

**THE IDENTITY CRISIS EXPERIENCED BY RACHEL KIM
IN JESSICA JUNG'S NOVEL *SHINE*
(PSYCHOANALYSIS APPROACH)**

THESIS

**Submitted in Partial Fulfillment of the Requirements
for the Degree of *Sarjana Humaniora***



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Thank you for the attention.

Wassalamu 'alaikum wa rahmatullahi wa barakatuh

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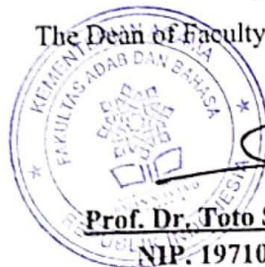
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DEDICATION

Above all, I thank to Allah SWT, the Almighty for having given me strength and patience to undertake and complete this work, glory, and praise for Him.

This thesis is especially dedicated to:

1. My parents, who always support me both mentally and financially, also pray for me.
2. My beloved Lecturers of English Literature Department, thank you for the lessons, experiences, hard work, and advices.
3. My classmate English Literature, A (Aesthetics) 2019, thank you for being with me through this college life.
4. Everyone who gave helps, prays, and supports.
5. My Almamater UIN Raden Mas Said Surakarta

MOTTO

“DO GOOD AND GOOD WILL COME TO YOU”

(Q.S. Al Isra: 7)

“Just like being in the process itself is a prize, and so you shouldn’t think of it as a hard way. Even if you do get stress, you should think of it as a happy stress. Just enjoy while pursuing it, cause it’s that precious”

- Mark Lee from NCT

PRONOUNCEMENT

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I hereby sincerely state that this thesis entitled *The Identity Crisis Experienced by Rachel Kim in Jessica Jung's Novel Shine (Psychoanalysis Approach)* is my own original work. To the best of my knowledge and belief, this thesis contains no material previously published or written by another person expect where due references are made.

If later proven that my thesis has discrepancies, I am willing to take the academic sanctions in the form of repealing my thesis and academic degree.

Surakarta, May 11th 2023

Stated by,

A handwritten signature in black ink is written over a yellow 1000 Rupiah postage stamp. The stamp features the Garuda Pancasila emblem and the text '1000', 'REPUBLIK INDONESIA', and 'METERAI TEMPEL'. A unique serial number '7238DAKX354705397' is printed at the bottom of the stamp.

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ACKNOWLEDGMENT

Praised to Allah SWT, the God of all universe, and our prophet Muhammad SAW, the light of this world. Prayers and greetings are always dedicated to Allah SWT and our prophet Muhammad SAW that give blessing of health and strength so the researcher can finish this thesis entitled “The Identity Crisis Experienced by Rachel Kim in Jessica Jung’s Novel *Shine*”

Without the support, pray, and effort of countless people, this thesis will never be written and finished. Thus, the researcher would like to express her gratitude to the people who had helped, supported, suggested, and motivated her during the process of writing this thesis. This goes to:

1. Prof. Dr. H. Mudofir, S.Ag., M.Pd. as the Rector of UIN Raden Mas Said Surakarta
2. Prof. Dr. Toto Suharto, S.Ag., M.Ag. as the Dean of Cultures and Languages Faculty
3. Dr. Nur Asiyah, M.A. as the Head of English Letters Department
4. Dr. Muhammad Zainal Muttaqien, S.S., S.Hum. as Coordinator of English Letters Department
5. Hidayatul Nurjanah, M.A. as the advisor, for her guidance, precious advice, corrections, motivation, support and helps to revise the mistakes during the entire process of writing this

thesis. The best lecturer who always helps the researcher in all the thesis-making process, May Allah bless her happiness and gives her health.

6. All the honorable lecturers of Cultures and Languages Faculty especially English Literature Department.
7. Muhammad Rizal, M.A. as the data validator of this research who checks the correctness of the data and its analysis.
8. The researcher's parents, who gave the prayers, support, and spirit. May Allah remove all their worries, pain and grant them happiness in the world and hereafter.
9. The researcher's little brother, who always cheer her up, give support and love her. My Allah bless his kind soul and grant him happiness.
10. The researcher's big family, who always gave support and best prayers.
11. Big family of English Letters 2019 especially Aesthetics Class.
Thank you for being the college friend for the whole college life.
12. The researcher's best friends, her extra sisters she picked up herself, Luthfiyah Salsabila, Vaneysa Ardhianika, Siti Nur Yulaikha and Meutria Salma. Thank you for always keeping sane in this insane world. Thank you for being a best friend who give motivation, support, help, and love.

13. All her college friends, thank you for the best experiences, connections, memories, and happiness during the college life.
14. For all the K-pop Boys; EXO and NCT especially Jeong Jaehyun and Mark Lee. Thank you for the motivation and the good distraction during the crazy times.
15. Everyone who gave helps, prays, and supports to the researcher who cannot mentioned one by one.

The researcher realized that this thesis might be far from being perfect. Hence, the researcher hopes for some corrections, suggestions, or criticism to improve it. The researcher hopes that this thesis can be useful for literary research and the other related field. Hopefully, this research could give positive impacts to the readers as well as those want to carry out further research.

Surakarta, May 11th, 2023
The Researcher,



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TABLE OF CONTENTS

ADVISOR SHEET	i
RATIFICATION	ii
DEDICATION	iii
MOTTO	iv
PRONOUNCEMENT	v
ACKNOWLEDGMENT	vi
TABLE OF CONTENTS	ix
ABSTRACT	xi
CHAPTER I	1
A. Background of the Study	1
B. Limitation of the Study	9
C. Formulation of the Problems	10
D. Objectives of the Study.....	10
E. Benefits of the Study.....	11
F. Definitions of the Key Terms	12
CHAPTER II	13
A. Theoretical Background.....	13
1. Psychoanalysis Approach	13
2. Erik Erikson’s Concept of Identity and Identity Crisis.....	15
3. Roy F Baumeister’s <i>The Kinds of Identity Crisis</i> Theory (1985).....	16
4. Erik Erikson’s <i>The Causes of Identity Crisis</i> Theory (1970).....	19
5. Erik Erikson’s <i>The Impacts of Identity Crisis</i> Theory (1970)	22
B. Previous Studies.....	25
CHAPTER III	28
A. Research Design	28
B. Data and Data Sources	30

C.	Research Instruments	32
D.	Data Collection Techniques.....	33
E.	Data Validation Techniques.....	34
F.	Data Analysis Techniques	35
CHAPTER IV		38
A.	Findings	38
1.	The Kinds of Identity Crisis Experienced by Rachel Kim in Jessica Jung’s Novel <i>Shine</i>	40
2.	The Causes of Identity Crisis Experienced by Rachel Kim in Jessica Jung’s Novel <i>Shine</i>	54
3.	The Impacts of Identity Crisis Experienced Rachel Kim in Jessica Jung’s Novel <i>Shine</i>	70
B.	Discussions	78
CHAPTER V.....		88
A.	Conclusions.....	88
B.	Implications	90
C.	Suggestions	90
BIBLIOGRAPHY		91
APPENDICES.....		95

ABSTRACT

Chevira Prakasiwi. 2023. *Identity Crisis Experienced by Rachel Kim in Jessica Jung's Novel Shine (Psychoanalysis Approach)*. Thesis. English Letters Study Program. Cultures and Language Faculty.

Advisor : Hidayatul Nurjanah, M.A

Keywords : Identity Crisis, Novel, Shine, Psychoanalysis, Mental Health

Adolescence in their process of searching and establishing for identity often experience an identity crisis. The identity crisis is also experienced by Rachel Kim as the main character in Jessica Jung's Novel *Shine*. The aims of this research are to reveal and analyze the kinds, causes, and impacts of the identity crisis in the novel *Shine*.

The researcher uses the kinds of identity crisis theory by Roy. F. Baumeister, in his theory he states that there are two kinds of identity crisis namely Identity Deficit and Identity Conflict. This research also uses causes and impacts of identity crisis theory by Erik Erikson, in his theory he states there are four causes and impacts of identity crisis.

To analyzing this research used qualitative methodology. This descriptive qualitative research attempts to reveal the kinds, causes, and impacts of the identity crisis that experienced by Rachel Kim as the main character in Jessica Jung's Novel *Shine*. The researcher retrieve data in the novel *Shine* in the form of words, clause, sentence, and paragraph which show the identity crisis issue.

The result of this research is the researcher found there are two kinds of identity crisis experienced by Rachel Kim, those are: Identity Deficit and Identity Conflict. The researcher also found there are three causes of identity crisis in the novel, those are: Adolescence Stage, Parental Value, and Bad Experiences. Also, there are two impacts of identity crisis upon Rachel Kim's life, those are: Losing Self-confidence, and become Alienated. The researcher also found positive impact namely establish new identity as the positive output of identity crisis that Rachel Kim experienced.

CHAPTER I

INTRODUCTION

A. Background of the Study

Identity is subject quality that can distinguish one individual from another. These can be similarities or differences that distinguish one person from another. Here are some definitions of identity according to experts, identity is a way of expressing individual thoughts and beliefs in their social world (Giles and Middleton, 1999), distinguish one individual from another (Jeffrey Weeks, 1999), fundamental organizing principles that evolve and continue (Erik Erikson 1958), the collective aspect of a set of characteristics capable of recognizing or knowing something definitively (Free Dictionary). From the definition above it can be deduced that identity is a major thing that functions to define who a person is and what makes him different from other people. Identity also serves to categorize individuals, such as determining who the person is and what category the person belongs to.

Identity is a part of a psychological aspect that can be identified more deeply through individual character. The researcher in this study will use one of literary text namely novel that consist of character elements. The Britannica Concise Encyclopedia describes the novel as a fictional work of considerable length and some degree of complexity that imaginatively relates to the human

experience through a series of related events that involve a group of individuals in a certain order. To explore the term of identity, the subject of discussion in this research is the character element. In *Introduction to Psychology* book, the crucial task of a pubescence is to searching for their identity, it can clearly be seen from the citation below:

A major task confronting the adolescent is to develop a sense of individual identity, to find answers to the questions “Who am I?” and “Where am I going?” The search for personal identity involves deciding what important or worth doing and formulating standards of conduct for evaluating one’s own behavior as well as the behavior of others. It also involves feelings about self-worth and competence (Atkinson, 1983: 93)

This is in line with Erik Erikson's statement in his Psychosocial Development theory (1993), He stated that there are eight stages of human development to form personality. In adolescent stage (12 to 18 years) the main problem that they have is identity vs role confusion, thus it can be deduced that the main task of adolescents is search and establish for self-identity. In this stage, adolescents seek which are explored through intensive interests, behaviors, and values. During the search for identity, adolescents will discover their identity, their goals, and the expectation from other people to them. They will begin to consider their careers, goals, and interconnection with other people in the environment. The pressure of psychosocial tension that is felt by adolescent will make them explore to find out their own self, and principle, hence during this period the important thing that must be given to them is guidance and support (Santrock, 2010, p. 23)

Giles and Middleton (1999) stated that the things that influence people in the process of finding identity are cultural and social (p. 30). This is because every place has its own culture which is characteristic and differentiator from other places. These disparate certainly have a dissimilar effect on each person. Searching and establishing for self-identity is not an easy thing to do, many factors that influence the process, which causes this process tends to be difficult to pass. In this stage an individual may feel isolated, role confusion, and doubtful. Braun and Linder (1979) found that environmental demands such as physical, sexual, and social demands on adolescents often lead to internal conflicts. To resolve the identity crisis conflict, adolescents need to develop an inner continuity between what they have done in the past and what will happen in the future (p. 236). Thus, identity search and identity formation take place during puberty or puberty.

In the process of searching for an identity during the fifth stage in Erikson's theory, there is a possibility that identity crisis may occur. This is happened when someone has not established their own identity and is in a role confusion, or it can be inferred from their failure to develop a personal identity. It is in the line with Hjelle and Ziegler (1981) theory, they stated that the inability of young people to establish their personal identity stems from unfortunate childhood experiences and their current social situation, leading to what Erikson called an "identity crisis." The role confusion is the most characterized by the inability to choose a career or pursue further education. They feel inadequate, dehumanized, and alienated, and sometimes seek a

negative identity or an identity that is contrary to that prescribed by their parents and peers. (p. 127).

From the statement above it can be deduced that the possibility for an identity crisis may occur during the process of searching for an identity is high and accurate. The unfortunate childhood experiences, social and cultural, also the social circumstance can be the causes of identity crisis highly occurred. The inability to choose the important things in one's life, and high self-doubt are characteristics of a person experiencing a crisis identity. Also, adolescents who are suffering from identity crisis will also feel inadequate, depersonalized, and alienated.

Rachel Kim as the main character in Jessica Jung's novel entitled *Shine* (2020), also experienced an identity crisis in her life. This novel tells the story of a 17-year-old girl which born in New York, United States to a native Korean couple who settled in the Americas. After going through childhood in New York, Rachel Kim and her family decided to move to Korea for Rachel Kim to train as a trainee under DB Entertainment to become a K-pop star singer. Rachel Kim, who at that time was in the stage of searching and establishing her identity, experienced an identity crisis for several reasons. Rachel Kim's age, which is in the range of Erikson's fifth stage, is the first characteristic that indicates Rachel Kim is in the identity crisis process. The cultural differences that are so visible between America and Korea make her must struggle hard to adapt and become the main problem when an identity crisis occurs. This is in the line with Giles and Middleton (1999) theory that the factors may influence in the process of

searching their identity is cultural and social factors, this is due to the reason of each place has its own culture, which is different from place to place and affects everyone differently. In the novel *Shine* also describes how difficult it is for a trainee to become a K-pop Idol, the intense competition makes the trainees must compete fiercely, it is clearly seen that they do not compete in a healthy and supportive manner, they often use opportunities to find fault with other trainees, and Rachel Kim felt the same way, the background from which she came from America was one of the reasons the other trainees bullied her.

The mistreatment that Rachel Kim received in the novel resulted in her experiencing an identity crisis and bullying from the trainees where she trained to debut as a K-pop Idol. The rules in DB Entertainment are strict and do not let the trainee fraudulent. After many years of training, Rachel Kim encounters a constant harsh word and bullying from other trainee members which leads her felt isolated. The other trainee named Mina Choo calls out Rachel as a lazy, manipulative person, and American princess. During her trainee life, Rachel Kim is always being mistreated by Mina Choo and her friends. However, the help of Jason Lee, the popular idol NEXT BOYZ, prevents Rachel from being disqualified.

The novel *Shine* was written by Jessica Jung. She also known as an American-born Korean author and a former member of the most popular K-pop group SNSD also known as Girls Generation. This novel is primarily about the challenges faced by the main character, Rachel Kim, a Korean-American trainee. The novel *Shine* is set in Seoul, which is also known as the largest

metropolis in South Korea, and some scenes in the script are set in New York, United States. The main character in this novel is Rachel Kim who is a trainee in the big entertainment world in Seoul. The highlight of this story is about the challenges of the trainees towards the opportunity to debut and the pressures experienced while being a trainee. This novel also tells the mistreatment that Rachel Kim gets because of her background, as Korean-American girl. This novel also highlights racism, the dark side of trainees, and K-POP idols. Jessica Jung's debut novel was released at the end of September 2020, has made it into the New York Times' top five bestselling books and now Jessica Jung is in the process of working on her second novel, which has continuity with the first novel *Shine*. In Jessica Jung's novel *Shine* there are various identity crises that Rachel Kim as the main character felt, there are several factors behind the identity crisis she experienced, and the result of the identity crisis she experienced, one of which was that she was bullied while undergoing a trainee at DB Entertainment, racism, and other challenges she faced as an American-Korean girl.

The following are previous studies that also discuss the object of study, issues, and use the same approach. The first research is from Rima Maniar (2020) entitled *The Struggle of Rachel Kim as a K-pop Idol Portrayed in Jessica Jung's Shine*, the focus of this research is discussing Rachel Kim's struggles from being a trainee to her debut as a K-pop Idol and the bullying Rachel Kim felt in the novel, such as the type of bullying she felt. The second research is from Salma 'Aqila Az-Zakiyah (2022) entitled *Self-Actualization of The*

Female Main Character in Jessica Jung's Shine, the focus of this research is to analyze how Rachel Kim as the main character in Jessica Jung's *Shine* achieves self-actualization, also Rachel Kim's challenges in achieving self-actualization, and the self-actualization traits that Rachel Kim achieves in the novel. The third research is from Astri Rahayu Agshari (2017) entitled *Identity Crisis of Benjamin Button in F.Scott Fitzgerald's The Curious Case of Benjamin Button*, the focus of this research is to identify Benjamin's bizarre aging process and analyze Benjamin's aging process that led to the identity crisis depicted through the novel. The fourth research is from Nur Aulia Safitri (2021) entitled *The Identity Crisis Experienced by Ben Day in Dark Places Novel*; the focus of this research is analyzing the causes of identity crisis that experienced by Ben Day depicted in *Dark Places Novel*. The fifth research is from Christin Dessy (2018) entitled *The Adolescents Search of Identity in "Lady Bird" Movie as the Representation of Erikson's Theory of Identity versus Role Confusion*; the focus of this research is on how Erikson's theory applies in *Lady Bird Movie* on how the adolescents search for their identity.

Based on the previous studies described above, none of them discussed crisis identity in Jessica Jung's novel *Shine*. Most of the previous studies used the same issues, approaches, and theories but with different objects. Thus, in this research the researcher wants to analyse the object and the issues namely identity crisis in Jessica Jung's novel *Shine*. The researcher observe it is important to conduct this research because identity crises often occur and felt by adolescence, this research is expected to help people understand the identity

crisis that has been experienced by Rachel Kim as the main characters in Jessica Jung's novel *Shine*. Here is the example of the data:

1/KIC/ID/CIC/BE/IIC/AL/p.68

“When I first got recruited to DB, I was so excited—a whole program full of kids who felt the same way about K-pop and Korea as I did—or so I thought. It wasn't long before the constant “Princess Rachel” insults and subtle comments about my American background made me feel just as rejected as I used to feel back home in the States”

The data above are categorized as The Kind of Identity Crisis namely Identity Deficit. The researcher identified it from her action such as how she loses her motivation because of the ‘mock’ she got from her peers and it makes her in a lack of commitment situation. This data also categorized as The Cause of Identity Crisis namely Bad Experiences, in Rachel Kim's case as seen in the data above it shows how she gets bullying from the society both in American and South Korean. Moreover, this also categorized as The Impact of Identity Crisis namely Alienated, it can be seen how she treated badly by the society until she feeling rejected and isolated.

B. Limitation of the Study

Based on the research object of the researcher, Jessica Jung's Novel *Shine*, there are at least (7) topics that can be used as research topics. The first topic is the types of bullying in the novel. The second is identity crisis experienced by the main character Rachel Kim. The third is intrinsic and extrinsic elements in Jessica Jung's Novel *Shine*. The fourth is the analysis of the moral values contained in Jessica Jung's Novel *Shine*. The fifth is analysis of social criticism in Jessica Jung's Novel *Shine*. The sixth is analysis the characters in Jessica Jung's Novel *Shine*. The seven is how is Korean culture and the struggle to become a K-pop star.

In order to this research is not broad and right on target as well as analysis, the researcher will define the problem and focus on the second topic, namely crisis identity experienced by Rachel Kim as the main character in Jessica Jung's Novel *Shine*. To create appropriate research, the researcher should have the limitation of the research. In this study, the focus of research is only on the main character, namely Rachel Kim, by analyzing the kinds, causes and impacts of the identity crisis she experiences. The reason why the researcher only analyzes her is because she is the main character of the novel, thus the story of the novel is mostly discussed about her. Moreover, she is the only character who has mix identity, therefore she has a big chance to felt identity crisis more than the other character in the novel.

C. Formulation of the Problems

This research is important to do to reveal and explain things that are related and exist in Jessica Jung's novel *Shine*. Because no one has raised this issue in previous studies, the researcher can use it as a gap from other studies. Based on previous discussion above, the researcher formulates three problems to analyzed in this study:

1. What are the kinds of identity crisis faced by Rachel Kim in *Shine* novel?
2. What are the causes of identity crisis faced by Rachel Kim in *Shine* novel?
3. How does the identity crisis bring impacts upon Rachel Kim's life in *Shine* novel?

D. Objectives of the Study

In general, this research aims to analyze the kinds, causes and impacts, or onset and process, of identity crises for the main character in the novel. Based on the formulation of the problems above, the objectives of this study are:

1. To analyze the kinds of identity crisis faced by Rachel Kim in *Shine* novel
2. To analyze the causes of identity crisis faced by Rachel Kim in *Shine* novel
3. To explain the impacts of identity crisis to Rachel Kim's life in *Shine* novel

E. Benefits of the Study

This research is expected to give a contribution to developing the study of literature, especially for English Literature Department. This research also can be utilized both theoretically and practically.

1. Theoretically Benefits

This research is aims specifically to contribute to the further of literary studies at English Literature Department. As seen from this research that this study analyzed literary text namely novel through psychoanalysis perspective, this research also expected to be a work that stimulated another related research in the academic field such as Psychology Student, also the benefits of using this theory are the application of theory in Jessica Jung's novel *Shine* so the readers can know the form of application of the theory, and how to analyze the object. In addition, it can add insight from the readers of this study, and increase their knowledge and understanding of identity crises, thus that they are expected to be more aware of these two issues.

2. Practical Benefits

This research is also expected to be used practically by several sides. Those are:

1. For students, this research can be used to help students in understanding crisis identity
2. For the future researchers, this research can be used as a reference for other and related field in the future.

3. For the readers, this research is expected to help understand the issue of an identity crisis and its representation in literary works. Also, it is expected to give awareness about identity crisis in real life since it concerns the issue of mental health. Also, from the positive and negative impacts of the identity crisis, the researcher hopes that as a human we must do good things in any situation or hardship we faced.

F. Definitions of the Key Terms

1. Identity

Identity is a fundamental organizing principle that constantly evolves throughout lifespan. (Erik Erikson, 1958)

2. Identity Crisis

Identity crisis is a developmental event in which a person questions their sense of place in the world. (Erik Erikson, 1958)

3. Identity Deficit

Identity deficit is a type of crisis characterized by a lack of attachment or commitment to values and goals. (Baumeister *et al*, 1985)

4. Identity Conflict

Identity conflict is a type of crisis that refers to an identity crisis in which people find conflict in existing commitments. (Baumeister *et al*, 1985)

CHAPTER II

LITERATURE REVIEW

A. Theoretical Background

In conducting the research, it is important to explain the approach and theory used to support the next chapter's discussion. The first theory is related to psychological approach. By the usage of the approach, this study will analyse the causes and impacts of identity crisis experienced by Rachel as the main character in Jessica Jung's Novel *Shine*, the researcher would like to discuss the relate theory about the identity crisis, and the relation between literature and psychology. *Shine* novel itself content some events that expressing the main character crisis identity which related to psychology theory. This chapter also discusses some previous studies to see distinctions between these current and previous studies. First, the researcher will explain the approach and the main theory.

1. Psychoanalysis Approach

In analysing this research, the researcher uses the Psychoanalysis approach. Rohrberger and Woods (1971) stated that psychoanalysis approach brings us to analyse the novel as a work of literature from the psychological point of view of human being (p.13). Since this research is focuses to analyse

character's characteristics from psychological point of view, thus the researches decided to apply psychoanalysis approach.

One of the most psychologists is Sigmund Freud. He was an Austrian psychologist that also known as the father of psychoanalysis. In 1915 he states his opinion in the theory known as "Topographical Model". In his theory, he states that there are there are three level of consciousness those are: Conscious, Pre-conscious, and Unconscious. The definition of conscious is the current state of awareness, or all the mental processes and sensations of which we are aware of. Conscious aspect mainly take control over all logical and intellectual though processes. Pre-conscious is all information that we are not currently aware but we can recall it again, or the things that we do not instantly understand but can access by association. Unconscious is the hidden event such as traumatic, mainly this aspect is outside of our awareness of all the time.

The reason the researcher decided to use psychoanalysis approach is because both psychology and literature have a close relationship. According to Aras Gorsken (2015) there is a very strong correlation between literature and psychology for the fact that both deal with human beings and their reactions, perceptions of the world, miseries, wishes, desires, fears, conflicts, and reconciliations; individual and social by means of varied concepts, methods, and approaches. Cohen (1971:348) stated that psychology helps to clarify some literary problems, and literature presents insight to psychology. From the correlation above, these two branches of science can be used as approaches to each other in answering problems.

