b>Coding</b>	<b>Textual Data</b>	<b>Characteristic of Self-Actualization</b>	<b>Explanation</b>	<b>Valid/Invalid</b>
	aspects of self-actualization 355: Page number of novel	circling the big flaming ball in the sky. (That's the sun—sucka!)		person will experience happiness, great and overwhelming feeling of fascination. Realizing the existence of something important and valuable (Maslow, 1954).	