2. Erik Erikson's Concept of Identity and Identity Crisis

Erik Homburger Erikson is a psychologist who born in German. After several years of studying and applying his knowledge, his consistency to go deeper into the identity issue makes him to write certain works which talk about the development of human identity entitled *Identity and the Life Cycle* (1959), *Childhood and Society* (1963), *Identity: Youth and Crisis* (1968) and *The Life Cycle Completed* (1982). From Erikson's perspective, he defines identity as a fundamental organizing principal which develops constantly throughout lifespan. In addition, discussing about identity should be related to identity crisis. In his book he stated that identity crisis can occurs to the individual who is in the stage of identity and role confusion (ages 12–18-year-old). The word "crisis" is derived from Greek word *krisis*. Erikson (1968) defines a crisis as designating a necessary turning point, a crucial moment, when development must move one way or another, marshalling resources of growth, recovery, and further differentiation.

McLean and Syed (2014) stated that Erikson uses the term "crisis" to address internal conflicts of a person who is struggling to know who he or she is, what he or she wants for their self, and what people they want to be (p.116). Identity crisis is marked with question to someone's self about "who am I," "what I want to do in life?" or "what people want me to be?" It can be summed up that the issues of identity crisis in adolescence years are very significant for someone's development obtaining the sense of life.

3. Roy F Baumeister's *the Kinds of Identity Crisis Theory* (1985)

Roy F. Baumeister *et al* suggested that identity crisis can be distinguished based on the presence and adequacy of one's commitment to values and goals. In his study, Baumeister evaluated Habermas' theory. In his theory, Habermas (1973) proposed on conceptual grounds that there are two types of identity crisis, which he called as legitimation crisis and motivation crisis. A legitimation crisis is the inability of a social entity to fulfill demands and expectations it has placed on itself. It also refers to an inability to justify actions called for a motivation crisis. The second type is motivation crisis referring to the lack of or inadequacy of existing motivation. Although Habermas proposed this theory with the primary focus on social system crisis, Baumeister (1985 p. 408) suggested that it is also applicable to individual identity crisis.

a. Identity Deficit

A motivation crisis or identity deficit is the type of crisis which is characterized by a lack of commitment to values and goals. Identity deficit is the crisis where people feel inadequate about themselves. If one has clarified what is important in his life and what he aspires to become or achieve, he will consider to always make choices based on his basic values. On the other hand, people who have a lack of commitment to values and goals will always face difficulty in making consistent decision in life. When they start to develop a sincere desire to make commitment and struggle to find one, identity crisis

might arise as they explore different roles. Identity deficit mainly occurs at the time of adolescence and mid-life. Identity deficit in mid-life will more likely transpire in people who did not resolve identity crisis properly (Baumeister *et al.*, 1985, p.420). An example of a motivation crisis would be the crisis of the adolescent who engages in protracted self-questioning and seeks new sources of meaning, fulfillment, and value.

According to Habermas, the causes of identity crisis suggests that identity deficit or motivation crisis tend to be caused by internal changes, whereas the identity conflict or legitimation crisis is brought about by situational changes. He also states that identity deficit such as an adolescent moratorium may be a product of the normal course of development, whereas an identity conflict may tend to result from extraordinary development. A motivation crisis may appear to involve conflict and some observers describe it that way. If it is a conflict, then the distinction between conflict and deficit is blurred. This difficulty can normally be resolved by asking whether commitments exist. The identity conflict crisis is more than just having conflicting attractions to incompatible possibilities, it is a conflict between existing and felt commitments.

There are behaviors when identity deficit hit someone. According to Orlofsky, Marcia, & Lesser (1972) when someone felt identity deficit, at their best moment moratorium subjects are active, engaging, and creative. Meanwhile, at their worst, they are paralyzed by an inner turmoil of indecisiveness.

b. Identity Conflict

Legitimation crisis or identity conflict refers to identity crisis where people find incompatibility in their existing commitments. When experiencing identity conflict, an individual is faced with contradictions in demands for action from his different commitments. This can cause inconsistency in one's identity. Identity conflict can arise in two ways. The first one is when there is a sudden conflict between two components that have always been reconcilable at first. The second one is when an individual commit to a new identity which component will shortly contradict the component of the long-standing one. This kind of identity crisis mainly occur after one has made commitment. An example would be the crisis of the person whose spouse and parental home are each seriously committed to different religious faith in a way that makes the people feel committed to both. (Baumeister *et al*, 1985, p. 408)

There are behaviors when identity conflict hit someone. It is plausible that the hallmark of the identity conflict is the subjective experience of being torn between incompatible commitments, which does not logically entail any behaviors. The identity conflict not bring about the dramatic changes in behavior such as finding a new hobby, or new job. Moreover, it is about emotional paralysis, the lack of remarkable behavior may follow from that paralysis.

4. Erik Erikson's *the Causes of Identity Crisis Theory* (1970)

According to Erik Erikson there are some reasons why identity crisis occurs that cause once in human life there will be a time for the human who insecure or feels that she/he asked their identity in their life. For example, asking their life about who they are, what they must be, and what they should do. In this case, an identity crisis as the insecurity of the human mind or soul is occurred by reasons.

a. Individual Psychology

Individual psychology is when someone perceives if they are bad creature useless in this world (p.32). A person's psychological condition can create new thought patterns or stereotypes that are implanted in themselves, the assumption that someone feels he is useless or the stereotypes that are implanted will greatly affect his/her psychological condition. For example, when a person continues to experience failure in his/her life, he/she will feel that they are bad creatures and useless being

b. Adolescence Stage

The second cause is identity crisis can occur during adolescence, it happens because it is the time for people to realize themselves in the present and their position or role in social life at that time or even for the future (p.32). Erikson (1963) stated that in this stage of growth, a person will feel an identity and role confusion stage during his life which will occur at the age of adolescence, namely 12-18 years (p.261). In this stage a person's mental

readiness will determine whether a person makes it through this period, or they will feel identity crisis. For example, the teenage years in high school where students must start thinking about the continuation of their future, where will they continue their life, in college or work, and so on, this period is the starting point for them to determine their path, and seek their own identity, they will begin to seek and realize their identity, role in society while realizing their dreams.

c. Parental Value

Parental values influence people's perception of the way their family treats them. If they are treated badly by their family they will have less belief, carelessness, asking for their life what should to do and influence their mind, soul, and their characteristic in social life (p.32). Parenting style has the potential to be the main cause of a person experiencing an identity crisis, how the parenting style instilled from childhood affects how a person acts. The affection they give will lead in child, both positive affection which will produce positive things, as well as negative affection which will produce negative things. For example, in the Moana movie, when Moana as the main character tries to find her identity by following the things she likes, but the fact that her father forbids Moana to approach the sea without a clear explanation makes Moana feel an identity crisis, she feels that her close to the sea, and the identity of his tribe who was once a sailor tried to be removed by his father. However, because Moana is the successor to her father's royal throne, at first, she obeys her father not to approach the sea,

although at the end of the film she then follows her own ego to cross and explore the sea. In this case, it can be concluded how parenting style influences someone's life.

d. Bad Experiences

Bad experiences that happen in someone's life can cause the identity crisis. A tragic moment or something that makes people afraid about the past may influence people's identity and ask for themselves. If they deserve for the world or not. Bad experiences such as divorce, a transition from childhood to adulthood, alienated by accident, how society treat them (p.32). Someone who has experienced bad things in his life such as bullying, divorce has a great opportunity to experience an identity crisis, this is because of the negative affection that makes a person question his own condition. For example, in Trisha Ashley's novel *Every Woman for Herself*, a woman named Charlie who divorced her husband, she did not have stable finances, the divorce decision was not well received by her family and she was approaching 40 years old, from these bad experiences. Charlie has felt an identity crisis throughout his life, from this case we can understand how bad experiences are one of the factors that cause an identity crisis.

5. Erik Erikson's *the Impacts of Identity Crisis Theory (1970)*

In facing an identity crisis there are must be an impact on humanity itself. Such as confusions, asking his/herself, stress, and many more can influence identity to become a crisis. According to Erik Erikson there are some impacts of identity crisis:

a. Useless

Always think that she/he is useless in this world and does not deserve any chances in this world. A person who experiences an identity crisis once in his life will feel that he is the worst and useless creature in his life and the society in which he lives (p.32). The example of an identity crisis that makes a person feel useless is from the many cases of bullying that are felt by African-Americans living in the US, they are not considered Americans because they are physically black, even though legally they are legal citizens. America, these people when they feel an identity crisis, they will blame themselves physically, and feel that it is their fault that they feel themselves useless.

b. Less Believe

Less believe in him/herself and do not know what to do next in his/her life that makes her/him in confusion. A person experiencing an identity crisis will feel confused that causes a loss of confidence in himself, even experiencing confusion about what they really want in life. (p.32). Someone who felt identity crisis will feel isolated because they treated

different by the other person, this is makes them become that someone who less believe, to their own self or the other people.

c. Losing Self-confidence

Losing self-confidence in doing or starting a new thing or even the hobbies that she/he likes. Someone who experiences an identity crisis will also feel losing their self-confidence, they will lose their confidence to start something or even the things they like, such as doing their hobbies, this is due to confusion within them. (p.32) Someone who felt identity crisis will questioning their own worth, this is makes them become that someone who losing self-confidence. They will feel insecure, doubtful, and never feel enough about their own self.

d. Alienated

Become alienated because she/he is treated badly by the social or by the people around there include her/his family (p.32). As Erik Erikson (1993) stated that identity crisis does not only attacks people in adolescence but also in adulthood who has bad experiences in their life. It means that the impact of identity crisis can ruin someone's life if there is no treatment to cope with the crisis of identity. In facing an identity crisis, Marcia (1996) conceptualizes the identity crisis as they struggle to adopt an ideology and choose a career or something that someone likes the most. Alienated as the form of impacts of identity crisis can be a form of, they become afraid or do not want to socialize with another people, they afraid about other people perception, and decide to become alone to protect their selves.

6. Jessica Jung's *Shine* Novel (2020)

Shine is the first novel written by Jessica Jung which was released in 2020. This novel talks about the struggle of a girl named Rachel Kim Korean-born American who had to move from America to Korea in her teens. Since her migration, Rachel Kim as the main character has experienced many problems, she feels that her move to Korea is the start of a big problem, but at the same time, she must pursue her dream to become a K-pop star, this novel also discusses various topic such as Rachel Kim's struggle to become a K-pop star. Many people assume that *Shine's* novel is Jessica's semi-autobiographical book, where Rachel's character is very similar to Jessica's background. A girl of Korean blood who lives in the United States.

However, in an interview Jessica Jung as the author denied this, this novel is a fiction novel, where she incorporates some personal experiences into it and is added to a romance story, the overall story in this novel is like a biography of her when she was still a K-pop Idol, which is added to the story. From what she had seen and read so far and her imagination. In an interview with TIME magazine Jessica Jung said that this novel is inspired by her life, and her whole world is K-pop, thus she has the right to talk about anything in her life. Although this is Jessica Jung's first debut novel, this novel managed to enter the "New York Times" Best Sellers List, which is a list of sales that is so prestigious in the world of literature and *Shine* novel is in fifth place on the list in the Young Adult Hardcover category.

B. Previous Studies

There are five previous studies related to crisis identity that the researcher uses as reference in this study. These studies are selected because they are of similar interest to current research. The first previous study is a journal with the title "*Identity Crisis Among Adolescents of Third-Secondary Students*" by Fawaz M. A Al Shehari, Anas Mohammad Hasan Nawafkeh, and Aparna A. Ashtaputre (2018) the focus of this research is to analyse how third-secondary students face an identity crisis and categorize the phases into the eight stages of growth proposed by Erikson. And this research took samples from (370) males in the third-secondary grade in all schools in the city of Ibb in Yemen, between the ages of 17-19 years.

This study found that adolescence is an important stage for young secondary-school students because it is the stage of achieving identity and overcoming its crisis. Adolescents did not suffer much from the identity crisis because they are part of the Yemeni society which enjoys and adheres to many customs, traditions, and values that interact with achieving identity despite the large and negative effects of adolescence on young people in general.

The second research is from Saman Abdulqadir Hussein Dizayi entitled *The Crisis of Identity in Postcolonial Literature* (2017), this study focuses on the idea of postcolonial identity presented by Fanon and Said. This study found that the influence of the colonial system on the colonized, made them feel inferior, whereas Said's similar idea of Fanon's identities gives accord to the

idea of a superior Western culture. Both Fanon and Said perceive identity as influenced by the colonial impact and the crisis occurs due to the feeling of inferiority implanted in their awareness by Western systems. Consequently, impersonating Western or colonizer behaviour and style becomes one of the dilemmas of recognizing one's sense of identity. The sense of inferiority has left a deep influence on immigrants and exiles, troubling them, causing them to feel homeless and the estrangement and ambivalence toward developing a true identification.

The third research is entitled "*Identity Crisis: A Comparative Study between Antoinette in Jean Rhys Wide Sargasso Sea and Nazneen in Monica Ali's Brick Lane*" by Roem Mohammad Abu Samra (2016), this study focuses on how identity crisis is experienced by both heroines and their struggle to overcome this crisis in a society where they are triply marginalized by class, gender, and race. This study found that the two works have some similarities and differences, as an example, both protagonists share a similar experience, which resulted in a crisis of identity caused by the external forces, which affected their sense of their existence and their beliefs in themselves as independent entities. The struggle for an identity and an independent self reaches its resolution for Antoinette and Nazneen at the end of the novel in which each of them appears but has a different ending, Antoinette's struggles and hopes for independence are finally dashed. On the contrary, the last phase of Nazneen's life marks a remarkable change for the better and truly includes his extraordinary achievements

The fourth research is “*Identity and An Identity Crisis: The Identity Crisis of First-Year Female Students At Latvian Universities And Sociodemographic Indicators*” by Aivis Dombrovskis (2016), the focus of this research is to identify the identity crisis felt by female students and sociodemographic indicators, this study took data from students studying at the University of Latvia. This study found that identity crisis indicators of first-year female students are related to their age, marital status, whether they are siblings, and their university studies. They also have identity crisis indicators that decline as they grow older, get married, have children, and determine what they want to study. And the identity crisis of first-year female students in terms of long-lasting identity problems has to do with sociodemographic indicators such as their age, their marriage status, whether they have siblings, and their university studies.

The fifth research is entitled “*Identity Crisis and Social Adjustment in Nomadic and Shiraz Adolescents: A Causal-Comparative Study*” by Raudabeh Talebi Bahman Beigloo and Sadrollah Khosavi (2021), this research focuses in identify the identity crisis experienced by all-male first-year high school students studying in Shiraz and nomadic areas of Firoozabad, Fars, Iran in the academic year 2019-2020. The results show that the place of residence plays a role in important role in identity formation and social adjustment of people living in nomadic and urban areas are.

CHAPTER III

RESEARCH METHODOLOGY

In this chapter, the researcher describes the method that can help to finish the research as the title “The Identity Crisis Experienced by Rachel Kim in Jessica Jung’s Novel *Shine*.” The researcher uses qualitative research to analyse the data, and provides some statements from experts like in the previous chapter. This chapter presents the methods used in the study. It consists of research design, data and data sources, research instruments, data collection techniques, data validation techniques, and data analysis techniques.

A. Research Design

To get a significant result, certain methods should be used in doing the study. In this research, the researcher will use the qualitative method as the research design. This research is qualitative because the qualitative method has similarities with the issues or topic that will be discussed in this study, namely social problems that occur in humans both in groups and individually, besides that in this study data collection and processing are generally observational, and data collected generated cannot be quantified. Thus, to get a significant result, the researcher uses a qualitative method. According to Creswell (2012), the qualitative method is a means for exploring and understanding the meaning individuals or groups ascribe to a social human problem. The process of research involves

emerging questions and procedures; collecting data in the participant's setting; analysing the data inductively, building from particulars to general themes; and making interpretations of the meaning of data. The final written report has a flexible writing structure. Qualitative research can be used to investigate the participants' opinions about social phenomena (William, 2007:65). Hancock et al (2009) also defines qualitative research as a research design that is concerned with the development and the understanding of social phenomena. Regarding Fraenkel, Wallen and Hyun (2012) states that:

Qualitative research is a research study that investigates the quality of relationship, activities, situations, or materials and words and pictures are the form of qualitative data collection. Qualitative data are collected in the form of words or pictures rather than numbers. The kinds of data collected in qualitative research include interview transcript, field notes, photographs, audio recordings, videotapes, diaries, personal comments, memos, official records, textbook passages, and anything else that can convey the actual words or actions of people. (p.426)

According to Lincoln and Guba (1985) there are characteristics of qualitative research; natural setting, namely qualitative research conducting research in a natural setting or in the context of a whole. The second characteristic in qualitative research is humans as a tool or instrument for the main data collection. The third, using qualitative methods, namely observation, interviews, or document review. The fourth analysing data inductively. The fifth qualitative research using theory from the bottom. The sixth is descriptive where the data collected is in the form of words, pictures and not numbers. The seven studies are more concerned with the process than the results because the relationship between the parts being studied will be much clearer when observed in the process. The eighth has

limitations in research. The ninth there are special criteria for the validity of the data, and the last designs are temporary.

From the definition of qualitative research from the experts above, it can be concluded that qualitative research is an approach that more focuses on understanding the social phenomenon among individuals or groups. The researcher chose this method because this method is the most appropriate method to be applied in this research. This method can be used to find or understand things that are hidden behind phenomena that are sometimes difficult to explain. Through this method, the researcher wants to apply this method to the issues in this research, namely crisis identity, which are also included in the social phenomenon among individuals or groups. Besides that, the researcher will collect, classified, analysed the data and in the end determine the conclusion of this research.

B. Data and Data Sources

Data is one of the important tools in research in the form of phenomena. According to Creswell (2012) the sources of data for qualitative research can come from many sources including documentation, interviews, observation, audio-visual record, and physical artifacts. The purpose of the research itself is to obtain valid data. From the data collected, the researcher can draw conclusions and find out the results of their research. In addition to being valid, data collection must also be relevant to the research problem. The data in this study will be analysed

the form of descriptive qualitative data and using qualitative data procedures for the data analysis.

In this research's data are in the form of text, clause, sentences, or dialogue written by the author Jessica Jung in her novel *Shine*. The researcher needs sources to obtain available data in data collection. Data source is the subject of research from which data can be obtained which is an important component in conducting research. Therefore, the data source is substance where the researcher will get the information needed. According to Ary et al (1985) argues that in qualitative research, there are two sources that can be used to get the data, those are primary source and secondary source (p.332).

1. Primary source

According to Tali (1981) he stated that the primary data source is the main data source which is directly related to the research object that will be explored by the researcher (p.78). It can be concluded that the primary source is the one who give prominent data relate to problems of the research. For the primary source, in this research the data are in the form of text, clause, sentences, paragraph, quotation, and dialogues. The source of primary data comes from the *Shine* novel written by Jessica Jung. Then the researcher will analyse the primary data that will be taken, namely data related to the identity crisis that Rachel Kim feels as the main character in the *Shine* novel by Jessica Jung.

2. Secondary source

According to Given (2009:803) he argued that secondary data source is pre-existing source that have been collected for a different purpose or by someone

other the researcher. It can be concluded that secondary source is additional source to get the data and has function to collecting data for different purpose when conducting research. In this research, the researcher using *Shine's* novel author Jessica Jung's interview in several interviews when her debut novel was released. To get the secondary data, the researcher watched the video interview, take a note, and selected the data in the form of pictures. The reason the researcher uses Jessica Jung's interview is because these data can support the main data in this research.

C. Research Instruments

Research instrument is the tool to support the researcher when using method of collecting the data. Lincoln and Guba (1981) advocate that the best instrument for qualitative naturalistic inquiry is the human (in Creswell, 2014:188). The researcher used human instrument as the primer instrument. In this research, the main instrument for data collection is the researcher herself. The reason why the researcher become the main instrument for data collection is because the researcher read the novel, observes, takes notes, and conducts interviews. All of these are skills that need to be learned to get the valid data. The position of the researcher in qualitative research is the planner, implementer, data collector, data analyst, interprets the data, and reports the results of the research. Therefore, it can be concluded that the researcher active in this research.

D. Data Collection Techniques

Data is information that has been collected by the researcher. To get the reliable data, the researcher does some technique for collecting those data. Data collecting technique is an important step in research, because the aim of the research is to get the valid data. According to Creswell (2012) in qualitative research the data collection approach includes in-depth interviews, document analysis, observation, and audio-visual materials analysis. In this chapter, the data collection techniques employed in this study and the individual instruments used to gather the data are: the researcher used the source of data namely Jessica Jung's novel entitled *Shine*. Since the data are in form of words, phrases and sentences, the researcher obtained the following steps:

1. Reading the original novel entitled *Shine* by Jessica Jung
2. Taking note during reading the novel, and make related notes to the research question.
3. Finding out narrative or monologue or dialogue or scene in the novel related to the identity crisis cases in the novel experienced by Rachel as the main character.
4. Classifying the data by categorizing each issue.
5. Displaying those data in the form of table

E. Data Validation Techniques

In qualitative research, the valid data is the most important element. According to Meleong (2012) there are four criteria to check to validation those are credibility, transferability, dependability, conformability (p.234). The first is credibility which aims to achieve the data validity, the researcher also present accurate data to confirm the results of this study. To obtain the credibility of the data, the researcher reads carefully and repeatedly. Then the selection process where the researcher selects data related to the issue or topics of discussion. The second is transferability which means how the researcher delivered the findings to the readers to gain this aim. The third is dependability how the important is to keep the accuracy of the data. And the last is conformability which is a technique to determine the researcher's objectiveness by discussing it with other researcher or the lecturers. Meanwhile according to Creswell (2009) he classified the validity of data into eight strategies. Those are:

1. Triangulate which means different data sources of information by examining evidence from the sources and using it to build a coherent justification for themes.
2. Use member checking to determine the accuracy of the qualitative finding through taking the final report or specific descriptions or themes back to participants and determining whether these participants feel that they are accurate,
3. Use rich, thick description to convey the findings.

4. Clarify the bias means the researcher brings to the study.
5. Present negative or discrepant information that runs counter to the themes.
6. Spend prolonged time in the field.
7. Use peer debriefing to enhance the accuracy of the account.
8. Use an external auditor to review the entire project. (p. 191)

In this research to validate the data, the researcher involving the experts to consult. The experts who understand about the topic in this research namely identity crisis in Jessica Jung's novel *Shine*. The data validator is Mr. Muhammad Rizal., M.A. He is a lecturer at one of universities in Surakarta. The reason in asking him to be the validator of this research was him expertise in psychoanalysis field of study. He did write many articles, journals, and research relating to the study of American Studies and Psychoanalysis. This field of study was in line with this research. Therefore, the researcher decided to use validation technique.

F. Data Analysis Techniques

To analyse the data, the researcher uses descriptive qualitative to analyse data. According to Miles and Huberman (1994) there are three activities to analyse data in descriptive qualitative research. Those activities are data reduction, data display, and conclusion drawing/verification which consist of elements that help the researcher to analyse the data easily. Here are the explanation of those three activities:

1) Data Reduction

The first step is data reduction which means summarizing, choose the basic things, focusing on important things, and look for themes and patterns. Firstly, the researcher collected data about identity crisis that felt by the main character in Jessica Jung's novel *Shine*. Then transcribed the data, the irrelevant data which were not related to research were discarded. The irrelevant data is the data have no relation with the theme of the study but related to the research. Then, the next step is displayed those data in the form of descriptive. In this research, the researcher found there are 103 data. After the process of data reduction and validation, there are 90 data are stated valid.

2) Data Display

The second step is data display. A display is an organized, compressed, assembly of information that permits conclusion drawing and the action (Miles and Huberman, 1994: 10-12). In this process of the reducing and displaying the data, it was based on the formulation of this study. The formulation of the research problems is: 1. What kinds of identity crisis are faced by Rachel Kim in *Shine* novel? 2. What causes of identity crisis are faced by Rachel Kim in *Shine* novel? 3. How the identity crisis brings impacts upon Rachel Kim's life in *Shine* novel? This step is done by presenting a structured set of information to drawing conclusions, because the data obtained in the qualitative research process is usually in the form of a narrative, so that requires simplification.

3. Conclusion Drawing/Verification

The third step of qualitative data analysis is conclusion drawing and verification. According to Miles and Huberman (1994) data collection in the qualitative analysis is beginning to decide what things mean is nothing regularities, patterns, explanations, possible configurations, causal flows, and propositions. Conclusion are also verified as the analyst proceeds. The start of conclusion drawing is after the data were collected by making temporary conclusion (p. 10-12). It can be said that the conclusion is analysed continuously and verified the validity to get the perfect conclusion about the identity crisis in Jessica Jung's Novel *Shine*. Based on those statements, the researcher divides the activity in analysing data into three activities, they are data reduction, data display, and conclusion drawing. In short, the steps in analysing the data are: (1) the researcher collects the data through read the novel and takes a note. Then, the researcher selects, identify, and focuses on the data by referring to formulation of the research problem. (2) After selecting the data, the researcher displays those data in good sentences. (3) After displaying data, the conclusion is drawn.

CHAPTER IV

FINDINGS AND DISCUSSIONS

In this chapter, the researcher is going to examine the result of a research such as kinds of identity crisis that Rachel Kim as the main character in Jessica Jung's Novel *Shine* experienced, also the causes and impacts of identity crisis she experienced. The researcher applies the kinds of identity crisis theory by Baumeister et al, also the causes and impacts of identity crisis theory by Erik Erikson to analyses the identity crisis felt by Rachel Kim. This research only focuses on Rachel Kim as the main character of the novel *Shine* written by Jessica Jung. By analyzing Rachel Kim's identity crisis, this research is expected to persuade readers to critically appreciate the characterization of Rachel Kim in the novel and inspect the novel through psychological view.

A. Findings

In the findings, the researcher analyzed and identified the kinds, causes, and impacts of identity crisis experienced by Rachel Kim in Jessica Jung's novel *Shine* (2020). The data is discussed according to identity crisis theories that is stated by the researcher in chapter II. After the process of data reduction, the whole data of the kinds of identity crisis, and the causes and impacts of identity crisis that experienced by Rachel Kim in the novel *Shine* (2020) are data. The result of the research explained as it follows:

Table. 4.1 Table of Kinds of Identity Crisis

Kinds of Identity Crisis	
ID	IC
12	16

Table.4.2 Table of Causes of Identity Crisis

Causes of Identity Crisis			
IP	AS	PV	BE
-	7	6	26

Table.4.3 Table of Impacts of Identity Crisis

Impacts of Identity Crisis			
US	LB	LS	AL
-	-	14	9

The researcher found there are 31 data of Kinds of Identity Crisis which consist of 12 data of Identity Deficit and 16 data of Identity Conflict. Also, found there are 29 data of Causes of Identity Crisis which consist of data 7 data of Adolescence Stage, 6 data of Parental Value, and 26 data of Bad Experiences. The researcher also found 23 data of Impacts of Identity Crisis which consist of 14 data of Losing Self-confidence, and 9 data of Alienated. Here is the explanation:

1. The Kinds of Identity Crisis Experienced by Rachel Kim in Jessica Jung's Novel *Shine*

a. Identity Deficit

According to the kinds of identity crisis theory by Baumeister et al, one of the kinds of identity crisis is the motivation crisis or identity deficit, which refers to the problem caused by an inadequately defined self. It is characterized by a lack of commitment to goals and values, the person lacks a basis for making consistent choices and decisions. An identity crisis arises when the person struggles to make such commitments. If the person is content to remain uncommitted, then the identity deficit is simply called as "identity diffusion" (Erikson, 1968, Marcia, 1966). Thus, identity deficit combines the lack of guiding commitments with the personal desire and struggle to make commitments.

Based on the theory above, one of the kinds of identity crisis namely motivation crisis or identity deficit found in the Rachel Kim's characteristic. The visible characteristics of the monologues and dialogues between Rachel Kim and the other characters in the novel show how she experiences a kinds of identity crisis, namely identity deficit. The researcher found there are 12 data that shows Rachel Kim experienced identity deficit that can be seen in appendix. Moreover, the researcher will only display five data for each theory. Thus, identity deficit is found in the data below:

1) Lack of Motivation

1/KIC/ID/p.68

When I first got recruited to DB, I was so excited—a whole program full of kids who felt the same way about K-pop and Korea as I did —or so I thought. It wasn't long before the constant “Princess Rachel” insults and subtle comments about my American background made me feel just as rejected as I used to feel back home in the States. (Jung, p. 68)

In the data above, it shows how excited and happy Rachel Kim before, as a K-pop fans who want to be a Korean Idol, she has a high expectation and loves to K-pop. The good things happened until she enters the K-pop world as a K-pop Idol trainee, and she realized that it is not as good and worth as her expectations. In Rachel Kim's case, she gets a lot of bullying from her society in Korea as well as her peers as fellow trainees. She gets ridiculed and nicknamed as “Princess Rachel” because of her background as an American-born-Korean girl. Also, she felt that she was rejected by her new society in South Korean because of her American background. The significant change in motivation as seen in datum 1 shows how Rachel Kim's change in motivation from being excited to feeling rejected by the society indicates that she is experiencing an identity crisis, namely an identity deficit.

This kind of identity crisis characterized by a lack of commitment to value or goals inadequate themselves (Baumeister 1985). This is also in the line with James Marcia (1966), in his theory he states that in the moratorium stage, teenagers will explore a lot to find out their

identity. Although, in data above case Rachel Kim is struggling and disappointed, the way she wants to explore is one thing that indicating that she is looking for self-identity, and trapped in an identity deficit where she loses her initial motivation.

In psychological perspective, the feeling that felt by Rachel Kim is affected by her Unconscious aspect. The feeling of being rejected by her society leave a traumatic memory in her mind. According to Freud (1905) in his topographical model theory, he states that unconscious content of hidden things such as traumatic event.

2) Lack of Compliance

6/KIC/ID/CIC/AS/p.214

I burst out laughing, sure he was joking, but he was already up and dragging me toward the door. "Jason, stop!" I almost shouted. "We can't go outside together! Why do you think I insisted on meeting here in private? You know how strict DB is about the no-dating rule!" Jason laughed, brushing it off. "Those rules aren't really enforced. They just say that to scare us and keep us on track. Trust me." He squeezed my shoulders. "We'll be fine." I raised an eyebrow skeptically. Part of me wanted to believe him and cast aside Kang Jina's warning, but I have six years of DB media training and dance practice and the endless hours of wall sits we've all endured on my side. Just being there with Jason was risky enough. I couldn't afford to take any more.

The data above show how confused Rachel Kim about the things that happened to her. She meets Jason Lee, which she believes that he is the love of her life until she wants to date him. However, DB

Entertainment, the agency where she got trained set the rules which tells that all the trainee cannot have any scandal as seen in the data below:

Just trust me. You can't be a K-pop star and fall in love. Having a boyfriend isn't just difficult; it's dangerous. Mr. Choo has Mr. Noh wrapped around his finger, and neither of them will ever shell out money for a female star that's anything less than perfect. Single and perfect. (Jung, p. 182-183).

Based on the data above, it tells restrictions that Rachel Kim should not do to become a K-pop Idol. Her confusion in choosing to maintain her career and her image as a trainee who will debut as a K-pop idol or follow her heart's desire to become Jason Lee's lover puts her in a crisis. The identity deficit that appears in her can be caused by a lack of motivation in her, such as lack of confidence or self-esteem also her desire to explore many things as happened in James Marcia's theory.

In psychological perspective, the mindset by Rachel Kim is affected by her conscious. The rules that set by the agency is one of her priorities that she must aware of. Her conscious mindset encourages her to remain logical in making decisions. Conscious itself is the current state of awareness (Freud, 1905)

3) Lack of Commitment

7/KIC/ID/CIC/BE/p.251

New York. I should be thrilled, like Mina and Jason. But at this moment all I can think about is everything K-pop has asked of me: move across the world to a new country, miss your dad's graduation. Train 24/7. Never stop smiling. Even when you have

to break up with your boyfriend. The one boy who got it. Who knew what this life was like. Whose dreams were your dreams. I've dreamed about going home for years—but now, in this moment, I don't see home. I just see another thing that K-pop is asking of me. Go to another city, with no notice and no say. I should be jumping up and down with joy, but it just doesn't feel the way I thought it would. Nothing does. (Jung, p. 251)

Based on the data above, it shows how the reality and the expectation that Rachel Kim has imagined is not aligned. She realized that being a K-pop Idol means she must follow all the rules set by the agency, she is forbidden to protest, even refuse. The contract that has been signed is an absolute agreement that cannot be contested. Rachel Kim has just realized that being a K-pop idol means she is willing to give up her whole life to become a doll or a money-making machine for her agency. The difference between reality and expectations makes her repeatedly in motivation crises. It can be indicating that she is experiencing identity deficit where individual experiences a lack of guiding commitments but struggles to establish personal goals and value. (Baumeister, p. 407)

In psychological perspective, the action by Rachel Kim is affected by her unconscious. This is due to the bad memories or trauma that she has such as not feeling back to home when she back to New York. This is in the line with unconscious definition which refers to a traumatic event.

4) Lack of Awareness

2/KIC/ID/p.129

Being a Barbie doll isn't as much as I'd imagined it would be.

I'm in each outfit for less than ten seconds before Grace signals for the next one. (Jung, p.129)

From the data above it shows how Rachel Kim's lack of awareness of the negative things or the bad side of the K-pop world that she has dreamed of all this time. This is due to her high expectations and the high fanaticism she has for K-pop world. Because these things make her feel less aware of the possibilities for bad things that will happen in her life.

According to Baumeister et al (1988) those motivation crises combine the lack of guiding commitments with the personal desire and struggle to make commitment. In Rachel Kim's case that also in the line with one of example of motivation crisis that stated by Baumeister namely it would be the crisis of the adolescent who engages protracted self-questioning and seeks new sources of meaning, fulfillment, and value.

In psychological perspective, the action by Rachel Kim is affected by her conscious. Her high interest for K-pop world keeps her obsessed on it. The definition of conscious itself is the current state of awareness (Freud, 1905)

5) Lack of Ambitions

9/KIC/ID/IIC/LS/p.324

“It’s over,” I say as Umma makes her way into my room, sitting on my bed next to me. “The whole K-pop thing is done. Nothing has turned out the way I thought it would. I thought I knew exactly what I was getting myself into when I first started, but I didn’t know anything. I was wrong. About everything.” “I had no idea what sacrifices would go into this life,” I say, wiping my eyes. “It’s too much. I don’t have what it takes. Maybe I never did.” I feel tears building behind my eyes, threatening to spill out. Umma sits on my bed, looking at me long and hard. As sad as she looks to see me in pain, I think that a part of her must be relieved about this. With K-pop behind me, I can focus on school and college, just like she’s always wanted me to. (Jung, p. 324)

In datum above, it shows that Rachel Kim felt like a failure and gave up on her dream of becoming a K-pop idol. The data was identified as an identity deficit because apart from Rachel Kim losing her motivation, she also still wanted to explore a new world, namely she planned to try enroll to the campus, which was her mother's dream. Even though her motivation is lost in one dream, she still tries to generate passion to try new things, this indicates that she is in the stage of seeking identity.

In psychological perspective, the action by Rachel Kim is affected by her conscious. Her high interest for K-pop world keeps her obsessed on it. She has fought for her dream until she feels it is not worthy enough for her life. These matters concerning her goal were things she was aware of. The definition of conscious itself is the current state of awareness (Freud, 1905)

b. Identity Conflict

According to the kinds of identity crisis theory by Baumeister et al, the other one of the kinds of identity crisis is the legitimation crisis or identity conflict. Identity conflict is type of crisis where people find incapability in their existing conflict. When experiencing identity conflict, an individual is faced with contradictions in demands for action from his different commitments. This can cause inconsistency in one's identity.

Based on the theory above, the researcher found identity conflict found in the Rachel Kim's characteristic. The researcher found there are 16 data that shows Rachel Kim experienced identity conflict that can be seen in appendix. Moreover, the researcher will only display five data for each theory. Thus, identity conflict is found in the data below:

1) Lack of Desired

13/KIC/IC/p.11

Back when I first got recruited to DB, my mom almost didn't let me come. It meant uprooting our family from New York City to Seoul, my sister giving up her school and her friends, both of my parents giving up their jobs. But more than that, she couldn't understand why K-pop meant so much to me, and she definitely didn't understand the trainee lifestyle—the intense pressure, the years of training, the plastic surgery scandals. Then, about three weeks into begging my mom to change her mind, my halmoni died. My mom wouldn't let us miss school for the funeral, and when she got back from Korea, I had practically decided to let go of the whole trainee thing, but to my surprise, Umma made me a deal: We would move to Seoul and I would go to school during the week, get an education, keep my prospects for college open, and every weekend (starting Friday night), I would train (Jung, p.11)

From the data above, it shows how Rachel Kim already make a commitment by deciding to let go of the whole trainee to be K-pop Idol thing due to her mother disapproval when they are still in American. However, her mother changed her decision, and decided to allow Rachel Kim to become a trainee to become a K-pop Idol with some conditions and strict rules from her mother. Due to of her mother decision, their family will move to South Korean in order to Rachel Kim to become a trainee idol. Her mother's decision as the parental value greatly influences how Rachel Kim makes commitments that leads her experiencing contradictions between two commitments.

Thus, the researcher classified the data above as the kinds of identity crisis namely Identity Deficit. This statement is supported by the statement of Baumeister (1985) in his theory he states that a crisis of legitimacy or identity conflict refers to an identity crisis where people find a mismatch in existing commitments. This condition usually occurs after the person has made a commitment, then experiences contradictions with existing commitments, resulting in inconsistency in one's identity.

In psychological perspective, the action by Rachel Kim is affected by her Pre-conscious. This is because she recalling all information from the memories. The definition of pre-conscious itself is the things do not instantly understand but can be access by association.

In these levels of consciousness, a person is not aware anymore about their awareness but still can be recalled. (Freud, 1905)

2) Lack of Boundaries

15/KIC/IC/p.30

My mom never lets me go to the trainee house, and when I don't show up tonight, you know she'll make sure Mr. Noh hears about it. And then I can kiss my future goodbye." The thought of it makes my skin prickle with panic. But everyone knows that when it comes to being a trainee, talent will take you only so far. That's why we're all desperate to do whatever we can to get noticed by Mr. Noh and the rest of the DB executives. Because every thirty days, like clockwork, trainees gather in the auditorium with DB's executive board, waiting to be evaluated and judged, deemed worthy of staying in the program or getting kicked out.

From the data above it shows how Rachel Kim feel contradiction about she should to go to trainee house or not. If she goes to there, it is means she will obey her mother's rules, because she only can get trained in weekend. However, if she does not come to there at that day, her rival trainee Mina Choo will used it to bullied her and tell the executive about it that can makes a bad reputation of Rachel Kim's career. The contradiction feeling to choose between two commitment makes Rachel Kim in confusion situation. In the end, she obeyed her mother rules and comes to DB Entertainment to get trained at night, and ends up realizing the "night class" is a trap from Mina Choo.

Thus, the researcher classified the data above as the kinds of identity crisis namely Identity Deficit. This statement is supported by the statement of Baumeister (1985), in his theory he states that a crisis

of legitimacy or identity conflict refers to an identity crisis where people find a mismatch in existing commitments.

In psychological perspective, the action by Rachel Kim is affected by her conscious. Her high interest for K-pop world keeps her thinking logically and being aware of complying with the strict rules set by her agency. Also, these matters concerning her goal were things she was aware of. The definition of conscious itself is the current state of awareness (Freud, 1905)

3) Lack of Consistency

23/KIC/IC/p.198

By now my heart is speeding so far ahead of my brain I can't even see it anymore. Something about Jason's words have burrowed into my mind: I don't have to put on a show for you. With a slight start, I realize how true this feels for me, too. How much I've been putting on a show for everyone around me—the twins, Leah, Yujin, my parents, all the DB execs. Constantly being perfect Rachel, well-behaved Rachel, talented Rachel, sister Rachel, daughter Rachel. But with Jason, today, for the first time in months I feel like I've just been me. Rachel Kim. And it feels good. I want to say all this to Jason, but something holds me back. Saying those words feels like heading down a path I wouldn't be able to turn back from. A path that would jeopardize everything I've been working toward for the past six years. My life with DB might not be perfect, especially now, but it's still my life. My family's life. And I can't turn my back on that. On everything they've given up for me. On everything I've wished for myself. Not yet

From the data above it shows how she already made a commitment to have a relationship with Jason Lee. But in the other hand she already makes a commitment to become a K-pop Idol, and on the

way to achieving her dream, many sacrifices were made by her family. The contradiction between two commitments above left her in a crisis and afraid to disappoint her family. As seen in datum above Rachel Kim is aware of her roles and goals. Thus, she makes a new commitment that there is no other choice but to succeed to repay all the hard work and effort that has been given by her family.

Thus, the researcher classified the data above as the kinds of identity crisis namely Identity Deficit. This statement is supported by the statement of Baumeister (1985), in his theory he states that a crisis of legitimacy or identity conflict refers to an identity crisis where people find a mismatch in existing commitments.

In psychological perspective, the action by Rachel Kim is affected by her conscious. Her high interest for K-pop world keeps her thinking logically and being aware of her dreams. The feeling of not wanting to disappoint her family made her aware about her dream to debut as a K-pop Idol. The definition of conscious itself is the current state of awareness (Freud, 1905)

4) Lack of Self-awareness

25/KIC/IC/CIC/AS/p.237-238

“Please, Rachel, you know they’re not like that,” Jason pleads. “They would never do that to you just because you’re dating me.” I stare at him and I realize that nothing I say is going to make him understand that things are different for me than they are for him. Jason might be the “Angel Boy” of DB, but I’ve had to fight every step of the way, and I still feel like I’m barely

hanging on. DB would have no problem cutting me the moment they find a blemish that could tarnish their squeaky-clean, picture-perfect reputation. And a relationship with Jason would be an irreversible blemish. "It's over, Jason," I say, standing up from the table. "I can't do this anymore. I've worked too hard for my dreams to let anything stand in my way. Even you." (Jung, p.237-238)

From the data above it shows how Rachel Kim after making a commitment to have a relationship with Jason Lee which led Rachel Kim facing another conflict such as she always felt insecure, afraid, and fearful because having a relationship means she violated the dating rules set by her agency. Thus, it also means she endangered her career as a trainee to become a K-pop Idol. Due to the contradiction from two commitments above. Thus, the researcher classified the data above as the kinds of identity crisis namely Identity Deficit. This statement is supported by the statement of Baumeister (1985), in his theory he states that a crisis of legitimacy or identity conflict refers to an identity crisis where people find a mismatch in existing commitments.

In psychological perspective, the action by Rachel Kim is affected by her conscious. Her high interest for K-pop world keeps her thinking logically and being aware of her dreams. However, breaking up with her boyfriend Jason Lee was a bad decision. however, how Rachel Kim continues to think logically for her future indicates that she is influenced by her conscious aspect in making decisions.

5) Lack of Ambitions

26/KIC/IC/p.324

“Hey,” she says softly. “What are you doing?” I gesture to the applications on the table without looking up. “Preparing for college.” My voice cracks on the last word, and the reality of what is happening finally sets in. It’s like Umma’s question punctured straight through the numbness I’ve been wearing like armor, finally allowing the pain to flood in. And it hurts. “It’s over,” I say as Umma makes her way into my room, sitting on my bed next to me. “The whole K-pop thing is done. Nothing has turned out the way I thought it would. I thought I knew exactly what I was getting myself into when I first started, but I didn’t know anything. I was wrong. About everything.”

From the data above it shows how Rachel Kim as a trainee already struggle her career to become a K-pop Idol, but the commitment that she makes is very difficult, until she wants to give up to become a K-pop Idol, and pursuing other commitments like what her mother wanted, such as to focus on studying to enroll in university. Due to the contradiction above, Rachel Kim finds incapability in her existing commitment which categorized her to felt identity conflict.

In psychological perspective, the action by Rachel Kim is affected by her conscious. Her high interest for K-pop world keeps her thinking logically and being aware of her dreams. All the efforts she has put for being a K-pop Idol shows that she is very aware of her current state. The definition of conscious itself is the current state of awareness (Freud, 1905)

2. The Causes of Identity Crisis Experienced by Rachel Kim in Jessica Jung's Novel *Shine*

In his theory, Erikson states that there are four causes of identity crisis. The first cause is individual psychology which make someone claimed their own self as imperfect, bad creature, no value, and useless in this world. The second is adolescence stage which usually occurs in this stage because it is the time for people to aware of their roles and status in social life at the time or in the future. The third is parental values it means that people's perceptions of how their family treat them will influence their identity. The fourth is bad experiences from the past that influence their role at that time or in the present. It could be the form of bullying, divorce, transition from adolescence to adulthood, and how society treat them. Based on the theory above, three causes of Identity Crisis are found in Rachel Kim's characteristics, those are: Parental Value, Adolescence Stage, and Bad Experiences. Here are the analyses:

a. Parental Value

The first causes of identity crisis are parental value that also found in the novel *Shine* that Rachel Kim experienced it.

1) 53/CIC/PV/p.8

I should bite back, but I don't. I never do. I like to pretend it's because I'm taking my mom's advice to heart- you know, be the bigger person, always take the high road, never let them see you sweat, the mantras of strong, American-minded feminists everywhere. (Jung, p.8)

The context of the data above is Rachel Kim experienced bullying from other trainee that make her have those bad experiences that influence the way she thinks or see her own self. In this case, Rachel Kim cannot defend herself because of her mother value that was attached to her mind that she called it as “American-minded feminist.” “The American-minded feminist” values that she had from her mother’s behavior made her look bad to her peers. The stereotype of how Koreans regard Westerners, especially Americans as a country that has a very free culture of life, also it is supported by bad historical factors between American-Koreans, makes the stereotype worse between the two parties. These American values put Rachel Kim in a crisis because she was confused about whether to apply value from her mother or not, on the one hand she had to obey, but on the other hand these values were not suitable for use in her new society because of the different values of Koreans and Americans.

This statement is supported by the statement of Erik Erikson (1970), in his theory he states that parental value influence people’s perception of the way their family treats them. Erikson also states that a parental influential factor is a key in a child’s development. Adolescence sometimes reverts to mimicking their parent’s behaviors or mindset. In Rachel Kim’s case as seen in the data above it shows that American-minded-feminist taught by her mother sometimes is not

suitable to apply in her new life in South Korea, which causes her in doubtful situation as the symptoms of identity crisis.

2) 54/CIC/PV/p.11

I had practically decided to let go of the whole trainee thing, but to my surprise, Umma made me a deal: We would move to Seoul and I would go to school during the week, get an education, keep my prospects for college open, and every weekend (starting Friday night), I would train. The DB execs didn't really go for Umma's arrangement at first, but for some reason, Mr. Noh decided to bend the rules for me. Umma thinks it was because of her "American female empowerment" (as she calls it) (Jung, p.11)

From the data above, it shows how Rachel Kim plan for her future is depend on her mother's decision. This is due to the inability of adolescent to make any commitment, and still need the parent's guidance. But, in the other hand the inability of make commitment because of she leaves all decisions to her parents can also be bad for her survival. This will continue to trigger the inability to make decisions.

Apart from that, her mother's mindset that she has that "American female empowerment" also influences how Rachel Kim views the two of them as American-Korean, this can also have a bad impact if it is not monitored because it can make her feel "different" and have the more privileges. This is in the line with Erikson's theory that the key of child development such as decision making is mainly influenced by their parents.

3) 55/CIC/PV/p.13

As I got closer and closer to debut age, I begged my mom to let me train full-time, but all I ever got back was a resounding refusal. How can I tell my mom that it's almost unheard of to debut in a girl group if you're out of your teen years? How can I explain that I'm three years away from being past my prime? It's been almost seven years since DB debuted Electric Flower, right before the last big DB Family Tour. They haven't debuted another girl group since. Rumors that DB is looking to debut a new girl group—and soon—have been swirling for months, and I can't afford to wait another seven years. I can't afford to wait seven months. By then it might be too late for me. Debuting is everything I've been working toward, and there's no way I'm going to let myself be passed over. No matter what Umma says (Jung, p.13)

The unhealthy relationship between Rachel Kim and her mother such as not mutually open and fully support each other makes she difficult to express and communicate all the problems she has. In her career as a trainee, her mother's support often went up and down over time. The inconsistency of her mother in supporting her is makes her in crisis. Or it can be deduced that the lack of motivation and support from her mother also led Rachel Kim to have parental value issues which led her to experience an identity crisis during her adolescence stage.

Erik Erikson in Epstein & Dauber (1991) theory stated that parent take a big role in their children's life. There are six concrete types of parent involvement behaviors: positive home conditions, communication, involvement at school, home learning activities, shared decision making within the school, and community partnerships. In

Rachel Kim's case, she did not get some of these parent involvements that makes her in crisis.

4) 17/CIC/PV/p.39

“Always training. Why don't you try something different? It's not healthy being so obsessed with one thing.” She pulls out a huge stack of papers and hands them to me. I glance down and see UNIVERSAL COLLEGE APPLICATION stamped across the top. I feel dizzy with panic as my mom claps her hands, a huge smile on her face. “Rachel! I brought these home for you—tomorrow at Ewha there's an educational seminar! It's meant to prepare high school students for the college-application process. Why don't you go? They can help you start to fill these out, and maybe I can even show you around the campus after.” I pull the applications toward me with a sigh. “Umma,” I say carefully, “you know I would love to see Ewha, but I just... can't. Tomorrow is Sunday.” “We're talking about the rest of your life, Rach, not just one day,” Umma says lightly. “Sure. But... training is the rest of my life. Isn't it? I mean, isn't that why we came here?” Umma looks down at her plate and sighs. “There are... a lot of reasons why we came to Korea.” “I'm just suggesting that maybe you should keep your options open.” (Jung, p.39)

From the data above it shows how toxic the mother-daughter relationship between Rachel Kim and her mother. It shows that both of them do not have good communication which results in them having bad discussions. Apart from that, it shows how the two of them have different goals, Rachel Kim wants to become a K-pop idol, while her mother wants her to go to school and continue her education at university like a normal teenager. On the other hand, her mother's advice is good for Rachel Kim's future, but the way she communicates makes a wrong perception which results in a bad relationship between mother and daughter.

This statement also supported by the statement that stated by Kristin Zolten & Nicholas Long (2006) children will learn how to communicate by watching their parents. If parents communicate openly and effectively, chances are that their children will do the same thing. Children begin to form ideas and beliefs about themselves based on how their parents communicate with them. Also, vice versa if the communication between parents and children is ineffective, it can lead children to believe that they are unimportant, unheard, or misunderstood.

5) 56/CIC/PV/p.122-123

“So, you lied to me when you said you were going to study with the Cho twins. And then you went to a place I explicitly told you not to go. And then you go out-of-your-mind drunk and put on a strip show in front of your good-for-nothing-K-pop friends?” She shakes her head, her voice catching. “I knew this K-pop world would be a bad influence. It’s poisoning you.” “It’s not,” I insist. Tears are streaming down my face now. I desperately try to wipe them away, but I can’t get them to stop. “Please, Umma, just let me explain.” “When did my daughter become such a disgrace? How can you live with yourself like this? Huh, Rachel? You’re out of control!” In the midst of my guilt and regret, I feel another emotion swell to the surface. Anger. Can’t she even give me a moment to explain myself? She’s supposed to be my mother. She’s supposed to be on my side. “Well, maybe I wouldn’t have had to lie if you tried to be supportive for once! The whole reason we moved here was so I could train, but you act like it’s just some hobby I’ve had for the last six years.” I explode. (Jung, p.122-123)

Bad relationships and communication and lack of support from her mother made Rachel Kim do various ways to achieve her desires and goals. As seen in datum 56 case, Rachel Kim lied to her mother about how she wanted to sneak in to attend night practice at the trainee’s

house which ended up getting a trap from his rival fellow trainees. The bad attitude of Rachel Kim is the result of a bad relationship between mother and daughter which leads to an identity crisis, because they feel they are not supported, they feel there is rejection from various sides.

The bad communication and lack of support between Rachel Kim and her mother leads her to face many problems. This is in the line with Bourne (1978) theory, he states that people who were currently undergoing or having experienced identity crisis recognize the inconsistencies in their parent's behavior. It can be deduced that there are two side both acceptance and rejection in the way their parents treat them. In Rachel Kim's case, her mother inconsistency in communicating and supporting her lead her to felt an identity crisis.

In this research, the researcher found there are six data that shows Rachel Kim experienced one of the causes of identity crisis namely Parental Value that can be seen in appendix.

b. Adolescence Stage

The second causes of identity crisis found in the *Shine* novel that experienced by Rachel Kim is adolescence stage, here are the data:

1) 58/CIC/AS/p.27

I think about what life was like back in New York. Appa was semi famous from his pro-boxing days, and the gym he ran in our neighborhood in the West Village was always brimming with people. Umma was close to getting tenure as an English Literature professor at NYU. Everyone was busy, but somehow the four of us were always together. But everything is different

now. Umma's working twice as hard to get back on the tenure track at her job, which could be years away. Leah spends hours alone after school each day while our parents are working and I'm doing homework or trying to keep up with my training. I know Appa is happy for me and my life as a K-pop trainee, but I can't help feeling guilty for the dreams he gave up in order to let me pursue mine. The thought of disappointing my family—the ones who gave up so much so I could train at DB, so that I could be a star—haunts me. But that's why for me it's not a matter of if, but when. For me there's no other choice but to succeed (Jung, p. 27)

From the data above, it seen how Rachel Kim felt the identity crisis, and the causes of all of it is adolescence stage, where it is the time for Rachel Kim to consider, and realized her position or role in social life at that time or even for the future, she also starts to thinking and struggling to pursuing her dream to make her own identity. This statement is supported by the statement of Erik Erikson (1993), in his theory he stated that the main task of adolescents is to solve the crisis during the identity versus role confusion stage or the sixth stage of human development.

Thus, according to the data above and statements of Erik Erikson (1933), what Rachel Kim's feels can be classified as one of the causes of identity crisis namely adolescence stage. Since, it also happens during the adolescence years.

2) 59/CIC/AS/p.112

If I could just debut already, it would all be worth it. They would be able to see that everything they've sacrificed for me—leaving jobs, leaving friends, leaving the States—wasn't for nothing. Debating would solve everything. (Jung, p.112)

From the data above, it seen how Rachel Kim already understand her task as adolescence that she must take a responsibility to maintain her career and her goals namely to debut as a K-pop Idol. She also feels that debut will solve all her problems as well as all the effort that has been put out by her family. In realizing her duties as an adolescent, Rachel Kim gets several crises where she must maintain and manage her life goals as well. This statement is supported by Erikson's theory, where usually identity crisis occurs during adolescence stage, this is due to the fact that it is the time for adolescent to realize themselves both in the present and their position or role in social life at that time or for the future.

3) 60/CIC/AS/p.203

More specifically, I'm thinking about everything she said to me in Jeju. Having a boyfriend isn't just difficult; it's dangerous. No one ever proved that Suzy Choi was cut from the program because she had a boyfriend. (In fact, just last week some newbie trainee whose mom works in the DB admin office swore that Suzy was cut because of a botched eyelid surgery). And then there's Song Gyumin. I mean, Jina was holding hands with him. In public! So how exactly is having a boyfriend so "dangerous"? It's not that I don't believe her. Or that I do. But, I just don't know what to think. And even if I did, I still wouldn't know how I felt about Jason. And even if I knew how I felt about Jason, I still wouldn't know what to do about it. How could a cute boy who loves Leah and says it feels good to be around me be a "danger"? But how could I risk my entire career—my whole future as a K-pop singer —on a boy? Basically, everything is a mess. (Jung, p.203)

From the data above, it shows how Rachel Kim during her adolescence stage felt confused about her life as a trainee K-pop Idol.

Her life is fulfilled and surrounded by the strict rules of her agency. She has the confusion that comes with the rules, such as the no-dating rules. On the other hand, she wants to follow her heart's desire, which is to try normal things that are done by teenagers her age, such as dating. However, the strict rules set by her agency made her feel a crisis, where she felt role confusion as a trainee as well as a teenager who wanted to try many things.

In the datum 60 case, it clearly seen how doubtful she is, also she tries to understand her role. This statement supported by statement of Erik Erikson (1980), in his theory he states that one of characteristics when someone in identity crisis is they will have doubtful feeling, because in this stage an identity crisis will make people asking for themselves. And those question will make people doubt themselves. Another characteristic of identity crisis is role confusion. This stage may occur during adolescences, but there are also possibilities it might happen in adulthood. Role confusion will also make a person's questioning their life, and the question will make people insecure about their life.

4) 4/KIC/ID/CIC/AS/p.199

I want to say all this to Jason, but something holds me back. Saying those words feels like heading down a path I wouldn't be able to turn back from. A path that would jeopardize everything I've been working toward for the past six years. My life with DB might not be perfect, especially now, but it's still my life. My family's life. And I can't turn my back on that. On

everything they've given up for me. On everything I've wished for myself. Not yet. (Jung, p.199)

As seen in datum above that teenagers have a great desire to try various things, this is due to teenagers being in the moratorium stage, in James Marcia (1966) theory, he states that teenagers will explore many things without making any commitments. In datum 4 case, it is seen how doubtful Rachel Kim, she wants to explore new things such as dating with Jason, but in the other hand, it is like she is risking her hard work as a trainee, because one of DB Entertainment's, the agency where she gets trained, restrictions is forbidden to date. Based on the monologue above and the statement of Erikson, thus data classified as the cause of identity crisis namely adolescence stage.

5) 5/KIC/IC/CIC/AS/p.208

In that moment, with his skin touching mine, I can almost feel my worries melting away. I want so badly to choose him. For a moment it seems possible, as all the threads in my mind start to untangle, but instead of making my choice easier, they're pulling in opposite directions and I don't know which way to follow. I glance toward the stage, at Kang Jina and Electric Flower, out at the audience to Leah, and then back at Jason. For the last six years, being a K-pop star is all I've dreamed of. All I've wanted. But what if that isn't enough anymore? What if the endless hours of training and sacrifice, the tired bags under Appa's eyes, the strain in Umma's voice, the sad look on Leah's face just aren't worth it? What if I need more from life than a stage and a song? I look at Jason and I know. "You're right. I wasn't ready then. But I am now." My voice is raw. He squeezes my hands, unfiltered hope shining out of his eyes. "I want to take a chance with you." (Jung, p.208)

From the data above, it seen how Rachel Kim decide to have a relationship with Jason Lee after she felt the crisis to maintain her career as a trainee or follow her heart desire. But after make a new decision, it leads Rachel Kim to another crisis, as seen in the data below:

I burst out laughing, sure he was joking, but he was already up and dragging me toward the door. “Jason, stop!” I almost shouted. “We can’t go outside together! Why do you think I insisted on meeting here in private? You know how strict DB is about the no-dating rule!” Jason laughed, brushing it off. “Those rules aren’t really enforced. They just say that to scare us and keep us on track. Trust me.” He squeezed my shoulders. “We’ll be fine.” I raised an eyebrow skeptically. Part of me wanted to believe him and cast aside Kang Jina’s warning, but I have six years of DB media training and dance practice and the endless hours of wall sits we’ve all endured on my side. Just being there with Jason was risky enough. I couldn’t afford to take any more. (Jung, p.214)

In the identity status theory of James Marcia (1966) in the moratorium stage, teenagers will explore a lot and find out about their identity. It proves that Rachel Kim enters the moratorium stage, where she wants to explore many things, even the forbidden one, to find out her identity. In Rachel Kim’s cases she already understands her own decision that bad for her future, namely dating with Jason Lee.

In this research, the researcher found there are seven data that shows Rachel Kim experienced one of the causes of identity crisis namely Adolescence Stage that can be seen in appendix.

c. Bad Experiences

The third cause of identity crisis that also experienced by Rachel Kim's in the novel *Shine* is bad experiences as seen in the data below:

1) 31/CIC/BE/IIC/AL/p.12

“Still, the situation was pretty unheard of, and it wasn't long before I was known as “Princess Rachel,” the most pampered trainee at DB; the full-blooded Korean whose American passport (and American attitude and American dislike of Spam...) put more distance between me and the other trainees than the entire Pacific Ocean had. Now, six years later, even though I've been here longer than almost all the other trainees, the nickname still lives on” (Jung, p.12)

From the data above, it shows how the American background that Rachel Kim have makes her in problem. She gets a lot of problems from being American-born-Korean girl such as she got new nickname as “Princess Rachel” who looks cool but the nickname is a mockery of her peers for her. The fact that she has American background makes a gap and distance for herself and her fellow trainees. The nickname, mockery, and the treatment that she got makes she felt different and alienated. Also, from the way the society saw her and treated her makes her have a lot of bad memories about adolescence stage.

This statement is supported by the statement by Erik Erikson (1980), in his theory he states that when someone experiencing tragic moment or bad things in their life that makes them afraid about the past may influence their identity. Bad experiences can be a form of bullying, divorce, alienated by society, also the transition from childhood to

adulthood. Thus, according to the datum above and statements of Erik Erikson (1980), what Rachel Kim experiencing can be classified as bad experiences as the cause of identity crisis she experienced.

2) 33/CIC/BE/IIC/AL/p.44

It all started when I was six years old. There was one other Asian girl in my class, Eugenia Li. Even though she was Chinese, everyone was always asking us if we were cousins or twin sisters. I didn't think much of it until one day when I got stung by a bee during recess. I was sitting in the nurse's office, waiting for Umma to come and take me home, when Mrs. Li walked through the door. The nurse didn't realize she had done anything wrong and instead was all smiles as she told me that my mom was there to get me. For the first time, I realized the world didn't see me the way I saw me, or the way my family saw me. All they saw was my face; the shape of my eyes and my nose; my thick, straight black hair—and it made me interchangeable with girls like Eugenia, even though we looked nothing alike. When my mom finally picked me up at school, I couldn't stop crying. The bee sting was still burning on my skin, but when Umma asked me what was wrong, all I could think about was Mrs. Li. "I wish I wasn't Korean," (Jung, p.44)

From the data above, it shows how Rachel Kim realized how the society see herself. She already realized that she was identified or recognized by the shape of her facial features, such as the shape of her face, eyes, nose, and hair. Which of these things can identify which tribe or race she is comes from. In the case of datum 33, the way she was recognized and her teacher's mistaken identification left her with bad experiences about how people judge or see her. Also, she becomes self-loathing such as how she looks and was born as a girl of Korean blood. The bad experiences that she feels leads her to realize her worth and hate herself as an American-born-Korean girl.

3) 34/CIC/BE/IIC/AL/p.45

I wish I could say that time with Mrs. Li and the school nurse was the only time I ever felt rejected by the world, but it wasn't. There were the kids who made fun of the kimchi Umma packed me for lunch; the woman who once came up to me in our corner bodega, screaming at me that I should "go home" (even though I lived around the block, I got the feeling that wasn't what she meant); there was the time I dressed like Hermione Granger for Halloween and everyone insisted that I was Cho Chang. Through it all, there was K-pop. It made me feel understood, like there was a place in the world where I belonged, where people would see me for me. (Jung, p.45)

From the data above it shows how Rachel Kim feels rejection of her background as an American-born-Korean girl for the umpteenth time from various cases in the data finding. In the case of datum 34, Rachel Kim was rejected in the form of bullying, both verbally and physically. The rejection in the form of bullying that she received both in American and Korean left bad memories of how the society treats and judges her. In Rachel Kim's case, the bad experiences such as the feeling of rejected by the society and the bullying she gets lead her to feel pressure and stress at the same time. Those bad experiences led her to feel an identity crisis. However, her ability to solve the problem will determine how she survives in through an identity crisis phase.

4) 40/CIC/BE/p.195-196

"I'm not half-white, but I feel the same way being Korean American. Sometimes it's like Korea doesn't fully accept me as Korean because I'm from America, but on the flip side, America doesn't fully accept me as American because of my Korean heritage. It's weird. It's like I exist in the in-between." (Jung, p.195-196)

From the data above it shows how confused and resigned Rachel Kim was for all the rejections she got both in American and Korean. The rejection that left a bad experiences in her memory made her feel isolated and question her identity, such as "who am I?" or "where is my exact place?" And when a person starts questioning about her identity it is can be a sign, they are in an identity crisis stage. In Rachel Kim's case, as seen in the data above, it clearly seen how she experiences identity crisis in her life. And the causes of her identity crisis are bad experiences during her adolescence stage.

According to Erik Erikson (1980), in his theory he states that one of the characteristics a person who feel an identity crisis is when they feel isolated. In Rachel Kim's case, the way the society both in American and Korean treat her, make her afraid of rejection such as being isolated by the society, bullying, being turned down or breaking up with her partners. Rachel Kim also becomes that someone who genuinely familiar with pain. Also, the feeling of being rejection itself leave an irritating feeling for her life that her egos cannot bear it.

5) 47/CIC/BE/IIC/AL/p.307

"Hey, isn't that Rachel Kim?" "It is. It is. Did you read this line about her? 'Rachel Kim is especially notorious for playing mildang with Jason Lee's heart, pushing and pulling and giving mixed signals to keep him on his toes. One second, she's all over him, and the next she's giving him the cold shoulder.'" "Wow. Can you believe her? Jason deserves better." The back of my neck prickles, and I can feel their phone cameras turning toward me. I quickly cover my face with my hands and hunch down in

my seat. When the subway stops, I leap up, running past the crowds of people waiting to board and booking it all the way to headquarters. It's no better inside, though, as young trainees gathered in the lobby whisper and points, I walk past them. "Did you see who it is?" "I heard she's pregnant with Minjun's love child and that's why Jason left her." "I heard she and Mina tried to strangle each other with the straps on their heels during tour." (Jung, p.307)

From the data above it seen that the bad experiences that Rachel Kim's experienced is mostly from the bullying that she gets from her new environment in South Korean, and the most of the bullies that Rachel Kim received were from her peers or other trainees from the same agency namely DB Entertainment. It also seen how bad the society both in American and Korean treat her, until she questioning for identity. Braun and Linder (1979) also state that physical, verbal, sexual and social demands on the adolescence often produce internal conflict, and this conflict is what Erik Erikson calls as an identity crisis.

In this research, the researcher found there are 26 data that shows Rachel Kim experienced one of the causes of identity crisis namely Bad Experienced that can be seen in appendix.

3. The Impacts of Identity Crisis Experienced Rachel Kim in Jessica Jung's Novel *Shine*

According to Erik Erikson (1980), in his theory he states that there are four impacts of identity crisis namely Useless, Less Believe, Losing Self-confidence, Alienated. In this research, the researcher found there are two

impacts of identity crisis felt by Rachel Kim in the novel *Shine*, those are:
Losing Self-confidence and alienated. Here are the analyses:

a. Losing Self-confidence

The first impacts of identity crisis are losing self-confidence. Here are some data that indicates Rachel Kim felt the identity crisis and resulted the impacts to her life:

1) 61/IIC/LS/p.11

My hands clench as I feel my body temperature skyrocket. Lizzie wasn't wrong, I'm not like the other trainees who are here 24/7, singing and dancing in practice rooms until 4:00 a.m., sleeping at the nearby trainee house, and waking up and doing it all over again, every single day. Back when I first got recruited to DB, my mom almost didn't let me come. It meant uprooting our family from New York City to Seoul, my sister giving up her school and her friends, both of my parents giving up for their jobs. But more than that, she couldn't understand the trainee lifestyle, the intense pressure, the years of training, the plastic surgery. (Jung, p.11)

From the data above it shows how Rachel Kim felt insecure as a form of losing her self-confidence. She has many things that make her feel inadequate about herself such as she feels she cannot compete with fellow trainees, because she has limited time to practice, this is the result of her mother's rules which she must stay in school and only follow training at her agency on weekends. Because the frequency of her practice is less than her peers, it makes her feel afraid and insecure.

The statement above is supported by statement of Erik Erikson (1980), in his theory he states that a person who felt identity crisis will

losing self-confidence in doing or starting a new thing or even their hobbies (p.32). In Rachel Kim's case, the feeling of never enough about herself or insecure makes her losing self-confidence in doing her hobbies such as trainee to be a K-pop Idol as her life goals.

2) 62/IIC/LS/p.12

You'd think they'd judge me based on how hard I train. How I work my body to the bone at DB headquarters on the weekends. How I sleep four hours a night during the week because of the hours of practice I put in after finishing my homework. How I begged my school to give me an independent study in music so I can have fifty minutes alone every day in the music room, practicing scales to keep me sharp. But instead, they judge my clean clothes, my neatly brushed hair, and the fact that I get to sleep in my own bed at night. And the worst part is? They're right. Every single one of them puts in twenty-four hours a day, seven days a week. Most of them live at the trainee house and go home once a month (if that). They eat, sleep, and breathe K-pop. No matter how you look at it, I can't compete with that. But that's exactly what I have to do. (Jung, p.12)

From the data above it shows how Rachel Kim always feels left behind and has a gap with other trainees who are her rivals to become a K-pop Idol. She felt that no matter how hard she tried she was still last among the other trainees. Besides that, the other trainee's opinions about herself for not having a same routine like other trainees in general have put her in a problem. The feeling of "can't compete" with other trainees is a form of losing self-confidence. Thus, based on the data monologue above and Erik Erikson (1980) theory about the impacts of identity crisis, the data above classified as losing self-confidence as a form of the impacts of identity crisis.

3) 63/IIC/LS/p.32

Is it worth it? That's question I ask myself every day. All the training, the lost weekends, the family sacrifices. The constant feeling of never quite belonging somewhere you desperately want to be. All to fulfil my dream of becoming a K-pop star. I think of eleven-year-old Rachel. The little girl who used to be chronically late because she couldn't stop watching K-pop music videos in the bathroom between classes. In some ways, not a lot has changed. In other ways, everything has. (Jung, p.32)

From the data above it shows how Rachel Kim starts to questioning about herself and her goals. The monologue and sentences "Is it worth it?" is a question that indicates she already losing self-confidence in doing her hobbies. Also, in the data above, Rachel Kim starts to memories all the things she has done to becoming a K-pop Idol as a form of less believe. This statement is supported by the statement of Erikson (1980) that a person who suffer identity crisis will be felt that losing self-confidence in everything they do, such as their hobbies.

4) 10/KIC/ID/IIC/LS/p.334-325

"I had no idea what sacrifices would go into this life," I say, wiping my eyes. "It's too much. I don't have what it takes. Maybe I never did." I feel tears building behind my eyes, threatening to spill out. Umma sits on my bed, looking at me long and hard. As sad as she looks to see me in pain, I think that a part of her must be relieved about this. With K-pop behind me, I can focus on school and college, just like she's always wanted me to. (Jung, p. 324-325)

From the data above it shows how Rachel Kim starts to think of another option of goals besides becoming a K-pop idol, such as focusing on school and enrolling in college as her mother wants. In Rachel Kim's case, the way she started thinking about choosing other options to

become her life goal was a form of her losing self-confidence in doing her hobbies to achieve her goal of becoming a K-pop Idol. Based on the data above, and the impacts of identity crisis theory by Erik Erikson (1980) the datum 11 can be classified as the impact of identity crisis that Rachel Kim experienced namely Losing Self-confidence.

5) 11/KIC/ID/IIC/LS/p.325

“Umma, you don’t have to worry about me anymore. I’m... not good enough either. I’m done with K-pop” (Jung, p.325)

From the data above it shows how Rachel Kim gave up on her goal to become a K-pop Idol. In the dialogue between Rachel Kim and her mother above, it also states how Rachel Kim declared that she is not good enough as a form of losing self-confidence. The hard pressure, competition with other trainees, bullying, and another dark side of trainee world make her in losing self-confidence and trapped in felt the impacts of identity crisis.

In this research, the researcher found there are 14 data that shows Rachel Kim experienced one of the impacts of identity crisis namely Losing Self-confidence that can be seen in appendix.

b. Alienated

The second impact of identity crisis that Rachel Kim felt is alienated due to being mistreated by the social or the people around her such as peers and family. The alienated or isolated that Rachel Kim felt can be seen from the data below:

1) 72/IIC/AL/p.25

Sweat pours down my forehead as I take another swing at the sagging punching bag in front of me. Thud. Mina's smug smile. Thwack. Umma's strict rules. Bam. Me, walking away from all those girls in media training instead of standing up for myself. Ugh. I beat them all to a pulp, everything that annoys me, everyone who stands in my way— even me (Jung, p. 25)

From the data above it seen how Rachel Kim felt the pressure also isolated by the people around her. She gets bad treatment such as bullying from Mina as her rival trainer, also she should handle with her mother's strict rules that make her in bad situation. This statement is supported by the statement of Erik Erikson (1980), in his theory he states that someone who suffer in identity crisis will become alienated as the impact of identity crisis, because she or he is treated badly by the social including the people around them. In Rachel Kim's case, she gets bad treatment from her peers such as bullying, also get strict rules from her mother. Until she feels that she is rejected by the people around her. She also feels isolated, and do not have anyone besides her who can support her. Moreover, the bad treatment that she gets such as become alienated makes her questioning the true sense of self.

2) 45/CIC/BE/IIC/AL/p.281

A group of girls stops a few feet away from us, gasping and reaching for their phones to snap a photo. “Oh my god, it’s Jason Lee from NEXT BOYZ!” “Ugh, but he’s with that Rachel Kim girl.” One of the girls’ sneers in my direction. “Isn’t South Korea known for their plastic surgery? If I were her, I would get a whole new face.” His fans have been following us around all day. Once one person saw us and posted our location on social media, we’ve had crowds of people popping up out of nowhere to gush over Jason. (Jung, p.281)

From the data above it shows how Rachel Kim felt isolated by the society in American and especially all of them is Jason Lee’s fans. In datum 45 case, the bullying that Rachel Kim's got leads to a sexist context. Sexist itself refers to discriminates on the basis of gender, in the data above it shows how Jason Lee gave bad comments about K-pop idols in South Korea which are famous for plastic surgery, but instead of directing this opinion to both of them as idols who are both the same came from South Korea, they only gave this statement to Rachel Kim.

The statement above shows how sexist K-pop world is, the fans will only focus on the gender, and give different treatment on men and women idol. Thus, based on the sexist treatment, and bullying that Rachel Kim gets when in American and according to Erik Erikson (1980) theory, the data above can be classified as the impacts of identity crisis namely become alienated.

3) 73/IIC/AL/p.294

“Rachel, this is Brooklyn,” Juhyun says quickly, giving my arm a reassuring squeeze. “Everyone here would rather die than admit they recognize—or god forbid like—some shiny, perfect K-pop star. There’s nothing to worry about.” (p.294)

Based on the datum above, it shows how Rachel Kim felt worried and alienated in her new society. This is due to her new identity as a K-pop Idol, she afraid about how the society see and treat her.

4) 52/CIC/BE/IIC/AL/p.316

The fan comments on the articles are rolling in now and holding nothing back. How dare these lowlife trainees break Jason’s heart! Who do they think they are? These bitches need to die, hurting our sweet baby Jason. I want to rip their ugly faces off! There’s no way DB will debut me now, not with all this baggage and fan hate. And to think, they’re the ones who put me in this mess. Trained me for years and then made me un-debut-able by their standards. It’s so ridiculous I almost want to laugh. Almost. I turn my phone off. I don’t want to see any more articles or read any more comments. My career may be over, but that doesn’t mean I have to be reminded of it every five seconds. (Jung, p.316)

From the data above it shows how Rachel Kim get verbal bullying from Jason Lee’s fans via internet. The context of the data above is that DB Entertainment, the agency that houses Rachel Kim and Jason Lee, made new news that sparked statements or rumors of a love triangle between Rachel Kim, Jason Lee, and Mina Choo. This was done by the agency to make Jason Lee's debut solo album to be successful.

Based on the statement above it shows how Rachel Kim become alienated by the society in South Korean which is mostly from Jason

Lee's big fans, also she become alienated from her own agency where they set all the plans that makes Rachel Kim do not have any choice, besides following the plan they have made, even if it jeopardizes her career as a trainee who is prohibited from having any scandals if she wants to debut as a K-pop Idol. In this research, the researcher found there are nine data that shows Rachel Kim experienced one of the impacts of identity crisis namely Alienated that can be seen in appendix.

B. Discussions

Finally, the researcher discusses this study based on the research findings above that discussed about the kinds, causes and impacts of identity crisis that experienced by Rachel Kim in the novel *Shine*.

1. The Kinds of Identity Crisis Experienced by Rachel Kim in the Novel *Shine*

From the data finding, the researcher found the kinds of identity crisis that experienced by Rachel Kim in the novel *Shine* namely identity deficit and identity conflict. Baumeister (1985) states that there are two kinds of identity crisis namely identity deficit and identity conflict. Identity deficit also called as motivation crisis is the kind of crisis which is characterized by a lack of commitment to values and goals. The characteristics of someone who felt identity deficit is they do not have ability to make any commitments, due to the inability to make commitment, they would do many explorations in their life.

The second kind of identity crisis is identity conflict or also called as legitimation crisis refers to identity crisis where people find incompatibility in their existing commitments. Unlike the identity deficit, this kind of identity crisis occurs after one has made commitment. Both kinds of identity crisis can happen in someone's life, especially during adolescent stage where usually adolescence searching and establishing for their identity for their future and their rules in social life.

In this research, the researcher found there are two kinds of identity crisis that experienced by Rachel Kim in the novel *Shine*. Based on the data finding, the identity conflict becomes the dominant data in the kind of identity crisis data that experienced by Rachel Kim in Jessica Jung's Novel *Shine* with 16 data. This is due to of her desire to explore many things such as many commitments in her life. Identity conflict or legitimation crises repeatedly occur in Rachel Kim's life due to various causes. Apart from that, Rachel Kim's inconsistency in achieving her dreams was also a major factor in her being trapped in one of the identity crises, namely identity conflict.

However, the researcher also found the less dominant data in the kind of identity crisis that found in the novel *Shine* which was experienced by Rachel Kim as the main character namely identity deficit with 12 data. Identity deficit becomes the less dominant data in *Shine's* novel due to the high desire of Rachel Kim that wanting to pursuing and establishing her new identity as a K-pop Idol. Thus, she must decide or make a commitment to achieve her goals.

2. The Causes of Identity Crisis Experienced by Rachel Kim in the Novel *Shine*

The researcher found there are three causes of identity crisis in the novel *Shine* that experienced by Rachel Kim as the main character. The causes of identity crisis experienced by Rachel Kim in the novel *Shine* that has found are Parental Value, Adolescence Stage, and Bad Experiences.

Erik Erikson (1994) states that identity crisis can happen when a person question who they are or their identity. Usually, this condition happens when a person is going through a big change in their life. He also stated that in human development to build the personality, in adolescent stage (12 to 18 years) the conflict faced by adolescents is identity vs role confusion. At this stage, adolescence seeks a sense of self and personal identity through an intensive exploration of their interest, behavior, and values. Also, during the adolescent stage if the person fails to develop or searching for the identity, they will feel the identity crisis.

Erik Erikson (1970) states that there are four causes of identity crisis happened, those are individual psychology which is when someone perceives if they are bad creature useless in this world. The second cause is identity crisis can occur during adolescence, it happens because it is the time for people to realize themselves in the present and their position or role in social life at that time or even for the future. The third cause is parental value that influence people's perception of the way their family treats them. The fourth cause is bad

experiences that happened in someone's life that make someone afraid about the past such as bullying, divorce, etc.

The researcher found the causes of identity crisis in this thesis are 39 causes. They include 6 causes by Parental Value, 7 causes by Adolescence Stage, and 26 causes by Bad Experiences. The dominant data in the causes of Identity Crisis that has found in the novel *Shine* that experienced by Rachel Kim as the main character is Bad Experiences. Bad Experiences is one of the causes of identity crisis happen in someone's life. A tragic moment or something that makes people afraid about the past may influence people's identity and ask for themselves. The tragic moment can be in the form of bullying, divorce, heart break, racism, and many more.

In Rachel Kim's case, there are many factors that makes she have many bad experiences that resulted in identity crisis she experienced. Here are some of the researcher's analyses:

a. Bullying

Rachel Kim gets bad treatment from her society both in American and Korean because of her identity. Bad treatment that she gets are in the form of verbal bullying, cyber bullying, and racial bullying. She treated badly from the society both in American and Korean. Based on the data finding it shows how racial bullying experienced by Rachel Kim such as she gets mockery by her

neighborhood in American, and how the society in there see her as an Asian girl that make them can make fun of her identity. She also gets a lot of bad comment and sexist from Jason Lee's fans and Korean Netizen, and get different treatment from her peers and other trainee because of her background as an American-born-Korean girl.

Based on the explanation above, it shows how Rachel Kim became alienated by society because of her identity background. Born as an American-Korean girl is not as good as people think. In Rachel Kim's case, she got a lot of bad treatment such as bullying, and various bad treatments because of her identity background. The feelings of alienation and isolation due to bullying and how she was treated by the people around her made Rachel Kim have many bad memories of her adolescent stage, which made her feel scared, isolated, and had no freedom for herself.

b. Ambivalent Relationship with Her Mother

One of the bad experiences that makes Rachel Kim felt identity crisis is because her ambivalent relationship with her mother. Her mother's obscurity in supporting Rachel Kim to achieve her dream of becoming a Korean Idol left her in a confusion and doubtful situation. Sometimes, her mother acts like she really supports her dream, but sometimes she also acts like she does not believe her dream as a trainee who will become a Korean Idol. The strict rules of her mother, as well

as the strict rules of her agency make Rachel Kim must maintain everything at the same time.

In his theory Falk (1976) and Schafer (1973) states that the ambivalent relationship toward their parents might be provoked adolescent to felt identity crisis (Baumeister *et al*, 1985, p. 410). A constant feeling of accepting and rejecting is what it called as ambivalence. In Rachel Kim's case, she felt contradictory about how she should think and act to her mother. She loves her mother for always provide everything for her life, but sometimes she also could not agree with her mother rules and could not accept her mother's mindset. Therefore, conflicting, or incongruous feelings arise interfered with his relationship with his mother. The existence of these two feelings hatred and awe, which were two contradictory feelings, inside the relationship between child and parents may be the main cause of adolescence identity crisis (Baumeister *et al*, 1985, p.409).

However, the researcher also found the less dominant data in the causes of identity crisis that experienced by Rachel Kim as the main character namely Parental Value. Parental Value felt by Rachel Kim in the novel because of the ambivalent relationship between her and her mother. Parental Value become less dominant data because in the novel it is only tell how disharmony relationship with her mother. In the other hand, she still has her father and younger sister who supporting her.

3. The Impacts of Identity Crisis Experienced by Rachel Kim in the Novel

Shine

The researcher found there are two impacts of identity crisis in the novel *Shine* that experienced by Rachel Kim as the main character. The impacts of identity crisis experienced by Rachel Kim in the novel *Shine* that has found are Losing Self-confidence and Alienated.

Erik Erikson (1970) in his theory states that there are four impacts of identity crisis those are: the first is useless, someone who felt identity crisis will think that she/he is useless in this world and does not deserve any chances in this world. The second is less believe in him/herself and do not know what to do next in his/her life that makes her/him in confusion. The third is losing self-confidence in doing or starting a new thing or even the hobbies that she/he likes. The fourth impact is become alienated because she/he is treated badly by the social or by the people around there include her/his family.

The researcher found the impacts of identity crisis in this thesis are 23 impacts. They include 14 impacts of Losing Self-confidence, and 9 impacts of Alienated. Based on the data finding, the dominant data in the impacts of Identity Crisis that has found in the novel *Shine* that experienced by Rachel Kim as the main character is Losing Self-confidence. Losing Self-confidence happens when Rachel Kim felt the identity crisis, one of the causes is because of she gets bullied by the society both in American and Korean during her adolescence stage. Losing self-confidence itself can be a form of became less

believe in doing or starting a new thing or even the hobbies that she/he likes. In Rachel Kim's case, the form of losing confidence depicted in the data below:

a. Low Self-esteem

One of the forms of losing self-confidence that Rachel Kim experienced is she become that someone who has low self-esteem. According to William James (1980) he defined self-esteem as the feeling of self-worth that results from consistently meeting expectations for personally valued activities. Meanwhile, Sigmund Freud in his theory also states that self-esteem is when someone have a strong sense of self ego.

In Rachel Kim's case based on the data finding, the low self-esteem can be seen in the way she questioning about herself, such as about who she is and what she wants to do. She became someone with lacks of confidence in doing her hobbies or something she likes. She became that someone who insecure and not believe in her own self capability. She also felt doubtful as a characteristics of identity crisis she experienced. This situation happened because when someone felt an identity crisis and have losing self-confidence as the impact of it, they will do not have capability to believing their self-worth. Thus, it can be deduced that one of the impacts of identity crisis that Rachel Kim experienced the dominant data findings is low self-esteem as a form of losing self-confidence.

However, the researcher also found the less dominant data in the impacts of identity crisis that experienced by Rachel Kim as the main character namely Alienated. The alienated felt by Rachel Kim in the novel because of her background as an American-Korean girl which makes her seen differently by the people around her. Alienated is the feeling where a person felt of disconnection from a group, whether friends, family, or wider society. In Rachel Kim's case, she can overcome the alliance she had by focusing on achieving her goal of becoming a K-pop Idol.

In this research, the researcher also found the positive impact as the result of identity crisis that Rachel Kim experienced. Here is the explanation:

b. Establish New Identity

Based on the data finding, it proven how Rachel Kim felt an identity crisis, it is shown she felt two kinds of identity crisis namely identity deficit and identity conflict. The causes of identity crisis she experienced is also clearly proven in the data finding namely Adolescence Stage, Parental Value, and Bad Experiences. Rachel Kim also gets negative impacts as the result of identity crisis she experienced. Based on Erik Erikson's theory, in this research it is only found two impacts of identity crisis namely Losing Self-confidence and Alienated.

Those two impacts are classified as the negative impacts of identity crisis that Rachel Kim experienced.

However, in this research the researcher also found positive impact of identity crisis that Rachel Kim experienced namely she successfully establish new identity to become a K-pop Idol, which is it her dream and life goals. Based on this research finding, it must be underlined that an identity crisis does not only have a negative impact on a person, but it can also have a positive impact. When someone is isolated, they will think of ways to grow or get out of the crisis phase. From this discovery it can take a lesson that as a human we must always do good and think positively in any situation. Always strive for good things even in the worst situations, to get good results as well.

In Rachel Kim's case, when she felt an identity crisis from getting alienated from the society both in American and South Korean, also got bad treatment from those societies. There is a phase when she feels down, but instead of protracted in that phase, Rachel Kim, who has high motivation to achieve her dreams, again sets strategies and goals. He became a trainee who was diligent, passionate, and filled himself with talent. In the ending of the novel, it is told how he finally successfully debuted as a K-pop idol with a group called Girls Forever.

CHAPTER V

CONCLUSION, IMPLICATIONS, AND SUGGESTIONS

After analyzing and explaining the identity crisis that experienced by Rachel Kim as the main character in Jessica Jung's Novel *Shine*, the researcher goes to the conclusion. This chapter presents conclusions and suggestions related to what the researcher has analyzed and discussed in the chapter IV

A. Conclusions

Based on the analysis of the identity crisis experienced by Rachel Kim in Jessica Jung's novel *Shine*, the researcher has drawn the conclusion as follows:

1. There are two kinds of Identity Crisis that experienced by Rachel Kim in Jessica Jung's Novel *Shine*. There are Identity Deficit and Identity Conflict as the kinds of Identity Crisis that experienced by Rachel Kim as the main character in Jessica Jung's Novel *Shine*. The researcher found there are 12 data of Identity Deficit and 16 data of Identity Conflict in the Novel *Shine*. Based on the data finding, it found that the dominant data in the kinds of identity crisis experienced by Rachel Kim is Identity Conflict, this is due to her high desire to explore many things in her adolescence stage, and the high motivation to establish a new identity and goals to become a K-pop Idol.

2. There are three causes of Identity Crisis experienced by Rachel Kim in Jessica Jung's Novel *Shine* those are: Parental Value, Adolescence Stage, and Bad Experiences. There are 6 data of Parental Value, 7 data of Adolescence Stage, and 26 data of Bad Experiences. Based on the data finding, it found that the dominant data in the causes of identity crisis is Bad Experiences, which the researcher deduced there are two main factors from the bad experiences that Rachel Kim experienced those are: the ambivalent of mother-daughter relationship, and bullying that she gets during adolescence stage.
3. There are two impacts of Identity Crisis experienced by Rachel Kim in Jessica Jung's Novel *Shine* those are Losing Self-confidence and Alienated. There are 14 data of Losing Self-confidence and 9 data of Alienated. Based on the data finding, it found the dominant data in the impacts of identity crisis that Rachel Kim experienced is Losing self-confidence. Due to the losing self-confidence, Rachel Kim characteristics become that someone who has a low self-esteem. The researcher also found there is positive impacts of identity crisis that experienced by Rachel Kim namely she successfully establishes new identity to become a K-pop Idol as her dream and life goals.

B. Implications

This research is expected to provide a theoretical impact in increasing knowledge and insight about identity crisis such as the kinds, the impacts, and the causes of identity crisis. The researcher hopes that this research can give contribution in the field of literature and psychology, also can add suggestions, and broader insight for the readers, thus the readers can have knowledge about psychoanalysis in literary works.

C. Suggestions

Regarding the method of research, the researcher suggests to the reader try to use a psychological lens when reading literary works. By analyzing literary a text that uses psychology, and readers may be able to empathize with the characters more and find new meaning within the story to be appreciated. Moreover, the researcher hopes by reading this research will help the readers to understand the definition of identity crisis and its representation in literary works. It is to be respected if the reader could gain the awareness about identity crisis in real society since it concerns the issue of mental health.

With this study, the researcher also hopes to contribute to further research focusing on literary analysis. The issue of identity crisis is also recommended to be applied in analyzing other literary texts. Furthermore, the researcher suggests other researcher to employ the novel *Shine* written by Jessica Jung as their study object using different approach.

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APPENDICES

APPENDICES

Appendix 1: Validator Sheet

VALIDATION SHEET

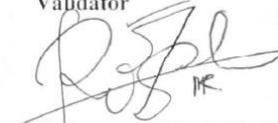
This thesis data titled *The Identity Crisis Experienced by Rachel Kim in Jessica Jung's Novel Shine (2020)* has been validated by Muhammad Rizal, M.A in:

Day : Monday

Date : April 10th, 2023

Surakarta, 10 April 2023

Validator

A handwritten signature in black ink, appearing to read 'Rizal' with a stylized flourish and a small 'MR' monogram to the right.

Muhammad Rizal, M. A

No	Coding	Textual Data	Kinds of Identity Crisis	Causes of Identity Crisis	Impacts of Identity Crisis	Explanation	V/N
1.	1/KIC/ID/ CIC/BE/ IIC/AL/ p.68 1: Data Number KIC: Kind of Identity Crisis ID: Identity Deficit CIC: Cause of Identity Crisis. BE: Bad Experiences. IIC: Impact of Identity Crisis. AL: Alienated.	When I first got recruited to DB, I was so excited—a whole program full of kids who felt the same way about K-pop and Korea as I did —or so I thought. It wasn't long before the constant "Princess Rachel" insults and subtle comments about my American background made me feel just as rejected as I used to feel back home in the States	Identity Deficit	Bad Experiences	Alienated	1 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. This kind of identity crisis characterized by a lack of commitment to value/goals inadequate about themselves (Baumeister, 1985). In Rachel Kim's case, she loses her motivation because of the 'mock' she got from her peers and it makes her in a lack of commitment situation. This datum is also categorized as the Cause of Identity Crisis namely Bad Experiences. Braun and Linder (1979) physical, verbal, sexual and social demands on the adolescents often produce internal conflicts. In Rachel Kim's cases as	Valid

	p.68: Page number of novel.					<p>seen in datum 1 it can be deduced that she felt verbal bullying.</p> <p>This datum also categorized as the Impact of Identity Crisis namely Alienated. Erik Erikson (1970) someone who become alienated because she or he is treated badly by the social or by the people around them.</p>	
2.	<p>2/KIC/ID/ p.129</p> <p>2: Data Number</p> <p>KIC: Kind of Identity Crisis</p> <p>ID: Identity Deficit.</p> <p>p.129: Page number of novel</p>	Being a Barbie doll isn't as much as I'd imagined it would be. I'm in each outfit for less than ten seconds before Grace signals for the next one.	Identity Deficit	-	-	<p>2 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. This kind of identity crisis characterized by a lack of commitment to value/goals inadequate about themselves (Baumeister, 1985). In Rachel Kim's case, her lack of commitment and motivation keeps her trapped in high expectations of becoming a K-pop idol, which are not as good as she imagined.</p>	Valid

3.	3/KIC/ID/ CIC/BE/ p.182-183 3: Data Number KIC: Kind of Identity Crisis ID: Identity Deficit CIC: Cause of Identity Crisis. BE: Bad Experiences. p.182-183: Page number of novel.	Just trust me. You can't be a K-pop star and fall in love. Having a boyfriend isn't just difficult; it's dangerous. Mr. Choo has Mr. Noh wrapped around his finger, and neither of them will ever shell out money for a female star that's anything less than perfect. Single and perfect.	Identity Deficit	Bad Experiences	-	3 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. In Rachel Kim's case, her confusion in choosing to maintain her career and her image as a trainee who will debut as a K-pop idol or follow her heart's desire to become Jason Lee's lover puts her in a motivation crisis. This datum is also categorized as the Cause of Identity Crisis namely Bad Experiences. In Rachel Kim's case it shows how she wants to explore (try to date Jason Lee) but company rules forbid it. It is in line with James Marcia (1966) in the moratorium stage, teenagers will explore a lot and find out about their identity.	Valid
4.	4//KIC/ID/ CIC/AS/ p.199	I want to say all this to Jason, but something holds me back. Saying those words feels like heading down a path I wouldn't be able to turn back from. A path that would jeopardize everything I've been	Identity Deficit	Adolescence Stage	-	4 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. This kind of identity crisis characterized	Valid

	<p>4: Data Number KIC: Kind of Identity Crisis ID: Identity Deficit CIC: Cause of Identity Crisis. AS: Adolescence Stage. p.199: Page number of novel.</p>	<p>working toward for the past six years. My life with DB might not be perfect, especially now, but it's still my life. My family's life. And I can't turn my back on that. On everything they've given up for me. On everything I've wished for myself. Not yet.</p>				<p>by a lack of commitment to value/goals inadequate about themselves (Baumeister, 1985). In Rachel Kim's case, the identity deficit occurs due to her lack of commitment to achieving her dreams. She explored a lot such as by dating Jason Lee, which was forbidden at the agency where she trained. Her confusion about continuing to fight for her dreams or following her heart's desires made her experience a motivation crisis.</p> <p>This datum is also categorized as the Cause of Identity Crisis namely Adolescence Stage. Erik Erikson (1970) states that in adolescence stage is the time for people to realize themselves in the present and their position or role in social life at that time or even for the future. In datum 4 case, it seen how doubtful Rachel Kim, she wants to</p>
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						explore new things such as dating with Jason, but in the other hand, it is like she's risking her hard work as a trainee, because one of DB Entertainment's restrictions is forbidden to date.	
5.	5/KIC/ID/ CIC/AS/ p.208 5: Data Number KIC: Kind of Identity Crisis ID: Identity Deficit CIC: Cause of Identity Crisis. AS: Adolescence Stage. p.208: Page	In that moment, with his skin touching mine, I can almost feel my worries melting away. I want so badly to choose him. For a moment it seems possible, as all the threads in my mind start to untangle, but instead of making my choice easier, they're pulling in opposite directions and I don't know which way to follow. I glance toward the stage, at Kang Jina and Electric Flower, out at the audience to Leah, and then back at Jason. For the last six years, being a K-pop star is all I've dreamed of. All I've wanted. But what if that isn't enough anymore? What if the endless hours of training and sacrifice, the tired bags under Appa's eyes, the strain in Umma's voice, the sad look on Leah's face just aren't worth it? What if I need more from life than a stage and a song?	Identity Deficit	Adolescence Stage	-	5 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. This kind of identity crisis characterized by a lack of commitment to value/goals inadequate about themselves (Baumeister, 1985). In Rachel Kim's case, the inability to make commitment makes her in doubtful and confusion situation. In Rachel Kim's case, the inability to make commitment makes her in doubtful and confusion situation. Also, the high desire to try new things like being in a relationship with Jason Lee put her in a motivational crisis, where she began to prioritize personal desires	Valid

	number of novel.					<p>above her main goal to become a K-pop Idol.</p> <p>This datum is categorized as the Cause of Identity Crisis namely Adolescence Stage. Erik Erikson (1970) adolescence stage is the time for people to realize themselves in the present and their position or role in social life at that time or even for the future. In datum 5 case, the doubtful that Rachel Kim felt led her to a different answer than before. If previously she chose to keep protecting her image as a trainee to debut without any rumors. In datum 5 it is seen how she wants to try dating Jason Lee legally and without the knowledge of the agency. In the identity status theory of James Marcia (1966) in the moratorium stage, teenagers will explore a lot and find out about their identity. It proves that Rachel</p>
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						Kim enters the moratorium stage, where she wants to explore many things, even the forbidden one, to find out her identity.	
6.	6/KIC/ID/ CIC/AS/ p.214 6: Data Number KIC: Kind of Identity Crisis ID: Identity Deficit CIC: Cause of Identity Crisis. AS: Adolescence Stage. p.214: Page number of novel	I burst out laughing, sure he was joking, but he was already up and dragging me toward the door. “Jason, stop!” I almost shouted. “We can’t go outside together! Why do you think I insisted on meeting here in private? You know how strict DB is about the no-dating rule!” Jason laughed, brushing it off. “Those rules aren’t really enforced. They just say that to scare us and keep us on track. Trust me.” He squeezed my shoulders. “We’ll be fine.” I raised an eyebrow skeptically. Part of me wanted to believe him and cast aside Kang Jina’s warning, but I have six years of DB media training and dance practice and the endless hours of wall sits we’ve all endured on my side. Just being there with Jason was risky enough. I couldn’t afford to take any more.	Identity Deficit	Adolescence Stage	-	6 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. This kind of identity crisis characterized by a lack of commitment to value/goals inadequate about themselves (Baumeister, 1985). In Rachel Kim's case, the inability to make commitment makes her in doubtful and confusion situation such as after Rachel Kim made a new commitment by being in a relationship with Jason Lee, she also felt a motivational crisis where she had to balance maintaining her goals as a K-pop Idol trainee without scandal, but on the other hand, she also wanted to trust Jason Lee.	Valid

						<p>This datum is also categorized as the Cause of Identity Crisis namely Adolescence Stage. Erik Erikson (1970) states that adolescence stage is the time for people to realize themselves in the present and their position or role in social life at that time or even for the future. In datum 6 cases, the doubtful still felt by Rachel Kim after she make decision to dating Jason Lee. In the identity status theory of James Marcia (1966) in the moratorium stage, teenagers will explore a lot and find out about their identity. It proves that Rachel Kim enters the moratorium stage, where she wants to explore many things, even the forbidden one, to find out her identity.</p>	
7.	7/KIC/ID/CIC/BE/p.251	New York. I should be thrilled, like Mina and Jason. But at this moment all I can think about is everything K-pop has asked of me: move across the world to a new country, miss your dad's graduation. Train 24/7. Never stop smiling. Even	Identity Deficit	Bad Experiences	-	7 is datum number, this datum categorized as the Kind of Identity Crisis namely Identity Deficit. In datum 7 case, the things that Rachel Kim used to dream of were	Valid

	<p>7: Data Number KIC: Kind of Identity Crisis ID: Identity Deficit CIC: Cause of Identity Crisis. BE: Bad Experiences. p.251: Page number of novel.</p>	<p>when you have to break up with your boyfriend. The one boy who got it. Who knew what this life was like. Whose dreams were your dreams. I've dreamed about going home for years—but now, in this moment, I don't see home. I just see another thing that K-pop is asking of me. Go to another city, with no notice and no say. I should be jumping up and down with joy, but it just doesn't feel the way I thought it would. Nothing does.</p>				<p>not that good enough to do. This is due to of motivation crisis she experiences. "Motivation crisis" refers to the things that do not meet her expectations such as what happen in datum 7, all those things make her lose enthusiasm.</p> <p>This datum is also categorized as the Cause of Identity Crisis namely Bad Experiences. Braun and Linder (1979) physical, verbal, sexual and social demands on the adolescents often produce internal conflicts. In Rachel Kim's case, she must lose everything as seen in datum 7 to becoming Korean Idol and the reality that being a K-pop idol is not good as her expectation</p>	
8.	<p>8/KIC/ID/CIC/BE/ p.315 8: Data Number</p>	<p>My stomach sinks "You're right. And maybe I would have. But not like this." The thread that has been holding my heart together snaps and I crumple. I reach back into my past—to all the younger versions of myself who have been keeping this dream alive for me. To my eleven-</p>	Identity Deficit	Bad Experiences	-	<p>8 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. This kind of identity crisis characterized by a lack of commitment to value/goals inadequate about</p>	Valid

	<p>KIC: Kind of Identity Crisis ID: Identity Deficit CIC: Cause of Identity Crisis. BE: Bad Experiences. p.315: Page number of novel.</p>	<p>year-old self who wanted this more than anything, whose pure love for K-pop and joy for this music has been lighting my way, showing me where to go, what to do. But she's barely a whisper in my heart right now. Jason's betrayal has shattered me completely. "Goodbye, Jason."</p>				<p>themselves (Baumeister, 1985). In Rachel Kim's case, she could not make any commitment such as made the decision to focus on pursuing her career or dating Jason Lee which might be the source of her career problems.</p> <p>This datum is also categorized as the Cause of Identity Crisis namely Bad Experiences. Erik Erikson (1970) states that a tragic moment or something that makes people afraid of the past may influence people's identity and ask for themselves. In Rachel Kim's case, she began to realize that her decision to date Jason Lee was a mistake that could impact her career as a K-pop Idol trainee.</p>	
9.	9/KIC/ID/IIC/LS/p.324	<p>"It's over," I say as Umma makes her way into my room, sitting on my bed next to me. "The whole K-pop thing is done. Nothing has turned out the way I thought it would. I thought I knew exactly what I was getting myself into when I first started,</p>	Identity Deficit	-	Losing-Self confidence	<p>9 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. This kind of identity crisis characterized by a lack of commitment to</p>	Valid

	<p>9: Data Number</p> <p>KIC: Kind of Identity Crisis</p> <p>ID: Identity Deficit</p> <p>IIC: Impact of Identity Crisis.</p> <p>LS: Losing Self-confidence.</p> <p>p.324: Page number of novel.</p>	<p>but I didn't know anything. I was wrong. About everything."</p>				<p>value/goals inadequate about themselves (Baumeister, 1985). In Rachel Kim's case, she lost her motivation is pursuing her dream to become K-pop Idol. This is due to of the lack of commitment to her goals.</p> <p>This datum is also categorized as the Impact of Identity Crisis namely Losing Self-confidence. Erik Erikson (1970) losing self-confidence in doing or starting a new thing or even the hobbies she likes is one of the impacts of identity crisis.</p>	
10.	<p>10/KIC/ID/IIC/LS/</p> <p>p.324-325</p> <p>10: Data Number.</p> <p>KIC: Kind of Identity Crisis</p>	<p>"I had no idea what sacrifices would go into this life," I say, wiping my eyes. "It's too much. I don't have what it takes. Maybe I never did." I feel tears building behind my eyes, threatening to spill out. Umma sits on my bed, looking at me long and hard. As sad as she looks to see me in pain, I think that a part of her must be relieved about this. With K-pop behind me, I can focus on school and college, just like she's always wanted me to</p>	<p>Identity Deficit</p>	-	<p>Losing-Self confidence</p>	<p>10 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. This kind of identity crisis characterized by a lack of commitment to value/goals inadequate about themselves (Baumeister, 1985). In Rachel Kim's case, she still wants to explore new things such as focus</p>	<p>Valid</p>

	<p>ID: Identity Deficit IIC: Impact of Identity Crisis. LS: Losing Self-confidence. p.324-325: Page number of novel.</p>					<p>on her school and enrolled to college. But without make any commitment.</p> <p>This datum is also categorized as the Impact of Identity Crisis namely Losing Self-confidence. According to Erikson (1970) one of the impacts of identity crisis is losing self confidence in doing or starting a new thing or even the hobbies that someone likes.</p>	
11.	<p>11/KIC/ID/ IIC/LS/ p.325</p> <p>11: Data Number KIC: Kind of Identity Crisis ID: Identity Deficit</p>	<p>“Umma, you don’t have to worry about me anymore. I’m... not good enough either. I’m done with K-pop”</p>	<p>Identity Deficit</p>	-	<p>Losing Self-confidence</p>	<p>11 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. This kind of identity crisis characterized by a lack of commitment to value/goals inadequate about themselves (Baumeister, 1985). In Rachel Kim’s case, her inability to make commitment make her want to give up to pursuing her dream.</p> <p>This datum is also categorized as the Impact of Identity Crisis</p>	<p>Valid</p>

	IIC: Impact of Identity Crisis. LS: Losing Self-confidence. p.325: Page number of novel.					namely Losing Self-confidence. According to Erikson (1970) one of the impacts of identity crisis is losing self confidence in doing or starting a new thing or even the hobbies that someone likes. In Rachel Kim's case, she gave up on her dream as a form of losing self-confidence in doing her hobbies or the things she likes.	
12.	12/KIC/ID/ p.323 12: Data Number. KIC: Kind of Identity Crisis ID: Identity Deficit p.323: Page number of novel.	How would you describe yourself? Where do you see yourself in ten years? What are your greatest passions? My mind is a blank. How can I answer any of these when my life with DB is over? Without K-pop, do I know who I am or what I want? Do I even have any other passions? It feels like my future has been swallowed whole by a giant question mark, when for so long, I knew exactly what I wanted it to look like. Maybe it's time I tried to imagine something new	Identity Deficit	-	-	12 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. This kind of identity crisis characterized by a lack of commitment to value/goals inadequate about themselves (Baumeister, 1985). In Rachel Kim's case, she wants to tried something new is a characteristics of identity deficit where someone who feels identity deficit will do much exploration.	Valid

13.	13/KIC/IC/ p.11 13: Data Number. KIC: Kind of Identity Crisis IC: Identity Conflict. p.11: Page number of novel.	Back when I first got recruited to DB, my mom almost didn't let me come. It meant uprooting our family from New York City to Seoul, my sister giving up her school and her friends, both of my parents giving up their jobs. But more than that, she couldn't understand why K-pop meant so much to me, and she definitely didn't understand the trainee lifestyle—the intense pressure, the years of training, the plastic surgery scandals. Then, about three weeks into begging my mom to change her mind, my halmoni died. My mom wouldn't let us miss school for the funeral, and when she got back from Korea, I had practically decided to let go of the whole trainee thing, but to my surprise, Umma made me a deal: We would move to Seoul and I would go to school during the week, get an education, keep my prospects for college open, and every weekend (starting Friday night), I would train.	Identity Conflict	-	-	13 is datum number, this datum is categorized as The Kind of Identity Crisis namely Identity Conflict. According to Baumeister (1985) identity conflict happens when people find incapability in their existing commitment. In Rachel Kim's case as seen in datum 13, she was committed by deciding to let go of the whole trainee to be K-pop Idol thing. But her mother changed her decision, and decided to allow Rachel Kim to become a trainee to become a K-pop Idol with some conditions and strict rules from her mother. Her mother's decision as the parental value greatly influences how Rachel Kim makes commitments that leads her experiencing contradictions.	Valid
14.	14/KIC/IC/ p.28 14: Data Number.	For the third time today, I feel a lump in my throat. I know Appa is happy for me and my life as a K-pop trainee, but I can't help feeling guilty for the dreams he gave up in order to let me pursue mine. The thought of disappointing my family—the ones	Identity Conflict	-	-	14 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. According to Baumeister (1985) identity conflict happens when	Valid

	<p>KIC: Kind of Identity Crisis IC: Identity Conflict. p.28: Page number of novel.</p>	<p>who gave up so much so I could train at DB, so that I could be a star—haunts me. But that’s why for me it’s not a matter of if, but when. For me there’s no other choice but to succeed.</p>				<p>people find incapability in their existing commitment. In Rachel Kim's case, she has made a commitment regarding her life goal which is to become a K-pop Idol. However, on the way to achieving his dream, many sacrifices were made by her family. This left her in a crisis and afraid to disappoint her family. However, as seen in datum 14 Rachel Kim is aware of her roles and goals and has high motivation to succeed.</p>	
15.	<p>15/KIC/IC/ p.30 15: Data Number. KIC: Kind of Identity Crisis IC: Identity Conflict.</p>	<p>My mom never lets me go to the trainee house, and when I don’t show up tonight, you know she’ll make sure Mr. Noh hears about it. And then I can kiss my future goodbye.” The thought of it makes my skin prickle with panic. But everyone knows that when it comes to being a trainee, talent will take you only so far. That’s why we’re all desperate to do whatever we can to get noticed by Mr. Noh and the rest of the DB executives. Because every thirty days, like clockwork, trainees gather in the auditorium with DB’s executive board, waiting to be evaluated and judged, deemed</p>	<p>Identity Conflict</p>	-	-	<p>15 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. According to Baumeister (1985) identity conflict happens when people find incapability in their existing commitment. In Rachel Kim’s case, she made the decision to come to the trainee's house at night which was her mother's prohibition. In the other hand, this is a good opportunity for her to get</p>	<p>Valid</p>

	p.30: Page number of novel.	worthy of staying in the program or getting kicked out.				the attention of agency executives. The doubtful and contradictory feelings after making a commitment are things that identify that Rachel Kim is experiencing an identity deficit.	
16.	16/KIC/IC/ p.32 16: Data Number. KIC: Kind of Identity Crisis IC: Identity Conflict. p.32: Page number of novel.	Juhyun tilts her head to the side. “Is it worth it?” I wipe the sweat from my face. Is it worth it? That’s a question I ask myself every day. All the training, the lost weekends, the family sacrifices. The constant feeling of never quite belonging somewhere you desperately want to be. All to fulfill my dream of becoming a K-pop star. I think of eleven-year-old Rachel. The little girl who used to be chronically late because she couldn’t stop watching K-pop music videos in the bathroom between classes. In some ways, not a lot has changed. In other ways, everything has. “It’s everything to me.” “There you go,” Akari says. Juhyun’s eyes glint underneath the gym’s fluorescent lighting. “Mina underestimates you, Princess Rachel.” She pulls off her boxing gloves and unravels her hand wraps, revealing intricately manicured pale-pink and navy-blue floral nails underneath. “Now go show that bitch who’s boss.”	Identity Conflict	-	-	16 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. According to Baumeister (1985) identity conflict happens when people find incapability in their existing commitment. In Rachel Kim’s case, she felt contradictory feelings when she made the decision to come to the trainee’s house as a challenge from her rival, Mina Choo. She realized how important K-pop was to her, and decided to come over to the trainees' house, even if it meant breaking her mother's rules.	Valid

17.	<p>17/KIC/IC/ CIC/PV/ p.39</p> <p>17: Data Number. KIC: Kind of Identity Crisis IC: Identity Conflict. CIC: Cause of Identity Crisis. PV: Parental Value. p.39: Page number of novel.</p>	<p>“Always training. Why don’t you try something different? It’s not healthy being so obsessed with one thing.” She pulls out a huge stack of papers and hands them to me. I glance down and see UNIVERSAL COLLEGE APPLICATION stamped across the top. I feel dizzy with panic as my mom claps her hands, a huge smile on her face. “Rachel! I brought these home for you—tomorrow at Ewha there’s an educational seminar! It’s meant to prepare high school students for the college-application process. Why don’t you go? They can help you start to fill these out, and maybe I can even show you around the campus after.” My chest fills with heat as I raise my hand to push away the stack of applications. But then I see Umma’s face—lips smiling, eyes hopeful—and a wave of guilt washes over me. We’ve been here for six years and I’ve still never seen the campus where she works—a far cry from the hours I used to spend reading books under her desk while she held office sessions. I pull the applications toward me with a sigh. “Umma,” I say carefully, “you know I would love to see Ewha, but I just... can’t. Tomorrow is Sunday.” “We’re talking about the rest of your life, Rach, not just one day,” Umma</p>	Identity Conflict	Parental Value	-	<p>17 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. According to Baumeister (1985) identity conflict happens when people find incapability in their existing commitment. In Rachel Kim’s case, after the decision to join the trainee class and focus to become a K-pop Idol as her life goals. Her mother wanted Rachel Kim to try other things such as focusing on school to enroll in college. The contradictory situation after making.</p> <p>This datum is also categorized as the Cause of Identity Crisis namely Parental Value. Erik Erikson (1970) states that parental values influence people’s perception of the way their family treats them. Erikson also states that a key parental influential factor in a child’s development. In Rachel</p>	Valid
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says lightly. “Sure. But... training is the rest of my life. Isn’t it? I mean, isn’t that why we came here?” Umma looks down at her plate and sighs. “There are... a lot of reasons why we came to Korea.” She opens her mouth like she’s about to say something more, but then she shakes her head slightly. She turns to me, and when she does, I can almost see tears in her eyes, but her voice is even and clear. “You know I used to be a volleyball player.” I resist the urge to roll my eyes—is Umma really going to compare her high school volleyball days to my K-pop training? “But where would I be now—where would our family be—if I had given up everything for that dream?” “But that’s exactly what you’re asking me to do—to give up everything I’ve been working for just for some college seminar.” I shove a piece of chicken in my mouth, skin and all. To hell with the extra calories. Umma shrugs, looking sad but determined. “I’m just suggesting that maybe you should keep your options open.” She picks at a piece of seasoned watercress on her plate. “You never know what the future might hold, Rachel. And if things don’t work out with your training... I just don’t want you to feel surprised.” My eyes fill with tears, and

Kim's cases, she had many things or principles that against her mother rules, which left her in confusion.

		I blink hard, unwilling to let them spill onto my face.					
18.	18/KIC/IC/ p.68 18: Data Number. KIC: Kind of Identity Crisis IC: Identity Conflict. p.68: Page number of novel.	When I first got recruited to DB, I was so excited—a whole program full of kids who felt the same way about K-pop and Korea as I did—or so I thought. It wasn't long before the constant "Princess Rachel" insults and subtle comments about my American background made me feel just as rejected as I used to feel back home in the States	Identity Conflict	-	-	18 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. According to Baumeister (1985) identity conflict happens when people find incapability in their existing commitment. In Rachel Kim's case, after she make decision to become a trainee, she gets a new conflict that comes from her background as an American-born-Korean girl, she often feels rejection from the society around her. It is this contradiction that arises from external factors that indicates she feels an identity conflict.	Valid
19.	19/KIC/IC/ p.92 19: Data Number.	Yujin's been by my side ever since. As a kid, I'd loved K-pop. But she helped me turn my small, seemingly unrealistic dream into a reality. She showed me that there was an entire world of people who felt the same way about this music that I did—and that's why being a K-pop singer is so	Identity Conflict	-	-	19 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. According to Baumeister (1985) identity conflict happens when people find incapability in their	Valid

	<p>KIC: Kind of Identity Crisis IC: Identity Conflict. p.92: Page number of novel.</p>	<p>special. It's about storytelling, connecting with audiences all around the world. She told me how being Korean American would make me special in this industry. She made me fall in love with K-pop in a whole new way. I can't let her down. Not again.</p>				<p>existing commitment. In Rachel Kim's case, after making Yujin (her coach) disappointed because of her very bad monthly assessment, she decided to really take it seriously in carrying out her duties as a trainee. The last sentence in datum 19 indicates that she committed not to let Yujin down again.</p>	
20.	<p>20/KIC/IC/ p.103 20: Data Number. KIC: Kind of Identity Crisis IC: Identity Conflict. p.103: Page number of novel.</p>	<p>We both burst out laughing, and for a second I let everything else melt away. There's no DB or Mina, no scheming or final chances. It's like Jason and I are just normal friends with normal lives, drinking coffee and eating fancy desserts. But then the second's up and my laughter dies. I'm not sure how far DB's no-dating rule extends, but I'm willing to bet it would frown upon a trainee giggling and eating pastries with a DB superstar. I look away, self-conscious, reaching up to wipe the sweet sauce from my mouth with my napkin.</p>	<p>Identity Conflict</p>	-	-	<p>20 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. According to Baumeister (1985) identity conflict happens when people find incapability in their existing commitment. In Rachel Kim's case, her commitment to become a trainee who really avoids scandals as if her image will be threatened, because she starts to have new desires or components that she wants to try, such as having a relationship with Jason Lee.</p>	Valid

21.	21/KIC/IC/ p.109 21: Data Number. KIC: Kind of Identity Crisis IC: Identity Conflict. p.109: Page number of novel.	That night, I lie in bed thinking about Jason’s smile and the way our voices melted together in a perfect harmony. I can’t help but feel a stab of guilt for using him as part of my scheme, but he said it himself—he’s been there. He knows how tough training at DB is. We have to do everything we can to go after our dreams.	Identity Conflict	-	-	21 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. According to Baumeister (1985) identity conflict happens when people find incapability in their existing commitment. In Rachel Kim's case it shows the unwritten rule among trainees that is willing to do anything to achieve the dream of debuting as a K-pop idol. In trying to achieve a new commitment of doing everything to debut she experienced many things.	Valid
22.	22/KIC/IC/ p.128 22: Data Number. KIC: Kind of Identity Crisis IC: Identity Conflict.	I practice so late that Leah falls asleep on my bed, honey butter crumbs dusting her chin, and my own eyes start to droop. I tuck a blanket over her and reach for the empty bag of chips to toss it. There’s still one honey butter chip inside. I’m so hungry that even this sugary potato chip seems appealing to me right now. No. I shouldn’t. DB weighs us almost every day. And Mina and I are being fitted for our music-video outfits tomorrow. I sigh, toss	Identity Conflict	-	-	22 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. According to Baumeister (1985) identity conflict happens when people find incapability in their existing commitment. In Rachel Kim’s case, after she was chosen to be one of the trainees who would have a duet trio with Jason Lee,	Valid

	p.128: Page number of novel.	the chip bag in my trash bin, and then press play on Leah's phone one more time				there were lots of commitments or rules that had to be obeyed, such as strict rules regarding weight	
23.	23/KIC/IC/ p.198 23: Data Number. KIC: Kind of Identity Crisis IC: Identity Conflict. p.198: Page number of novel.	By now my heart is speeding so far ahead of my brain I can't even see it anymore. Something about Jason's words have burrowed into my mind: I don't have to put on a show for you. With a slight start, I realize how true this feels for me, too. How much I've been putting on a show for everyone around me—the twins, Leah, Yujin, my parents, all the DB execs. Constantly being perfect Rachel, well-behaved Rachel, talented Rachel, sister Rachel, daughter Rachel. But with Jason, today, for the first time in months I feel like I've just been me. Rachel Kim. And it feels good. I want to say all this to Jason, but something holds me back. Saying those words feels like heading down a path I wouldn't be able to turn back from. A path that would jeopardize everything I've been working toward for the past six years. My life with DB might not be perfect, especially now, but it's still my life. My family's life. And I can't turn my back on that. On everything they've given up for me. On everything I've wished for myself. Not yet.	Identity Conflict	-	-	23 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. According to Baumeister (1985) identity conflict happens when people find incapability in their existing commitment. In Rachel Kim's case, after she met Jason Lee, she felt contradictory feelings such as she wanted to follow her heart's desire to have a relationship with Jason Lee, but in the other hand she must establish her goals to be a K-pop Idol	Valid

24.	24/KIC/IC/ p.208 24: Data Number. KIC: Kind of Identity Crisis IC: Identity Conflict. p.208: Page number of novel.	In that moment, with his skin touching mine, I can almost feel my worries melting away. I want so badly to choose him. For a moment it seems possible, as all the threads in my mind start to untangle, but instead of making my choice easier, they're pulling in opposite directions and I don't know which way to follow. I glance toward the stage, at Kang Jina and Electric Flower, out at the audience to Leah, and then back at Jason. For the last six years, being a K-pop star is all I've dreamed of. All I've wanted. But what if that isn't enough anymore? What if the endless hours of training and sacrifice, the tired bags under Appa's eyes, the strain in Umma's voice, the sad look on Leah's face just aren't worth it? What if I need more from life than a stage and a song? I look at Jason and I know. "You're right. I wasn't ready then. But I am now." My voice is raw. He squeezes my hands, unfiltered hope shining out of his eyes. "I want to take a chance with you.	Identity Conflict	-	-	24 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. According to Baumeister (1985) identity conflict happens when people find incapability in their existing commitment. In Rachel Kim's case, after feeling very contradictory feelings, in the end she decided to try to make a new commitment by having a relationship with Jason Lee while still in her commitment to be a trainee idol which is she forbidden to have a relationship.	Valid
25.	25/KIC/IC/ CIC/AS/ p.237-238	"Please, Rachel, you know they're not like that," Jason pleads. "They would never do that to you just because you're dating me." I stare at him and I realize that nothing I say is going to make him understand that things are different for me than	Identity Conflict	Adolescence Stage	-	25 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. According to Baumeister (1985) identity conflict happens when	Valid

	<p>25: Data Number. KIC: Kind of Identity Crisis IC: Identity Conflict. CIC: Cause of Identity Crisis. AS: Adolescence Stage p.237-238: Page number of novel.</p>	<p>they are for him. Jason might be the “Angel Boy” of DB, but I’ve had to fight every step of the way, and I still feel like I’m barely hanging on. DB would have no problem cutting me the moment they find a blemish that could tarnish their squeaky-clean, picture-perfect reputation. And a relationship with Jason would be an irreversible blemish. “It’s over, Jason,” I say, standing up from the table. “I can’t do this anymore. I’ve worked too hard for my dreams to let anything stand in my way. Even you.”</p>				<p>people find incapability in their existing commitment. In Rachel Kim's case, after making a commitment to dating Jason Lee which made Rachel Kim feel insecure because it endangered her career as a trainee. Then, she made a new decision to end the relationship and focus on establishing her career.</p> <p>This datum is also categorized the Cause of Identity Crisis namely Adolescence Stage. Erik Erikson (1970) states that identity crisis occurs during adolescence stage, it happens because it is the time for people to realize themselves in the present and their position or role in social life at that time or even for the future. In Rachel Kim’s cases she already understands her own decision that bad for her future, namely dating with Jason Lee.</p>
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26.	26/KIC/IC/ p.324 26: Data Number. KIC: Kind of Identity Crisis IC: Identity Conflict. p.324: Page number of novel.	“Hey,” she says softly. “What are you doing?” I gesture to the applications on the table without looking up. “Preparing for college.” My voice cracks on the last word, and the reality of what is happening finally sets in. It’s like Umma’s question punctured straight through the numbness I’ve been wearing like armor, finally allowing the pain to flood in. And it hurts. “It’s over,” I say as Umma makes her way into my room, sitting on my bed next to me. “The whole K-pop thing is done. Nothing has turned out the way I thought it would. I thought I knew exactly what I was getting myself into when I first started, but I didn’t know anything. I was wrong. About everything.”	Identity Conflict	-	-	26 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. According to Baumeister (1985) identity conflict happens when people find incapability in their existing commitment. In Rachel Kim’s case, after feeling like giving up on her commitment as a trainee to become a K-pop Idol, she started to make a new commitment by trying new things such as preparing for college.	Valid
27.	27/KIC/IC/ p.234 27: Data Number. KIC: Kind of Identity Crisis IC: Identity Conflict.	I look up at them, my jaw set. There’s an angry glint in Mr. Lim’s eyes, and Mr. Noh keeps fidgeting with his satin pocket square—and suddenly I realize they know I know everything and they’re trying to see how I’ll play my cards. Well. When it comes to playing games, I’ve learned from the best. After all, I have been trained by DB. “I wouldn’t miss this for the world. And I don’t plan on going anywhere anytime soon.” I beam, the picture of a perfect trainee, and lock my	Identity Conflict	-	-	27 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. According to Baumeister (1985) identity conflict happens when people find incapability in their existing commitment. In Rachel Kim’s case, after she struggled to defend her career against bad rumors and scandals created by her own agency to boost the popularity	Valid

	p.234: Page number of novel.	gaze on Mr. Noh. “Remember, we’re family. And family is forever.”				of Jason Lee's solo debut, she decided to stick with her career instead of giving up.	
28.	28/KIC/IC/ p.343 28: Data Number. KIC: Kind of Identity Crisis IC: Identity Conflict. p.343: Page number of novel.	If someone had told me when I was eleven years old about everything I’d have to sacrifice to get to this point, everything that would be stolen from me, I would have said they were writing a K-drama. The path to get here has turned out to be harder than anything I could’ve ever imagined, but here I am. Despite it all, I made it to my debut moment	Identity Conflict	-	-	28 is datum number, this datum is categorized as the Kind of Identity Crisis namely Identity Deficit. According to Baumeister (1985) identity conflict happens when people find incapability in their existing commitment. In Rachel Kim's case, after she decided to work hard as a trainee, she managed to achieve her new commitment to debut as a K-pop idol like her dream	Valid
29.	29/CIC/BE/ p.7 29: Data Number.	“Can you at least try answering like a K-pop star? Is that too much to ask from our poor little Korean American princess?” It’s no secret I was born and raised in the States (New York City, to be exact).	-	Bad Experiences	-	29 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. In Rachel Kim’s case she received bad comments, derision, and verbal bullying about her American background. Erik Erikson (1970) a	Valid

	CIC: Cause of Identity Crisis BE: Bad Experiences p.7: Page number of novel.					tragic moment or something that makes people afraid about the past may influence people's identity and ask for themselves. Braun and Linder (1979) also state that physical, verbal, sexual and social demands on the adolescents often produce internal conflicts, this conflict is what Erikson calls as an identity crisis.	
30.	30/CIC/BE/ p.7 30: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences p.7: Page number of novel	What, you think you're too good to talk to me now? Didn't your Umma teach you any manners?" Mina says. "What do you expect from her?" Lizzie says. "Sweet little Princess Rachel, whose mom won't let her step foot in the trainee house. Maybe that's why she thinks we all have nothing better than each other's nails." "It must be nice to be Mr. Noh's favourite," Eunji says with a loud sigh. "You know some of us getting favours from the head of DB." "I hope you don't think you're some of us," Sumin says, whipping around to face Eunji. "I can't remember the last time I saw you break a sweat over anything."	-	Bad Experiences	-	30 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. In Rachel Kim's case she received bad comments, derision, and verbal bullying from other trainees. Erik Erikson (1970) a tragic moment or something that makes people afraid about the past may influence people's identity and ask for themselves. Braun and Linder (1979) also state that physical, verbal, sexual and social demands on the adolescents often produce internal conflicts.	Valid

<p>31.</p>	<p>31/CIC/BE/ IIC/AL/ p.12</p> <p>31: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences. IIC: Impact of Identity Crisis. AL: Alienated. p.12: Page number of novel</p>	<p>Still, the situation was pretty unheard of, and it wasn't long before I was known as "Princess Rachel," the most pampered trainee at DB; the full-blooded Korean whose American passport (and American attitude and American dislike of Spam...) put more distance between me and the other trainees than the entire Pacific Ocean had. Now, six years later, even though I've been here longer than almost all the other trainees, the nickname still lives on.</p>	<p>-</p>	<p>Bad Experiences</p>	<p>Alienated</p>	<p>31 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. Erik Erikson (1970) a tragic moment or something that makes people afraid about the past may influence people's identity and ask for themselves. Braun and Linder (1979) also state that physical, verbal, sexual and social demands on the adolescents often produce internal conflicts. In Rachel Kim's case, she got problems with her American background as seen in datum 31.</p> <p>This datum also categorized as the Impact of Identity Crisis namely Alienated. Erik Erikson (1970) someone who become alienated because she or he is treated badly by the social or by the people around them.</p>	<p>Valid</p>
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32.	<p>32/CIC/BE/ p.17</p> <p>32: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences p.17: Page number of novel</p>	<p>On my first day as a DB newbie, I had no idea I was supposed to bow to the senior trainees at this ceremony. I was fresh off the plane from New York City-and even though both my parents are Korean, bowing isn't really something you do all that much in the States. When I was a kid, it was just something we did when we visited my parents' friends from church during the new year, and that was the full formal Korean bow (and it was worth it too, for the crisp twenty-dollar bill they always handed to us afterward). I thought the ceremony was just a welcoming event, a chance to meet the other trainees. Yujin-unni, knowing I wouldn't know what to do, whispered in my ear that I should bow to the elder trainees. So, I did-to the older teens standing in a row. But when I got to Mina, a girl my own age, I just stuck out my hand to shake hers, thinking it was the right (and polite!) thing to do. By now Akari has taken over the story, mimicking Mina's world-class meltdown. "Who does this bitch think she is?" She crows with laughter. "She thinks she's some kind of hot-shot just because she's from America? Learn some manners, newbie." I roll up my eyes, recalling how she immediately tattled on me to Mr.</p>	-	Bad Experiences	-	<p>32 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. Giles and Middleton (1999) states that cultural and social influence people in the process of searching their identity. In Rachel Kim's case, she still does not understand the culture and ethics in her new country of residence, South Korea. However, the reactions elicited by her peers after the datum 32 scene make bad experiences that became the start of the bullying she experienced.</p>	Valid
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		Noh, demanding I be punished for my lack of respect to a sunbae (literally anyone with more experience than you, even if that person is your same age or younger). Thankfully, Yujin put a stop to that. But since then, Mina has basically made it her goal in life to destroy me.					
33.	33/CIC/BE/ IIC/AL/ p.44 33: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences. IIC: Impact of Identity Crisis. AL: Alienated. p.44: Page number of novel	It all started when I was six years old. There was one other Asian girl in my class, Eugenia Li. Even though she was Chinese, everyone was always asking us if we were cousins or twin sisters. I didn't think much of it until one day when I got stung by a bee during recess. I was sitting in the nurse's office, waiting for Umma to come and take me home, when Mrs. Li walked through the door. The nurse didn't realize she had done anything wrong and instead was all smiles as she told me that my mom was there to get me. For the first time, I realized the world didn't see me the way I saw me, or the way my family saw me. All they saw was my face; the shape of my eyes and my nose; my thick, straight black hair—and it made me interchangeable with girls like Eugenia, even though we looked nothing alike. When my mom finally picked me up at school, I couldn't stop crying. The bee sting was still burning on my skin,	-	Bad Experiences	Alienated	33 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. According to Erik Erikson (1970) a tragic moment or something that makes people afraid about the past may influence people's identity and ask for themselves. Braun and Linder (1979) also state that physical, verbal, sexual and social demands on the adolescents often produce internal conflicts. In Rachel Kim's case, she got problems from her appearance of her face, that is make her difficult to identify. This datum also categorized as the Impact of Identity Crisis namely	Valid

		but when Umma asked me what was wrong, all I could think about was Mrs. Li. “I wish I wasn’t Korean,”				Alienated. Erik Erikson (1970) someone who becomes alienated because she or he is treated badly by the social or by the people around them. In Rachel Kim’s cases, the way their environment treats and see her, make her hate herself as a Korean descent.	
34.	34/CIC/BE/ IIC/AL/ p.45 34: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences. IIC: Impact of Identity Crisis. AL: Alienated.	I wish I could say that time with Mrs. Li and the school nurse was the only time I ever felt rejected by the world, but it wasn’t. There were the kids who made fun of the kimchi Umma packed me for lunch; the woman who once came up to me in our corner bodega, screaming at me that I should “go home” (even though I lived around the block, I got the feeling that wasn’t what she meant); there was the time I dressed like Hermione Granger for Halloween and everyone insisted that I was Cho Chang. Through it all, there was K-pop. It made me feel understood, like there was a place in the world where I belonged, where people would see me for me.	-	Bad Experiences	Alienated	34 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. Braun and Linder (1979) physical, verbal, sexual and social demands on the adolescents often produce internal conflicts. In Rachel Kim’s cases as seen in datum 34 it can be deduced that she felt bullying. In Rachel Kim’s case, her appearance makes her have bad memories from society both in Korean and American, until she hates herself. This datum also categorized as the Impact of Identity Crisis namely Alienated. Erik Erikson (1970)	Valid

	p.45: Page number of novel					someone who become alienated because she or he is treated badly by the social or by the people around them.	
35.	35/CIC/BE/ p.52 35: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences. p.52: Page number of novel	“American,” he observes, his eyes twinkling. I almost step back, bracing myself for an oncoming insult.	-	Bad Experiences	-	35 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. Bad experiences in Rachel Kim’s cases as seen from datum 35 is in the form of verbal bullying by making joke of someone’s privacy.	Valid
36.	36/CIC/BE/ p.68 36: Data Number. CIC: Cause of Identity Crisis	When I first got recruited to DB, I was so excited—a whole program full of kids who felt the same way about K-pop and Korea as I did —or so I thought. It wasn’t long before the constant “Princess Rachel” insults and subtle comments about my American background made me feel just as rejected as I used to feel back home in the States	-	Bad Experiences	-	36 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. Braun and Linder (1979) physical, verbal, sexual and social demands on the adolescents often produce internal conflicts. In Rachel Kim’s cases as seen in datum 36 it can be	Valid

	BE: Bad Experiences. p.68: Page number of novel					deduced that she felt verbal bullying.	
37.	37/CIC/BE/ p.122 37: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences. p.122: Page number of novel	“But it doesn’t change what you had to do to get it. This industry is toxic.” “It’s not toxic, Umma. It’s competitive. It only accepts the best from people.” Umma lets out a disbelieving laugh in one short breath. “The best from people?” She holds up her phone. “So this is your best? You, drunk and making a spectacle of yourself in front of everyone you train with?” My face burns with embarrassment, and when I open my mouth, nothing comes out. I want to tell her about what Mina did, about why I was so drunk in that video—but it would only make her think that she’s right. And she’s not. Not about this. Umma’s glare is unforgiving and her voice is hard and clipped. “I let this go on for far too long. I won’t have you be a part of this anymore. Not when training makes you act this way.”	-	Bad Experiences	-	37 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. Erik Erikson (1970) a tragic moment or something that makes people afraid about the past may influence people's identity and ask for themselves. Braun and Linder (1979) also state that physical, verbal, sexual and social demands on the adolescents often produce internal conflicts. This conflict is what Erikson calls an identity crisis. In Rachel Kim’s cases she got trapped by her trainee peers who asked her to go to a trainee house to get train together, which ended in a party and she was forced to drink alcohol, dance and be recorded.	Valid

38.	38/CIC/BE/ p.150-151 38: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences. p.150-151: Page number of novel	Leah was too young to have much of a social life in New York, but I know moving to Korea made things even harder. Everyone at school knows who Leah is because they know who I am—the rumoured DB trainee, the future K-pop star. Half of them want nothing to do with her because of it (K-pop fame really any kind of fame—is way too nouveau riche for some of the snobs at our school), and the other half only want to use her to get the latest K-pop gossip or peddle conspiracy theories about me.	-	Bad Experiences	-	38 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. Erik Erikson (1970) states that a tragic moment or something that makes people afraid of the past may influence people’s identity and ask for themselves. Bad experiences in datum 38 case are how Rachel Kim got pressure from bad things from the treatment her family got, especially Leah her little sister, the bad treatment was the result of her career struggles as a K-pop Idol trainee.	Valid
39.	39/CIC/BE/ p.195 39: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences.	He cocks his head to the side and arches his eyebrows. “In some ways, yeah. I mean, I was born in Toronto. No matter how long I live in Korea, there’s always this part of me that feels like I don’t fully belong, you know? I’m not Korean-Korean. I’m Korean Canadian.” He pauses and looks at me, like he’s wondering if he should keep talking. I give him a small smile. “And also, you know, half-white, which is this whole other thing.” I nod in understanding and he continues, speaking	-	Bad Experiences	-	39 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. In datum 39 case it shows how Jason as Rachel Kim's boyfriend states that he feels confused about his identity the same as Rachel Kim feels. This confirms how cultural differences and how society treats them can be the cause of the	Valid

	p.195: Page number of novel	faster, like these thoughts have been building in him for a long time and he needs to get them out.				identity crisis experienced by immigrants. Giles and Middleton (1999) stated that cultural and social influence people in the process of searching their identity. In Rachel Kim's case, the way how the society see them or how society treat them as a newcomer who have different background that caused bad experiences.	
40.	40/CIC/BE/ p.195-196 40: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences. p.195-196: Page number of novel	"I'm not half-white, but I feel the same way being Korean American. Sometimes it's like Korea doesn't fully accept me as Korean because I'm from America, but on the flip side, America doesn't fully accept me as American because of my Korean heritage. It's weird. It's like I exist in the in-between."	-	Bad Experiences	-	40 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. In datum 40 case it seen how Rachel Kim treated badly by society both in American and Korean until she questioning for herself. Braun and Linder (1979) also state that physical, verbal, sexual and social demands on the adolescents often produce internal conflicts.	Valid

41.	41/CIC.BE/ p.227 41: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences. p.227: Page number of novel	Huh? I blink, thrown off by how quickly he's moved on from what those girls said. Doesn't he understand—it's not about their opinions; it's about how sexist and inappropriate they were being, gushing over Jason and shitting all over me and Mina	-	Bad Experiences	-	41 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. Braun and Linder (1979) physical, verbal, sexual and social demands on the adolescents often produce internal conflicts. In Rachel Kim's case it shows how sexist the fans are over and bad experiences about how bad Jason Lee behavior and reaction over the fans bad comment.	Valid
42.	42/CIC/BE/ p. 232 42: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences.	“You of all people must know how two-faced the K-pop world is. DB controls everything about our lives, and all of a sudden, I'm the one who can't handle this lifestyle? Everything I ever wore or ever said or ever did was because they told me to! All this shit”—she flashes up her fancy nails, her voice rising— “the expensive clothes, the makeup, the beauty products, it's all so DB can turn us into whoever they want us to be, make us look perfect for public consumption”	-	Bad Experiences	-	42 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. Braun and Linder (1979) physical, verbal, sexual and social demands on the adolescents often produce internal conflicts. In Rachel Kim's case it shows the bad side of K-pop world which the world that Rachel Kim believes and hold for a long time. From this bad side, it resulted	Valid

	p.232: Page number of novel					in bad experiences that leads she through questioning her identity.	
43.	43/CIC/BE/ p.248 43: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences. p.248: Page number of novel	“Rachel, your English is so good,” they had said. “You must be really proud of that!” “Well... I’m from America,” I had answered with a polite laugh in my voice, but inside I was boiling. If I had a dollar for every time I’ve heard “your English is so good!” on this tour, I’d probably have enough money to buy my own private plane.	-	Bad Experiences	-	43 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. In datum 46 case, the fact that Rachel Kim’s fluent in English cannot present her identity as Korean-born-American girl, that bad experiences leading her to questioning herself. In datum 43 case, she should introduce herself repeatedly, in datum 43 seems like she feels fed up with those things.	Valid
44.	44/CIC/BE/ p.261 44: Data Number. CIC: Cause of Identity Crisis	“Yeah, the way they treat us compared to him, it’s like night and day.” I roll my eyes. “Like those interviewers. Can you believe one of them asked us how long it takes us to get ready?” Words tumble out before she can stop herself. “I thought I was the only one who noticed that!” Mina says, her eyes wide. “Why can’t they ask us a question that’s half as interesting as the ones they ask Jason?” “Right? And what about sending us to	-	Bad Experiences	-	44 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. In Rachel Kim’s case it shows how sexist the K-Pop world over the girl and boy idol. Braun and Linder (1979) also state that physical, verbal, sexual and social demands on the adolescents often produce	Valid

	BE: Bad Experiences. p.261: Page number of novel	New York? I mean, not that I mind going to New York obviously, but they could have at least told us. What's next? Surprise, we're sending you to Antarctica!" "In stilettos!"				internal conflicts. In Rachel Kim's case, she must lose many things as seen in datum 44 to becoming a K-pop Idol, and the reality that being K-pop Idol is not as good as her expectations.	
45.	45/CIC/BE/IIC/AL/ p.281 45: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences. IIC: Impact of Identity Crisis. AL: Alienated. p.281: Page number of novel	A group of girls stops a few feet away from us, gasping and reaching for their phones to snap a photo. "Oh my god, it's Jason Lee from NEXT BOYZ!" "Ugh, but he's with that Rachel Kim girl." One of the girls' sneers in my direction. "Isn't South Korea known for their plastic surgery? If I were her, I would get a whole new face." His fans have been following us around all day. Once one person saw us and posted our location on social media, we've had crowds of people popping up out of nowhere to gush over Jason.	-	Bad Experiences	Alienated	45 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. In datum 45 it shows how Rachel Kim get bad treatment such as bullying. Erikson (1970) stated that bad experiences that leads to identity crisis can be in the form of alienated by some accident, how society treated them, etc. This datum also categorized as the Impact of Identity Crisis namely Alienated. As can be seen in datum 45 how Rachel Kim gets bad treatment from her society.	Valid

46.	46/CIC/BE/ p.287-288 46: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences p.287-288: Page number of novel.	He smiles a small smile and shakes his head, his face growing serious. "About the double standard. You were right. After what Kang Jina said that night, I was so convinced that you were both being too careful, too paranoid. But... I was wrong. I should have listened to you. I should have paid attention. But I didn't notice anything because I didn't want to. I didn't want to see how differently people treat you and Mina and Jina." He pauses, swallowing hard. "I was supposed to be your... boyfriend." His cheeks burn as he stumbles over the word, but he keeps going. "But I wasn't even a good friend to you. I didn't see what's been going on right in front of me for years. And that makes me just as bad as the execs, the fans... everyone. But I want you to know that I see it and I'm here for you. No matter what. And I'm sorry I was such a jerk about everything."	-	Bad Experiences	-	46 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. In datum 46 it shows in the dialogue how Rachel Kim and Jason Lee already realized how toxic, and the bad side of K-pop world. Braun and Linder (1979) physical, verbal, sexual and social demands on the adolescents often produce internal conflicts.	Valid
47.	47/CIC/BE/ IIC/AL/ p.307 47: Data Number.	"Hey, isn't that Rachel Kim?" "It is. It is. Did you read this line about her? 'Rachel Kim is especially notorious for playing mildang with Jason Lee's heart, pushing and pulling and giving mixed signals to keep him on his toes. One second, she's all over him, and the next she's giving him the cold shoulder.'" "Wow. Can you believe her? Jason	-	Bad Experiences	Alienated	47 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. Erik Erikson (1970) a tragic moment or something that makes people afraid about the past may influence people's identity and ask	Valid

	<p>CIC: Cause of Identity Crisis BE: Bad Experiences IIC: Impact of Identity Crisis. AL: Alienated. p.307: Page number of novel</p>	<p>deserves better.” The back of my neck prickles, and I can feel their phone cameras turning toward me. I quickly cover my face with my hands and hunch down in my seat. When the subway stops, I leap up, running past the crowds of people waiting to board and booking it all the way to headquarters. It’s no better inside, though, as young trainees gathered in the lobby whisper and points, I walk past them. “Did you see who it is?” “I heard she’s pregnant with Minjun’s love child and that’s why Jason left her.” “I heard she and Mina tried to strangle each other with the straps on their heels during tour.”</p>				<p>for themselves. Braun and Linder (1979) also state that physical, verbal, sexual and social demands on the adolescents often produce internal conflicts. In Rachel Kim’s case, she gets bullying from Korean Netizen.</p> <p>This datum also categorized as the Impact of Identity Crisis namely Alienated. Erik Erikson (1970) someone who become alienated because she or he is treated badly by the social or by the people around them.</p>	
48.	<p>48/CIC/BE/ p.312 48: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences</p>	<p>“I can’t believe you. Everything you said to me that day in the park about here for me. Not wanting to be as bad as the execs. But you’re worse than them, at least they never lie about how they are. You had me believing this was real.”</p>	-	Bad Experiences	-	<p>48 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. Erik Erikson (1970) a tragic moment or something that makes people afraid about the past may influence people's identity and ask for themselves. Braun and Linder (1979) also state that physical, verbal, sexual and social demands</p>	Valid

	p.312: Page number of novel					on the adolescents often produce internal conflicts. In Rachel Kim's case, because of her boyfriend Jason Lee's bad treatment she questions her purpose and feels trapped by his behavior.	
49.	49/CIC/BE/ p. 312-313 49: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences. 312-313: Page number of novel	More and more articles are popping up now, the headlines all painting Jason as an innocent, lovesick K-pop star. WILL JASON LEE HEAL FROM HEARTBREAK? K-POP STAR JASON LEE, TORN FROM BOTH SIDES. KOREA'S FAVORITE STAR BOY IN THE MIDDLE OF AN EPIC LOVE TRIANGLE. "Please don't read those," he says, but it's too late. "DB trainees have long had a reputation for being ruthless, doing anything to climb their way to the top, but Rachel Kim and Choo Mina take it to the next level, manipulating lovesick K-pop star Jason Lee for a chance to shine in the spotlight."	-	Bad Experiences	-	49 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. Erik Erikson (1970) states that a tragic moment or something that makes people afraid of the past may influence people's identity and ask for themselves. In Rachel Kim's case she got a lot of bad comment and bad scandal from Jason Lee's fans.	Valid
50.	50/CIC/BE/ p.313-314	"You've heard my song. The lyrics are all about being caught between identities, being caught between two worlds. It's not about a love triangle." "Do you seriously think DB is going to	-	Bad Experiences	-	50 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. Braun and Linder (1979) physical,	Valid

	<p>50: Data Number. CIC: Cause of Identity Crisis BE: Bad Experience. p.313-314: Page number of novel.</p>	<p>let you sing about your freaking identity?" I ask, staring at him in disbelief. "I'm back and forth, the push and pull, I'm falling fast and floating free. I'm a glass half-empty or half-full, caught in between two galaxies?" The lyrics spill easily out of my mouth. "Wake up, Jason. Back and forth, push and pull? Two galaxies can easily be interpreted as two girls. Your sandcastle queen and ocean lover. Why do you think they set us all up like this?"</p>				<p>verbal, sexual and social demands on the adolescents often produce internal conflicts. In Rachel Kim's case it shows how confused she is about the relationship she has, and all the K-pop world thing problem. All the effort she put and the struggle she through feels useless.</p>	
51.	<p>51/CIC/BE/ p.316 51: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences. p.316: Page number of novel.</p>	<p>It's amazing how quickly life can fall apart and yet remain exactly the same. A few hours ago, Jason Lee was my secret boyfriend, I had a number one hit on the K-pop charts, and my family was happy. Now the entire country thinks I was dating Jason (when I'm not), I still have a number one hit on the K-pop charts, and my family seems happier than ever (even though I'm pretty sure Umma isn't speaking to Appa and we now owe our livelihood to the family of my biggest enemy).</p>	-	Bad Experiences	-	<p>51 is datum number, this datum is categorized as the Cause of Identity Crisis namely Bad Experiences. Braun and Linder (1979) also state that physical, verbal, sexual and social demands on the adolescents often produce internal conflicts. In Rachel Kim's case the bad experiences she felt is because of how fast her life changing just because of all those problems she faced.</p>	Valid

52.	52/CIC/BE/ IIC/AL/ p.316 52: Data Number. CIC: Cause of Identity Crisis BE: Bad Experiences. IIC: Impact of Identity Crisis. AL: Alienated p.316: Page number of novel	The fan comments on the articles are rolling in now and holding nothing back. How dare these lowlife trainees break Jason's heart! Who do they think they are? These bitches need to die, hurting our sweet baby Jason. I want to rip their ugly faces off! There's no way DB will debut me now, not with all this baggage and fan hate. And to think, they're the ones who put me in this mess. Trained me for years and then made me un-debut-able by their standards. It's so ridiculous I almost want to laugh. Almost. I turn my phone off. I don't want to see any more articles or read any more comments. My career may be over, but that doesn't mean I have to be reminded of it every five seconds.	-	Bad Experiences	Alienated	52 is datum number, this datum categorized as the Cause of Identity Crisis namely Bad Experiences. Erik Erikson (1970) a tragic moment or something that makes people afraid about the past may influence people's identity and ask for themselves. Braun and Linder (1979) also state that physical, verbal, sexual and social demands on the adolescents often produce internal conflicts. In Rachel Kim's case, she got bad comment as a form of verbal bullying from Jason Lee's fans, that caused she has bad experiences. This datum also categorized as the Impact of Identity Crisis namely Alienated. Erik Erikson (1970) someone who become alienated because she or he is treated badly by the social or by the people around them.	Valid
53.	53/CIC/PV/ p.8	I should bite back, but I don't. I never do. I like to pretend it's because I'm talking my mom's advice to heart- you know, be the bigger person, always	-	Parental Value	-	53 is datum number, this datum is categorized as the Cause of Identity Crisis namely Parental Value. Erik	Valid

	53: Data Number. CIC: Cause of Identity Crisis PV: Parental Value. p.8: Page number of novel.	take the high road, never let them see you sweat, the mantras of strong, American-minded feminists everywhere.				Erikson (1970) parental values influence people's perception of the way their family treats them. Erikson also states that a key parental influential factor in a child's development. Adolescence will sometimes revert to mimicking their parent's behavior or mindset. In Rachel Kim's cases it shows that the American-minded-feminist taught by her mother is not suitable for her new life in South Korea, which causes her in doubtful situation as a form of low self-esteem.	
54.	54/CIC/PV/ p.11 54: Data Number. CIC: Cause of Identity Crisis PV: Parental Value.	I had practically decided to let go of the whole trainee thing, but to my surprise, Umma made me a deal: We would move to Seoul and I would go to school during the week, get an education, keep my prospects for college open, and every weekend (starting Friday night), I would train. The DB execs didn't really go for Umma's arrangement at first, but for some reason, Mr. Noh decided to bend the rules for me. Umma thinks it was because of	-	Parental Value	-	54 is datum number, this datum is categorized as the Cause of Identity Crisis namely Parental Value. Erik Erikson (1970) parental values influence people's perception of the way their family treats them. Erikson also states that a key parental influential factor in a child's development. Adolescence will sometimes revert to	Valid

	p.11: Page number of novel.	her “American female empowerment” (as she calls it)				mimicking their parent’s behavior or mindset. In Rachel Kim's cases, the datum 54 shows how her mother mindset is taking an important role in making decisions Rachel Kim's life.	
55.	55/CIC/PV/ p.13 55: Data Number. CIC: Cause of Identity Crisis PV: Parental Value. p.13: Page number of novel.	As I got closer and closer to debut age, I begged my mom to let me train full-time, but all I ever got back was a resounding refusal. How can I tell my mom that it’s almost unheard of to debut in a girl group if you’re out of your teen years? How can I explain that I’m three years away from being past my prime? It’s been almost seven years since DB debuted Electric Flower, right before the last big DB Family Tour. They haven’t debuted another girl group since. Rumors that DB is looking to debut a new girl group—and soon—have been swirling for months, and I can’t afford to wait another seven years. I can’t afford to wait seven months. By then it might be too late for me. Debuting is everything I’ve been working toward, and there’s no way I’m going to let myself be passed over. No matter what Umma says.	-	Parental Value	-	55 is datum number, this datum is categorized as the Cause of Identity Crisis namely Parental Value. Erik Erikson (1970) states that parental values influence people’s perception of the way their family treats them. Erikson also states that a key parental influential factor in a child’s development. Adolescence will sometimes revert to mimicking their parent’s behavior or mindset. In Rachel Kim's cases, the datum 55 shows how her thoughts began to conflict with her mother’s rules. With that rules, Rachel Kim felt she was left behind from the other trainees and make her losing self-confidence in doing her things.	Valid

56.	56/CIC/PV/ p.122-123 56: Data Number. CIC: Cause of Identity Crisis PV: Parental Value. p.122-123: Page number of novel.	So, you lied to me when you said you were going to study with the Cho twins. And then you went to a place I explicitly told you not to go. And then you go out-of-your-mind drunk and put on a strip show in front of your good-for-nothing-K-pop friends?” She shakes her head, her voice catching. “I knew this K-pop world would be a bad influence. It’s poisoning you.” “It’s not,” I insist. Tears are streaming down my face now. I desperately try to wipe them away, but I can’t get them to stop. “Please, Umma, just let me explain.” “When did my daughter become such a disgrace? How can you live with yourself like this? Huh, Rachel? You’re out of control!” In the midst of my guilt and regret, I feel another emotion swell to the surface. Anger. Can’t she even give me a moment to explain myself? She’s supposed to be my mother. She’s supposed to be on my side. “Well, maybe I wouldn’t have had to lie if you tried to be supportive for once! The whole reason we moved here was so I could train, but you act like it’s just some hobby I’ve had for the last six years.” I explode.	-	Parental Value	-	56 is datum number, this datum is categorized as the Cause of Identity Crisis namely Parental Value. Erik Erikson (1970) states that parental values influence people’s perception of the way their family treats them. Erikson also states that a key parental influential factor in a child’s development. In Rachel Kim’s case the bad relationship between she and her mother got her in trouble.	Valid
57.	57/CIC/PV/ p.261	“And you better have a smile on your face the whole time!” We laugh and then she sighs, leaning	-	Parental Value	-	57 is datum number, this datum is categorized as the Cause of Identity	Valid

	57: Data Number. CIC: Cause of Identity Crisis PV: Parental Value. p.261: Page number of novel.	against the trunk and folding her arms across her chest. “Honestly, I should be used to it by now.” I pause, flashing back to Mr. Choo’s livid face after our dress rehearsal. “With your family, you mean?” “Yeah.” She shrugs, not looking directly at me. ““No need to make your own choices; just smile and do as you’re told’ is basically my family’s motto. I don’t know why it still surprises me. It’s been that way forever.” Mina’s cheeks have turned bright pink, and she lets out a big exhale. “Sometimes I don’t even know why I’m still doing all of this.”				Crisis namely Parental Value, in datum 57 case it shows how Mina as Rachel Kim’s trainee peers also felt problems stemming from family pressure, which Rachel Kim can relate about that.	
58.	58/CIC/AS/ p.27 58: Data Number. CIC: Cause of Identity Crisis AS: Adolescence Stage	I think about what life was like back in New York. Appa was semi famous from his pro-boxing days, and the gym he ran in our neighborhood in the West Village was always brimming with people. Umma was close to getting tenure as an English Literature professor at NYU. Everyone was busy, but somehow the four of us were always together. But everything is different now. Umma’s working twice as hard to get back on the tenure track at her job, which could be years away. Leah spends hours alone after school each day while our parents are working and I’m doing homework or trying to keep up with my training. I know Appa	-	Adolescence Stage	-	58 is datum number, this datum is categorized as the Cause of Identity Crisis namely Adolescence Stage. Erik Erikson (1970) identity crisis occurs during adolescence stage, it happens because it is the time for people to realize themselves in the present and their position or role in social life at that time or even for the future. In Rachel Kim’s case as seen in datum 58, she feels confused yet understand her task to pursue her dream and become	Valid

	p.27: Page number of novel.	is happy for me and my life as a K-pop trainee, but I can't help feeling guilty for the dreams he gave up in order to let me pursue mine. The thought of disappointing my family— the ones who gave up so much so I could train at DB, so that I could be a star— haunts me. But that's why for me it's not a matter of if, but when. For me there's no other choice but to succeed.				succeed singer to repay her family efforts. This is in the line with Santrock (2010) opinion that adolescents discover who they are, what they want to be, and what others expect of them. They begin to consider their career and their relationships with peers in their family, school, and community. Since adolescents experiencing psychosocial tension want to explore and discover their true sense of identity and morality, it is critical to provide a support atmosphere with ongoing guidance.	
59.	59/CIC/AS/ p.112 59: Data Number. CIC: Cause of Identity Crisis	If I could just debut already, it would all be worth it. They would be able to see that everything they've sacrificed for me—leaving jobs, leaving friends, leaving the States—wasn't for nothing. Debating would solve everything.	-	Adolescence Stage	-	59 is datum number, this datum is categorized as the Cause of Identity Crisis namely Adolescence Stage. Erik Erikson (1970) states that identity crisis occurs during adolescence stage because it is the time for people to realize themselves and their position or role in social life at that time or	Valid

	AS: Adolescence Stage. p.112: Page number of novel.					even for the future. From the datum 59 it seen how Rachel Kim believe that debut as a K-pop Idol will resolve the problem and repay her family efforts put for her future.	
60.	60/CIC/AS/ p.203 60: Data Number. CIC: Cause of Identity Crisis AS: Adolescence Stage. p.203: Page number of novel.	More specifically, I'm thinking about everything she said to me in Jeju. Having a boyfriend isn't just difficult; it's dangerous. No one ever proved that Suzy Choi was cut from the program because she had a boyfriend. (In fact, just last week some newbie trainee whose mom works in the DB admin office swore that Suzy was cut because of a botched eyelid surgery). And then there's Song Gyumin. I mean, Jina was holding hands with him. In public! So how exactly is having a boyfriend so "dangerous"? It's not that I don't believe her. Or that I do. But, I just don't know what to think. And even if I did, I still wouldn't know how I felt about Jason. And even if I knew how I felt about Jason, I still wouldn't know what to do about it. How could a cute boy who loves Leah and says it feels good to be around me be a "danger"? But how could I risk my entire career—my whole future as	-	Adolescence Stage	-	60 is datum number, this datum is categorized as the Cause of Identity Crisis namely Adolescence Stage. Erik Erikson (1970) states that adolescence stage is the time for people to realize themselves in the present and their position or role in social life at that time or even for the future. In datum 60 case, it clearly seen how doubtful Rachel Kim is, and she try to understand her role.	Valid

		a K-pop singer —on a boy? Basically, everything is a mess.					
61.	61/IIC/LS/ p.11 61: Data Number. IIC: Impact of Identity Crisis LS: Losing Self- confidence p.11: Page number of novel.	My hands clench as I feel my body temperature skyrocket. Lizzie wasn't wrong, I'm not like the other trainees who are here 24/7, singing and dancing in practice rooms until 4:00 a.m., sleeping at the nearby trainee house, and waking up and doing it all over again, every single day. Back when I first got recruited to DB, my mom almost didn't let me come. It meant uprooting our family from New York City to Seoul, my sister giving up her school and her friends, both of my parents giving up for their jobs. But more than that, she couldn't understand the trainee lifestyle, the intense pressure, the years of training, the plastic surgery.	-	-	Losing Self- confidence	61 is datum number, this datum is categorized as Impact of Identity Crisis namely Losing Self-confidence. According to Erikson (1970) one of the impacts of identity crisis is losing self confidence in doing or starting a new thing or even the hobbies that someone likes. In Rachel Kim's case as seen in datum 64, Lizzie (one of trainee in DB Entertainment)'s comment made Rachel Kim think about the things she had done as a trainee, and comparing herself to other trainees made her lose self-confidence.	Valid
62.	62/IIC/LS/ p.11 62: Data Number.	You'd think they'd judge me based on how hard I train. How I work my body to the bone at DB headquarters on the weekends. How I sleep four hours a night during the week because of the hours of practice I put in after finishing my homework. How I begged my school to give me an independent study in music so I can have fifty	-	-	Losing Self- confidence	62 is datum number, this datum is categorized as Impact of Identity Crisis namely Losing Self-confidence. According to Erikson (1970) one of the impacts of identity crisis is losing self confidence in doing or starting a	Valid

	IIC: Impact of Identity Crisis LS: Losing Self-confidence. p.11: Page number of novel.	minutes alone every day in the music room, practicing scales to keep me sharp. But instead, they judge my clean clothes, my neatly brushed hair, and the fact that I get to sleep in my own bed at night. And the worst part is? They're right. Every single one of them puts in twenty-four hours a day, seven days a week. Most of them live at the trainee house and go home once a month (if that). They eat, sleep, and breathe K-pop. No matter how you look at it, I can't compete with that. But that's exactly what I have to do.				new thing or even the hobbies that someone likes. In Rachel Kim's case as seen in datum 62, she starts comparing herself to other trainees that made her lose self-confidence.	
63.	63/IIC/LS/ p.32 63: Data Number. IIC: Impact of Identity Crisis LS: Losing Self-confidence. p.32: Page number of novel.	Is it worth it? That's question I ask myself every day. All the training, the lost weekends, the family sacrifices. The constant feeling of never quite belonging somewhere you desperately want to be. All to fulfil my dream of becoming a K-pop star. I think of eleven-year-old Rachel. The little girl who used to be chronically late because she couldn't stop watching K-pop music videos in the bathroom between classes. In some ways, not a lot has changed. In other ways, everything has.	-	-	Losing Self-confidence	63 is datum number, this datum is categorized as the Impact of Identity Crisis namely Losing Self-confidence. According to Erikson (1970) one of the impacts of identity crisis is losing self confidence in doing or starting a new thing or even the hobbies that someone likes. In Rachel Kim's case as seen in datum 63, she started to question herself and the effort she had put into her goals is a sign that she is losing self-confidence.	Valid

64.	64/IIC/LS/ p.262 64: Data Number. IIC: Impact of Identity Crisis LS: Losing Self-confidence. p.262: Page number of novel.	“Yeah, I know what you mean,” I say, thinking of the past few weeks, letting the frustration and sadness build up inside me. Losing Jason. Missing my dad’s graduation. Not speaking to Akari. Leah not going to Everland. “It’s like, how much more are they going to ask us to sacrifice before letting us debut? My whole family just up and left our life behind in New York for me and it’s been six years and nothing. And now my mom is breathing down my neck about college, and it’s like no matter how hard I work, nothing I do will ever be good enough for her.”	-	-	Losing Self-confidence	64 is datum number, this datum is categorized as the Impact of Identity Crisis namely Losing Self-confidence. Erikson (1970) states that one of the impacts of identity crisis is losing self-confidence in doing or starting a new thing or even the hobbies she/he likes. It seen in the datum 64 how Rachel Kim losing her confidence.	Valid
65.	65/IIC/LS/ p.284 65: Data Number. IIC: Impact of Identity Crisis	“And I get that. I feel a lot of pressure too. If this whole K-pop thing doesn’t work out, all those years of training will have been for nothing, and I’m terrified of that happening.”	-	-	Losing Self-confidence	65 is datum number, this datum is categorized as the Impact of Identity Crisis namely Losing Self-confidence. Erik Erikson (1970) states that one of the impacts of identity crisis is losing self-confidence in doing or starting a new thing or even the hobbies she/he likes.	Valid

	LS: Losing Self-confidence. p.284: Page number of novel.						
66.	66/IIC/LS/ p.320 66: Data Number. IIC: Impact of Identity Crisis LS: Losing Self-confidence. p.320: Page number of novel.	I imagine this being my everyday life, getting ready for parties with my friends, hanging out without feeling guilty for not spending every spare minute practicing, laughing as Hyeri throws chips in the air and catches them in her mouth while Juhyun tries to intercept and swat them away. It's so uncomplicated. I could get used to this kind of life.	-	-	Losing Self-confidence	66 is datum number, this datum is categorized as the Impact of Identity Crisis namely Losing Self-confidence. Erik Erikson (1970) losing self-confidence in doing or starting a new thing or even the hobbies she likes is one of the impacts of identity crisis. In Rachel Kim's case, she starts to think another dream/another choice as a form of she is losing her self-confidence in doing her routine or pursuing her dream.	Valid

67.	67/IIC/LS/ p.18 67: Data Number. IIC: Impact of Identity Crisis LS: Losing Self- confidence. p.18: Page number of novel.	If I could go back in time, knowing the proper etiquette, would I really do it the same way? I want to say yes, that obviously I would put Mina in her place, but even I didn't know if I'm being honest with myself. I think back to the way I ran out of the training room this morning, the way I avoid confrontation with all the other trainees—Yujin's always telling me to rise above, to focus on training, and I play those words over in my head constantly. But... would eleven-year-old Rachel be proud of me? Or would she call me a coward?	-	-	Losing Self- confidence	67 is datum number, this datum is categorized as the Impact of Identity Crisis namely Losing Self-confidence. According to Erikson (1970) one of the impacts of identity crisis is losing self confidence in doing or starting a new thing or even the hobbies that someone likes. In Rachel Kim's case, she doubts her own self as a form of losing self-confidence.	Valid
68.	68/IIC/LS/ p.61 68: Data Number. IIC: Impact of Identity Crisis LS: Losing Self- confidence.	I'm woefully lost in unfamiliar house. A part of me wants to blame this on Umma. If she had ever let me come to the trainee house, I'd know my way around better. But I know that this isn't her fault; it's all mine. In one night, I've proven Umma right and everyone who's ever believed in me wrong. Oh god, Rachel, why do you have to be so freaking gullible?	-	-	Losing Self- confidence	68 is datum number, this datum is categorized as the Impact of Identity Crisis namely Losing Self-confidence. According to Erikson (1970) one of the impacts of identity crisis is losing self confidence in doing or starting a new thing or even the hobbies that someone likes. In Rachel Kim's case, she blames her own self as a form of losing self-confidence.	Valid

	p.61: Page number of novel.						
69.	69/IIC/LS/ p.184 69: Data Number. IIC: Impact of Identity Crisis LS: Losing Self-confidence. p.184: Page number of novel.	I pause typing, thinking about Jina's words. It is really so dangerous for a K-pop star to fall in love? She makes having a boyfriend sound like one of Leah's movies with The Rock. Also, how dangerous could it be if she's here on vacation with her boyfriend right now? And her boyfriend is also an international K-pop star? Ugh. My head is spinning. I don't know how to make sense of any of this.	-	-	Losing Self-confidence	69 is datum number, this datum is categorized as the Impact of Identity Crisis namely Losing Self-confidence. According to Erikson (1970) one of the impacts of identity crisis is losing self confidence in doing or starting a new thing or even the hobbies that someone likes. In Rachel Kim's case, she doubts her own self as a form of losing self-confidence.	Valid
70.	70/IIC/LS/ p.297 70: Data Number.	Even if it means I might have to let go of my dreams? Or maybe just accept that I have a new one?	-	-	Losing Self-confidence	70 is datum number, this datum is categorized as the Impact of Identity Crisis namely Losing Self-confidence. According to Erikson (1970) one of the impacts of	Valid

	IIC: Impact of Identity Crisis LS: Losing Self-confidence. p.297: Page number of novel.					identity crisis is losing self confidence in doing or starting a new thing or even the hobbies that someone likes. In Rachel Kim’s case, she begins to question her dream and doubts it as a form of losing self-confidence.	
71.	71/IIC/LS/ p.312 71: Data Number. IIC: Impact of Identity Crisis LS: Losing Self-confidence. p.312: Page number of novel.	So, Mina figured it out before I even had a clue. I go through every single moment of the past few months—our self-care day in Tokyo, the time he snuck into school, our dinner with his eemos in Brantwood, the engagement party in Brooklyn—feeling more and more humiliated by the second. I was so caught up in being close to Jason that I didn’t even realize how big a fool I was being. How naive I was, so willing to give up my future for a boy who had only been thinking of his career this entire time. Was any of it real?	-	-	Losing Self-confidence	71 is datum number, this datum is categorized as the Impact of Identity Crisis namely Losing Self-confidence. According to Erikson (1970) one of the impacts of identity crisis is losing self confidence in doing or starting a new thing or even the hobbies that someone likes. In Rachel Kim’s case, she began to realize how bad the choices she made and that made her lose self-confidence.	Valid

72.	72/IIC/AL/ p.25 72: Data Number. IIC: Impact of Identity Crisis LS: Losing Self- confidence. p.25: Page number of novel.	Sweat pours down my forehead as I take another swing at the sagging punching bag in front of me. Thud. Mina’s smug smile. Thwack. Umma’s strict rules. Bam. Me, walking away from all those girls in media training instead of standing up for myself. Ugh. I beat them all to a pulp, everything that annoys me, everyone who stands in my way—even me.	-	-	Alienated	72 is datum number, this datum is categorized as the Impact of Identity Crisis namely Alienated. Erik Erikson (1970) someone who become alienated because she or he is treated badly by the social or by the people around them. In Rachel Kim’s cases, the way their environment treats and see her make her hate herself and feel lonely.	Valid
73.	73/IIC/AL/ p.294 73: Data Number. IIC: Impact of Identity Crisis LS: Losing Self- confidence.	“Rachel, this is Brooklyn,” Juhyun says quickly, giving my arm a reassuring squeeze. “Everyone here would rather die than admit they recognize—or god forbid like—some shiny, perfect K-pop star. There’s nothing to worry about.”	-	-	Alienated	73 is datum number, this datum is categorized as the Impact of Identity Crisis namely Alienated. Erik Erikson (1970) someone who become alienated because she or he is treated badly by the social or the people around them.	Valid